

ULUSLARARASI MASTERLAR YAZ UZUN KULVAR YÜZME AMP YONASI  
19 MAYIS ATATÜRK'Ü ANMA, GENÇL K VE SPOR BAYRAMI  
ZM R, 14. - 16.5.2026

Event 29 Women, 200m Freestyle 18 years and older  
16.05.2026 Results

|                         |         |                           |  |  |     |  |  |  |              |  |  |            |
|-------------------------|---------|---------------------------|--|--|-----|--|--|--|--------------|--|--|------------|
| MASTER UZUN K.R 80 - 84 | 5:00.00 |                           |  |  |     |  |  |  |              |  |  |            |
| MASTER UZUN K.R 70 - 74 | 4:40.93 | Cahide eyma KOLAYLI       |  |  |     |  |  |  | ED RNE       |  |  | 9.02.2025  |
| MASTER UZUN K.R 65 - 69 | 3:21.46 | AY E MEHTAP VARDIO LU     |  |  |     |  |  |  | SAMSUN       |  |  | 18.05.2024 |
| MASTER UZUN K.R 60 - 64 | 3:10.40 | Zehra AKARPINAR           |  |  |     |  |  |  | ED RNE       |  |  | 9.02.2025  |
| MASTER UZUN K.R 55 - 59 | 2:55.35 | Sebla TALI                |  |  | 82  |  |  |  | ZM R         |  |  | 14.05.2026 |
| MASTER UZUN K.R 50 - 54 | 2:42.93 | ÖZLEM ÖR                  |  |  |     |  |  |  | SAMSUN       |  |  | 18.05.2024 |
| MASTER UZUN K.R 45 - 49 | 2:30.23 | Pınar ARPINAR AV AR       |  |  | 512 |  |  |  | ANKARA       |  |  | 10.11.2024 |
| MASTER UZUN K.R 40 - 44 | 2:28.67 | PINAR ARPINAR AV AR       |  |  |     |  |  |  | KIEV/UKRAYNA |  |  | 27.11.2021 |
| MASTER UZUN K.R 35 - 39 | 2:32.74 | SABAHAHAT YASEM N ALTINTA |  |  |     |  |  |  | ED RNE       |  |  | 11.12.2022 |
| MASTER UZUN K.R 30 - 34 | 2:26.50 | Merve END L               |  |  |     |  |  |  | ED RNE       |  |  | 2.02.2019  |
| MASTER UZUN K.R 25 - 29 | 2:12.79 | ZEYNEP BALTO              |  |  |     |  |  |  | DOHA         |  |  | 3.03.2024  |
| MASTER UZUN K.R 18 - 24 | 2:25.09 | Sude Dila ÇAMURO LU       |  |  |     |  |  |  | ED RNE       |  |  | 9.02.2025  |

Points: AQUA Master 2025

Rank Age Time Pts  
18 - 24 years

|                  |               |                     |                     |       |
|------------------|---------------|---------------------|---------------------|-------|
| 1. Nehir SUMER   | 21            | Goztepe Spor Kulubu | <b>2:25.99</b>      | 584   |
| 50m: 32.31 32.31 | 100m: 1:08.67 | 36.36 150m: 1:47.01 | 38.34 200m: 2:25.99 | 38.98 |
| 2. Eda SAVC G L  | 18            | Ferdi               | <b>2:29.98</b>      | 539   |
| 50m: 33.13 33.13 | 100m: 1:10.09 | 36.96 150m: 1:50.19 | 40.10 200m: 2:29.98 | 39.79 |

25 - 29 years

|                       |               |                                     |                       |         |
|-----------------------|---------------|-------------------------------------|-----------------------|---------|
| 1. Sidre OZEMRE AYTAC | 29            | Yuzme ıdman Yurdu Spor Kulubu       | <b>3:05.13</b>        | 286     |
| 50m: 39.60 39.60      | 100m: 1:24.38 | 44.78 150m: 2:14.26                 | 49.88 200m: 3:05.13   | 50.87   |
| 2. Cemre ANAR         | 25            | ızmir Yuzme ihtisas Spor Kulubu     | <b>3:10.13</b>        | 264     |
| 50m: 37.66 37.66      | 100m: 1:23.65 | 45.99 150m: 2:16.32                 | 52.67 200m: 3:10.13   | 53.81   |
| 3. Tumay CET NBAS     | 27            | Ege Olimpik Su Sporları Spor Kulubu | <b>4:04.64</b>        | 124     |
| 50m: 53.49 53.49      | 100m: 1:58.66 | 1:05.17 150m: 3:03.73               | 1:05.07 200m: 4:04.64 | 1:00.91 |

