

KAMİL KÖSEOĞLU ANISINA ULUSLARARASI MASTERLAR UZUN KULVAR YÜZME ŞAMPİYONASI
ADANA, 6. - 8.2.2026

Yarış 23
7.02.2026

400m Serbest

18 - 84 yaşları arası
Sonuçlar

MASTER UZUN K.R 80 - 84	7:49.24	Behçet KURTIÇ	217	ANKARA	9.11.2024
MASTER UZUN K.R 75 - 79	6:57.09	TUNCAY ŞENYÜZ		ANKARA	10.11.2023
MASTER UZUN K.R 70 - 74	6:38.05	TUNCAY ŞENYÜZ		TRABZON	4.03.2016
MASTER UZUN K.R 65 - 69	6:05.71	ALİ CAMAT		Ankara	10.11.2023
MASTER UZUN K.R 60 - 64	4:41.38	AHMET NAKKAŞ		ANKARA	10.11.2023
MASTER UZUN K.R 55 - 59	4:37.31	AHMET NAKKAŞ		HEYBELİADA	3.08.2018
MASTER UZUN K.R 50 - 54	4:36.56	AHMET NAKKAŞ		ADAPAZARI	4.12.2015
MASTER UZUN K.R 45 - 49	5:00.96	ALPER ÖRNEKAL		BURSA	19.02.2017
MASTER UZUN K.R 40 - 44	4:53.28	Tolga ÖCAL		EDİRNE	9.12.2022
MASTER UZUN K.R 35 - 39	4:42.72	ÖZKAN DİZAR		BELGRAD	2.07.2024
MASTER UZUN K.R 30 - 34	4:23.90	Ögeday SAMATLI	456	DOHA	28.02.2024
MASTER UZUN K.R 25 - 29	4:25.19	ÖGEDAY SAMATLI		ALANYA	10.11.2023
MASTER UZUN K.R 18 - 24	4:53.28	Ata ODABAŞ		EDİRNE	8.02.2025
MASTER UZUN K.R 70 - 74	8:49.03	Lale KOHEN TAYS		EDİRNE	8.02.2025
MASTER UZUN K.R 65 - 69	7:26.22	Ayşe Mehtap VARDIOĞLU		EDİRNE	8.02.2025
MASTER UZUN K.R 60 - 64	6:42.41	Zehra AKARPINAR		EDİRNE	8.02.2025
MASTER UZUN K.R 55 - 59	6:59.71	WENDY EDİZ		HEYBELİADA	3.08.2018
MASTER UZUN K.R 50 - 54	5:41.91	SEBLA TALİ		KRANJ	5.09.2018
MASTER UZUN K.R 45 - 49	5:25.32	Pınar ARPINAR AVŞAR	512	ANKARA	9.11.2024
MASTER UZUN K.R 40 - 44	5:15.25	Gülşah GÜNENÇ ELER		EDİRNE	8.02.2025
MASTER UZUN K.R 35 - 39	5:24.40	Sabahat Yasemin ALTINTAŞ		EDİRNE	10.12.2022
MASTER UZUN K.R 30 - 34	5:20.31	Nihal BALTO		EDİRNE	8.02.2025
MASTER UZUN K.R 25 - 29	4:39.38	ZEYNEP BALTO		DOHA	28.02.2024
MASTER UZUN K.R 18 - 24	5:11.67	Sude Dila ÇAMUROĞLU		EDİRNE	8.02.2025

MASTER BARAJ 25 - 29 Bayanlar: 8:30.00; 25 - 29 Erkekler: 7:10.00; 30 - 34 Bayanlar: 8:45.00; 30 - 34 Erkekler: 7:15.00; 35 - 39 Bayanlar: 9:00.00; 35 - 39 Erkekler: 7:30.00; 40 - 44 Bayanlar: 9:30.00; 40 - 44 Erkekler: 7:50.00; 45 - 49 Bayanlar: 10:00.00; 45 - 49 Erkekler: 8:15.00; 50 - 54 Bayanlar: 10:30.00; 50 - 54 Erkekler: 8:50.00; 55 - 59 Bayanlar: 10:50.00; 55 - 59 Erkekler: 9:10.00; 60 - 64 Bayanlar: 11:15.00; 60 - 64 Erkekler: 9:55.00; 65 - 69 Bayanlar: 11:55.00; 65 - 69 Erkekler: 10:30.00; 70 - 74 Bayanlar: 12:50.00; 70 - 74 Erkekler: 11:15.00; 75 - 79 Bayanlar: 13:50.00; 75 - 79 Erkekler: 12:30.00; 80 - 84 Bayanlar: 15:00.00; 80 - 84 Erkekler: 14:00.00

Puanlar: AQUA Master 2025

Sıra	Yaş	Zaman	Derece
18 - 24 yaşları arası, Bayanlar			
1. Sıla PAZAR	22	Ege Atletik Spor Kulübü	5:14.38 543
50m: 32.73 32.73	150m: 1:52.20 40.71	250m: 3:15.12 41.35	350m: 4:36.95 40.84
100m: 1:11.49 38.76	200m: 2:33.77 41.57	300m: 3:56.11 40.99	400m: 5:14.38 37.43
2. Cemre TEKBULUT	21	Trend Spor Kulübü	5:18.11 524
50m: 32.62 32.62	150m: 1:47.88 38.62	250m: 3:11.77 42.76	350m: 4:36.59 42.30
100m: 1:09.26 36.64	200m: 2:29.01 41.13	300m: 3:54.29 42.52	400m: 5:18.11 41.52
3. Öykü İlgin TOKA	20	Frekans Yüzme Akademisi Spor Kulübü	6:09.35 335
50m: 36.69 36.69	150m: 2:05.85 45.72	250m: 3:43.90 50.20	350m: 5:20.80 45.96
100m: 1:20.13 43.44	200m: 2:53.70 47.85	300m: 4:34.84 50.94	400m: 6:09.35 48.55
4. Ece DEMİR	23	Türkiye Spor Yazarları Derneği Spor Kulübü	7:02.01 224
50m: 44.37 44.37	150m: 2:31.06 55.38	250m: 4:20.83 55.84	350m: 6:11.41 55.71
100m: 1:35.68 51.31	200m: 3:24.99 53.93	300m: 5:15.70 54.87	400m: 7:02.01 50.60
5. Duru Lara ÇAKICI	22	İstanbul Triatlon Spor Kulübü	7:48.80 164
50m: 52.12 52.12	150m: 2:48.57 59.63	250m: 4:50.26 1:01.14	350m: 6:51.63 1:00.10
100m: 1:48.94 56.82	200m: 3:49.12 1:00.55	300m: 5:51.53 1:01.27	400m: 7:48.80 57.17

18 - 24 yaşları arası, Erkekler

1. Mark SHROM	22	Albatros Su Sporları Spor Kulübü	4:29.72 713
50m: 29.71 29.71	150m: 1:36.11 33.70	250m: 2:44.14 34.05	350m: 3:54.60 35.11
100m: 1:02.41 32.70	200m: 2:10.09 33.98	300m: 3:19.49 35.35	400m: 4:29.72 35.12

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Yarış 23, Erkekler, 400m Serbest, 18 - 24 yaşları arası

Sıra	Yaş	Zaman	Derece
2. Eren MORAY <i>YENİ TÜRKİYE REKORU</i>	18 Göztepe Spor Kulübü	4:48.25	584
50m: 30.75 30.75 150m: 1:43.85 36.90 250m: 2:58.44 37.17 350m: 4:13.55 37.82			
100m: 1:06.95 36.20 200m: 2:21.27 37.42 300m: 3:35.73 37.29 400m: 4:48.25 34.70			
3. Adnan LÜTFİ	19 Başakşehir Yüzme S.K.	5:59.45	301
50m: 41.02 41.02 150m: 2:11.30 45.10 250m: 3:42.51 45.68 350m: 5:17.56 46.90			
100m: 1:26.20 45.18 200m: 2:56.83 45.53 300m: 4:30.66 48.15 400m: 5:59.45 41.89			
4. Ahmet ERKAR	22 Türk Silahlı Kuvvetleri (Tsk) Spor Gücü	7:28.99	154
50m: 41.27 41.27 150m: 2:21.78 53.09 250m: 4:19.77 59.85 350m: 6:26.83 1:04.57			
100m: 1:28.69 47.42 200m: 3:19.92 58.14 300m: 5:22.26 1:02.49 400m: 7:28.99 1:02.16			

