

TÜRK YE SPORT VE KULÜPLER ARASI UZUN KULVAR YILDIZ, GENÇ VE AÇIK YA YÜZME AMP YONASI
ZM R, 19. - 23.5.2026

Yarı 61

Bayanlar, 400m Serbest

Açık

23.05.2026 - 16:50

Sonuçlar

TÜRK YE REKORLARI 50m 19 +	4:06.25	Merve TUNCEL	ROMA (ITA)	11.07.2021
TÜRK YE REKORLARI 50m 18	4:06.25	MERVE TUNCEL	ROMA (ITA)	11.07.2021
TÜRK YE REKORLARI 50m 17	4:06.25	MERVE TUNCEL	ROMA (ITA)	11.07.2021
TÜRK YE REKORLARI 50m 16	4:06.25	MERVE TUNCEL	ROMA (ITA)	11.07.2021
TÜRK YE REKORLARI 50m 15	4:06.83	MERVE TUNCEL	STANBUL	26.12.2020
TÜRK YE REKORLARI 50m 14	4:12.74	Merve TUNCEL	STANBUL	24.12.2019
TÜRK YE REKORLARI 50m 13	4:19.91	Alara GÖKALP	ANTALYA	21.12.2025

Puanlar: AQUA 2025

Sıra	YB				Zaman Derece
Açık					
1.	Ecem DÖNMEZ Ö RET R	98	Fenerbahçe Spor Kulübü	4:14.94	787
	50m: 29.76 29.76	150m: 1:33.24 32.00	250m: 2:37.81 32.35	350m: 3:43.06 32.52	
	100m: 1:01.24 31.48	200m: 2:05.46 32.22	300m: 3:10.54 32.73	400m: 4:14.94 31.88	
2.	Alara GÖKALP	12	Kocaeli Yıldızlar Yüzme Spor Kulübü	4:18.45	755
	50m: 29.44 29.44	150m: 1:33.51 31.88	250m: 2:38.39 32.28	350m: 3:45.19 33.30	
	100m: 1:01.63 32.19	200m: 2:06.11 32.60	300m: 3:11.89 33.50	400m: 4:18.45 33.26	
3.	Selinnur SADE	08	Galatasaray Spor Kulübü	4:20.12	740
	50m: 30.50 30.50	150m: 1:35.64 32.94	250m: 2:41.87 33.29	350m: 3:48.17 33.14	
	100m: 1:02.70 32.20	200m: 2:08.58 32.94	300m: 3:15.03 33.16	400m: 4:20.12 31.95	
4.	Belis AKAR	07	Enka Spor Kulübü	4:20.29	739
	50m: 30.69 30.69	150m: 1:36.06 33.05	250m: 2:42.58 33.28	350m: 3:48.37 32.95	
	100m: 1:03.01 32.32	200m: 2:09.30 33.24	300m: 3:15.42 32.84	400m: 4:20.29 31.92	
5.	Alisa ENERCAN	09	Enka Spor Kulübü	4:20.46	738
	50m: 30.08 30.08	150m: 1:35.08 32.89	250m: 2:41.81 33.38	350m: 3:48.75 33.69	
	100m: 1:02.19 32.11	200m: 2:08.43 33.35	300m: 3:15.06 33.25	400m: 4:20.46 31.71	
6.	Beril ÇA RI	11	Galatasaray Spor Kulübü	4:24.27	706
	50m: 30.43 30.43	150m: 1:36.16 33.35	250m: 2:43.41 33.71	350m: 3:51.21 33.88	
	100m: 1:02.81 32.38	200m: 2:09.70 33.54	300m: 3:17.33 33.92	400m: 4:24.27 33.06	
