

ULUSLARARASI MASTERLAR 10 KASIM ATATÜRK'Ü ANMA GÜNÜ KISA KULVAR YÜZME ŞAMPİYONASI
KIRKLARELİ, 8. - 10.11.2025

Event 7 Women, 400m Freestyle 18 years and older
08.11.2025 Results

MASTERLAR 25M 75 - 79	10:00.00									
MASTERLAR 25M 70 - 74	9:18.91	Rabia Sevil GEMİCİOĞLU				MUĞLA / MARMARİS			03.05.2019	
MASTERLAR 25M 65 - 69	7:29.93	Ayşe Mehtap VARDİOĞLU				ANTALYA			17.05.2025	
MASTERLAR 25M 60 - 64	6:38.98	Zehra AKARPINAR	217			ANTALYA			17.05.2025	
MASTERLAR 25M 55 - 59	5:47.01	Sebla TALİ				İSTANBUL			27.02.2022	
MASTERLAR 25M 50 - 54	5:26.12	Sebla TALİ				MUĞLA / MARMARİS			18.05.2018	
MASTERLAR 25M 45 - 49	5:35.94	Nesrin ÖZGÜN				GAZİANTEP			12.11.2017	
MASTERLAR 25M 40 - 44	5:13.99	Pınar ARPINAR AVŞAR				İSTANBUL			27.02.2022	
MASTERLAR 25M 35 - 39	5:23.55	Aysegül Bodur AYYAZ				MUĞLA / MARMARİS			18.05.2018	
MASTERLAR 25M 30 - 34	5:05.71	Bige VARDAR				MUĞLA / MARMARİS			18.05.2018	
MASTERLAR 25M 25 - 29	4:40.64	Hilal Zeyneb SARAÇ	328			ANTALYA			17.05.2025	
MASTERLAR 25M 18 - 24	8:50.54	Suna Beyza DEMİR	217			ANTALYA			17.05.2025	

MADALYA BARAJI 25 - 29: 8:30.00; 30 - 34: 8:45.00; 35 - 39: 9:00.00; 40 - 44: 9:30.00; 45 - 49: 10:00.00; 50 - 54: 10:30.00; 55 - 59: 10:50.00; 60 - 64: 11:15.00; 65 - 69: 11:55.00; 70 - 74: 12:50.00; 75 - 79: 13:50.00; 80 - 84: 15:00.00

Points: FINA 2022

Rank YB Time Pts
18 - 24 years

1. Sila PAZAR	04	Ege Atletik Spor Kulubu	4:48.24	534
<i>Yeni Türkiye Rekoru</i>				
50m: 32.23 32.23	150m: 1:44.33 36.12	250m: 2:57.80 37.12	350m: 4:11.98 37.24	
100m: 1:08.21 35.98	200m: 2:20.68 36.35	300m: 3:34.74 36.94	400m: 4:48.24 36.26	
2. İlgin İLTER	02	Atlas Atletik Spor Kulubu	5:20.64	388
50m: 33.30 33.30	150m: 1:50.77 40.00	250m: 3:14.21 42.12	350m: 4:39.55 42.48	
100m: 1:10.77 37.47	200m: 2:32.09 41.32	300m: 3:57.07 42.86	400m: 5:20.64 41.09	
3. Sudenas ÇAKMAK	04	Kayseri Erca Spor Kulubu	5:23.94	376
<i>Yeni Türkiye Rekoru, (YTR 18-24 Yaş 100m Serbest 1:08.10)</i>				
50m: 32.08 32.08	150m: 1:48.12 40.02	250m: 3:14.58 43.97	350m: 4:41.00 44.20	
100m: 1:08.10 36.02	200m: 2:30.61 42.49	300m: 3:56.80 42.22	400m: 5:23.94 42.94	
4. Ece DEMİR	03	0	6:45.52	191
50m: 43.50 43.50	150m: 2:24.37 51.77	250m: 4:08.69 52.32	350m: 5:54.26 52.92	
100m: 1:32.60 49.10	200m: 3:16.37 52.00	300m: 5:01.34 52.65	400m: 6:45.52 51.26	
5. Duru Lara ÇAKICI	04	Ferdi	7:28.54	141
50m: 49.20 49.20	150m: 2:42.41 57.46	250m: 4:39.12 58.51	350m: 6:34.96 57.57	
100m: 1:44.95 55.75	200m: 3:40.61 58.20	300m: 5:37.39 58.27	400m: 7:28.54 53.58	