25 - 29 yaşları arası, Bayanlar

1. Buse AYGÜN	29 Ferdi	5:44.90	411
50m: 35.84 35.84 150m: 2:00.86 43.39 250m: 3:29.55 44.14 350m: 4:59.61 45.70			
100m: 1:17.47 41.63 200m: 2:45.41 44.55 300m: 4:13.91 44.36 400m: 5:44.90 45.29			
2. Melisa SOYLUER	26 Orta Doğu Teknik Üniversitesi Spor Kulübü	5:57.32	370
50m: 36.53 36.53 150m: 2:04.26 45.42 250m: 3:37.77 47.20 350m: 5:13.05 47.22			
100m: 1:18.84 42.31 200m: 2:50.57 46.31 300m: 4:25.83 48.06 400m: 5:57.32 44.27			
3. Natalia IASHUNINA	28 Okto Spor Kulübü	6:44.20	255
50m: 43.84 43.84 150m: 2:22.66 50.89 250m: 4:05.65 52.32 350m: 5:52.23 53.14			
100m: 1:31.77 47.93 200m: 3:13.33 50.67 300m: 4:59.09 53.44 400m: 6:44.20 51.97			
4. Yağmur TATAR	29 Zeplin Spor Kulübü	6:50.49	244
50m: 39.25 39.25 150m: 2:18.01 52.07 250m: 4:06.32 55.34 350m: 5:58.31 56.16			
100m: 1:25.94 46.69 200m: 3:10.98 52.97 300m: 5:02.15 55.83 400m: 6:50.49 52.18			

25 - 29 yaşları arası, Erkekler

1. Ibrahim Doğa ERGİN	27 Orta Doğu Teknik Üniversitesi Spor Kulübü	5:16.74	440
50m: 34.29 34.29 150m: 1:52.55 40.08 250m: 3:15.26 41.55 350m: 4:37.98 41.41			
100m: 1:12.47 38.18 200m: 2:33.71 41.16 300m: 3:56.57 41.31 400m: 5:16.74 38.76			
2. Mehmet OYLU	25 Non Stop Spor Kulübü	6:01.55	296
50m: 36.01 36.01 150m: 2:01.91 43.86 250m: 3:35.34 47.85 350m: 5:14.73 49.91			
100m: 1:18.05 42.04 200m: 2:47.49 45.58 300m: 4:24.82 49.48 400m: 6:01.55 46.82			
3. Burak GENÇ	28 Türk Silahlı Kuvvetleri (Tsk) Spor Gücü	6:10.58	274
50m: 36.38 36.38 150m: 2:04.27 45.44 250m: 3:40.58 49.16 350m: 5:22.78 51.25			
100m: 1:18.83 42.45 200m: 2:51.42 47.15 300m: 4:31.53 50.95 400m: 6:10.58 47.80			
4. Muhammet Salih ÇALIŞKAN <i>BARAJ GEÇEMEMİŞTİR</i>	28 Ferdi	7:30.60	152
50m: 43.37 43.37 150m: 2:32.62 58.81 250m: 4:31.31 58.55 350m: 6:32.32 1:01.94			
100m: 1:33.81 50.44 200m: 3:32.76 1:00.14 300m: 5:30.38 59.07 400m: 7:30.60 58.28			

30 - 34 yaşları arası, Bayanlar

1. Irem ERBİL HASANOĞLU	32 Okto Spor Kulübü	7:05.73	224
50m: 44.66 44.66 150m: 2:27.56 52.90 250m: 4:19.46 57.04 350m: 6:10.37 56.10			
100m: 1:34.66 50.00 200m: 3:22.42 54.86 300m: 5:14.27 54.81 400m: 7:05.73 55.36			
2. Selen GÖNÜL	30 Yüzme Idman Yurdu Spor Kulübü	8:40.91	122
50m: 54.37 54.37 150m: 3:02.39 1:06.09 250m: 5:17.91 1:08.62 350m: 7:34.07 1:07.29			
100m: 1:56.30 1:01.93 200m: 4:09.29 1:06.90 300m: 6:26.78 1:08.87 400m: 8:40.91 1:06.84			

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30 - 34 yaşları arası, Erkekler

1.	Hasan Emre MUSLUOĞLU	34	Galatasaray Spor Kulübü	4:33.40	660
	50m: 28.71 28.71 150m: 1:36.25 34.37 250m: 2:45.73 34.78 350m: 3:57.37 36.30				
	100m: 1:01.88 33.17 200m: 2:10.95 34.70 300m: 3:21.07 35.34 400m: 4:33.40 36.03				
2.	Akif AYDIN	31	Ferdi	6:23.50	239
	50m: 36.55 36.55 150m: 2:06.00 47.77 250m: 3:49.41 52.69 350m: 5:35.84 53.69				
	100m: 1:18.23 41.68 200m: 2:56.72 50.72 300m: 4:42.15 52.74 400m: 6:23.50 47.66				
3.	Murat YOLAÇ	31	Türk Silahlı Kuvvetleri (Tsk) Spor Gücü	6:25.09	236
	50m: 40.89 40.89 150m: 2:15.09 48.06 250m: 3:56.33 50.66 350m: 5:37.87 50.78				
	100m: 1:27.03 46.14 200m: 3:05.67 50.58 300m: 4:47.09 50.76 400m: 6:25.09 47.22				
4.	Cem YILDIRIM	32	Ferdi	6:28.64	230
	50m: 41.31 41.31 150m: 2:17.14 48.93 250m: 3:58.94 50.97 350m: 5:40.25 49.81				
	100m: 1:28.21 46.90 200m: 3:07.97 50.83 300m: 4:50.44 51.50 400m: 6:28.64 48.39				
5.	Mustafa Sercan AKAT	33	Istanbul Triatlon Spor Kulübü	6:31.00	225
	50m: 38.22 38.22 150m: 2:10.66 49.05 250m: 3:54.42 51.98 350m: 5:40.19 53.39				
	100m: 1:21.61 43.39 200m: 3:02.44 51.78 300m: 4:46.80 52.38 400m: 6:31.00 50.81				
6.	Uğur Can DURMAZ	33	Türk Silahlı Kuvvetleri (Tsk) Spor Gücü	7:14.27	164
	50m: 44.94 44.94 150m: 2:31.67 55.59 250m: 4:26.79 56.93 350m: 6:21.92 57.32				
	100m: 1:36.08 51.14 200m: 3:29.86 58.19 300m: 5:24.60 57.81 400m: 7:14.27 52.35				
7.	Utku TOPÇU BARAJ GEÇEMEMİŞTİR	33	Yüzme Idman Yurdu Spor Kulübü	7:32.51	145
	50m: 45.31 45.31 150m: 2:35.62 56.83 250m: 4:35.24 59.91 350m: 6:35.26 59.49				
	100m: 1:38.79 53.48 200m: 3:35.33 59.71 300m: 5:35.77 1:00.53 400m: 7:32.51 57.25				

disk.	Harun ÇİMEN	32	Yüzme Idman Yurdu Spor Kulübü		
	<i>SW 10.2 - Bir yüzücü sıralamaya girebilmesi için öngörülen mesafeyi tek başına yüzüp bitirmediğinden</i>				
	<i>(Zaman: 18:18)</i>				
	50m: 58.77 58.77 150m: 3:17.71 1:11.69 250m: 5:54.48 1:21.36				
	100m: 2:06.02 1:07.25 200m: 4:33.12 1:15.41				