7.	Su INAL	10	Galatasaray Spor Kulübü	4:25.99	692
	50m: 30.45 30.45	150m: 1:37.27 33.76	250m: 2:45.26 34.15	350m: 3:53.26 33.86	
	100m: 1:03.51 33.06	200m: 2:11.11 33.84	300m: 3:19.40 34.14	400m: 4:25.99 32.73	
8.	Azize Belinay SÜREN	10	Kocaeli Yıldızlar Yüzme Spor Kulübü	4:28.07	676
	50m: 30.66 30.66	150m: 1:38.15 34.02	250m: 2:46.35 34.08	350m: 3:54.84 34.27	
	100m: 1:04.13 33.47	200m: 2:12.27 34.12	300m: 3:20.57 34.22	400m: 4:28.07 33.23	
9.	Limra DALO LU	09	Fenerbahçe Spor Kulübü	4:28.34	674
	50m: 31.19 31.19	150m: 1:37.52 33.24	250m: 2:46.80 34.73	350m: 3:55.33 34.48	
	100m: 1:04.28 33.09	200m: 2:12.07 34.55	300m: 3:20.85 34.05	400m: 4:28.34 33.01	
10.	Nehir ÖZ	05	Istek Spor Kulübü	4:29.12	669
	50m: 29.69 29.69	150m: 1:35.93 33.84	250m: 2:45.67 35.13	350m: 3:55.93 35.19	
	100m: 1:02.09 32.40	200m: 2:10.54 34.61	300m: 3:20.74 35.07	400m: 4:29.12 33.19	
11.	Berra Nur YILMAZ	09	Galatasaray Spor Kulübü	4:29.57	665
	50m: 30.55 30.55	150m: 1:38.58 34.43	250m: 2:47.21 34.26	350m: 3:55.62 33.97	
	100m: 1:04.15 33.60	200m: 2:12.95 34.37	300m: 3:21.65 34.44	400m: 4:29.57 33.95	
	Tuana Betül ERGÜN	10	Galatasaray Spor Kulübü	4:29.57	665
	50m: 30.39 30.39	150m: 1:37.29 33.93	250m: 2:45.75 34.33	350m: 3:55.61 35.13	
	100m: 1:03.36 32.97	200m: 2:11.42 34.13	300m: 3:20.48 34.73	400m: 4:29.57 33.96	
13.	Talya ERDO AN	07	Galatasaray Spor Kulübü	4:29.88	663
	50m: 30.71 30.71	150m: 1:37.53 33.82	250m: 2:46.59 34.60	350m: 3:56.21 34.67	
	100m: 1:03.71 33.00	200m: 2:11.99 34.46	300m: 3:21.54 34.95	400m: 4:29.88 33.67	
14.	Nazlı CAN	09	Uluda Oksijen Spor Kulübü	4:30.09	661
	50m: 30.66 30.66	150m: 1:37.01 33.48	250m: 2:45.60 34.09	350m: 3:55.59 35.00	
	100m: 1:03.53 32.87	200m: 2:11.51 34.50	300m: 3:20.59 34.99	400m: 4:30.09 34.50	
15.	Elif SAKA	09	Fenerbahçe Spor Kulübü	4:30.28	660
	50m: 30.40 30.40	150m: 1:36.93 33.52	250m: 2:45.43 34.43	350m: 3:56.04 35.52	
	100m: 1:03.41 33.01	200m: 2:11.00 34.07	300m: 3:20.52 35.09	400m: 4:30.28 34.24	