30 - 34 years

|                           |               |                           |                     |       |
|---------------------------|---------------|---------------------------|---------------------|-------|
| 1. Zeynep BALTO           | 30            | Atlas Atletik Spor Kulubu | <b>2:21.63</b>      | 644   |
| <i>YEN TÜRK YE REKORU</i> |               |                           |                     |       |
| 50m: 32.46 32.46          | 100m: 1:07.85 | 35.39 150m: 1:44.67       | 36.82 200m: 2:21.63 | 36.96 |
| 2. Izel ERGU ULGER        | 31            | Kıtalar Spor Kulubu       | <b>2:39.76</b>      | 449   |
| 50m: 35.75 35.75          | 100m: 1:15.00 | 39.25 150m: 1:56.88       | 41.88 200m: 2:39.76 | 42.88 |
| 3. Buse GUZELIMDAG        | 34            | Ferdi                     | <b>3:15.17</b>      | 246   |
| 50m: 40.09 40.09          | 100m: 1:27.43 | 47.34 150m: 2:22.09       | 54.66 200m: 3:15.17 | 53.08 |
| 4. Ilayda S PAH BESEN     | 33            | Ferdi                     | <b>3:25.79</b>      | 210   |
| 50m: 45.40 45.40          | 100m: 1:36.03 | 50.63 150m: 2:31.16       | 55.13 200m: 3:25.79 | 54.63 |

DSQ Ahsen ER K 31 0  
*SW 10.2.1 - Yüzmesi gereken mesafeyi tamamlamadı ından (Time: 15:20), 60. m. de*

35 - 39 years

|                    |               |                                     |                       |         |
|--------------------|---------------|-------------------------------------|-----------------------|---------|
| 1. Busra TARCAL R  | 38            | Uskudar Su Sporları Kulubu          | <b>2:55.61</b>        | 364     |
| 50m: 38.51 38.51   | 100m: 1:23.06 | 44.55 150m: 2:10.34                 | 47.28 200m: 2:55.61   | 45.27   |
| 2. Ilkim Ecem EMRE | 35            | Heka Spor Kulubu                    | <b>3:22.33</b>        | 238     |
| 50m: 44.92 44.92   | 100m: 1:36.51 | 51.59 150m: 2:30.57                 | 54.06 200m: 3:22.33   | 51.76   |
| 3. Gokcen AYD N    | 36            | Ankara Triatlon Spor Kulubu         | <b>3:37.43</b>        | 192     |
| 50m: 48.63 48.63   | 100m: 1:45.44 | 56.81 150m: 2:44.12                 | 58.68 200m: 3:37.43   | 53.31   |
| 4. Neslihan KAPLAN | 36            | Frekans Yuzme Akademisi Spor Kulubu | <b>3:56.61</b>        | 149     |
| 50m: 46.78 46.78   | 100m: 1:45.68 | 58.90 150m: 2:53.90                 | 1:08.22 200m: 3:56.61 | 1:02.71 |

ULUSLARARASI MASTERLAR YAZ UZUN KULVAR YÜZME AMP YONASI  
19 MAYIS ATATÜRK'Ü ANMA, GENÇL K VE SPOR BAYRAMI  
ZM R, 14. - 16.5.2026

