

TÜRK YE YILDIZ-GENÇ VE AÇIK YA UZUN KULVAR M LL TAKIM SEÇMES
ED RNE, 17. - 19.4.2026

Yarı 33

Bayanlar, 400m Serbest

Açık

19.04.2026 - 18:07

Sonuçlar

TÜRK YE REKORLARI 50m 19 +	4:06.25	Merve TUNCEL		ROMA (ITA)	11.07.2021
TÜRK YE REKORLARI 50m 18	4:06.25	MERVE TUNCEL		ROMA (ITA)	11.07.2021
TÜRK YE REKORLARI 50m 17	4:06.25	MERVE TUNCEL		ROMA (ITA)	11.07.2021
TÜRK YE REKORLARI 50m 16	4:06.25	MERVE TUNCEL		ROMA (ITA)	11.07.2021
TÜRK YE REKORLARI 50m 15	4:06.83	MERVE TUNCEL		STANBUL	26.12.2020
TÜRK YE REKORLARI 50m 14	4:12.74	Merve TUNCEL		STANBUL	24.12.2019
TÜRK YE REKORLARI 50m 13	4:19.91	Alara GÖKALP	95	ANTALYA	21.12.2025

Puanlar: AQUA 2025

geçici sonuçlar

Sıra			YB					Zaman	Derece			
	Tuana Betül ERGÜN		10	Galatasaray Spor Kulübü				4:25.32	698			
	50m:	30.54 30.54	150m:	1:37.39	33.60	250m:	2:45.30	33.70	350m:	3:52.65	33.41	
	100m:	1:03.79	33.25	200m:	2:11.60	34.21	300m:	3:19.24	33.94	400m:	4:25.32	32.67
	Ikra SIVACI		10	Kayseri Yüzme Spor Kulübü				4:27.61	680			
	50m:	30.88 30.88	150m:	1:38.27	33.91	250m:	2:46.18	34.14	350m:	3:54.80	34.19	
	100m:	1:04.36	33.48	200m:	2:12.04	33.77	300m:	3:20.61	34.43	400m:	4:27.61	32.81
	Nehir DO ULU		11	Fenerbahçe Spor Kulübü				4:30.39	659			
	50m:	31.44 31.44	150m:	1:40.56	34.51	250m:	2:49.02	33.94	350m:	3:57.48	33.91	
	100m:	1:06.05	34.61	200m:	2:15.08	34.52	300m:	3:23.57	34.55	400m:	4:30.39	32.91
	Ece GÜVEN		12	Enka Spor Kulübü				4:32.08	647			
	50m:	31.11 31.11	150m:	1:39.51	34.53	250m:	2:49.12	34.76	350m:	3:58.35	34.39	
	100m:	1:04.98	33.87	200m:	2:14.36	34.85	300m:	3:23.96	34.84	400m:	4:32.08	33.73
	Iclal SARIER		10	Fenerbahçe Spor Kulübü				4:32.42	645			
	50m:	31.14 31.14	150m:	1:38.70	34.38	250m:	2:48.27	34.93	350m:	3:59.09	35.40	
	100m:	1:04.32	33.18	200m:	2:13.34	34.64	300m:	3:23.69	35.42	400m:	4:32.42	33.33
	Ada KOCACAN		11	Galatasaray Spor Kulübü				4:33.27	639			
	50m:	31.10 31.10	150m:	1:40.02	34.89	250m:	2:50.79	35.19	350m:	4:01.21	35.41	
	100m:	1:05.13	34.03	200m:	2:15.60	35.58	300m:	3:25.80	35.01	400m:	4:33.27	32.06
	Zeynep KILIÇ		09	Galatasaray Spor Kulübü				4:33.33	638			
	50m:	30.79 30.79	150m:	1:39.13	34.69	250m:	2:49.21	35.00	350m:	3:58.99	34.75	
	100m:	1:04.44	33.65	200m:	2:14.21	35.08	300m:	3:24.24	35.03	400m:	4:33.33	34.34
	Ecrin GÜLCAN		11	Galatasaray Spor Kulübü				4:35.60	622			
	50m:	31.36 31.36	150m:	1:39.88	34.63	250m:	2:49.94	34.97	350m:	4:00.16	35.18	
	100m:	1:05.25	33.89	200m:	2:14.97	35.09	300m:	3:24.98	35.04	400m:	4:35.60	35.44
	Deniz ANIL		12	Vamos Spor Kulübü				4:35.71	622			
	50m:	31.86 31.86	150m:	1:42.15	35.85	250m:	2:52.48	35.24	350m:	4:02.28	34.18	
	100m:	1:06.30	34.44	200m:	2:17.24	35.09	300m:	3:28.10	35.62	400m:	4:35.71	33.43
	Deniz ALGÜL		11	Enka Spor Kulübü				4:36.48	617			
	50m:	31.02 31.02	150m:	1:40.05	34.96	250m:	2:50.85	35.37	350m:	4:01.95	35.56	
	100m:	1:05.09	34.07	200m:	2:15.48	35.43	300m:	3:26.39	35.54	400m:	4:36.48	34.53
	Meryem ÇET N		13	Bosch Spor Kulübü				4:36.91	614			
	50m:	31.75 31.75	150m:	1:42.16	35.72	250m:	2:52.75	35.31	350m:	4:02.79	34.69	
	100m:	1:06.44	34.69	200m:	2:17.44	35.28	300m:	3:28.10	35.35	400m:	4:36.91	34.12
	Elif Ece YURTKULU		13	Ortakçı Spor Kulübü				4:37.08	613			
	50m:	32.37 32.37	150m:	1:42.72	35.39	250m:	2:53.60	35.51	350m:	4:03.67	34.79	
	100m:	1:07.33	34.96	200m:	2:18.09	35.37	300m:	3:28.88	35.28	400m:	4:37.08	33.41
	Ezgi Ada I		10	Tekirda Ayyıldız Yüzme Spor Kulübü				4:37.38	611			
	50m:	31.10 31.10	150m:	1:40.86	35.23	250m:	2:52.41	35.72	350m:	4:02.96	34.67	
	100m:	1:05.63	34.53	200m:	2:16.69	35.83	300m:	3:28.29	35.88	400m:	4:37.38	34.42
	Melodi DEM REL		12	Ted Mersin Koleji Spor Kulübü				4:38.05	606			
	50m:	32.89 32.89	150m:	1:43.77	35.78	250m:	2:54.95	35.84	350m:	4:04.71	33.68	
	100m:	1:07.99	35.10	200m:	2:19.11	35.34	300m:	3:31.03	36.08	400m:	4:38.05	33.34
	Nermin Erva BELL		12	Ortakçı Spor Kulübü				4:39.18	599			
	50m:	32.42 32.42	150m:	1:42.97	35.94	250m:	2:54.61	35.84	350m:	4:05.07	35.32	
	100m:	1:07.03	34.61	200m:	2:18.77	35.80	300m:	3:29.75	35.14	400m:	4:39.18	34.11