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Yarı 61, Bayanlar, 400m Serbest, Açık

Sıra					YB					Zaman Derece
16.	Nehir DO ULU				11	Fenerbahçe Spor Kulübü				4:30.57 658
	50m: 31.24	31.24	150m: 1:40.16	34.77	250m: 2:49.27	34.40	350m: 3:57.40	33.94		
	100m: 1:05.39	34.15	200m: 2:14.87	34.71	300m: 3:23.46	34.19	400m: 4:30.57	33.17		
	Zeynep KILIÇ				09	Galatasaray Spor Kulübü				4:30.57 658
	50m: 30.22	30.22	150m: 1:37.60	34.34	250m: 2:47.04	34.86	350m: 3:56.86	34.78		
	100m: 1:03.26	33.04	200m: 2:12.18	34.58	300m: 3:22.08	35.04	400m: 4:30.57	33.71		
18.	Ece GÜVEN				12	Enka Spor Kulübü				4:31.14 654
	50m: 30.56	30.56	150m: 1:38.87	34.53	250m: 2:48.06	34.53	350m: 3:57.43	34.77		
	100m: 1:04.34	33.78	200m: 2:13.53	34.66	300m: 3:22.66	34.60	400m: 4:31.14	33.71		
19.	Ceylan Naz C REL				10	Enka Spor Kulübü				4:31.35 652
	50m: 31.14	31.14	150m: 1:39.00	34.27	250m: 2:48.06	34.69	350m: 3:57.69	34.88		
	100m: 1:04.73	33.59	200m: 2:13.37	34.37	300m: 3:22.81	34.75	400m: 4:31.35	33.66		
20.	Ikra SIVACI				10	Kayseri Yüzme Spor Kulübü				4:31.44 652
	50m: 30.75	30.75	150m: 1:37.49	33.91	250m: 2:47.10	35.19	350m: 3:57.47	35.09		
	100m: 1:03.58	32.83	200m: 2:11.91	34.42	300m: 3:22.38	35.28	400m: 4:31.44	33.97		
21.	Nida BA ARAN				10	Fenerbahçe Spor Kulübü				4:33.41 638
	50m: 30.95	30.95	150m: 1:38.94	34.47	250m: 2:48.82	35.22	350m: 3:58.83	35.06		
	100m: 1:04.47	33.52	200m: 2:13.60	34.66	300m: 3:23.77	34.95	400m: 4:33.41	34.58		
22.	Elif Ece YURTKULU				13	Ortakçı Spor Kulübü				4:35.87 621
	50m: 32.07	32.07	150m: 1:42.17	35.50	250m: 2:52.83	35.52	350m: 4:02.93	35.21		
	100m: 1:06.67	34.60	200m: 2:17.31	35.14	300m: 3:27.72	34.89	400m: 4:35.87	32.94		
23.	Ezgi Ada I				10	Tekirda Ayyıldız Yüzme Spor Kulübü				4:35.95 620
	50m: 30.49	30.49	150m: 1:39.22	35.04	250m: 2:50.29	35.53	350m: 4:01.48	35.08		
	100m: 1:04.18	33.69	200m: 2:14.76	35.54	300m: 3:26.40	36.11	400m: 4:35.95	34.47		
24.	Majdouline ZAHIR				08	Enka Spor Kulübü				4:36.06 619
	50m: 30.91	30.91	150m: 1:39.05	34.50	250m: 2:49.96	35.66	350m: 4:01.07	35.21		
	100m: 1:04.55	33.64	200m: 2:14.30	35.25	300m: 3:25.86	35.90	400m: 4:36.06	34.99		
25.	Asude Emel SELÇUK				11	Kocaeli İlk Hedef Spor Kulübü				4:36.12 619
	50m: 31.02	31.02	150m: 1:40.75	35.65	250m: 2:51.67	35.63	350m: 4:02.53	35.50		
	100m: 1:05.10	34.08	200m: 2:16.04	35.29	300m: 3:27.03	35.36	400m: 4:36.12	33.59		
26.	Defne Sinem EKEN				12	Enka Spor Kulübü				4:36.31 618
	50m: 32.10	32.10	150m: 1:41.47	35.00	250m: 2:52.14	35.41	350m: 4:02.51	34.96		
	100m: 1:06.47	34.37	200m: 2:16.73	35.26	300m: 3:27.55	35.41	400m: 4:36.31	33.80		
27.	Azra AKI				06	Göztepe Spor Kulübü				4:36.47 617
	50m: 30.61	30.61	150m: 1:38.78	34.52	250m: 2:49.77	35.66	350m: 4:01.98	36.00		
	100m: 1:04.26	33.65	200m: 2:14.11	35.33	300m: 3:25.98	36.21	400m: 4:36.47	34.49		
28.	Meryem ÇET N				13	Bosch Spor Kulübü				4:36.68 615
	50m: 31.37	31.37	150m: 1:41.41	35.18	250m: 2:52.51	35.54	350m: 4:02.76	35.07		
	100m: 1:06.23	34.86	200m: 2:16.97	35.56	300m: 3:27.69	35.18	400m: 4:36.68	33.92		
29.	Tu ba YILDIZ				12	Galatasaray Spor Kulübü				4:37.56 609
	50m: 31.78	31.78	150m: 1:41.13	34.85	250m: 2:51.37	35.06	350m: 4:02.17	35.39		
	100m: 1:06.28	34.50	200m: 2:16.31	35.18	300m: 3:26.78	35.41	400m: 4:37.56	35.39		
30.	Ada KOCACAN				11	Galatasaray Spor Kulübü				4:38.61 603
	50m: 31.07	31.07	150m: 1:40.80	35.67	250m: 2:52.42	35.80	350m: 4:04.19	35.68		
	100m: 1:05.13	34.06	200m: 2:16.62	35.82	300m: 3:28.51	36.09	400m: 4:38.61	34.42		
31.	Deniz ANIL				12	Vamos Spor Kulübü				4:39.18 599
	50m: 30.71	30.71	150m: 1:39.67	34.77	250m: 2:51.40	35.96	350m: 4:04.19	36.29		
	100m: 1:04.90	34.19	200m: 2:15.44	35.77	300m: 3:27.90	36.50	400m: 4:39.18	34.99		
32.	Deniz ALGÜL				11	Enka Spor Kulübü				4:39.20 599
	50m: 31.78	31.78	150m: 1:42.90	35.99	250m: 2:54.27	35.53	350m: 4:04.61	35.07		
	100m: 1:06.91	35.13	200m: 2:18.74	35.84	300m: 3:29.54	35.27	400m: 4:39.20	34.59		
33.	Ecrin GÜLCAN				11	Galatasaray Spor Kulübü				4:39.63 596
	50m: 31.39	31.39	150m: 1:40.67	34.75	250m: 2:51.56	35.41	350m: 4:03.84	35.95		
	100m: 1:05.92	34.53	200m: 2:16.15	35.48	300m: 3:27.89	36.33	400m: 4:39.63	35.79		

