

ULUSLARARASI MASTERLAR YAZ UZUN KULVAR YÜZME AMP YONASI
19 MAYIS ATATÜRK'Ü ANMA, GENÇL K VE SPOR BAYRAMI
ZM R, 14. - 16.5.2026

Event 16 15.05.2026	Women, 200m Breaststroke			18 years and older Results
MASTER UZUN K.R 70 - 74	4:32.43	Lale Kohen Tays (EN Y DERECE)	ED RNE	10.02.2024
MASTER UZUN K.R 65 - 69	4:15.92	Lale Kohen TAYS	ZM R	5.07.2019
MASTER UZUN K.R 60 - 64	4:06.90	MANUELA CO AR	ADANA	3.06.2022
MASTER UZUN K.R 55 - 59	3:49.66	YASEM N ÇEV RGENER	ALANYA	20.05.2023
MASTER UZUN K.R 50 - 54	3:30.21	YASEM N ÇEV RGENER	MERS N	11.02.2018
MASTER UZUN K.R 45 - 49	3:07.97	Pınar ARPINAR AV AR	ED RNE	7.02.2025
MASTER UZUN K.R 40 - 44	3:09.87	PINAR ARPINAR AV AR	ADANA	3.06.2022
MASTER UZUN K.R 35 - 39	3:01.54	Ipek ARTUN	ED RNE	10.02.2024
MASTER UZUN K.R 30 - 34	3:07.69	Bengisu AVCI TROPEANO	ABU DHABI (UAE)	13.02.2026
MASTER UZUN K.R 25 - 29	2:55.89	TU ÇE DUYGUN	STANBUL	29.10.2008
MASTER UZUN K.R 18 - 24	2:58.92	Sude Dila ÇAMURO LU	ED RNE	7.02.2025

Points: AQUA Master 2025

Rank	Age	Time	Pts
18 - 24 years			
1. Asli Y LMAZ	23	Ege Olimpik Su Sporları Spor Kulubu	3:17.39 459
50m: 44.70 44.70	100m: 1:33.86 49.16	150m: 2:26.16 52.30	200m: 3:17.39 51.23
2. Dilara B CEN	24	Edirne Genc Spor Kulubu	3:38.67 338
50m: 45.97 45.97	100m: 1:39.94 53.97	150m: 2:39.18 59.24	200m: 3:38.67 59.49
3. Ece DEM R	23	Türkiye Spor Yazarları Derneği Spor Kulubu	4:15.39 212
50m: 56.19 56.19	100m: 2:01.57 1:05.38	150m: 3:08.86 1:07.29	200m: 4:15.39 1:06.53
25 - 29 years			
1. Buket COLPAN	26	Karesi Belediye Spor Kulubu	3:23.79 417
50m: 46.79 46.79	100m: 1:38.30 51.51	150m: 2:31.75 53.45	200m: 3:23.79 52.04
2. Selin ONRAT	29	Uskudar Su Sporları Kulubu	3:32.37 369
50m: 47.72 47.72	100m: 1:41.49 53.77	150m: 2:39.83 58.34	200m: 3:32.37 52.54
3. Aylar MAREFAT GARGAR	28	İstanbul Yıldızlar Yuzme Spor Kulubu	4:00.75 253
50m: 51.54 51.54	100m: 1:51.13 59.59	150m: 2:54.36 1:03.23	200m: 4:00.75 1:06.39
4. Beyza TURKYILMAZ	25	Ankara Triatlon Spor Kulubu	4:17.04 208
50m: 54.12 54.12	100m: 1:59.17 1:05.05	150m: 3:07.51 1:08.34	200m: 4:17.04 1:09.53
30 - 34 years			
1. Bengisu AVC TROPEANO	30	Frekans Yuzme Akademisi Spor Kulubu	3:10.13 480
50m: 42.79 42.79	100m: 1:31.09 48.30	150m: 2:20.70 49.61	200m: 3:10.13 49.43
2. İrem Gulsen GUL	32	Kıtarlar Spor Kulubu	3:27.76 368
50m: 46.14 46.14	100m: 1:37.94 51.80	150m: 2:33.38 55.44	200m: 3:27.76 54.38
3. Cansu SENSATAR	30	Ankara Triatlon Spor Kulubu	3:58.55 243
50m: 53.63 53.63	100m: 1:53.57 59.94	150m: 2:56.07 1:02.50	200m: 3:58.55 1:02.48
4. Paye Seda GOKCELI	34	Yuzme İdman Yurdu Spor Kulubu	4:11.15 208
50m: 57.25 57.25	100m: 2:01.46 1:04.21	150m: 3:08.23 1:06.77	200m: 4:11.15 1:02.92
35 - 39 years			
1. Neslinur TURAN KAROL	36	Atlas Atletik Spor Kulubu	3:16.79 492
50m: 43.62 43.62	100m: 1:33.78 50.16	150m: 2:25.33 51.55	200m: 3:16.79 51.46
2. Pınar KAYMARAZ KALAYC	35	Yapı Kredi Spor Kulubu	3:29.42 408
50m: 45.58 45.58	100m: 1:39.68 54.10	150m: 2:36.72 57.04	200m: 3:29.42 52.70
3. Melike AKKAYA	35	Zeplin Spor Kulubu	3:44.74 330
50m: 52.75 52.75	100m: 1:48.00 55.25	150m: 2:46.86 58.86	200m: 3:44.74 57.88
4. Ozlem Ozge ILKUCAN	37	Yuzme İdman Yurdu Spor Kulubu	4:12.39 233
50m: 57.17 57.17	100m: 1:59.73 1:02.56	150m: 3:05.23 1:05.50	200m: 4:12.39 1:07.16

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Event 16, Women, 200m Breaststroke