35 - 39 yaşları arası, Bayanlar

1.	Nilüfer SAYGIN	35	Orta Doğu Teknik Üniversitesi Spor Kulübü	6:14.96	357
	50m: 38.24 38.24 150m: 2:10.93 48.17 250m: 3:49.75 49.71 350m: 5:28.71 49.27				
	100m: 1:22.76 44.52 200m: 3:00.04 49.11 300m: 4:39.44 49.69 400m: 6:14.96 46.25				
2.	Büşra TARÇALIR	38	Üsküdar Su Sporları Kulübü	6:33.83	308
	50m: 40.38 40.38 150m: 2:16.64 49.42 250m: 4:00.77 52.54 350m: 5:46.92 52.80				
	100m: 1:27.22 46.84 200m: 3:08.23 51.59 300m: 4:54.12 53.35 400m: 6:33.83 46.91				
3.	Melisa ULUARSLAN	37	Ferdi	6:48.05	277
	50m: 42.10 42.10 150m: 2:22.71 52.32 250m: 4:09.55 53.46 350m: 5:57.28 53.74				
	100m: 1:30.39 48.29 200m: 3:16.09 53.38 300m: 5:03.54 53.99 400m: 6:48.05 50.77				
4.	Meryem Tuğçe AYVALI	37	Ferdi	7:42.24	190
	50m: 49.23 49.23 150m: 2:43.43 59.20 250m: 4:44.29 59.57 350m: 6:44.51 1:01.20				
	100m: 1:44.23 55.00 200m: 3:44.72 1:01.29 300m: 5:43.31 59.02 400m: 7:42.24 57.73				
5.	Bilge MİNİSKER	35	Zeplin Spor Kulübü	7:45.59	186
	50m: 48.27 48.27 150m: 2:43.32 59.42 250m: 4:43.33 1:00.00 350m: 6:45.44 1:01.46				
	100m: 1:43.90 55.63 200m: 3:43.33 1:00.01 300m: 5:43.98 1:00.65 400m: 7:45.59 1:00.15				
6.	Ayşe YENER USLU	38	Yüzme Idman Yurdu Spor Kulübü	8:00.01	170
	50m: 48.17 48.17 150m: 2:52.13 1:04.01 250m: 5:01.13 1:04.15 350m: 7:05.76 1:01.71				
	100m: 1:48.12 59.95 200m: 3:56.98 1:04.85 300m: 6:04.05 1:02.92 400m: 8:00.01 54.25				

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Yarış 23, Bayanlar, 400m Serbest, 35 - 39 yaşları arası

Sıra	Yaş	Zaman	Derece
7. Aybike TURAN	38	Yüzme Idman Yurdu Spor Kulübü	8:00.22 170
50m: 45.66 45.66	150m: 2:45.59 1:03.25	250m: 4:52.93 1:06.61	350m: 7:03.64 1:06.90
100m: 1:42.34 56.68	200m: 3:46.32 1:00.73	300m: 5:56.74 1:03.81	400m: 8:00.22 56.58
8. Gülçin YAMAN YILDIRIM	37	Ferdi	8:50.38 126
50m: 55.23 55.23	150m: 3:08.98 1:08.89	250m: 5:27.00 1:10.79	350m: 7:45.17 1:09.44
100m: 2:00.09 1:04.86	200m: 4:16.21 1:07.23	300m: 6:35.73 1:08.73	400m: 8:50.38 1:05.21
9. Tuba DEMİRCİ	38	Yüzme Idman Yurdu Spor Kulübü	9:11.47 112
<i>BARAJ GEÇEMEMİŞTİR</i>			
50m: 55.51 55.51	150m: 3:12.61 1:11.56	250m: 5:36.10 1:10.84	350m: 8:00.49 1:12.45
100m: 2:01.05 1:05.54	200m: 4:25.26 1:12.65	300m: 6:48.04 1:11.94	400m: 9:11.47 1:10.98

35 - 39 yaşları arası, Erkekler

1. Denizhan DAĞDELEN	39	Galatasaray Spor Kulübü	5:03.86 497
50m: 33.86 33.86	150m: 1:49.92 38.85	250m: 3:08.05 39.06	350m: 4:26.38 39.12
100m: 1:11.07 37.21	200m: 2:28.99 39.07	300m: 3:47.26 39.21	400m: 5:03.86 37.48
2. Burhan Oğuzhan ÇELİKİYAY	37	Non Stop Spor Kulübü	6:08.85 278
50m: 40.37 40.37	150m: 2:11.98 46.90	250m: 3:47.09 47.77	350m: 5:24.92 48.77
100m: 1:25.08 44.71	200m: 2:59.32 47.34	300m: 4:36.15 49.06	400m: 6:08.85 43.93
3. Mustafa Örsan ALPASLAN	39	Frekans Yüzme Akademisi Spor Kulübü	6:29.73 235
50m: 37.58 37.58	150m: 2:08.88 47.21	250m: 3:53.99 53.86	350m: 5:39.68 52.61
100m: 1:21.67 44.09	200m: 3:00.13 51.25	300m: 4:47.07 53.08	400m: 6:29.73 50.05
4. Mehmet HATTAPOĞLU	37	Zeplin Spor Kulübü	6:35.85 225
50m: 43.14 43.14	150m: 2:18.98 48.83	250m: 4:04.34 54.75	350m: 5:47.77 52.69
100m: 1:30.15 47.01	200m: 3:09.59 50.61	300m: 4:55.08 50.74	400m: 6:35.85 48.08
5. Korkut Kağan KARAKAŞ	38	Ankara Triatlon Spor Kulübü	6:35.92 224
50m: 39.00 39.00	150m: 2:10.46 47.77	250m: 3:54.59 52.98	350m: 5:44.61 55.24
100m: 1:22.69 43.69	200m: 3:01.61 51.15	300m: 4:49.37 54.78	400m: 6:35.92 51.31
6. Alparslan ÇAKAR	35	Ferdi	6:49.08 203
50m: 39.96 39.96	150m: 2:15.49 49.73	250m: 4:01.42 54.23	350m: 5:52.90 56.01
100m: 1:25.76 45.80	200m: 3:07.19 51.70	300m: 4:56.89 55.47	400m: 6:49.08 56.18
7. Mehmet ÜLKER	37	Ferdi	7:09.02 176
50m: 42.44 42.44	150m: 2:30.72 55.16	250m: 4:27.21 55.60	350m: 6:19.33 55.41
100m: 1:35.56 53.12	200m: 3:31.61 1:00.89	300m: 5:23.92 56.71	400m: 7:09.02 49.69
8. Yusuf Sami YILMAZ	37	Battal Yüzme Ve Triatlon Spor Kulübü	7:14.28 170
50m: 44.49 44.49	150m: 2:31.32 55.35	250m: 4:23.72 55.58	350m: 6:19.02 57.71
100m: 1:35.97 51.48	200m: 3:28.14 56.82	300m: 5:21.31 57.59	400m: 7:14.28 55.26
9. Ömer Faruk KOCAAĞA	37	Yüzme Idman Yurdu Spor Kulübü	7:19.26 164
50m: 41.79 41.79	150m: 2:26.16 56.45	250m: 4:24.40 59.43	350m: 6:24.18 1:00.04
100m: 1:29.71 47.92	200m: 3:24.97 58.81	300m: 5:24.14 59.74	400m: 7:19.26 55.08
10. Yusuf ŞAHİN	38	Ferdi	7:37.27 145
<i>BARAJ GEÇEMEMİŞTİR</i>			
50m: 41.13 41.13	150m: 2:24.67 54.70	250m: 4:25.83 1:01.82	350m: 6:35.07 1:05.12
100m: 1:29.97 48.84	200m: 3:24.01 59.34	300m: 5:29.95 1:04.12	400m: 7:37.27 1:02.20
11. Alper KOÇAL	37	Yüzme Idman Yurdu Spor Kulübü	8:54.45 91
<i>BARAJ GEÇEMEMİŞTİR</i>			
50m: 53.57 53.57	150m: 3:04.09 1:06.53	250m: 5:26.07 1:11.99	350m: 7:52.97 1:13.52
100m: 1:57.56 1:03.99	200m: 4:14.08 1:09.99	300m: 6:39.45 1:13.38	400m: 8:54.45 1:01.48

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40 - 44 yaşları arası, Bayanlar