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Sıra					YB					Zaman Derece		
34.	Azra ARMA AN				08	Galatasaray Spor Kulübü				4:40.26 592		
	50m:	31.37	31.37	150m:	1:40.29	34.89	250m:	2:52.20	36.21	350m:	4:06.84	37.40
	100m:	1:05.40	34.03	200m:	2:15.99	35.70	300m:	3:29.44	37.24	400m:	4:40.26	33.42
35.	Sahra ÇEL KKÖKÜ				12	Galatasaray Spor Kulübü				4:40.35 591		
	50m:	31.20	31.20	150m:	1:41.20	35.43	250m:	2:52.63	35.95	350m:	4:05.18	36.28
	100m:	1:05.77	34.57	200m:	2:16.68	35.48	300m:	3:28.90	36.27	400m:	4:40.35	35.17
36.	Iclal SARIER				10	Fenerbahçe Spor Kulübü				4:40.85 588		
	50m:	30.51	30.51	150m:	1:38.32	34.34	250m:	2:50.12	36.42	350m:	4:04.58	37.27
	100m:	1:03.98	33.47	200m:	2:13.70	35.38	300m:	3:27.31	37.19	400m:	4:40.85	36.27
37.	Defne Deniz DEM R				09	Fenerbahçe Spor Kulübü				4:40.94 588		
	50m:	31.59	31.59	150m:	1:42.67	36.33	250m:	2:55.16	36.20	350m:	4:06.66	35.69
	100m:	1:06.34	34.75	200m:	2:18.96	36.29	300m:	3:30.97	35.81	400m:	4:40.94	34.28
38.	Duru VATANSEVER				09	Uluda Oksijen Spor Kulübü				4:41.31 585		
	50m:	30.56	30.56	150m:	1:39.82	35.24	250m:	2:52.45	36.32	350m:	4:05.56	36.55
	100m:	1:04.58	34.02	200m:	2:16.13	36.31	300m:	3:29.01	36.56	400m:	4:41.31	35.75
39.	Gökçe ÖZTÜRK				10	Galatasaray Spor Kulübü				4:42.92 575		
	50m:	31.88	31.88	150m:	1:43.79	35.88	250m:	2:55.55	36.11	350m:	4:07.46	35.95
	100m:	1:07.91	36.03	200m:	2:19.44	35.65	300m:	3:31.51	35.96	400m:	4:42.92	35.46
40.	Nehir Berin DA LI				12	Yıldız Su Sporları Spor Kulübü				4:43.73 570		
	50m:	32.37	32.37	150m:	1:43.73	36.08	250m:	2:56.47	36.42	350m:	4:08.79	35.90
	100m:	1:07.65	35.28	200m:	2:20.05	36.32	300m:	3:32.89	36.42	400m:	4:43.73	34.94
41.	Melodi DEM REL				12	Ted Mersin Koleji Spor Kulübü				4:44.83 564		
	50m:	32.46	32.46	150m:	1:44.01	36.26	250m:	2:56.98	36.79	350m:	4:09.62	36.21
	100m:	1:07.75	35.29	200m:	2:20.19	36.18	300m:	3:33.41	36.43	400m:	4:44.83	35.21
42.	Berilay BATUR				13	Kayseri Atak Spor Kulübü				4:44.95 563		
	50m:	31.55	31.55	150m:	1:42.82	36.26	250m:	2:56.87	37.10	350m:	4:10.50	36.59
	100m:	1:06.56	35.01	200m:	2:19.77	36.95	300m:	3:33.91	37.04	400m:	4:44.95	34.45
43.	Zeynep Derin GÜLDEM R				12	Göztepe Spor Kulübü				4:46.87 552		
	50m:	31.83	31.83	150m:	1:42.38	35.59	250m:	2:55.47	36.66	350m:	4:10.17	37.27
	100m:	1:06.79	34.96	200m:	2:18.81	36.43	300m:	3:32.90	37.43	400m:	4:46.87	36.70
44.	Nermin Erva BELL				12	Ortakçı Spor Kulübü				4:47.29 549		
	50m:	32.81	32.81	150m:	1:44.97	36.37	250m:	2:58.77	36.97	350m:	4:11.94	35.80
	100m:	1:08.60	35.79	200m:	2:21.80	36.83	300m:	3:36.14	37.37	400m:	4:47.29	35.35
45.	Ela AYGÜN				12	Yıldız Su Sporları Spor Kulübü				4:49.42 537		
	50m:	33.11	33.11	150m:	1:46.54	37.32	250m:	3:01.15	37.49	350m:	4:14.24	36.36
	100m:	1:09.22	36.11	200m:	2:23.66	37.12	300m:	3:37.88	36.73	400m:	4:49.42	35.18
46.	Ela TEM ZKAN				13	Galatasaray Spor Kulübü				4:49.87 535		
	50m:	31.68	31.68	150m:	1:44.83	37.31	250m:	3:00.17	37.51	350m:	4:14.11	36.96
	100m:	1:07.52	35.84	200m:	2:22.66	37.83	300m:	3:37.15	36.98	400m:	4:49.87	35.76
47.	Esil Erva DURU				13	Poseidon Spor Kulübü				4:50.75 530		
	50m:	32.23	32.23	150m:	1:44.53	36.48	250m:	2:58.80	37.15	350m:	4:14.02	37.42
	100m:	1:08.05	35.82	200m:	2:21.65	37.12	300m:	3:36.60	37.80	400m:	4:50.75	36.73
48.	Naz HAZIROLAN				13	Vamos Spor Kulübü				4:52.24 522		
	50m:	31.87	31.87	150m:	1:45.11	37.34	250m:	3:00.03	37.67	350m:	4:15.21	37.37
	100m:	1:07.77	35.90	200m:	2:22.36	37.25	300m:	3:37.84	37.81	400m:	4:52.24	37.03
49.	Nil Zülal KARD L				13	Kartepe Belediye Spor Kulübü				4:52.57 520		
	50m:	32.48	32.48	150m:	1:46.22	37.11	250m:	3:01.48	38.22	350m:	4:16.40	37.60
	100m:	1:09.11	36.63	200m:	2:23.26	37.04	300m:	3:38.80	37.32	400m:	4:52.57	36.17
50.	Beliz MÜHEND SLER				13	Kınalıada Su Sporları Spor Kulübü				4:52.95 518		
	50m:	32.56	32.56	150m:	1:47.00	37.69	250m:	3:02.73	37.32	350m:	4:17.96	36.53
	100m:	1:09.31	36.75	200m:	2:25.41	38.41	300m:	3:41.43	38.70	400m:	4:52.95	34.99
51.	Candan Do a OLUT				12	Enka Spor Kulübü				4:53.01 518		
	50m:	31.15	31.15	150m:	1:42.78	36.30	250m:	2:58.12	38.30	350m:	4:15.49	38.93
	100m:	1:06.48	35.33	200m:	2:19.82	37.04	300m:	3:36.56	38.44	400m:	4:53.01	37.52

