

KAMİL KÖSEOĞLU ANISINA ULUSLARARASI MASTERLAR UZUN KULVAR YÜZME ŞAMPİYONASI  
ADANA, 6. - 8.2.2026

| Event 15                | Women, 200m Medley |                                 |             |            | 18 years and older |
|-------------------------|--------------------|---------------------------------|-------------|------------|--------------------|
| 7.02.2026               |                    |                                 |             |            | Results            |
| MASTER UZUN K.R 70 - 74 | 4:35.39            | Lale Kohen Tays (EN İYİ DERECE) | EDİRNE      | 9.02.2024  |                    |
| MASTER UZUN K.R 65 - 69 | 4:06.74            | NÜKET TURHAN                    | ALANYA      | 19.05.2023 |                    |
| MASTER UZUN K.R 60 - 64 | 3:56.93            | Manuela COŞAR                   | EDİRNE      | 11.12.2022 |                    |
| MASTER UZUN K.R 55 - 59 | 3:26.97            | Hayriye Nur GÖRKEMLİ            | 1028 ANKARA | 8.11.2024  |                    |
| MASTER UZUN K.R 50 - 54 | 3:00.90            | YEŞİM ÖZDOYURAN                 | KAZAN (RUS) | 11.08.2015 |                    |
| MASTER UZUN K.R 45 - 49 | 2:50.87            | Pınar ARPINAR AVŞAR             | 114 EDİRNE  | 9.02.2024  |                    |
| MASTER UZUN K.R 40 - 44 | 2:43.69            | Pınar ARPINAR AVSAR             | İZMİR       | 7.07.2019  |                    |
| MASTER UZUN K.R 35 - 39 | 3:00.66            | ESRA ŞENSES                     | BURSA       | 18.02.2017 |                    |
| MASTER UZUN K.R 30 - 34 | 2:48.04            | Nihal BALTO                     | EDİRNE      | 9.02.2025  |                    |
| MASTER UZUN K.R 25 - 29 | 2:32.07            | İPEK YALKI                      | GWANGJU     | 15.08.2019 |                    |
| MASTER UZUN K.R 18 - 24 | 2:47.89            | Sude Dila ÇAMUROĞLU             | EDİRNE      | 9.02.2025  |                    |

Points: AQUA Master 2025

| Rank          | Age                 |       |       |       |                                            |         |       |         |         |       | Time    | Pts   |
|---------------|---------------------|-------|-------|-------|--------------------------------------------|---------|-------|---------|---------|-------|---------|-------|
| 18 - 24 years |                     |       |       |       |                                            |         |       |         |         |       |         |       |
| 1.            | Sila PAZAR          |       |       | 22    | Ege Atletik Spor Kulubu                    |         |       |         |         |       | 2:42.35 | 651   |
|               | YENİ TÜRKİYE REKORU |       |       |       |                                            |         |       |         |         |       |         |       |
|               | 50m:                | 33.63 | 33.63 | 100m: | 1:16.66                                    | 43.03   | 150m: | 2:05.10 | 48.44   | 200m: | 2:42.35 | 37.25 |
| 2.            | Elif BERKE          |       |       | 22    | Denizli Koleji Spor Kulubu                 |         |       |         |         |       | 2:49.80 | 569   |
|               | 50m:                | 37.52 | 37.52 | 100m: | 1:22.67                                    | 45.15   | 150m: | 2:09.82 | 47.15   | 200m: | 2:49.80 | 39.98 |
| 3.            | Ela Cemre CİTAK     |       |       | 19    | Frekans Yuzme Akademisi Spor Kulubu        |         |       |         |         |       | 2:51.21 | 555   |
|               | 50m:                | 32.65 | 32.65 | 100m: | 1:15.79                                    | 43.14   | 150m: | 2:08.04 | 52.25   | 200m: | 2:51.21 | 43.17 |
| 4.            | Melisa SAHİNKAYA    |       |       | 24    | Heka Spor Kulubu                           |         |       |         |         |       | 2:57.27 | 500   |
|               | 50m:                | 34.08 | 34.08 | 100m: | 1:15.48                                    | 41.40   | 150m: | 2:14.13 | 58.65   | 200m: | 2:57.27 | 43.14 |
| 5.            | Doga CANTURK        |       |       | 22    | Türk Silahlı Kuvvetleri (Tsk) Spor Gucu    |         |       |         |         |       | 3:09.70 | 408   |
|               | 50m:                | 36.12 | 36.12 | 100m: | 1:19.75                                    | 43.63   | 150m: | 2:19.21 | 59.46   | 200m: | 3:09.70 | 50.49 |
| 6.            | Melike Hazal SAGLAM |       |       | 21    | Zeplin Spor Kulubu                         |         |       |         |         |       | 3:15.87 | 370   |
|               | 50m:                | 41.15 | 41.15 | 100m: | 1:32.65                                    | 51.50   | 150m: | 2:30.01 | 57.36   | 200m: | 3:15.87 | 45.86 |
| 7.            | Ece DEMİR           |       |       | 23    | Türkiye Spor Yazarları Dernegi Spor Kulubu |         |       |         |         |       | 3:46.19 | 240   |
|               | 50m:                | 46.12 | 46.12 | 100m: | 1:45.65                                    | 59.53   | 150m: | 2:51.30 | 1:05.65 | 200m: | 3:46.19 | 54.89 |
| 8.            | Duru Lara ÇAKICI    |       |       | 22    | İstanbul Triatlon Spor Kulubu              |         |       |         |         |       | 4:01.60 | 197   |
|               | 50m:                | 56.75 | 56.75 | 100m: | 1:58.66                                    | 1:01.91 | 150m: | 3:05.07 | 1:06.41 | 200m: | 4:01.60 | 56.53 |