25 - 29 years

1. Melisa SOYLUER	00	Orta Dogu Teknik Üniversitesi Spor Kulübü	5:32.82	347
50m: 34.10 34.10	150m: 1:53.72 41.16	250m: 3:20.19 44.33	350m: 4:49.71 45.02	
100m: 1:12.56 38.46	200m: 2:35.86 42.14	300m: 4:04.69 44.50	400m: 5:32.82 43.11	
2. Buse AYGUN	97	Ferdi	6:01.66	270
50m: 39.57 39.57	150m: 2:10.02 45.69	250m: 3:43.85 46.78	350m: 5:16.54 45.46	
100m: 1:24.33 44.76	200m: 2:57.07 47.05	300m: 4:31.08 47.23	400m: 6:01.66 45.12	
3. Sidre OZEMRE AYTAÇ	97	Yüzme İdman Yurdu Spor Kulubu	6:22.49	228
50m: 39.13 39.13	150m: 2:11.22 48.18	250m: 3:52.38 51.41	350m: 5:35.45 51.18	
100m: 1:23.04 43.91	200m: 3:00.97 49.75	300m: 4:44.27 51.89	400m: 6:22.49 47.04	
4. Duygu KORKMAZ	96	Ferdi	7:35.11	135
50m: 49.13 49.13	150m: 2:46.45 1:00.07	250m: 4:43.96 58.20	350m: 6:39.97 57.90	
100m: 1:46.38 57.25	200m: 3:45.76 59.31	300m: 5:42.07 58.11	400m: 7:35.11 55.14	

30 - 34 years

1. Nihal BALTO	93	Atlas Atletik Spor Kulubu	5:14.06	413
50m: 34.54 34.54	150m: 1:52.28 39.63	250m: 3:13.84 40.85	350m: 4:34.57 40.21	
100m: 1:12.65 38.11	200m: 2:32.99 40.71	300m: 3:54.36 40.52	400m: 5:14.06 39.49	

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Event 7, Women, 400m Freestyle

35 - 39 years

1.	Didem YİĞİT	89	Ferdi	5:56.08	283
	50m: 39.67 39.67	150m: 2:07.80 45.05	250m: 3:39.48 45.70	350m: 5:10.88 45.80	
	100m: 1:22.75 43.08	200m: 2:53.78 45.98	300m: 4:25.08 45.60	400m: 5:56.08 45.20	
2.	Busra TARCALIR	88	Uskudar Su Sporları Kulubu	6:20.80	231
	50m: 39.99 39.99	150m: 2:14.03 49.15	250m: 3:54.92 50.92	350m: 5:35.19 50.08	
	100m: 1:24.88 44.89	200m: 3:04.00 49.97	300m: 4:45.11 50.19	400m: 6:20.80 45.61	
3.	Leman HİNCAL	86	Uskudar Su Sporları Kulubu	6:48.12	188
	50m: 48.86 48.86	150m: 2:30.83 51.21	250m: 4:13.78 51.35	350m: 5:58.69 52.52	
	100m: 1:39.62 50.76	200m: 3:22.43 51.60	300m: 5:06.17 52.39	400m: 6:48.12 49.43	
4.	Meryem Tugce AYVALI	89	Ferdi	7:38.67	132
	50m: 48.91 48.91	150m: 2:38.22 56.14	250m: 4:38.54 1:00.14	350m: 6:39.99 1:01.23	
	100m: 1:42.08 53.17	200m: 3:38.40 1:00.18	300m: 5:38.76 1:00.22	400m: 7:38.67 58.68	
5.	Afife KORKMAZ	89	İstanbul Sualtı Ve Yüzme Spor Kulubu	7:58.04	117
	50m: 45.73 45.73	150m: 2:34.26 57.12	250m: 4:40.16 1:04.73	350m: 6:51.46 1:06.22	
	100m: 1:37.14 51.41	200m: 3:35.43 1:01.17	300m: 5:45.24 1:05.08	400m: 7:58.04 1:06.58	
6.	Eda POYRAZ	89	Balkan Yesilbaglar Spor Kulubue	8:09.04	109
	50m: 50.60 50.60	150m: 2:51.10 1:02.85	250m: 5:01.26 1:05.31	350m: 7:10.50 1:04.95	
	100m: 1:48.25 57.65	200m: 3:55.95 1:04.85	300m: 6:05.55 1:04.29	400m: 8:09.04 58.54	
7.	Ozlem Ozge ILKUCAN	89	Yüzme İdman Yurdu Spor Kulubu	8:35.04	93
	50m: 47.78 47.78	150m: 2:52.87 1:04.98	250m: 5:08.93 1:08.10	350m: 7:27.98 1:10.70	
	100m: 1:47.89 1:00.11	200m: 4:00.83 1:07.96	300m: 6:17.28 1:08.35	400m: 8:35.04 1:07.06	