TÜRK YE YILDIZ-GENÇ VE AÇIK YA UZUN KULVAR M LL TAKIM SEÇMES
ED RNE, 17. - 19.4.2026

Yarı 33, Bayanlar, 400m Serbest, Açık

Sıra					YB					Zaman Derece		
	Sahra ÇEL KÖKÜ				12	Galatasaray Spor Kulübü				4:39.96 594		
	50m:	31.67	31.67	150m:	1:41.96	35.53	250m:	2:53.36	35.46	350m:	4:05.23	35.51
	100m:	1:06.43	34.76	200m:	2:17.90	35.94	300m:	3:29.72	36.36	400m:	4:39.96	34.73
	Defne Sinem EKEN				12	Enka Spor Kulübü				4:41.47 584		
	50m:	33.80	33.80	150m:	1:44.97	35.94	250m:	2:56.63	36.06	350m:	4:07.24	35.10
	100m:	1:09.03	35.23	200m:	2:20.57	35.60	300m:	3:32.14	35.51	400m:	4:41.47	34.23
	Ya mur KONT				13	Gaziantep ehitkamil Belediye Spor Kul				4:42.50 578		
	50m:	31.87	31.87	150m:	1:43.10	36.23	250m:	2:55.75	36.02	350m:	4:08.01	35.76
	100m:	1:06.87	35.00	200m:	2:19.73	36.63	300m:	3:32.25	36.50	400m:	4:42.50	34.49
	Bu lem Duru ALGAÇ				13	Gordion Spor Kulübü				4:43.72 571		
	50m:	32.11	32.11	150m:	1:42.90	35.81	250m:	2:55.15	36.01	350m:	4:07.19	35.93
	100m:	1:07.09	34.98	200m:	2:19.14	36.24	300m:	3:31.26	36.11	400m:	4:43.72	36.53
	Ecrin Hayriye AKCA				12	Enka Spor Kulübü				4:45.09 562		
	50m:	32.47	32.47	150m:	1:43.30	35.83	250m:	2:56.58	36.56	350m:	4:09.67	36.07
	100m:	1:07.47	35.00	200m:	2:20.02	36.72	300m:	3:33.60	37.02	400m:	4:45.09	35.42
	Bilge BEKTA				13	Nilüfer Belediye Spor Kulübü				4:45.11 562		
	50m:	32.35	32.35	150m:	1:43.57	36.24	250m:	2:56.48	36.61	350m:	4:09.52	36.39
	100m:	1:07.33	34.98	200m:	2:19.87	36.30	300m:	3:33.13	36.65	400m:	4:45.11	35.59
	Nehir Berin DA LI				12	Yıldız Su Sporları Spor Kulübü				4:45.69 559		
	50m:	33.00	33.00	150m:	1:44.79	36.16	250m:	2:57.53	36.25	350m:	4:10.39	36.39
	100m:	1:08.63	35.63	200m:	2:21.28	36.49	300m:	3:34.00	36.47	400m:	4:45.69	35.30
	Ela AYGÜN				12	Yıldız Su Sporları Spor Kulübü				4:45.72 559		
	50m:	32.23	32.23	150m:	1:44.67	36.92	250m:	2:57.98	36.79	350m:	4:10.77	36.34
	100m:	1:07.75	35.52	200m:	2:21.19	36.52	300m:	3:34.43	36.45	400m:	4:45.72	34.95
	Esil Erva DURU				13	Poseidon Spor Kulübü				4:47.89 546		
	50m:	32.68	32.68	150m:	1:44.83	36.71	250m:	2:58.76	37.25	350m:	4:12.72	36.88