25 - 29 years

|                        |       |                                           |       |         |         |                                             |
|------------------------|-------|-------------------------------------------|-------|---------|---------|---------------------------------------------|
| 1. Melisa SOYLUER      | 26    | Orta Dogu Teknik Universitesi Spor Kulubu |       |         |         | 3:08.81 413                                 |
| 50m:                   | 37.30 | 37.30                                     | 100m: | 1:26.63 | 49.33   | 150m: 2:25.16 58.53 200m: 3:08.81 43.65     |
| 2. Nalan ARİKAN        | 25    | Adana Yıldızlar Spor Kulubu               |       |         |         | 3:11.71 395                                 |
| 50m:                   | 38.70 | 38.70                                     | 100m: | 1:27.59 | 48.89   | 150m: 2:25.89 58.30 200m: 3:11.71 45.82     |
| 3. Sidre OZEMRE AYTAÇ  | 29    | Yuzme Idman Yurdu Spor Kulubu             |       |         |         | 3:36.15 275                                 |
| 50m:                   | 43.56 | 43.56                                     | 100m: | 1:39.41 | 55.85   | 150m: 2:43.92 1:04.51 200m: 3:36.15 52.23   |
| 4. Senel MENEMENCİOĞLU | 29    | Yuzme Idman Yurdu Spor Kulubu             |       |         |         | 4:17.42 163                                 |
| 50m:                   | 56.54 | 56.54                                     | 100m: | 2:01.60 | 1:05.06 | 150m: 3:19.57 1:17.97 200m: 4:17.42 57.85   |
| 5. Ceyda DUSKUN        | 26    | Ferdi                                     |       |         |         | 4:25.57 148                                 |
| 50m:                   | 59.99 | 59.99                                     | 100m: | 2:16.97 | 1:16.98 | 150m: 3:24.20 1:07.23 200m: 4:25.57 1:01.37 |

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Event 15, Women, 200m Medley

30 - 34 years

|    |                    |                       |                                     |                |         |
|----|--------------------|-----------------------|-------------------------------------|----------------|---------|
| 1. | İlgaz Azra ATILGAN | 30                    | Yuzme Idman Yurdu Spor Kulubu       | <b>3:32.75</b> | 249     |
|    | 50m: 44.49 44.49   | 100m: 1:41.37         | 56.88 150m: 2:42.81 1:01.44         | 200m: 3:32.75  | 49.94   |
| 2. | Eda TUNCER         | 30                    | Frekans Yuzme Akademisi Spor Kulubu | <b>4:22.86</b> | 132     |
|    | 50m: 50.46 50.46   | 100m: 1:57.77 1:07.31 | 150m: 3:17.45 1:19.68               | 200m: 4:22.86  | 1:05.41 |