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Sıra	YB		Zaman		Derece
52.	Ipek Gökçe DEM RBA AK	12	Kocaeli Yıldızlar Yüzme Spor Kulübü	4:53.39	516
	50m: 32.08 32.08	150m: 1:43.79 36.54	250m: 2:58.74 37.61	350m: 4:15.24 38.28	
	100m: 1:07.25 35.17	200m: 2:21.13 37.34	300m: 3:36.96 38.22	400m: 4:53.39 38.15	
53.	ırmak AT LLA	12	Enka Spor Kulübü	4:56.32	501
	50m: 32.89 32.89	150m: 1:46.64 37.36	250m: 3:03.38 38.50	350m: 4:18.98 37.65	
	100m: 1:09.28 36.39	200m: 2:24.88 38.24	300m: 3:41.33 37.95	400m: 4:56.32 37.34	
54.	Ay e Nur KUZGUN	13	Galatasaray Spor Kulübü	4:56.59	499
	50m: 32.14 32.14	150m: 1:46.36 37.75	250m: 3:03.66 38.71	350m: 4:20.25 38.24	
	100m: 1:08.61 36.47	200m: 2:24.95 38.59	300m: 3:42.01 38.35	400m: 4:56.59 36.34	

13 ya

1.	Elif Ece YURTKULU	13	Ortakçı Spor Kulübü	4:35.87	621
	50m: 32.07 32.07	150m: 1:42.17 35.50	250m: 2:52.83 35.52	350m: 4:02.93 35.21	
	100m: 1:06.67 34.60	200m: 2:17.31 35.14	300m: 3:27.72 34.89	400m: 4:35.87 32.94	
2.	Meryem ÇET N	13	Bosch Spor Kulübü	4:36.68	615
	50m: 31.37 31.37	150m: 1:41.41 35.18	250m: 2:52.51 35.54	350m: 4:02.76 35.07	
	100m: 1:06.23 34.86	200m: 2:16.97 35.56	300m: 3:27.69 35.18	400m: 4:36.68 33.92	
3.	Berilay BATUR	13	Kayseri Atak Spor Kulübü	4:44.95	563
	50m: 31.55 31.55	150m: 1:42.82 36.26	250m: 2:56.87 37.10	350m: 4:10.50 36.59	
	100m: 1:06.56 35.01	200m: 2:19.77 36.95	300m: 3:33.91 37.04	400m: 4:44.95 34.45	
4.	Ela TEM ZKAN	13	Galatasaray Spor Kulübü	4:49.87	535
	50m: 31.68 31.68	150m: 1:44.83 37.31	250m: 3:00.17 37.51	350m: 4:14.11 36.96	
	100m: 1:07.52 35.84	200m: 2:22.66 37.83	300m: 3:37.15 36.98	400m: 4:49.87 35.76	
5.	Esil Erva DURU	13	Poseidon Spor Kulübü	4:50.75	530
	50m: 32.23 32.23	150m: 1:44.53 36.48	250m: 2:58.80 37.15	350m: 4:14.02 37.42	
	100m: 1:08.05 35.82	200m: 2:21.65 37.12	300m: 3:36.60 37.80	400m: 4:50.75 36.73	
6.	Naz HAZIROLAN	13	Vamos Spor Kulübü	4:52.24	522
	50m: 31.87 31.87	150m: 1:45.11 37.34	250m: 3:00.03 37.67	350m: 4:15.21 37.37	
	100m: 1:07.77 35.90	200m: 2:22.36 37.25	300m: 3:37.84 37.81	400m: 4:52.24 37.03	
7.	Nil Zülal KARD L	13	Kartepe Belediye Spor Kulübü	4:52.57	520
	50m: 32.48 32.48	150m: 1:46.22 37.11	250m: 3:01.48 38.22	350m: 4:16.40 37.60	
	100m: 1:09.11 36.63	200m: 2:23.26 37.04	300m: 3:38.80 37.32	400m: 4:52.57 36.17	
8.	Beliz MÜHEND SLER	13	Kınalıada Su Sporları Spor Kulübü	4:52.95	518
	50m: 32.56 32.56	150m: 1:47.00 37.69	250m: 3:02.73 37.32	350m: 4:17.96 36.53	
	100m: 1:09.31 36.75	200m: 2:25.41 38.41	300m: 3:41.43 38.70	400m: 4:52.95 34.99	
9.	Ay e Nur KUZGUN	13	Galatasaray Spor Kulübü	4:56.59	499
	50m: 32.14 32.14	150m: 1:46.36 37.75	250m: 3:03.66 38.71	350m: 4:20.25 38.24	
	100m: 1:08.61 36.47	200m: 2:24.95 38.59	300m: 3:42.01 38.35	400m: 4:56.59 36.34	

14 ya

1.	Alara GÖKALP	12	Kocaeli Yıldızlar Yüzme Spor Kulübü	4:18.45	755
	50m: 29.44 29.44	150m: 1:33.51 31.88	250m: 2:38.39 32.28	350m: 3:45.19 33.30	
	100m: 1:01.63 32.19	200m: 2:06.11 32.60	300m: 3:11.89 33.50	400m: 4:18.45 33.26	
2.	Ece GÜVEN	12	Enka Spor Kulübü	4:31.14	654
	50m: 30.56 30.56	150m: 1:38.87 34.53	250m: 2:48.06 34.53	350m: 3:57.43 34.77	
	100m: 1:04.34 33.78	200m: 2:13.53 34.66	300m: 3:22.66 34.60	400m: 4:31.14 33.71	
3.	Defne Sinem EKEN	12	Enka Spor Kulübü	4:36.31	618
	50m: 32.10 32.10	150m: 1:41.47 35.00	250m: 2:52.14 35.41	350m: 4:02.51 34.96	
	100m: 1:06.47 34.37	200m: 2:16.73 35.26	300m: 3:27.55 35.41	400m: 4:36.31 33.80	
4.	Tu ba YILDIZ	12	Galatasaray Spor Kulübü	4:37.56	609
	50m: 31.78 31.78	150m: 1:41.13 34.85	250m: 2:51.37 35.06	350m: 4:02.17 35.39	
	100m: 1:06.28 34.50	200m: 2:16.31 35.18	300m: 3:26.78 35.41	400m: 4:37.56 35.39	