Event 29, Women, 200m Freestyle

40 - 44 years

|    |                      |               |                                      |                |         |
|----|----------------------|---------------|--------------------------------------|----------------|---------|
| 1. | Asli AKCAYOZ         | 41            | Frekans Yuzme Akademısı Spor Kulubu  | <b>2:49.46</b> | 435     |
|    | 50m: 39.90 39.90     | 100m: 1:23.45 | 43.55 150m: 2:06.65 43.20            | 200m: 2:49.46  | 42.81   |
| 2. | isil OZGANAN         | 41            | Ankara Triatlon Spor Kulubu          | <b>3:10.03</b> | 308     |
|    | 50m: 42.02 42.02     | 100m: 1:29.96 | 47.94 150m: 2:20.79 50.83            | 200m: 3:10.03  | 49.24   |
| 3. | Belin ALKAN          | 44            | Yuzme ıdman Yurdu Spor Kulubu        | <b>3:26.52</b> | 240     |
|    | 50m: 43.31 43.31     | 100m: 1:36.09 | 52.78 150m: 2:32.98 56.89            | 200m: 3:26.52  | 53.54   |
| 4. | Nevra ATAN           | 40            | Denizaslanı Spor Kulubu              | <b>3:55.87</b> | 161     |
|    | 50m: 52.98 52.98     | 100m: 1:50.59 | 57.61 150m: 2:53.78 1:03.19          | 200m: 3:55.87  | 1:02.09 |
| 5. | Marina GACTO SANCHEZ | 42            | Sinop Yuzme Ve Cimnastık Spor Kulubu | <b>3:56.40</b> | 160     |
|    | 50m: 53.62 53.62     | 100m: 1:53.85 | 1:00.23 150m: 2:57.30 1:03.45        | 200m: 3:56.40  | 59.10   |
| 6. | Zeynep DOGANAY KESER | 43            | Yuzme ıdman Yurdu Spor Kulubu        | <b>4:00.86</b> | 151     |
|    | 50m: 54.75 54.75     | 100m: 1:55.10 | 1:00.35 150m: 2:58.65 1:03.55        | 200m: 4:00.86  | 1:02.21 |
| 7. | Gizem ALT NAY        | 42            | Ferdi                                | <b>4:26.70</b> | 111     |
|    | 50m: 52.78 52.78     | 100m: 1:58.27 | 1:05.49 150m: 3:09.56 1:11.29        | 200m: 4:26.70  | 1:17.14 |
| 8. | Melis INCEOGLU GUNEY | 40            | Kadıkoy Su Sporları Spor Kulubu      | <b>4:28.09</b> | 109     |
|    | 50m: 55.45 55.45     | 100m: 2:03.49 | 1:08.04 150m: 3:18.36 1:14.87        | 200m: 4:28.09  | 1:09.73 |

45 - 49 years

|     |                              |               |   |                |         |
|-----|------------------------------|---------------|---|----------------|---------|
| 1.  | Ayşe KAR NCA                 | 45            | Bodrum Belediyesi Bodrumspor Spor Klübü | <b>3:11.56</b> | 313     |
|     | 50m: 41.01 41.01             | 100m: 1:29.32 | 48.31 150m: 2:21.66 52.34               | 200m: 3:11.56  | 49.90   |
| 2.  | Revna ACAR VURAL             | 46            | Uskudar Su Sporları Kulubu              | <b>3:21.61</b> | 268     |
|     | 50m: 46.31 46.31             | 100m: 1:38.05 | 51.74 150m: 2:32.12 54.07               | 200m: 3:21.61  | 49.49   |
| 3.  | Can UCKAN YUKSEL             | 45            | izmir Yuzme Triatlon Spor Kulubu        | <b>3:25.29</b> | 254     |
|     | 50m: 45.14 45.14             | 100m: 1:36.95 | 51.81 150m: 2:31.53 54.58               | 200m: 3:25.29  | 53.76   |
| 4.  | Sinem CETINTURK ATALAY       | 46            | Yuzme ıdman Yurdu Spor Kulubu           | <b>3:36.01</b> | 218     |
|     | 50m: 48.35 48.35             | 100m: 1:43.86 | 55.51 150m: 2:42.82 58.96               | 200m: 3:36.01  | 53.19   |
| 5.  | Ayca SEBAT OZDEMİR           | 49            | Yuzme ıdman Yurdu Spor Kulubu           | <b>3:42.98</b> | 198     |
|     | 50m: 49.40 49.40             | 100m: 1:46.61 | 57.21 150m: 2:46.93 1:00.32             | 200m: 3:42.98  | 56.05   |
| 6.  | Nermin AYD N                 | 46            | istanbul Yıldızlar Yuzme Spor Kulubu    | <b>3:50.50</b> | 179     |
|     | 50m: 50.09 50.09             | 100m: 1:47.94 | 57.85 150m: 2:50.74 1:02.80             | 200m: 3:50.50  | 59.76   |
| 7.  | Nihal CEL K                  | 46            | Yuzme ıdman Yurdu Spor Kulubu           | <b>3:57.34</b> | 164     |
|     | 50m: 49.47 49.47             | 100m: 1:48.96 | 59.49 150m: 2:53.79 1:04.83             | 200m: 3:57.34  | 1:03.55 |
| 8.  | Derya Elif KUTUK             | 45            | Bodrum Yuzme ihtisas Spor Kulubu        | <b>4:00.11</b> | 159     |
|     | 50m: 51.60 51.60             | 100m: 1:52.05 | 1:00.45 150m: 2:58.15 1:06.10           | 200m: 4:00.11  | 1:01.96 |
| 9.  | Gokce GEZG N US              | 46            | Yuzme ıdman Yurdu Spor Kulubu           | <b>4:01.41</b> | 156     |
|     | 50m: 53.21 53.21             | 100m: 1:53.68 | 1:00.47 150m: 2:58.89 1:05.21           | 200m: 4:01.41  | 1:02.52 |
| 10. | Gokce KURSAT                 | 48            | Bodrum Yuzme ihtisas Spor Kulubu        | <b>4:22.37</b> | 121     |
|     | 50m: 56.38 56.38             | 100m: 2:05.36 | 1:08.98 150m: 3:17.11 1:11.75           | 200m: 4:22.37  | 1:05.26 |
| 11. | Hatice Sevim KALENDER TEYMUR | 46            | Yuzme ıdman Yurdu Spor Kulubu           | <b>5:06.47</b> | 76      |
|     | 50m: 1:07.66 1:07.66         | 100m: 2:26.38 | 1:18.72 150m: 3:50.09 1:23.71           | 200m: 5:06.47  | 1:16.38 |