	100m:	1:08.12	35.44	200m:	2:21.51	36.68	300m:	3:35.84	37.08	400m:	4:47.89	35.17
	Ela AYVAZ				13	Orçun Alkan Yüzme Akademisi Spor Kul				4:47.99 545		
	50m:	32.14	32.14	150m:	1:44.31	36.53	250m:	2:58.54	37.02	350m:	4:11.98	36.31
	100m:	1:07.78	35.64	200m:	2:21.52	37.21	300m:	3:35.67	37.13	400m:	4:47.99	36.01
	Zümra KURT				12	İstanbul Büyük ehir Belediyesi Spor Kul				4:48.66 542		
	50m:	32.41	32.41	150m:	1:44.42	36.54	250m:	2:59.34	37.75	350m:	4:13.84	36.77
	100m:	1:07.88	35.47	200m:	2:21.59	37.17	300m:	3:37.07	37.73	400m:	4:48.66	34.82
	Maria Rüya S LAYEVA				13	Okyanus Koleji Spor Kulübü				4:48.88 540		
	50m:	33.36	33.36	150m:	1:45.76	36.61	250m:	2:59.67	36.90	350m:	4:13.26	36.91
	100m:	1:09.15	35.79	200m:	2:22.77	37.01	300m:	3:36.35	36.68	400m:	4:48.88	35.62
	Ela TEM ZKAN				13	Galatasaray Spor Kulübü				4:48.92 540		
	50m:	32.59	32.59	150m:	1:46.29	37.51	250m:	3:00.68	36.99	350m:	4:14.72	36.59
	100m:	1:08.78	36.19	200m:	2:23.69	37.40	300m:	3:38.13	37.45	400m:	4:48.92	34.20
	Emine Mina KÖSEO LU				13	Tekirda Yüzme Spor Kulübü				4:50.48 532		
	50m:	32.99	32.99	150m:	1:46.67	37.31	250m:	3:00.81	37.34	350m:	4:14.01	36.68
	100m:	1:09.36	36.37	200m:	2:23.47	36.80	300m:	3:37.33	36.52	400m:	4:50.48	36.47
	Berra ZENG N				13	Çorlu Belediyesi Spor Kulübü				4:50.56 531		
	50m:	32.44	32.44	150m:	1:44.83	36.75	250m:	3:00.20	38.17	350m:	4:16.11	37.51
	100m:	1:08.08	35.64	200m:	2:22.03	37.20	300m:	3:38.60	38.40	400m:	4:50.56	34.45
	Ay e Nur KUZGUN				13	Galatasaray Spor Kulübü				4:50.93 529		
	50m:	33.11	33.11	150m:	1:47.02	37.50	250m:	3:01.90	37.23	350m:	4:15.86	36.64
	100m:	1:09.52	36.41	200m:	2:24.67	37.65	300m:	3:39.22	37.32	400m:	4:50.93	35.07
	Zeynep ÇAKIR				13	Edirne Yüzme E itim Merkezi Spor Kulü				4:52.35 521		
	50m:	33.20	33.20	150m:	1:46.93	37.03	250m:	3:02.11	37.46	350m:	4:16.17	36.23
	100m:	1:09.90	36.70	200m:	2:24.65	37.72	300m:	3:39.94	37.83	400m:	4:52.35	36.18
	Beliz MÜHEND SLER				13	Kınalıada Su Sporları Spor Kulübü				4:52.96 518		
	50m:	33.53	33.53	150m:	1:48.17	38.05	250m:	3:03.59	37.48	350m:	4:17.91	36.74
	100m:	1:10.12	36.59	200m:	2:26.11	37.94	300m:	3:41.17	37.58	400m:	4:52.96	35.05