1. Gülşah GÜNENÇ ELER <i>YENİ TÜRKİYE REKORU</i>	41	Adalar Su Sporları Spor Kulübü	5:14.13	585
50m: 35.30 35.30 150m: 1:53.51 39.65 250m: 3:14.62 40.70 350m: 4:35.88 40.49				
100m: 1:13.86 38.56 200m: 2:33.92 40.41 300m: 3:55.39 40.77 400m: 5:14.13 38.25				
2. Sibel SALMAN	42	Türk Silahlı Kuvvetleri (Tsk) Spor Gücü	5:51.57	418
50m: 35.67 35.67 150m: 2:02.13 44.38 250m: 3:33.13 45.66 350m: 5:06.04 46.49				
100m: 1:17.75 42.08 200m: 2:47.47 45.34 300m: 4:19.55 46.42 400m: 5:51.57 45.53				
3. Ceyda PEKŞEN	41	Yüzme Idman Yurdu Spor Kulübü	7:00.13	244
50m: 46.22 46.22 150m: 2:30.58 53.88 250m: 4:20.76 55.67 350m: 6:10.81 54.57				
100m: 1:36.70 50.48 200m: 3:25.09 54.51 300m: 5:16.24 55.48 400m: 7:00.13 49.32				
4. Sinem TUĞRAL KURULTAY	42	Türk Silahlı Kuvvetleri (Tsk) Spor Gücü	7:09.17	229
50m: 44.53 44.53 150m: 2:31.26 55.18 250m: 4:23.88 56.38 350m: 6:15.51 55.55				
100m: 1:36.08 51.55 200m: 3:27.50 56.24 300m: 5:19.96 56.08 400m: 7:09.17 53.66				
5. Leman HINÇAL	40	Üsküdar Su Sporları Kulübü	7:22.74	209
50m: 49.93 49.93 150m: 2:40.92 55.08 250m: 4:34.06 56.67 350m: 6:27.87 56.66				
100m: 1:45.84 55.91 200m: 3:37.39 56.47 300m: 5:31.21 57.15 400m: 7:22.74 54.87				
6. Eda GEMİCİ	40	Yüzme Idman Yurdu Spor Kulübü	8:40.16	129
50m: 48.03 48.03 150m: 2:56.92 1:07.63 250m: 5:17.03 1:10.33 350m: 7:36.31 1:09.99				
100m: 1:49.29 1:01.26 200m: 4:06.70 1:09.78 300m: 6:26.32 1:09.29 400m: 8:40.16 1:03.85				
7. Öznur Ceren PİŞKİNSÜT	40	Yüzme Idman Yurdu Spor Kulübü	8:58.78	116
50m: 54.27 54.27 150m: 3:09.88 1:10.12 250m: 5:30.38 1:11.52 350m: 7:50.17 1:10.59				
100m: 1:59.76 1:05.49 200m: 4:18.86 1:08.98 300m: 6:39.58 1:09.20 400m: 8:58.78 1:08.61				
8. Yeliz YALÇINKAYA	41	Ankara Triatlon Spor Kulübü	9:10.32	108
50m: 59.35 59.35 150m: 3:19.05 1:11.41 250m: 5:42.52 1:11.90 350m: 8:03.50 1:10.01				
100m: 2:07.64 1:08.29 200m: 4:30.62 1:11.57 300m: 6:53.49 1:10.97 400m: 9:10.32 1:06.82				
9. Sibel ÖZTÜRK KADI <i>BARAJ GEÇEMEMİŞTİR</i>	41	Yüzme Idman Yurdu Spor Kulübü	9:42.01	92
50m: 56.99 56.99 150m: 3:16.82 1:12.57 250m: 5:48.31 1:16.24 350m: 8:25.82 1:16.82				
100m: 2:04.25 1:07.26 200m: 4:32.07 1:15.25 300m: 7:09.00 1:20.69 400m: 9:42.01 1:16.19				

40 - 44 yaşları arası, Erkekler

1. Özkan DİZAR <i>YENİ TÜRKİYE REKORU</i>	40	Üsküdar Su Sporları Kulübü	4:46.45	639
50m: 32.34 32.34 150m: 1:44.21 36.32 250m: 2:57.91 36.92 350m: 4:11.41 36.71				
100m: 1:07.89 35.55 200m: 2:20.99 36.78 300m: 3:34.70 36.79 400m: 4:46.45 35.04				
2. Duygun YURTERİ	42	Istanbul Triatlon Spor Kulübü	5:03.62	536
50m: 34.62 34.62 150m: 1:51.20 39.21 250m: 3:09.29 39.16 350m: 4:27.22 38.79				
100m: 1:11.99 37.37 200m: 2:30.13 38.93 300m: 3:48.43 39.14 400m: 5:03.62 36.40				
3. Burak TEZEL	40	Istanbul Yıldızlar Yüzme Spor Kulübü	5:56.09	332
50m: 35.60 35.60 150m: 2:01.01 44.62 250m: 3:35.47 47.46 350m: 5:11.96 49.24				
100m: 1:16.39 40.79 200m: 2:48.01 47.00 300m: 4:22.72 47.25 400m: 5:56.09 44.13				
4. Özgür CEYLAN	43	Ankara Triatlon Spor Kulübü	6:02.24	316
50m: 37.03 37.03 150m: 2:05.92 46.02 250m: 3:41.75 48.20 350m: 5:16.56 47.68				
100m: 1:19.90 42.87 200m: 2:53.55 47.63 300m: 4:28.88 47.13 400m: 6:02.24 45.68				
5. Mehmet Talay KÖYLÜ	44	Zeplin Spor Kulübü	6:13.40	288
50m: 39.28 39.28 150m: 2:10.67 46.67 250m: 3:47.73 49.13 350m: 5:30.15 50.93				
100m: 1:24.00 44.72 200m: 2:58.60 47.93 300m: 4:39.22 51.49 400m: 6:13.40 43.25				

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Sıra	Yaş	Zaman	Derece
6. Tarık KAYAR	43	Battal Yüzme Ve Triatlon Spor Kulübü	6:52.93 213
50m: 40.09 40.09	150m: 2:21.04 52.32	250m: 4:09.84 54.84	350m: 6:01.59 55.77
100m: 1:28.72 48.63	200m: 3:15.00 53.96	300m: 5:05.82 55.98	400m: 6:52.93 51.34
7. Murat Can ÇELİK	40	Türk Silahlı Kuvvetleri (Tsk) Spor Gücü	6:53.45 212
50m: 40.82 40.82	150m: 2:24.33 54.16	250m: 4:16.85 56.48	350m: 6:05.23 53.34
100m: 1:30.17 49.35	200m: 3:20.37 56.04	300m: 5:11.89 55.04	400m: 6:53.45 48.22
8. Onur IŞCAN	43	Zeplin Spor Kulübü	6:59.86 202
50m: 44.34 44.34	150m: 2:30.67 53.91	250m: 4:20.17 54.94	350m: 6:09.94 54.14
100m: 1:36.76 52.42	200m: 3:25.23 54.56	300m: 5:15.80 55.63	400m: 6:59.86 49.92
9. Erdem ÇADIRCI	44	Yüzme Idman Yurdu Spor Kulübü	7:04.24 196
50m: 39.98 39.98	150m: 2:21.38 53.41	250m: 4:15.18 58.13	350m: 6:12.51 58.62
100m: 1:27.97 47.99	200m: 3:17.05 55.67	300m: 5:13.89 58.71	400m: 7:04.24 51.73
10. Kıvanç OKTAŞ	41	Yüzme Idman Yurdu Spor Kulübü	7:48.78 145
50m: 43.44 43.44	150m: 2:35.05 58.83	250m: 4:37.90 1:02.82	350m: 6:45.46 1:03.88
100m: 1:36.22 52.78	200m: 3:35.08 1:00.03	300m: 5:41.58 1:03.68	400m: 7:48.78 1:03.32
11. Tayyar KIRIŞ BARAJ GEÇEMEMİŞTİR	42	Zeplin Spor Kulübü	7:51.87 142
50m: 48.55 48.55	150m: 2:44.64 1:00.23	250m: 4:48.35 1:01.83	350m: 6:52.73 1:01.88
100m: 1:44.41 55.86	200m: 3:46.52 1:01.88	300m: 5:50.85 1:02.50	400m: 7:51.87 59.14
12. Ahmet Can PİRASOĞLU BARAJ GEÇEMEMİŞTİR	43	Yüzme Idman Yurdu Spor Kulübü	8:07.30 129
50m: 49.17 49.17	150m: 2:51.03 1:03.25	250m: 4:58.65 1:03.02	350m: 7:06.99 1:03.68
100m: 1:47.78 58.61	200m: 3:55.63 1:04.60	300m: 6:03.31 1:04.66	400m: 8:07.30 1:00.31
13. Mehmet EVRENSEL BARAJ GEÇEMEMİŞTİR	40	Yüzme Idman Yurdu Spor Kulübü	9:08.76 90
50m: 54.46 54.46	150m: 3:12.53 1:11.41	250m: 5:36.91 1:11.94	350m: 8:01.82 1:11.57
100m: 2:01.12 1:06.66	200m: 4:24.97 1:12.44	300m: 6:50.25 1:13.34	400m: 9:08.76 1:06.94
14. Erdem EFE BARAJ GEÇEMEMİŞTİR	40	Ferdi	9:13.12 88
50m: 52.44 52.44	150m: 3:04.98 1:09.33	250m: 5:33.54 1:15.31	350m: 8:02.83 1:15.03
100m: 1:55.65 1:03.21	200m: 4:18.23 1:13.25	300m: 6:47.80 1:14.26	400m: 9:13.12 1:10.29
15. Kadir ALTINDAĞ BARAJ GEÇEMEMİŞTİR	41	Türk Silahlı Kuvvetleri (Tsk) Spor Gücü	9:58.45 70
50m: 56.97 56.97	150m: 3:24.66 1:16.62	250m: 6:04.86 1:20.60	350m: 8:43.14 1:18.22
100m: 2:08.04 1:11.07	200m: 4:44.26 1:19.60	300m: 7:24.92 1:20.06	400m: 9:58.45 1:15.31