50 - 54 years

|    |                  |               |                                     |                |         |
|----|------------------|---------------|-------------------------------------|----------------|---------|
| 1. | Aslihan AKAN     | 51            | Frekans Yuzme Akademısı Spor Kulubu | <b>3:27.60</b> | 253     |
|    | 50m: 45.74 45.74 | 100m: 1:39.02 | 53.28 150m: 2:33.49 54.47           | 200m: 3:27.60  | 54.11   |
| 2. | Gulsah UCER      | 51            | Denizaslanı Spor Kulubu             | <b>4:05.74</b> | 152     |
|    | 50m: 52.50 52.50 | 100m: 1:55.33 | 1:02.83 150m: 3:01.49 1:06.16       | 200m: 4:05.74  | 1:04.25 |

ULUSLARARASI MASTERLAR YAZ UZUN KULVAR YÜZME AMP YONASI  
19 MAYIS ATATÜRK'Ü ANMA, GENÇLİK VE SPOR BAYRAMI  
ZM R, 14. - 16.5.2026

Event 29, Women, 200m Freestyle, 50 - 54 years

| Rank |                         | Age |   |                |     |      |         |         | Time  | Pts     |         |       |         |         |       |         |         |
|------|-------------------------|-----|---|----------------|-----|------|---------|---------|-------|---------|---------|-------|---------|---------|-------|---------|---------|
| 3.   | Sibel TUNA              | 53  | Türk Silahlı Kuvvetleri (Tsk) Spor Gucu | <b>4:06.37</b> | 151 | 50m: | 57.22   | 57.22   | 100m: | 1:58.70 | 1:01.48 | 150m: | 3:05.20 | 1:06.50 | 200m: | 4:06.37 | 1:01.17 |
| 4.   | Derya KARAKOCAN UZUNLAR | 51  | Yuzme idman Yurdu Spor Kulubu           | <b>4:09.38</b> | 146 | 50m: | 56.42   | 56.42   | 100m: | 2:00.50 | 1:04.08 | 150m: | 3:05.84 | 1:05.34 | 200m: | 4:09.38 | 1:03.54 |
| 5.   | Guzin TEOMAN            | 52  | izmir Yuzme ihtisas Spor Kulubu         | <b>4:12.50</b> | 140 | 50m: | 57.52   | 57.52   | 100m: | 2:02.57 | 1:05.05 | 150m: | 3:10.83 | 1:08.26 | 200m: | 4:12.50 | 1:01.67 |
| 6.   | Yetkin COSKUN           | 52  | Ferdi                                   | <b>4:39.13</b> | 104 | 50m: | 1:04.40 | 1:04.40 | 100m: | 2:16.33 | 1:11.93 | 150m: | 3:27.97 | 1:11.64 | 200m: | 4:39.13 | 1:11.16 |
| 7.   | Ozlem SAR               | 52  | Ferdi                                   | <b>6:19.26</b> | 41  | 50m: | 1:21.48 | 1:21.48 | 150m: | 4:38.88 | 3:17.40 | 200m: | 6:19.26 | 1:40.38 |       |         |         |