35 - 39 years

|    |                  |                       |                       |                |       |
|----|------------------|-----------------------|-----------------------|----------------|-------|
| 1. | Melike AKKAYA    | 35                    | Zeplin Spor Kulubu    | <b>3:32.06</b> | 294   |
|    | 50m: 44.99 44.99 | 100m: 1:45.13 1:00.14 | 150m: 2:41.99 56.86   | 200m: 3:32.06  | 50.07 |
| 2. | Bilge MİNİSKER   | 35                    | Zeplin Spor Kulubu    | <b>4:02.68</b> | 196   |
|    | 50m: 55.14 55.14 | 100m: 1:56.09 1:00.95 | 150m: 3:04.96 1:08.87 | 200m: 4:02.68  | 57.72 |

40 - 44 years

|    |                  |                       |                                         |                |       |
|----|------------------|-----------------------|-----------------------------------------|----------------|-------|
| 1. | İsil OZGANAN     | 41                    | Ankara Triatlon Spor Kulubu             | <b>3:34.78</b> | 281   |
|    | 50m: 47.90 47.90 | 100m: 1:44.73 56.83   | 150m: 2:47.92 1:03.19                   | 200m: 3:34.78  | 46.86 |
| 2. | Nese ATMİS       | 40                    | Adana Buyuksehir Belediyesi Spor Kulubu | <b>3:46.91</b> | 238   |
|    | 50m: 49.02 49.02 | 100m: 1:51.64 1:02.62 | 150m: 2:54.15 1:02.51                   | 200m: 3:46.91  | 52.76 |

45 - 49 years

|    |                      |                       |                                         |                |         |
|----|----------------------|-----------------------|-----------------------------------------|----------------|---------|
| 1. | Nilufer DUMAN        | 46                    | Adana Buyuksehir Belediyesi Spor Kulubu | <b>3:58.71</b> | 207     |
|    | 50m: 52.86 52.86     | 100m: 1:59.21 1:06.35 | 150m: 3:04.80 1:05.59                   | 200m: 3:58.71  | 53.91   |
| 2. | Hale KARGİN          | 49                    | Eskisehir Su Sporlari Spor Kulubu       | <b>4:32.79</b> | 139     |
|    | 50m: 1:05.79 1:05.79 | 100m: 2:12.42 1:06.63 | 150m: 3:29.57 1:17.15                   | 200m: 4:32.79  | 1:03.22 |

50 - 54 years

|    |                            |                       |                                          |                |         |
|----|----------------------------|-----------------------|------------------------------------------|----------------|---------|
| 1. | Konstantina CHATZİGEORGİOU | 53                    | Cyprus masters team                      | <b>3:28.33</b> | 380     |
|    | 50m: 42.76 42.76           | 100m: 1:38.07 55.31   | 150m: 2:38.79 1:00.72                    | 200m: 3:28.33  | 49.54   |
| 2. | Ozen Sanem DİLEK           | 54                    | Istanbul Yuzme Ihtisas Spor Kulubu       | <b>3:44.23</b> | 305     |
|    | 50m: 57.56 57.56           | 100m: 1:55.66 58.10   | 150m: 2:55.24 59.58                      | 200m: 3:44.23  | 48.99   |
| 3. | Sefika Burcu DURDUBAS      | 50                    | Frekans Yuzme Akademisi Spor Kulubu      | <b>3:54.93</b> | 265     |
|    | 50m: 51.62 51.62           | 100m: 1:52.73 1:01.11 | 150m: 2:57.59 1:04.86                    | 200m: 3:54.93  | 57.34   |
| 4. | Aslihan ERGEZEN            | 51                    | Istanbul Teknik Universitesi Spor Kulubu | <b>4:09.20</b> | 222     |
|    | 50m: 57.31 57.31           | 100m: 2:04.63 1:07.32 | 150m: 3:14.26 1:09.63                    | 200m: 4:09.20  | 54.94   |
| 5. | Sule URASOGLU              | 50                    | Istanbul Yildizlar Yuzme Spor Kulubu     | <b>4:25.61</b> | 183     |
|    | 50m: 1:02.08 1:02.08       | 100m: 2:11.01 1:08.93 | 150m: 3:33.00 1:21.99                    | 200m: 4:25.61  | 52.61   |
| 6. | Aynur NESİN                | 53                    | Eskisehir Su Sporlari Spor Kulubu        | <b>4:27.34</b> | 180     |
|    | 50m: 56.52 56.52           | 100m: 2:11.67 1:15.15 | 150m: 3:28.49 1:16.82                    | 200m: 4:27.34  | 58.85   |
| 7. | Yasemin SAHİNKAYA          | 54                    | Heka Spor Kulubu                         | <b>4:41.42</b> | 154     |
|    | 50m: 53.81 53.81           | 100m: 2:00.17 1:06.36 | 150m: 3:30.95 1:30.78                    | 200m: 4:41.42  | 1:10.47 |
| 8. | Zeynep OZDOGAN             | 53                    | Istanbul Yildizlar Yuzme Spor Kulubu     | <b>4:46.97</b> | 145     |
|    | 50m: 1:10.03 1:10.03       | 100m: 2:29.60 1:19.57 | 150m: 3:41.94 1:12.34                    | 200m: 4:46.97  | 1:05.03 |