TÜRK YE SPORT VE KULÜPLER ARASI UZUN KULVAR YILDIZ, GENÇ VE AÇIK YA YÜZME AMP YONASI
ZM R, 19. - 23.5.2026

Yarı 61, Kızlar, 400m Serbest, 14 ya

Sıra					YB					Zaman	Derece	
5.	Deniz ANIL				12	Vamos Spor Kulübü				4:39.18	599	
	50m:	30.71	30.71	150m:	1:39.67	34.77	250m:	2:51.40	35.96	350m:	4:04.19	36.29
	100m:	1:04.90	34.19	200m:	2:15.44	35.77	300m:	3:27.90	36.50	400m:	4:39.18	34.99
6.	Sahra ÇEL KKÖKÜ				12	Galatasaray Spor Kulübü				4:40.35	591	
	50m:	31.20	31.20	150m:	1:41.20	35.43	250m:	2:52.63	35.95	350m:	4:05.18	36.28
	100m:	1:05.77	34.57	200m:	2:16.68	35.48	300m:	3:28.90	36.27	400m:	4:40.35	35.17
7.	Nehir Berin DA LI				12	Yıldız Su Sporları Spor Kulübü				4:43.73	570	
	50m:	32.37	32.37	150m:	1:43.73	36.08	250m:	2:56.47	36.42	350m:	4:08.79	35.90
	100m:	1:07.65	35.28	200m:	2:20.05	36.32	300m:	3:32.89	36.42	400m:	4:43.73	34.94
8.	Melodi DEM REL				12	Ted Mersin Koleji Spor Kulübü				4:44.83	564	
	50m:	32.46	32.46	150m:	1:44.01	36.26	250m:	2:56.98	36.79	350m:	4:09.62	36.21
	100m:	1:07.75	35.29	200m:	2:20.19	36.18	300m:	3:33.41	36.43	400m:	4:44.83	35.21
9.	Zeynep Derin GÜLDEM R				12	Göztepe Spor Kulübü				4:46.87	552	
	50m:	31.83	31.83	150m:	1:42.38	35.59	250m:	2:55.47	36.66	350m:	4:10.17	37.27
	100m:	1:06.79	34.96	200m:	2:18.81	36.43	300m:	3:32.90	37.43	400m:	4:46.87	36.70
10.	Nermin Erva BELL				12	Ortakçı Spor Kulübü				4:47.29	549	
	50m:	32.81	32.81	150m:	1:44.97	36.37	250m:	2:58.77	36.97	350m:	4:11.94	35.80
	100m:	1:08.60	35.79	200m:	2:21.80	36.83	300m:	3:36.14	37.37	400m:	4:47.29	35.35
11.	Ela AYGÜN				12	Yıldız Su Sporları Spor Kulübü				4:49.42	537	
	50m:	33.11	33.11	150m:	1:46.54	37.32	250m:	3:01.15	37.49	350m:	4:14.24	36.36
	100m:	1:09.22	36.11	200m:	2:23.66	37.12	300m:	3:37.88	36.73	400m:	4:49.42	35.18
12.	Candan Do a OLUT				12	Enka Spor Kulübü				4:53.01	518	
	50m:	31.15	31.15	150m:	1:42.78	36.30	250m:	2:58.12	38.30	350m:	4:15.49	38.93
	100m:	1:06.48	35.33	200m:	2:19.82	37.04	300m:	3:36.56	38.44	400m:	4:53.01	37.52
13.	Ipek Gökçe DEM RBA AK				12	Kocaeli Yıldızlar Yüzme Spor Kulübü				4:53.39	516	
	50m:	32.08	32.08	150m:	1:43.79	36.54	250m:	2:58.74	37.61	350m:	4:15.24	38.28
	100m:	1:07.25	35.17	200m:	2:21.13	37.34	300m:	3:36.96	38.22	400m:	4:53.39	38.15
14.	ırmak AT LLA				12	Enka Spor Kulübü				4:56.32	501	
	50m:	32.89	32.89	150m:	1:46.64	37.36	250m:	3:03.38	38.50	350m:	4:18.98	37.65
	100m:	1:09.28	36.39	200m:	2:24.88	38.24	300m:	3:41.33	37.95	400m:	4:56.32	37.34

15 ya

1.	Beril ÇA RI				11	Galatasaray Spor Kulübü				4:24.27	706	
	50m:	30.43	30.43	150m:	1:36.16	33.35	250m:	2:43.41	33.71	350m:	3:51.21	33.88
	100m:	1:02.81	32.38	200m:	2:09.70	33.54	300m:	3:17.33	33.92	400m:	4:24.27	33.06
2.	Nehir DO ULU				11	Fenerbahçe Spor Kulübü				4:30.57	658	
	50m:	31.24	31.24	150m:	1:40.16	34.77	250m:	2:49.27	34.40	350m:	3:57.40	33.94
	100m:	1:05.39	34.15	200m:	2:14.87	34.71	300m:	3:23.46	34.19	400m:	4:30.57	33.17
3.	Asude Emel SELÇUK				11	Kocaeli İlk Hedef Spor Kulübü				4:36.12	619	
	50m:	31.02	31.02	150m:	1:40.75	35.65	250m:	2:51.67	35.63	350m:	4:02.53	35.50
	100m:	1:05.10	34.08	200m:	2:16.04	35.29	300m:	3:27.03	35.36	400m:	4:36.12	33.59
4.	Ada KOCACAN				11	Galatasaray Spor Kulübü				4:38.61	603	
	50m:	31.07	31.07	150m:	1:40.80	35.67	250m:	2:52.42	35.80	350m:	4:04.19	35.68
	100m:	1:05.13	34.06	200m:	2:16.62	35.82	300m:	3:28.51	36.09	400m:	4:38.61	34.42
5.	Deniz ALGÜL				11	Enka Spor Kulübü				4:39.20	599	
	50m:	31.78	31.78	150m:	1:42.90	35.99	250m:	2:54.27	35.53	350m:	4:04.61	35.07
	100m:	1:06.91	35.13	200m:	2:18.74	35.84	300m:	3:29.54	35.27	400m:	4:39.20	34.59
6.	Ecrin GÜLCAN				11	Galatasaray Spor Kulübü				4:39.63	596	
	50m:	31.39	31.39	150m:	1:40.67	34.75	250m:	2:51.56	35.41	350m:	4:03.84	35.95
	100m:	1:05.92	34.53	200m:	2:16.15	35.48	300m:	3:27.89	36.33	400m:	4:39.63	35.79