40 - 44 years

1.	Gulsah GUNENC ELER	85	Adalar Su Sporları Spor Kulubu	4:58.68	480
	50m: 34.42 34.42	150m: 1:48.88 37.66	250m: 3:04.72 38.01	350m: 4:21.54 38.42	
	100m: 1:11.22 36.80	200m: 2:26.71 37.83	300m: 3:43.12 38.40	400m: 4:58.68 37.14	
2.	Esra SENSES	82	Uskudar Su Sporları Kulubu	6:07.91	257
	50m: 39.41 39.41	150m: 2:11.71 47.43	250m: 3:46.62 47.13	350m: 5:21.43 47.41	
	100m: 1:24.28 44.87	200m: 2:59.49 47.78	300m: 4:34.02 47.40	400m: 6:07.91 46.48	
3.	Sinem TUGRAL KURULTAY	84	Türk Silahlı Kuvvetleri (Tsk) Spor Gucu	6:55.40	178
	50m: 43.13 43.13	150m: 2:23.63 52.56	250m: 4:13.00 54.48	350m: 6:02.89 54.12	
	100m: 1:31.07 47.94	200m: 3:18.52 54.89	300m: 5:08.77 55.77	400m: 6:55.40 52.51	
4.	Sila OZCELIK YENER	81	Yüzme İdman Yurdu Spor Kulubu	8:24.30	99
	50m: 53.20 53.20	150m: 2:57.63 1:03.36	250m: 5:10.18 1:07.01	350m: 7:21.32 1:05.48	
	100m: 1:54.27 1:01.07	200m: 4:03.17 1:05.54	300m: 6:15.84 1:05.66	400m: 8:24.30 1:02.98	
5.	Zeynep ERVERDİ	81	Yüzme İdman Yurdu Spor Kulubu	9:26.34	70
	50m: 52.75 52.75	150m: 3:08.17 1:12.59	250m: 5:40.24 1:18.00	350m: 8:14.74 1:15.23	
	100m: 1:55.58 1:02.83	200m: 4:22.24 1:14.07	300m: 6:59.51 1:19.27	400m: 9:26.34 1:11.60	

45 - 49 years

1.	Dana BİBİSİDOU	76	Ofkserres	5:29.04	359
	50m: 36.12 36.12	150m: 1:57.70 41.69	250m: 3:22.98 42.77	350m: 4:47.77 42.30	
	100m: 1:16.01 39.89	200m: 2:40.21 42.51	300m: 4:05.47 42.49	400m: 5:29.04 41.27	
2.	Revna ACAR VURAL	80	Uskudar Su Sporları Kulubu	6:55.04	179
	50m: 44.69 44.69	150m: 2:27.01 51.98	250m: 4:14.52 54.59	350m: 6:03.20 54.49	
	100m: 1:35.03 50.34	200m: 3:19.93 52.92	300m: 5:08.71 54.19	400m: 6:55.04 51.84	
3.	Sule URASOGLU	76	İstanbul Yıldızlar Yüzme Spor Kulubu	7:22.69	147
	50m: 49.26 49.26	150m: 2:38.54 56.74	250m: 4:33.74 57.58	350m: 6:28.77 57.18	
	100m: 1:41.80 52.54	200m: 3:36.16 57.62	300m: 5:31.59 57.85	400m: 7:22.69 53.92	
4.	Gunce TOPAL	78	Yapı Kredi Spor Kulubu	7:55.66	118
	50m: 52.67 52.67	150m: 2:49.22 59.20	250m: 4:50.87 1:00.55	350m: 6:55.77 1:02.92	
	100m: 1:50.02 57.35	200m: 3:50.32 1:01.10	300m: 5:52.85 1:01.98	400m: 7:55.66 59.89	