45 - 49 yaşları arası, Bayanlar

1. Nilüfer DUMAN	46	Adana Büyükşehir Belediyesi Spor Kulübü	7:07.40 253
50m: 45.04 45.04	150m: 2:33.08 55.58	250m: 4:24.27 55.75	350m: 6:14.91 55.34
100m: 1:37.50 52.46	200m: 3:28.52 55.44	300m: 5:19.57 55.30	400m: 7:07.40 52.49
2. Ayça SEBAT ÖZDEMİR	49	Yüzme Idman Yurdu Spor Kulübü	8:28.09 151
50m: 50.23 50.23	150m: 2:59.42 1:06.75	250m: 5:13.37 1:06.55	350m: 7:27.20 1:06.38
100m: 1:52.67 1:02.44	200m: 4:06.82 1:07.40	300m: 6:20.82 1:07.45	400m: 8:28.09 1:00.89
3. Sıla ÖZÇELİK YENER	45	Yüzme Idman Yurdu Spor Kulübü	8:39.56 141
50m: 51.88 51.88	150m: 2:59.95 1:06.74	250m: 5:17.02 1:09.20	350m: 7:35.21 1:09.14
100m: 1:53.21 1:01.33	200m: 4:07.82 1:07.87	300m: 6:26.07 1:09.05	400m: 8:39.56 1:04.35

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Sıra	Yaş								Zaman	Derece
4. Berna SANDER	46 Battal Yüzme Ve Triatlon Spor Kulübü								8:50.92	132
50m: 58.96 58.96	150m: 3:14.18 1:07.71	250m: 5:31.88 1:09.16	350m: 7:47.45 1:06.71							
100m: 2:06.47 1:07.51	200m: 4:22.72 1:08.54	300m: 6:40.74 1:08.86	400m: 8:50.92 1:03.47							

45 - 49 yaşları arası, Erkekler

1.	Mustafa Erkan ŞAHLAN			46	Okto Spor Kulübü					5:35.03	413	
	50m:	35.01	35.01	150m:	1:57.95	42.61	250m:	3:24.60	43.21	350m:	4:52.42	43.93
	100m:	1:15.34	40.33	200m:	2:41.39	43.44	300m:	4:08.49	43.89	400m:	5:35.03	42.61
2.	Alper ARSLAN			45	Yüzme Idman Yurdu Spor Kulübü					5:58.13	338	
	50m:	37.23	37.23	150m:	2:05.16	45.18	250m:	3:37.71	46.56	350m:	5:12.23	47.49
	100m:	1:19.98	42.75	200m:	2:51.15	45.99	300m:	4:24.74	47.03	400m:	5:58.13	45.90
3.	Mutlu ÇİMİÇ			46	Ferdî					6:18.97	285	
	50m:	38.90	38.90	150m:	2:11.96	48.19	250m:	3:50.48	49.94	350m:	5:31.97	50.59
	100m:	1:23.77	44.87	200m:	3:00.54	48.58	300m:	4:41.38	50.90	400m:	6:18.97	47.00
4.	Önay BAYRAM			49	Feyziye Mektepleri Vakfı Işık Okulları Spor Kulübü					6:19.72	284	
	50m:	36.76	36.76	150m:	2:03.48	45.10	250m:	3:46.28	56.17	350m:	5:29.96	50.92
	100m:	1:18.38	41.62	200m:	2:50.11	46.63	300m:	4:39.04	52.76	400m:	6:19.72	49.76
5.	Ahmet İLHAN			48	Ferdî					6:20.21	283	
	50m:	37.64	37.64	150m:	2:14.12	49.66	250m:	3:54.17	49.50	350m:	5:33.49	49.72
	100m:	1:24.46	46.82	200m:	3:04.67	50.55	300m:	4:43.77	49.60	400m:	6:20.21	46.72
6.	Murat MANA VOĞLU			46	Non Stop Spor Kulübü					6:22.75	277	
	50m:	39.33	39.33	150m:	2:11.55	47.46	250m:	3:49.65	49.60	350m:	5:31.65	51.00
	100m:	1:24.09	44.76	200m:	3:00.05	48.50	300m:	4:40.65	51.00	400m:	6:22.75	51.10
7.	Mehmet İREN			47	Yüzme İdman Yurdu Spor Kulübü					6:46.16	232	
	50m:	40.41	40.41	150m:	2:15.77	49.49	250m:	4:01.95	54.27	350m:	5:53.50	55.70
	100m:	1:26.28	45.87	200m:	3:07.68	51.91	300m:	4:57.80	55.85	400m:	6:46.16	52.66
8.	Şenol ZEYREK			47	Türk Silahlı Kuvvetleri (Tsk) Spor Gücü					6:47.04	230	
	50m:	37.12	37.12	150m:	2:14.74	51.97	250m:	4:02.85	54.44	350m:	5:54.51	55.66
	100m:	1:22.77	45.65	200m:	3:08.41	53.67	300m:	4:58.85	56.00	400m:	6:47.04	52.53
9.	Fatih KURTOĞLU			46	Sivas Kros Spor Kulübü					7:13.14	191	
	50m:	44.14	44.14	150m:	2:28.66	54.85	250m:	4:21.88	57.72	350m:	6:16.80	57.43
	100m:	1:33.81	49.67	200m:	3:24.16	55.50	300m:	5:19.37	57.49	400m:	7:13.14	56.34
10.	Burak ÖZEL			47	Çukurova Üniversitesi Spor Kulübü					7:14.69	189	
	50m:	41.44	41.44	150m:	2:22.22	53.21	250m:	4:17.26	57.87	350m:	6:17.13	1:00.20
	100m:	1:29.01	47.57	200m:	3:19.39	57.17	300m:	5:16.93	59.67	400m:	7:14.69	57.56
11.	Cemal ÖZTÜRK			45	Türk Silahlı Kuvvetleri (Tsk) Spor Gücü					7:15.57	188	
	50m:	41.87	41.87	150m:	2:26.21	54.12	250m:	4:21.93	58.57	350m:	6:19.16	58.28
	100m:	1:32.09	50.22	200m:	3:23.36	57.15	300m:	5:20.88	58.95	400m:	7:15.57	56.41
12.	Nihat KOÇ			46	Sivas Kros Spor Kulübü					7:50.39	149	
	50m:	46.80	46.80	150m:	2:42.51	1:00.32	250m:	4:46.05	1:01.68	350m:	6:49.51	1:01.11
	100m:	1:42.19	55.39	200m:	3:44.37	1:01.86	300m:	5:48.40	1:02.35	400m:	7:50.39	1:00.88
13.	Erkan GEYİK			47	Yüzme İdman Yurdu Spor Kulübü					7:59.26	141	
	50m:	46.40	46.40	200m:	3:49.35	2:05.32	350m:	7:00.92	1:04.28			
	100m:	1:44.03	57.63	300m:	5:56.64	2:07.29	400m:	7:59.26	58.34			
14.	Umut TAHMAZ			47	Yüzme İdman Yurdu Spor Kulübü					8:07.10	134	
	50m:	45.17	45.17	200m:	3:45.75	2:05.44	300m:	5:56.36	1:05.08	400m:	8:07.10	1:03.86
	100m:	1:40.31	55.14	250m:	4:51.28	1:05.53	350m:	7:03.24	1:06.88			