55 - 59 years

|    |                     |    |                                     |                |     |      |         |         |       |         |         |       |         |         |       |         |         |
|----|---------------------|----|-------------------------------------|----------------|-----|------|---------|---------|-------|---------|---------|-------|---------|---------|-------|---------|---------|
| 1. | Seda KANSUK         | 55 | 0                                   | <b>3:20.97</b> | 311 | 50m: | 46.18   | 46.18   | 100m: | 1:38.73 | 52.55   | 150m: | 2:31.12 | 52.39   | 200m: | 3:20.97 | 49.85   |
| 2. | Emine AKSOY AS T    | 55 | Ferdi                               | <b>3:23.21</b> | 301 | 50m: | 47.32   | 47.32   | 100m: | 1:39.84 | 52.52   | 150m: | 2:34.31 | 54.47   | 200m: | 3:23.21 | 48.90   |
| 3. | Yasemin CAM         | 59 | Atlas Atletik Spor Kulubu           | <b>3:40.73</b> | 235 | 50m: | 48.09   | 48.09   | 100m: | 1:45.81 | 57.72   | 150m: | 2:45.47 | 59.66   | 200m: | 3:40.73 | 55.26   |
| 4. | Idil TUNCAL         | 58 | Ferdi                               | <b>3:57.84</b> | 188 | 50m: | 54.31   | 54.31   | 100m: | 1:54.78 | 1:00.47 | 150m: | 2:57.30 | 1:02.52 | 200m: | 3:57.84 | 1:00.54 |
| 5. | Seval GURDAL BURUCU | 58 | Frekans Yuzme Akademisi Spor Kulubu | <b>4:07.73</b> | 166 | 50m: | 50.65   | 50.65   | 100m: | 1:54.91 | 1:04.26 | 150m: | 3:05.12 | 1:10.21 | 200m: | 4:07.73 | 1:02.61 |
| 6. | Lale BASAR R        | 56 | Ege Atletik Spor Kulubu             | <b>4:09.43</b> | 163 | 50m: | 50.58   | 50.58   | 100m: | 1:52.92 | 1:02.34 | 150m: | 3:01.38 | 1:08.46 | 200m: | 4:09.43 | 1:08.05 |
| 7. | Zumrut Adile ANAR   | 57 | izmir Yuzme ihtisas Spor Kulubu     | <b>4:16.51</b> | 149 | 50m: | 54.68   | 54.68   | 100m: | 1:59.95 | 1:05.27 | 150m: | 3:10.10 | 1:10.15 | 200m: | 4:16.51 | 1:06.41 |
| 8. | isil COSKUN         | 56 | Yuzme idman Yurdu Spor Kulubu       | <b>5:00.89</b> | 92  | 50m: | 1:05.29 | 1:05.29 | 100m: | 2:23.30 | 1:18.01 | 150m: | 3:45.88 | 1:22.58 | 200m: | 5:00.89 | 1:15.01 |