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Event 15, Women, 200m Medley

55 - 59 years

|                      |                       |                                     |                |         |
|----------------------|-----------------------|-------------------------------------|----------------|---------|
| 1. Margarita IMEN    | 55                    | Zeplin Spor Kulubu                  | <b>3:51.21</b> | 281     |
| 50m: 50.20 50.20     | 100m: 1:51.79 1:01.59 | 150m: 2:56.37 1:04.58               | 200m: 3:51.21  | 54.84   |
| 2. Yasemin CAM       | 59                    | Atlas Atletik Spor Kulubu           | <b>4:08.64</b> | 226     |
| 50m: 58.40 58.40     | 100m: 2:06.29 1:07.89 | 150m: 3:11.82 1:05.53               | 200m: 4:08.64  | 56.82   |
| 3. Fatma Guliz BOLAT | 58                    | Frekans Yuzme Akademisi Spor Kulubu | <b>4:53.28</b> | 137     |
| 50m: 1:09.44 1:09.44 | 100m: 2:24.48 1:15.04 | 150m: 3:49.54 1:25.06               | 200m: 4:53.28  | 1:03.74 |
| 4. Bahriye KILDACI   | 56                    | Ferdi                               | <b>5:32.85</b> | 94      |
| 50m: 1:03.94 1:03.94 | 100m: 2:44.97 1:41.03 | 150m: 4:18.90 1:33.93               | 200m: 5:32.85  | 1:13.95 |

60 - 64 years

|                       |                       |                                   |                |       |
|-----------------------|-----------------------|-----------------------------------|----------------|-------|
| 1. Tulay OSMANAGAOGLU | 62                    | Eskisehir Su Sporlari Spor Kulubu | <b>4:31.21</b> | 177   |
| 50m: 1:02.47 1:02.47  | 100m: 2:07.61 1:05.14 | 150m: 3:33.22 1:25.61             | 200m: 4:31.21  | 57.99 |
| 2. Tuzun ATAK         | 64                    | Eskisehir Su Sporlari Spor Kulubu | <b>4:32.98</b> | 173   |
| 50m: 57.77 57.77      | 100m: 2:14.11 1:16.34 | 150m: 3:34.97 1:20.86             | 200m: 4:32.98  | 58.01 |

70 - 74 years

|                         |                       |                         |                |         |
|-------------------------|-----------------------|-------------------------|----------------|---------|
| 1. Cahide Seyma KOLAYLI | 71                    | Galatasaray Spor Kulubu | <b>5:26.40</b> | 170     |
| 50m: 1:02.32 1:02.32    | 100m: 2:18.24 1:15.92 | 150m: 4:18.30 2:00.06   | 200m: 5:26.40  | 1:08.10 |