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Event 7, Women, 400m Freestyle, 45 - 49 years

Rank				YB						Time	Pts
5.	Irem ERGİN			76	Ferdi					8:11.61	107
	50m: 51.65	51.65	150m: 2:55.80	1:04.57	250m: 5:05.04	1:04.44	350m: 7:12.95	1:03.45			
	100m: 1:51.23	59.58	200m: 4:00.60	1:04.80	300m: 6:09.50	1:04.46	400m: 8:11.61	58.66			
6.	Gulsen Burcu ERDEMİR			77	Yuzme ıdman Yurdu Spor Kulubu					10:01.83	58
	<i>Madalya barajı geçememiştir.</i>										
	50m: 1:03.52	1:03.52	150m: 3:41.19	1:18.91	250m: 6:19.18	1:19.17	350m: 8:54.00	1:17.13			
	100m: 2:22.28	1:18.76	200m: 5:00.01	1:18.82	300m: 7:36.87	1:17.69	400m: 10:01.83	1:07.83			

50 - 54 years

1.	Nida OZDEMİR			74	Yapı Kredi Spor Kulubu					6:02.90	267
	50m: 38.30	38.30	150m: 2:08.29	46.20	250m: 3:43.00	47.74	350m: 5:17.67	47.14			
	100m: 1:22.09	43.79	200m: 2:55.26	46.97	300m: 4:30.53	47.53	400m: 6:02.90	45.23			
2.	Beril ALAKOC ORHONOGLU			74	Atlas Atletik Spor Kulubu					6:07.61	257
	50m: 40.36	40.36	150m: 2:11.70	46.44	250m: 3:45.68	47.46	350m: 5:18.77	46.89			
	100m: 1:25.26	44.90	200m: 2:58.22	46.52	300m: 4:31.88	46.20	400m: 6:07.61	48.84			
3.	Zeliha BATAY			75	İstanbul Büyükşehir Belediyesi Spor Kulübü					6:27.13	220
	50m: 42.29	42.29	150m: 2:17.72	48.58	250m: 3:56.91	49.79	350m: 5:37.62	50.13			
	100m: 1:29.14	46.85	200m: 3:07.12	49.40	300m: 4:47.49	50.58	400m: 6:27.13	49.51			
4.	Aslihan AKAN			75	Frekans Yuzme Akademisi Spor Kulubu					7:02.79	169
	50m: 44.72	44.72	150m: 2:29.13	53.80	250m: 4:19.65	55.73	350m: 6:09.53	54.61			
	100m: 1:35.33	50.61	200m: 3:23.92	54.79	300m: 5:14.92	55.27	400m: 7:02.79	53.26			
5.	Zeynep SİSMAN SEN			71	Uskudar Su Sporları Kulubu					7:59.10	116
	50m: 52.74	52.74	150m: 2:52.49	1:01.77	250m: 4:56.08	1:01.09	350m: 6:59.27	1:02.21			
	100m: 1:50.72	57.98	200m: 3:54.99	1:02.50	300m: 5:57.06	1:00.98	400m: 7:59.10	59.83			
6.	Filiz GOKLER			71	Yuzme ıdman Yurdu Spor Kulubu					8:08.45	109
	50m: 53.59	53.59	150m: 2:57.52	1:04.20	250m: 5:04.73	1:02.92	350m: 7:08.82	1:01.58			
	100m: 1:53.32	59.73	200m: 4:01.81	1:04.29	300m: 6:07.24	1:02.51	400m: 8:08.45	59.63			
7.	Sibel TUNA			73	Türk Silahlı Kuvvetleri (Tsk) Spor Gucu					8:56.10	83
	50m: 1:00.56	1:00.56	150m: 3:16.18	1:08.94	250m: 5:33.17	1:07.13	350m: 7:49.37	1:08.37			
	100m: 2:07.24	1:06.68	200m: 4:26.04	1:09.86	300m: 6:41.00	1:07.83	400m: 8:56.10	1:06.73			