60 - 64 years

|    |  |    |                                      |                |     |      |         |         |       |         |         |       |         |         |       |         |         |
|----|--|----|--------------------------------------|----------------|-----|------|---------|---------|-------|---------|---------|-------|---------|---------|-------|---------|---------|
| 1. | Zehra AKARP NAR<br><i>YEN TÜRK YE REKORU</i> | 63 | Uskudar Su Sporları Kulubu           | <b>3:09.39</b> | 374 | 50m: | 42.89   | 42.89   | 100m: | 1:32.44 | 49.55   | 150m: | 2:21.96 | 49.52   | 200m: | 3:09.39 | 47.43   |
| 2. | Vendi Filiz ED Z                             | 64 | Uskudar Su Sporları Kulubu           | <b>3:22.14</b> | 308 | 50m: | 45.27   | 45.27   | 100m: | 1:36.81 | 51.54   | 150m: | 2:30.76 | 53.95   | 200m: | 3:22.14 | 51.38   |
| 3. | Deniz GULER                                  | 61 | Uskudar Su Sporları Kulubu           | <b>3:41.98</b> | 232 | 50m: | 50.40   | 50.40   | 100m: | 1:47.06 | 56.66   | 150m: | 2:45.11 | 58.05   | 200m: | 3:41.98 | 56.87   |
| 4. | Muruvvet Esin SAY                            | 63 | izmir Yuzme ihtisas Spor Kulubu      | <b>4:20.66</b> | 143 | 50m: | 1:02.84 | 1:02.84 | 100m: | 2:09.98 | 1:07.14 | 150m: | 3:18.46 | 1:08.48 | 200m: | 4:20.66 | 1:02.20 |
| 5. | Fatma Nesrin TURAN                           | 60 | Edirne Kultur Sanat Doga Spor Kulubu | <b>5:35.59</b> | 67  | 50m: | 1:13.61 | 1:13.61 | 100m: | 2:34.35 | 1:20.74 | 150m: | 4:03.63 | 1:29.28 | 200m: | 5:35.59 | 1:31.96 |
| 6. | Fatma ZAFER                                  | 63 | Zeplin Spor Kulubu                   | <b>5:39.20</b> | 65  | 50m: | 1:17.54 | 1:17.54 | 100m: | 2:42.13 | 1:24.59 | 150m: | 4:13.05 | 1:30.92 | 200m: | 5:39.20 | 1:26.15 |

ULUSLARARASI MASTERLAR YAZ UZUN KULVAR YÜZME AMP YONASI  
19 MAYIS ATATÜRK'Ü ANMA, GENÇLİK VE SPOR BAYRAMI  
ZM R, 14. - 16.5.2026

Event 29, Women, 200m Freestyle

65 - 69 years

|                      |               |                                 |                |         |               |         |
|----------------------|---------------|---------------------------------|----------------|---------|---------------|---------|
| 1. Aynur CAR KC OGLU | 66            | Yuzme Idman Yurdu Spor Kulubu   | <b>4:29.05</b> | 157     |               |         |
| 50m: 58.36 58.36     | 100m: 2:07.10 | 1:08.74                         | 150m: 3:17.57  | 1:10.47 | 200m: 4:29.05 | 1:11.48 |
| 2. Meral SERT        | 69            | İzmir Yuzme İhtisas Spor Kulubu | <b>6:51.30</b> | 44      |               |         |
| 50m: 1:21.50 1:21.50 | 100m: 3:05.42 | 1:43.92                         | 150m: 5:01.38  | 1:55.96 | 200m: 6:51.30 | 1:49.92 |

70 - 74 years

|                           |               |                                  |                |         |               |         |
|---------------------------|---------------|----------------------------------|----------------|---------|---------------|---------|
| 1. Lale KOHEN TAYS        | 73            | Albatros Su Sporları Spor Kulubu | <b>4:15.68</b> | 200     |               |         |
| <i>YEN TÜRK YE REKORU</i> |               |                                  |                |         |               |         |
| 50m: 55.59 55.59          | 100m: 1:59.53 | 1:03.94                          | 150m: 3:07.34  | 1:07.81 | 200m: 4:15.68 | 1:08.34 |

80 - 84 years

|                           |               |                                    |                |         |               |         |
|---------------------------|---------------|------------------------------------|----------------|---------|---------------|---------|
| 1. Huma BAYRAKTAR         | 80            | İstanbul Yuzme İhtisas Spor Kulubu | <b>4:59.78</b> | 238     |               |         |
| <i>YEN TÜRK YE REKORU</i> |               |                                    |                |         |               |         |
| 50m: 1:06.10 1:06.10      | 100m: 2:24.63 | 1:18.53                            | 150m: 3:46.07  | 1:21.44 | 200m: 4:59.78 | 1:13.71 |