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Sıra	Yaş	Zaman	Derece
15. Yalçın BAŞTÜRK <i>BARAJ GEÇEMEMİŞTİR</i>	48 Türk Silahlı Kuvvetleri (Tsk) Spor Gücü	8:24.90	120
50m: 48.23 48.23 150m: 2:53.53 1:05.03 250m: 5:07.47 1:07.46 350m: 7:22.05 1:06.54	100m: 1:48.50 1:00.27 200m: 4:00.01 1:06.48 300m: 6:15.51 1:08.04 400m: 8:24.90 1:02.85		
16. Eyup AKBULUT <i>BARAJ GEÇEMEMİŞTİR</i>	47 Okto Spor Kulübü	8:39.01	111
50m: 53.08 53.08 150m: 3:00.18 1:05.59 250m: 5:14.59 1:08.74 350m: 7:36.93 1:11.99	100m: 1:54.59 1:01.51 200m: 4:05.85 1:05.67 300m: 6:24.94 1:10.35 400m: 8:39.01 1:02.08		
17. Erdem GÜLOĞLU <i>BARAJ GEÇEMEMİŞTİR</i>	45 Yüzme Idman Yurdu Spor Kulübü	8:58.97	99
50m: 49.14 49.14 150m: 2:54.78 1:06.51 250m: 5:22.19 1:18.25 350m: 7:53.95 1:21.89	100m: 1:48.27 59.13 200m: 4:03.94 1:09.16 300m: 6:32.06 1:09.87 400m: 8:58.97 1:05.02		
18. Kadir PİRASOĞLU <i>BARAJ GEÇEMEMİŞTİR</i>	45 Yüzme Idman Yurdu Spor Kulübü	9:04.44	96
50m: 41.92 41.92 150m: 3:05.46 1:21.02 250m: 5:39.35 1:15.56 350m: 8:04.46 1:11.65	100m: 1:44.44 1:02.52 200m: 4:23.79 1:18.33 300m: 6:52.81 1:13.46 400m: 9:04.44 59.98		
19. Hakan AYTEN <i>BARAJ GEÇEMEMİŞTİR</i>	47 Sivas Kros Spor Kulübü	9:16.69	90
50m: 51.14 51.14 150m: 3:11.31 1:12.47 250m: 5:38.42 1:13.84 350m: 8:05.05 1:14.00	100m: 1:58.84 1:07.70 200m: 4:24.58 1:13.27 300m: 6:51.05 1:12.63 400m: 9:16.69 1:11.64		
20. Muharrem ÇELİK <i>BARAJ GEÇEMEMİŞTİR</i>	49 Ferdi	11:53.05	42
50m: 1:08.43 1:08.43 150m: 3:53.55 1:26.08 250m: 6:52.21 1:30.49 350m: 10:20.03 1:47.99	100m: 2:27.47 1:19.04 200m: 5:21.72 1:28.17 300m: 8:32.04 1:39.83 400m: 11:53.05 1:33.02		

50 - 54 yaşları arası, Bayanlar

1. Nida ÖZDEMİR	52 Yapı Kredi Spor Kulübü	6:21.28	398
50m: 39.89 39.89 150m: 2:13.98 49.00 250m: 3:54.38 50.33 350m: 5:34.20 49.85	100m: 1:24.98 45.09 200m: 3:04.05 50.07 300m: 4:44.35 49.97 400m: 6:21.28 47.08		
2. Beril ALAKOÇ ORHONOĞLU	52 Atlas Atletik Spor Kulübü	6:37.07	353
50m: 42.79 42.79 150m: 2:20.68 50.48 250m: 4:03.42 52.32 350m: 5:47.16 51.87	100m: 1:30.20 47.41 200m: 3:11.10 50.42 300m: 4:55.29 51.87 400m: 6:37.07 49.91		
3. Aslıhan AKAN	51 Frekans Yüzme Akademisi Spor Kulübü	7:25.67	249
50m: 46.04 46.04 150m: 2:37.18 57.36 250m: 4:33.58 58.16 350m: 6:30.25 58.16	100m: 1:39.82 53.78 200m: 3:35.42 58.24 300m: 5:32.09 58.51 400m: 7:25.67 55.42		
4. Şule URASOĞLU	50 İstanbul Yıldızlar Yüzme Spor Kulübü	7:34.14	236
50m: 47.11 47.11 150m: 2:42.52 59.37 250m: 4:39.43 58.83 350m: 6:36.67 58.06	100m: 1:43.15 56.04 200m: 3:40.60 58.08 300m: 5:38.61 59.18 400m: 7:34.14 57.47		
5. Derya KARAKOÇAN UZUNLAR	51 Yüzme Idman Yurdu Spor Kulübü	8:25.03	171
50m: 56.33 56.33 150m: 3:05.63 1:04.95 250m: 5:15.06 1:05.52 350m: 7:26.40 1:05.08	100m: 2:00.68 1:04.35 200m: 4:09.54 1:03.91 300m: 6:21.32 1:06.26 400m: 8:25.03 58.63		
6. Yeşim HANEFİ	53 Yüzme Idman Yurdu Spor Kulübü	8:50.30	148
50m: 57.94 57.94 150m: 3:12.10 1:10.09 250m: 5:29.39 1:09.11 350m: 7:46.68 1:08.71	100m: 2:02.01 1:04.07 200m: 4:20.28 1:08.18 300m: 6:37.97 1:08.58 400m: 8:50.30 1:03.62		

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Sıra	Yaş	Zaman	Derece
7. Funda Çiğdem ÇORBACI <i>BARAJ GEÇEMEMİŞTİR</i>	54 Yüzme Idman Yurdu Spor Kulübü	10:44.81	82
50m: 1:04.90 1:04.90	150m: 3:51.23 1:22.76	250m: 6:40.37 1:26.06	350m: 9:28.39 1:21.28
100m: 2:28.47 1:23.57	200m: 5:14.31 1:23.08	300m: 8:07.11 1:26.74	400m: 10:44.81 1:16.42

50 - 54 yaşları arası, Erkekler

1. Kağan OLGUNTÜRK	53 Ted Ankara Kolejliler Spor Kulübü	5:19.12	515
50m: 36.59 36.59	150m: 1:55.59 39.76	250m: 3:17.49 41.07	350m: 4:40.23 41.19
100m: 1:15.83 39.24	200m: 2:36.42 40.83	300m: 3:59.04 41.55	400m: 5:19.12 38.89
2. Arda AKMAN	52 Bodrum Belediyesi Bodrumspor Spor Kulübü	6:17.86	310
50m: 41.07 41.07	150m: 2:13.48 47.34	250m: 3:51.95 49.42	350m: 5:29.99 48.64
100m: 1:26.14 45.07	200m: 3:02.53 49.05	300m: 4:41.35 49.40	400m: 6:17.86 47.87
3. Orhun EKREN	50 Çukurova Üniversitesi Spor Kulübü	7:08.21	213
50m: 43.06 43.06	150m: 2:26.41 54.18	250m: 4:18.58 56.71	350m: 6:12.11 56.73
100m: 1:32.23 49.17	200m: 3:21.87 55.46	300m: 5:15.38 56.80	400m: 7:08.21 56.10
4. Kadir Onur LÜLECI	50 Yüzme Idman Yurdu Spor Kulübü	7:44.96	166
50m: 47.24 47.24	150m: 2:40.54 58.78	250m: 4:42.54 1:01.50	400m: 7:44.96 1:59.37
100m: 1:41.76 54.52	200m: 3:41.04 1:00.50	300m: 5:45.59 1:03.05	
5. Şükrü Emre SOYKAN	54 Yüzme Idman Yurdu Spor Kulübü	7:50.33	161
50m: 51.76 51.76	150m: 2:54.06 1:01.57	250m: 4:55.32 1:00.16	350m: 6:56.64 1:00.06
100m: 1:52.49 1:00.73	200m: 3:55.16 1:01.10	300m: 5:56.58 1:01.26	400m: 7:50.33 53.69
6. Yiğit COŞGUN	52 Adana Büyükşehir Belediyesi Spor Kulübü	8:08.51	143
50m: 52.32 52.32	150m: 2:52.27 1:02.30	250m: 5:00.48 1:05.63	350m: 7:10.01 1:05.50
100m: 1:49.97 57.65	200m: 3:54.85 1:02.58	300m: 6:04.51 1:04.03	400m: 8:08.51 58.50
7. Atila TUNÇ <i>BARAJ GEÇEMEMİŞTİR</i>	53 Ferdi	9:33.50	88
50m: 56.22 56.22	150m: 3:18.52 1:11.72	250m: 5:44.65 1:12.55	350m: 8:17.37 1:16.40
100m: 2:06.80 1:10.58	200m: 4:32.10 1:13.58	300m: 7:00.97 1:16.32	400m: 9:33.50 1:16.13
8. Mustafa Kotan DOĞAN <i>BARAJ GEÇEMEMİŞTİR</i>	51 Yüzme Idman Yurdu Spor Kulübü	9:53.65	80
50m: 1:00.61 1:00.61	150m: 3:21.75 1:11.18	250m: 5:57.22 1:18.94	350m: 8:37.40 1:18.67
100m: 2:10.57 1:09.96	200m: 4:38.28 1:16.53	300m: 7:18.73 1:21.51	400m: 9:53.65 1:16.25