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Sıra									YB									Zaman Derece
	Nil Zülal KARD L								13	Kartepe Belediye Spor Kulübü								4:55.24 506
	50m:	32.74	32.74	150m:	1:47.01	37.75	250m:	3:03.07	38.06	350m:	4:18.96	38.23						
	100m:	1:09.26	36.52	200m:	2:25.01	38.00	300m:	3:40.73	37.66	400m:	4:55.24	36.28						
	Zeynep ırmak YALÇIN								13	Gaziantep ehitkamil Belediye Spor Kul								4:56.55 500
	50m:	33.78	33.78	150m:	1:48.54	38.46	250m:	3:05.04	37.61	350m:	4:20.26	37.66						
	100m:	1:10.08	36.30	200m:	2:27.43	38.89	300m:	3:42.60	37.56	400m:	4:56.55	36.29						
	Ela Nira Ç ZER								13	Hendek Olimpik Spor Kulübü								4:58.47 490
	50m:	33.67	33.67	150m:	1:49.36	38.32	250m:	3:05.30	38.03	350m:	4:21.49	37.95						
	100m:	1:11.04	37.37	200m:	2:27.27	37.91	300m:	3:43.54	38.24	400m:	4:58.47	36.98						
	Ezgi ERMEN								13	Kocaeli Yüzme Spor Kulübü								5:01.67 475
	50m:	33.64	33.64	150m:	1:48.48	37.88	250m:	3:05.10	38.48	350m:	4:22.94	38.99						
	100m:	1:10.60	36.96	200m:	2:26.62	38.14	300m:	3:43.95	38.85	400m:	5:01.67	38.73						