Yarı 61, Bayanlar, 400m Serbest

13 - 15 ya ları arası

1.	Alara GÖKALP	12	Kocaeli Yıldızlar Yüzme Spor Kulübü	4:18.45	755
	50m: 29.44 29.44	150m: 1:33.51 31.88	250m: 2:38.39 32.28	350m: 3:45.19 33.30	
	100m: 1:01.63 32.19	200m: 2:06.11 32.60	300m: 3:11.89 33.50	400m: 4:18.45 33.26	
2.	Beril ÇA RI	11	Galatasaray Spor Kulübü	4:24.27	706
	50m: 30.43 30.43	150m: 1:36.16 33.35	250m: 2:43.41 33.71	350m: 3:51.21 33.88	
	100m: 1:02.81 32.38	200m: 2:09.70 33.54	300m: 3:17.33 33.92	400m: 4:24.27 33.06	
3.	Nehir DO ULU	11	Fenerbahçe Spor Kulübü	4:30.57	658
	50m: 31.24 31.24	150m: 1:40.16 34.77	250m: 2:49.27 34.40	350m: 3:57.40 33.94	
	100m: 1:05.39 34.15	200m: 2:14.87 34.71	300m: 3:23.46 34.19	400m: 4:30.57 33.17	
4.	Ece GÜVEN	12	Enka Spor Kulübü	4:31.14	654
	50m: 30.56 30.56	150m: 1:38.87 34.53	250m: 2:48.06 34.53	350m: 3:57.43 34.77	
	100m: 1:04.34 33.78	200m: 2:13.53 34.66	300m: 3:22.66 34.60	400m: 4:31.14 33.71	
5.	Elif Ece YURTKULU	13	Ortakçı Spor Kulübü	4:35.87	621
	50m: 32.07 32.07	150m: 1:42.17 35.50	250m: 2:52.83 35.52	350m: 4:02.93 35.21	
	100m: 1:06.67 34.60	200m: 2:17.31 35.14	300m: 3:27.72 34.89	400m: 4:35.87 32.94	
6.	Asude Emel SELÇUK	11	Kocaeli İlk Hedef Spor Kulübü	4:36.12	619
	50m: 31.02 31.02	150m: 1:40.75 35.65	250m: 2:51.67 35.63	350m: 4:02.53 35.50	
	100m: 1:05.10 34.08	200m: 2:16.04 35.29	300m: 3:27.03 35.36	400m: 4:36.12 33.59	
7.	Defne Sinem EKEN	12	Enka Spor Kulübü	4:36.31	618
	50m: 32.10 32.10	150m: 1:41.47 35.00	250m: 2:52.14 35.41	350m: 4:02.51 34.96	
	100m: 1:06.47 34.37	200m: 2:16.73 35.26	300m: 3:27.55 35.41	400m: 4:36.31 33.80	
8.	Meryem ÇET N	13	Bosch Spor Kulübü	4:36.68	615
	50m: 31.37 31.37	150m: 1:41.41 35.18	250m: 2:52.51 35.54	350m: 4:02.76 35.07	
	100m: 1:06.23 34.86	200m: 2:16.97 35.56	300m: 3:27.69 35.18	400m: 4:36.68 33.92	
9.	Tu ba YILDIZ	12	Galatasaray Spor Kulübü	4:37.56	609
	50m: 31.78 31.78	150m: 1:41.13 34.85	250m: 2:51.37 35.06	350m: 4:02.17 35.39	
	100m: 1:06.28 34.50	200m: 2:16.31 35.18	300m: 3:26.78 35.41	400m: 4:37.56 35.39	
10.	Ada KOCACAN	11	Galatasaray Spor Kulübü	4:38.61	603
	50m: 31.07 31.07	150m: 1:40.80 35.67	250m: 2:52.42 35.80	350m: 4:04.19 35.68	
	100m: 1:05.13 34.06	200m: 2:16.62 35.82	300m: 3:28.51 36.09	400m: 4:38.61 34.42	
11.	Deniz ANIL	12	Vamos Spor Kulübü	4:39.18	599
	50m: 30.71 30.71	150m: 1:39.67 34.77	250m: 2:51.40 35.96	350m: 4:04.19 36.29	
	100m: 1:04.90 34.19	200m: 2:15.44 35.77	300m: 3:27.90 36.50	400m: 4:39.18 34.99	
12.	Deniz ALGÜL	11	Enka Spor Kulübü	4:39.20	599
	50m: 31.78 31.78	150m: 1:42.90 35.99	250m: 2:54.27 35.53	350m: 4:04.61 35.07	
	100m: 1:06.91 35.13	200m: 2:18.74 35.84	300m: 3:29.54 35.27	400m: 4:39.20 34.59	
13.	Ecrin GÜLCAN	11	Galatasaray Spor Kulübü	4:39.63	596
	50m: 31.39 31.39	150m: 1:40.67 34.75	250m: 2:51.56 35.41	350m: 4:03.84 35.95	
	100m: 1:05.92 34.53	200m: 2:16.15 35.48	300m: 3:27.89 36.33	400m: 4:39.63 35.79	
14.	Sahra ÇEL KKÖKÜ	12	Galatasaray Spor Kulübü	4:40.35	591
	50m: 31.20 31.20	150m: 1:41.20 35.43	250m: 2:52.63 35.95	350m: 4:05.18 36.28	
	100m: 1:05.77 34.57	200m: 2:16.68 35.48	300m: 3:28.90 36.27	400m: 4:40.35 35.17	
15.	Nehir Berin DA LI	12	Yıldız Su Sporları Spor Kulübü	4:43.73	570
	50m: 32.37 32.37	150m: 1:43.73 36.08	250m: 2:56.47 36.42	350m: 4:08.79 35.90	
	100m: 1:07.65 35.28	200m: 2:20.05 36.32	300m: 3:32.89 36.42	400m: 4:43.73 34.94	
16.	Melodi DEM REL	12	Ted Mersin Koleji Spor Kulübü	4:44.83	564
	50m: 32.46 32.46	150m: 1:44.01 36.26	250m: 2:56.98 36.79	350m: 4:09.62 36.21	
	100m: 1:07.75 35.29	200m: 2:20.19 36.18	300m: 3:33.41 36.43	400m: 4:44.83 35.21	
17.	Berilay BATUR	13	Kayseri Atak Spor Kulübü	4:44.95	563
	50m: 31.55 31.55	150m: 1:42.82 36.26	250m: 2:56.87 37.10	350m: 4:10.50 36.59	
	100m: 1:06.56 35.01	200m: 2:19.77 36.95	300m: 3:33.91 37.04	400m: 4:44.95 34.45	
18.	Zeynep Derin GÜLDEM R	12	Göztepe Spor Kulübü	4:46.87	552
	50m: 31.83 31.83	150m: 1:42.38 35.59	250m: 2:55.47 36.66	350m: 4:10.17 37.27	
	100m: 1:06.79 34.96	200m: 2:18.81 36.43	300m: 3:32.90 37.43	400m: 4:46.87 36.70	