55 - 59 yaşları arası, Bayanlar

1. Yasemin ÇAM	59 Atlas Atletik Spor Kulübü	7:38.12	236
50m: 48.76 48.76	150m: 2:46.14 59.37	250m: 4:45.03 59.06	350m: 6:42.81 59.31
100m: 1:46.77 58.01	200m: 3:45.97 59.83	300m: 5:43.50 58.47	400m: 7:38.12 55.31
2. Seval GÜRDAL BURUCU	58 Frekans Yüzme Akademisi Spor Kulübü	9:04.21	141
50m: 53.88 53.88	150m: 3:13.01 1:11.35	250m: 5:35.69 1:11.02	350m: 7:58.01 1:11.70
100m: 2:01.66 1:07.78	200m: 4:24.67 1:11.66	300m: 6:46.31 1:10.62	400m: 9:04.21 1:06.20
OTL Nalan ERDEMLİ	55 Yüzme Idman Yurdu Spor Kulübü		
50m: 1:20.39 1:20.39	150m: 4:33.87 1:38.56	250m: 7:53.01 1:40.98	
100m: 2:55.31 1:34.92	200m: 6:12.03 1:38.16	300m: 9:26.03 1:33.02	

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55 - 59 yaşları arası, Erkekler

1. Yekta Serhat NİZAMOĞLU	56	Ferdi	6:05.09	371
50m: 38.24 38.24	150m: 2:07.63 45.80	250m: 3:42.69 47.96	350m: 5:18.66 47.77	
100m: 1:21.83 43.59	200m: 2:54.73 47.10	300m: 4:30.89 48.20	400m: 6:05.09 46.43	
2. Hamdi Oğuz YOLDAŞ	55	Çukurova Üniversitesi Spor Kulübü	6:11.67	352
50m: 38.58 38.58	150m: 2:10.98 47.56	250m: 3:47.22 49.13	350m: 5:24.70 48.96	
100m: 1:23.42 44.84	200m: 2:58.09 47.11	300m: 4:35.74 48.52	400m: 6:11.67 46.97	
3. Mehmet KENDİR	59	İstanbul Büyükşehir Belediyesi Spor Kulübü	6:57.30	248
50m: 44.50 44.50	150m: 2:23.87 51.31	250m: 4:10.12 53.84	350m: 6:01.22 57.45	
100m: 1:32.56 48.06	200m: 3:16.28 52.41	300m: 5:03.77 53.65	400m: 6:57.30 56.08	
4. Necmi DERYAN	58	Yüzme İdman Yurdu Spor Kulübü	7:38.05	188
50m: 48.34 48.34	150m: 2:40.59 57.89	250m: 4:39.98 59.98	350m: 6:40.92 1:00.16	
100m: 1:42.70 54.36	200m: 3:40.00 59.41	300m: 5:40.76 1:00.78	400m: 7:38.05 57.13	
5. Barbaros GÜNEŞ	55	Bodrum Belediyesi Bodrumspor Spor Kulübü	7:59.50	164
50m: 47.84 47.84	150m: 2:46.33 1:01.43	250m: 4:54.42 1:05.10	350m: 7:00.83 1:02.62	
100m: 1:44.90 57.06	200m: 3:49.32 1:02.99	300m: 5:58.21 1:03.79	400m: 7:59.50 58.67	
6. Mehmet REYHAN	57	Adana Büyükşehir Belediyesi Spor Kulübü	8:17.51	146
50m: 55.25 55.25	150m: 2:57.78 1:04.05	250m: 5:05.60 1:04.43	350m: 7:14.02 1:04.62	
100m: 1:53.73 58.48	200m: 4:01.17 1:03.39	300m: 6:09.40 1:03.80	400m: 8:17.51 1:03.49	
7. Ulus SİĞİRCİ	57	Çukurova Üniversitesi Spor Kulübü	8:30.72	135
50m: 54.35 54.35	150m: 2:57.24 1:03.41	250m: 5:12.61 1:09.20	350m: 7:26.77 1:06.63	
100m: 1:53.83 59.48	200m: 4:03.41 1:06.17	300m: 6:20.14 1:07.53	400m: 8:30.72 1:03.95	
8. Hüseyin Gökhan ULUSOY	55	Battal Yüzme Ve Triatlon Spor Kulübü	8:40.85	127
50m: 48.86 48.86	150m: 2:47.57 1:01.04	250m: 4:54.18 1:02.58	350m: 7:03.76 1:07.00	
100m: 1:46.53 57.67	200m: 3:51.60 1:04.03	300m: 5:56.76 1:02.58	400m: 8:40.85 1:37.09	
9. Salih KULAVUZ	57	Karesi Belediye Spor Kulübü	9:42.16	91
BARAJ GEÇEMEMİŞTİR				
50m: 54.27 54.27	150m: 3:24.61 1:20.29	250m: 6:02.10 1:23.93	350m: 8:39.22 1:26.55	
100m: 2:04.32 1:10.05	200m: 4:38.17 1:13.56	300m: 7:12.67 1:10.57	400m: 9:42.16 1:02.94	

60 - 64 yaşları arası, Bayanlar

1. Zehra AKARPINAR	63	Üsküdar Su Sporları Kulübü	6:43.11	366
50m: 43.17 43.17	150m: 2:24.46 52.10	250m: 4:07.93 52.20	350m: 5:53.21 53.65	
100m: 1:32.36 49.19	200m: 3:15.73 51.27	300m: 4:59.56 51.63	400m: 6:43.11 49.90	
2. Ayşe Yasemin BAĞANA	61	İstanbul Büyükşehir Belediyesi Spor Kulübü	7:15.27	291
50m: 47.22 47.22	150m: 2:36.67 55.09	250m: 4:28.78 56.67	350m: 6:21.62 56.57	
100m: 1:41.58 54.36	200m: 3:32.11 55.44	300m: 5:25.05 56.27	400m: 7:15.27 53.65	
3. Yıldız KIRHAN	64	İstanbul Yıldızlar Yüzme Spor Kulübü	9:56.59	113
50m: 1:07.91 1:07.91	150m: 3:37.33 1:15.55	250m: 6:09.91 1:17.05	350m: 8:42.82 1:17.63	
100m: 2:21.78 1:13.87	200m: 4:52.86 1:15.53	300m: 7:25.19 1:15.28	400m: 9:56.59 1:13.77	

60 - 64 yaşları arası, Erkekler

1. Mutlu ATLI	61	İstanbul Yüzme İhtisas Spor Kulübü	5:45.23	479
50m: 37.10 37.10	150m: 2:02.42 42.34	250m: 3:30.07 43.81	350m: 5:00.72 45.87	
100m: 1:20.08 42.98	200m: 2:46.26 43.84	300m: 4:14.85 44.78	400m: 5:45.23 44.51	
2. Fuat ERGEZEN	61	İstanbul Teknik Üniversitesi Spor Kulübü	6:10.14	388
50m: 40.45 40.45	150m: 2:11.54 46.77	250m: 3:46.55 47.89	350m: 5:23.54 48.70	
100m: 1:24.77 44.32	200m: 2:58.66 47.12	300m: 4:34.84 48.29	400m: 6:10.14 46.60	