40 - 44 years

1.	Zeynep COSKUNER	42	Zeplin Spor Kulubu	3:32.26	415
	50m: 48.42 48.42	100m: 1:42.28	53.86	150m: 2:38.69 56.41	200m: 3:32.26 53.57
2.	Nevra ATAN	40	Denizaslani Spor Kulubu	3:44.95	349
	50m: 48.72 48.72	100m: 1:45.18	56.46	150m: 2:44.67 59.49	200m: 3:44.95 1:00.28
3.	Zeynep DOGANAY KESER	43	Yuzme ıdman Yurdu Spor Kulubu	4:08.59	258
	50m: 56.94 56.94	100m: 1:59.78	1:02.84	150m: 3:04.51 1:04.73	200m: 4:08.59 1:04.08

45 - 49 years

1.	Defne ARCAN	49	Bodrum Belediyesi Bodrumspor Spor Kl	4:22.83	225
	50m: 1:00.35 1:00.35	100m: 2:09.97	1:09.62	150m: 3:17.23 1:07.26	200m: 4:22.83 1:05.60
2.	Sıla OZCELIK YENER	45	Yuzme ıdman Yurdu Spor Kulubu	5:08.93	138
	50m: 1:06.36 1:06.36	100m: 2:21.66	1:15.30	200m: 5:08.93 2:47.27	
3.	Zarife RENDE	48	ıstanbul Yıldızlar Yuzme Spor Kulubu	5:10.26	137
	50m: 1:09.94 1:09.94	100m: 2:27.33	1:17.39	150m: 3:50.81 1:23.48	200m: 5:10.26 1:19.45

DSQ Esra TUZEL 49 Bodrum Yuzme ihtisas Spor Kulubu
SW 7.1 - Çıkı veya dönü ten sonraki ilk kurba alama (ayak) vuru undan önce birden fazla kelebek ayak vuru u yaptı ından (Time: 17:03), 50 M. VE 150.M DÖNÜ ÜNDE

	50m: 1:05.21 1:05.21	100m: 2:21.90	1:16.69	150m: 3:39.86 1:17.96	
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50 - 54 years

1.	Sefika Burcu DURDUBAS	50	Frekans Yuzme Akademısı Spor Kulubu	4:10.04	285
	50m: 53.71 53.71	100m: 1:57.27	1:03.56	150m: 3:03.09 1:05.82	200m: 4:10.04 1:06.95
2.	Zeynep OZDOGAN	53	ıstanbul Yıldızlar Yuzme Spor Kulubu	4:44.02	194
	50m: 1:00.97 1:00.97	100m: 2:11.87	1:10.90	150m: 3:28.22 1:16.35	200m: 4:44.02 1:15.80

55 - 59 years

1.	Didem ERSOY	56	Bodrum Belediyesi Bodrumspor Spor Kl	3:58.93	408
	50m: 52.36 52.36	100m: 1:51.61	59.25	150m: 2:55.26 1:03.65	200m: 3:58.93 1:03.67
2.	Yasemin CAM	59	Atlas Atletik Spor Kulubu	4:11.49	350
	50m: 56.13 56.13	100m: 1:59.63	1:03.50	150m: 3:05.09 1:05.46	200m: 4:11.49 1:06.40
3.	Tolga CAPANOGLU	55	ızmir Yuzme ihtisas Spor Kulubu	5:13.84	180
	50m: 1:09.15 1:09.15	100m: 2:28.36	1:19.21	150m: 3:52.75 1:24.39	200m: 5:13.84 1:21.09
4.	Seval GURDAL BURUCU	58	Frekans Yuzme Akademısı Spor Kulubu	5:20.99	168
	50m: 1:14.06 1:14.06	100m: 2:38.32	1:24.26	150m: 4:02.42 1:24.10	200m: 5:20.99 1:18.57
5.	Bahriye K LDAC	56	Ferdi	5:37.68	144
	50m: 1:16.26 1:16.26	100m: 2:43.42	1:27.16	150m: 4:14.51 1:31.09	200m: 5:37.68 1:23.17

60 - 64 years

1.	Muge ULUSAN	61	Bodrum Belediyesi Bodrumspor Spor Kl	4:33.39	285
	50m: 1:03.06 1:03.06	100m: 2:13.30	1:10.24	150m: 3:25.32 1:12.02	200m: 4:33.39 1:08.07
2.	Muruvvet Esin SAY	63	ızmir Yuzme ihtisas Spor Kulubu	4:53.09	232
	50m: 1:11.31 1:11.31	100m: 2:28.29	1:16.98	150m: 3:41.95 1:13.66	200m: 4:53.09 1:11.14
3.	Deniz GULER	61	Uskudar Su Sporları Kulubu	5:06.70	202
	50m: 1:09.50 1:09.50	100m: 2:28.69	1:19.19	150m: 3:50.90 1:22.21	200m: 5:06.70 1:15.80
4.	Yesim ALT N	61	Denizaslani Spor Kulubu	5:12.28	191
	50m: 1:09.87 1:09.87	100m: 2:28.02	1:18.15	150m: 3:50.75 1:22.73	200m: 5:12.28 1:21.53

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Event 16, Women, 200m Breaststroke

65 - 69 years

1. Nilgun KULA 65 Karesi Belediye Spor Kulubu **5:49.52** 167
50m: 1:19.32 1:19.32 100m: 2:45.50 1:26.18 150m: 4:20.97 1:35.47 200m: 5:49.52 1:28.55

70 - 74 years

1. Lale KOHEN TAYS 73 Albatros Su Sporları Spor Kulubu **4:48.28** 382
50m: 1:03.54 1:03.54 100m: 2:17.24 1:13.70 150m: 3:33.56 1:16.32 200m: 4:48.28 1:14.72