TÜRK YE SPORT VE KULÜPLER ARASI UZUN KULVAR YILDIZ, GENÇ VE AÇIK YA YÜZME AMP YONASI
ZM R, 19. - 23.5.2026

Yarı 61, Kızlar, 400m Serbest, 13 - 15 ya ları arası

Sıra					YB					Zaman	Derece	
19.	Nermin Erva BELL				12	Ortakçı Spor Kulübü				4:47.29	549	
	50m:	32.81	32.81	150m:	1:44.97	36.37	250m:	2:58.77	36.97	350m:	4:11.94	35.80
	100m:	1:08.60	35.79	200m:	2:21.80	36.83	300m:	3:36.14	37.37	400m:	4:47.29	35.35
20.	Ela AYGÜN				12	Yıldız Su Sporları Spor Kulübü				4:49.42	537	
	50m:	33.11	33.11	150m:	1:46.54	37.32	250m:	3:01.15	37.49	350m:	4:14.24	36.36
	100m:	1:09.22	36.11	200m:	2:23.66	37.12	300m:	3:37.88	36.73	400m:	4:49.42	35.18
21.	Ela TEM ZKAN				13	Galatasaray Spor Kulübü				4:49.87	535	
	50m:	31.68	31.68	150m:	1:44.83	37.31	250m:	3:00.17	37.51	350m:	4:14.11	36.96
	100m:	1:07.52	35.84	200m:	2:22.66	37.83	300m:	3:37.15	36.98	400m:	4:49.87	35.76
22.	Esil Erva DURU				13	Poseidon Spor Kulübü				4:50.75	530	
	50m:	32.23	32.23	150m:	1:44.53	36.48	250m:	2:58.80	37.15	350m:	4:14.02	37.42
	100m:	1:08.05	35.82	200m:	2:21.65	37.12	300m:	3:36.60	37.80	400m:	4:50.75	36.73
23.	Naz HAZIROLAN				13	Vamos Spor Kulübü				4:52.24	522	
	50m:	31.87	31.87	150m:	1:45.11	37.34	250m:	3:00.03	37.67	350m:	4:15.21	37.37
	100m:	1:07.77	35.90	200m:	2:22.36	37.25	300m:	3:37.84	37.81	400m:	4:52.24	37.03
24.	Nil Zülal KARD L				13	Kartepe Belediye Spor Kulübü				4:52.57	520	
	50m:	32.48	32.48	150m:	1:46.22	37.11	250m:	3:01.48	38.22	350m:	4:16.40	37.60
	100m:	1:09.11	36.63	200m:	2:23.26	37.04	300m:	3:38.80	37.32	400m:	4:52.57	36.17
25.	Beliz MÜHEND SLER				13	Kınalıada Su Sporları Spor Kulübü				4:52.95	518	
	50m:	32.56	32.56	150m:	1:47.00	37.69	250m:	3:02.73	37.32	350m:	4:17.96	36.53
	100m:	1:09.31	36.75	200m:	2:25.41	38.41	300m:	3:41.43	38.70	400m:	4:52.95	34.99
26.	Candan Do a OLUT				12	Enka Spor Kulübü				4:53.01	518	
	50m:	31.15	31.15	150m:	1:42.78	36.30	250m:	2:58.12	38.30	350m:	4:15.49	38.93
	100m:	1:06.48	35.33	200m:	2:19.82	37.04	300m:	3:36.56	38.44	400m:	4:53.01	37.52
27.	Ipek Gökçe DEM RBA AK				12	Kocaeli Yıldızlar Yüzme Spor Kulübü				4:53.39	516	
	50m:	32.08	32.08	150m:	1:43.79	36.54	250m:	2:58.74	37.61	350m:	4:15.24	38.28
	100m:	1:07.25	35.17	200m:	2:21.13	37.34	300m:	3:36.96	38.22	400m:	4:53.39	38.15
28.	ırmak AT LLA				12	Enka Spor Kulübü				4:56.32	501	
	50m:	32.89	32.89	150m:	1:46.64	37.36	250m:	3:03.38	38.50	350m:	4:18.98	37.65
	100m:	1:09.28	36.39	200m:	2:24.88	38.24	300m:	3:41.33	37.95	400m:	4:56.32	37.34
29.	Ay e Nur KUZGUN				13	Galatasaray Spor Kulübü				4:56.59	499	
	50m:	32.14	32.14	150m:	1:46.36	37.75	250m:	3:03.66	38.71	350m:	4:20.25	38.24
	100m:	1:08.61	36.47	200m:	2:24.95	38.59	300m:	3:42.01	38.35	400m:	4:56.59	36.34