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Sıra					Yaş					Zaman	Derece	
3.	Recep Kemal AYDIN				63	Üsküdar Su Sporları Kulübü				6:29.79	332	
	50m:	40.61	40.61	150m:	2:16.71	49.77	250m:	3:58.59	51.10	350m:	5:42.60	51.41
	100m:	1:26.94	46.33	200m:	3:07.49	50.78	300m:	4:51.19	52.60	400m:	6:29.79	47.19
4.	Mustafa Server TANFER				64	İstanbul Yüzme İhtisas Spor Kulübü				6:51.01	283	
	50m:	42.84	42.84	150m:	2:23.32	51.26	250m:	4:09.77	53.61	350m:	5:59.90	55.27
	100m:	1:32.06	49.22	200m:	3:16.16	52.84	300m:	5:04.63	54.86	400m:	6:51.01	51.11
5.	Muhittin Yılmaz APAK				61	Heybeliada Su Sporları Spor Kulübü				7:18.37	234	
	50m:	44.43	44.43	150m:	2:25.27	52.99	250m:	4:19.71	57.45	350m:	6:19.59	1:00.70
	100m:	1:32.28	47.85	200m:	3:22.26	56.99	300m:	5:18.89	59.18	400m:	7:18.37	58.78
6.	Şerif Erkan ALTINKILIÇ				62	Yüzme İdman Yurdu Spor Kulübü				7:22.43	227	
	50m:	44.72	44.72	150m:	2:32.53	55.27	300m:	5:25.74	1:56.55			
	100m:	1:37.26	52.54	200m:	3:29.19	56.66	400m:	7:22.43	1:56.69			
7.	Okan Galip ÇAM				62	Atlas Atletik Spor Kulübü				7:22.87	226	
	50m:	44.88	44.88	150m:	2:31.39	54.46	250m:	4:27.02	58.53	350m:	6:25.46	58.96
	100m:	1:36.93	52.05	200m:	3:28.49	57.10	300m:	5:26.50	59.48	400m:	7:22.87	57.41
8.	Cevdet DUMANTEPE				60	Ferdî				7:28.15	219	
	50m:	45.21	45.21	150m:	2:34.52	56.98	250m:	4:33.03	59.46	350m:	6:33.92	1:01.02
	100m:	1:37.54	52.33	200m:	3:33.57	59.05	300m:	5:32.90	59.87	400m:	7:28.15	54.23
9.	Mehmet Fatih ÖZHAN				60	Karesi Belediye Spor Kulübü				8:22.41	155	
	50m:	54.09	54.09	150m:	3:03.07	1:05.90	250m:	5:13.18	1:05.02	350m:	7:22.54	1:04.65
	100m:	1:57.17	1:03.08	200m:	4:08.16	1:05.09	300m:	6:17.89	1:04.71	400m:	8:22.41	59.87
10.	Zeki YEMEZ				60	Yüzme İdman Yurdu Spor Kulübü				9:19.14	112	
	50m:	53.15	53.15	150m:	3:13.78	1:12.45	250m:	5:43.54	1:15.49	350m:	8:12.98	1:15.21
	100m:	2:01.33	1:08.18	200m:	4:28.05	1:14.27	300m:	6:57.77	1:14.23	400m:	9:19.14	1:06.16

65 - 69 yaşları arası, Erkekler

1.	Cumhur YALDIR				65	Frekans Yüzme Akademisi Spor Kulübü				7:03.76	281	
	50m:	45.25	45.25	150m:	2:31.35	55.02	250m:	4:23.68	56.66	350m:	6:15.11	55.30
	100m:	1:36.33	51.08	200m:	3:27.02	55.67	300m:	5:19.81	56.13	400m:	7:03.76	48.65
2.	Arz Serdar AYDIN				67	Ferdî				7:25.82	241	
	50m:	45.84	45.84	150m:	2:38.55	57.94	250m:	4:35.89	59.10	350m:	6:33.59	58.91
	100m:	1:40.61	54.77	200m:	3:36.79	58.24	300m:	5:34.68	58.79	400m:	7:25.82	52.23
3.	Ahmet İŞLEK				68	Karesi Belediye Spor Kulübü				8:02.82	190	
	50m:	52.60	52.60	150m:	2:57.73	1:03.02	250m:	5:04.21	1:03.41	350m:	7:09.58	1:02.20
	100m:	1:54.71	1:02.11	200m:	4:00.80	1:03.07	300m:	6:07.38	1:03.17	400m:	8:02.82	53.24
4.	Gürsel GÖKGÖZ				66	İzmir Yüzme Triatlon Spor Kulübü				8:33.95	157	
	50m:	50.24	50.24	150m:	2:52.28	1:03.79	250m:	5:06.82	1:08.21	350m:	7:26.55	1:10.30
	100m:	1:48.49	58.25	200m:	3:58.61	1:06.33	300m:	6:16.25	1:09.43	400m:	8:33.95	1:07.40
5.	Ergün TANRISINATAPAN				65	Adana Büyükşehir Belediyesi Spor Kulübü				8:38.09	153	
	50m:	54.53	54.53	150m:	3:07.48	1:06.86	250m:	5:22.44	1:07.62	350m:	7:36.63	1:06.76
	100m:	2:00.62	1:06.09	200m:	4:14.82	1:07.34	300m:	6:29.87	1:07.43	400m:	8:38.09	1:01.46
6.	Alırıza ÜNSAL				66	İstanbul Büyükşehir Belediyesi Spor Kulübü				8:47.12	146	
	50m:	1:00.17	1:00.17	150m:	3:14.13	1:07.58	250m:	5:29.52	1:07.83	350m:	7:43.24	1:06.87
	100m:	2:06.55	1:06.38	200m:	4:21.69	1:07.56	300m:	6:36.37	1:06.85	400m:	8:47.12	1:03.88

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70 - 74 yaşları arası, Erkekler

1. Abdullah Sami PAKSOY	71 Üsküdar Su Sporları Kulübü	8:50.88	176
50m: 47.36 47.36	150m: 2:56.57 1:08.04	250m: 5:17.57 1:11.76	350m: 7:41.73 1:12.47
100m: 1:48.53 1:01.17	200m: 4:05.81 1:09.24	300m: 6:29.26 1:11.69	400m: 8:50.88 1:09.15
2. Zeki TANATAR	70 Adana Büyükşehir Belediyesi Spor Kulübü	8:57.09	170
50m: 50.51 50.51	150m: 3:02.30 1:10.63	250m: 5:24.53 1:11.96	350m: 7:50.03 1:13.33
100m: 1:51.67 1:01.16	200m: 4:12.57 1:10.27	300m: 6:36.70 1:12.17	400m: 8:57.09 1:07.06

75 - 79 yaşları arası, Erkekler

1. Muhlis UÇAR	77 Adanus Spor Kulübü	10:09.28	141
50m: 57.15 57.15	150m: 3:17.15 1:13.71	250m: 5:58.00 1:13.76	350m: 8:38.11 1:10.79
100m: 2:03.44 1:06.29	200m: 4:44.24 1:27.09	300m: 7:27.32 1:29.32	400m: 10:09.28 1:31.17
2. Mahmut Alpay BALABAN	78 İstanbul Yıldızlar Yüzme Spor Kulübü	10:44.56	119
50m: 1:07.33 1:07.33	150m: 3:49.36 1:24.03	250m: 6:40.25 1:25.80	350m: 9:30.21 1:24.38
100m: 2:25.33 1:18.00	200m: 5:14.45 1:25.09	300m: 8:05.83 1:25.58	400m: 10:44.56 1:14.35

80 - 84 yaşları arası, Erkekler

1. Tuncay ŞENYÜZ YENİ TÜRKİYE REKORU	80 Frekans Yüzme Akademisi Spor Kulübü	7:18.46	488
50m: 50.09 50.09	150m: 2:42.90 56.57	250m: 4:36.67 55.91	350m: 6:27.21 54.75
100m: 1:46.33 56.24	200m: 3:40.76 57.86	300m: 5:32.46 55.79	400m: 7:18.46 51.25