55 - 59 years

1.	Yasemin CAM			67	Atlas Atletik Spor Kulubu					7:22.59	147
	50m: 47.68	47.68	150m: 2:40.30	56.00	250m: 4:33.14	55.94	350m: 6:26.14	57.09			
	100m: 1:44.30	56.62	200m: 3:37.20	56.90	300m: 5:29.05	55.91	400m: 7:22.59	56.45			
2.	Ayşe Deniz DİKİCİ			66	Uskudar Su Sporları Kulubu					8:13.14	106
	50m: 53.72	53.72	150m: 2:56.33	1:03.13	250m: 5:04.49	1:03.93	350m: 7:12.89	1:04.32			
	100m: 1:53.20	59.48	200m: 4:00.56	1:04.23	300m: 6:08.57	1:04.08	400m: 8:13.14	1:00.25			
3.	Bahriye KİLDACI			70	Ferdi					9:39.18	65
	50m: 58.15	58.15	150m: 3:27.91	1:17.24	250m: 5:59.98	1:17.14	350m: 8:29.76	1:14.28			
	100m: 2:10.67	1:12.52	200m: 4:42.84	1:14.93	300m: 7:15.48	1:15.50	400m: 9:39.18	1:09.42			

60 - 64 years

1.	Zehra AKARPINAR			63	Uskudar Su Sporları Kulubu					6:35.65	206
	<i>Yeni Türkiye Rekoru</i>										
	50m: 43.14	43.14	150m: 2:21.31	49.38	250m: 4:01.58	49.83	350m: 5:46.07	52.84			
	100m: 1:31.93	48.79	200m: 3:11.75	50.44	300m: 4:53.23	51.65	400m: 6:35.65	49.58			
2.	Vendi Filiz EDİZ			62	Uskudar Su Sporları Kulubu					7:07.69	163
	50m: 44.62	44.62	150m: 2:29.27	53.70	250m: 4:20.89	56.04	350m: 6:12.16	55.40			
	100m: 1:35.57	50.95	200m: 3:24.85	55.58	300m: 5:16.76	55.87	400m: 7:07.69	55.53			

ULUSLARARASI MASTERLAR 10 KASIM ATATÜRK'Ü ANMA GÜNÜ KISA KULVAR YÜZME ŞAMPİYONASI
KIRKLARELİ, 8. - 10.11.2025

Event 7, Women, 400m Freestyle, 60 - 64 years

Rank	YB										Time	Pts		
3.	Yıldız KİRHAN										62	İstanbul Yıldızlar Yuzme Spor Kulubu	9:34.14	67
	50m:	1:01.36	1:01.36	150m:	3:26.61	1:14.04	250m:	5:52.54	1:13.28	350m:	8:22.12	1:15.67		
	100m:	2:12.57	1:11.21	200m:	4:39.26	1:12.65	300m:	7:06.45	1:13.91	400m:	9:34.14	1:12.02		

75 - 79 years

1.	Huma BAYRAKTAR				46	İstanbul Yüzme İhtisas Spor Kulubu				9:52.51	61			
Yeni Türkiye Rekoru, (En İyi Derece)														
50m:		1:03.39	1:03.39	150m:		3:36.71	1:17.31	250m:		6:08.56	1:15.00	350m:	8:37.37	1:14.10
100m:		2:19.40	1:16.01	200m:		4:53.56	1:16.85	300m:		7:23.27	1:14.71	400m:	9:52.51	1:15.14