

10-11-12 YAŞ ULUSAL GELİŞİM LİĞİ 2.ETAP MÜSABAKASI
ANKARA, 18. - 20.7.2025

Event 22
19.07.2025 - 19:00

Girls, 400m Freestyle

11 - 12 years
Results

11 YAŞ BARAJLARI 11: 6:23.99 / 12 YAŞ BARAJLARI 12: 5:58.99

Points: FINA 2023

	YB		Time	Pts
11 years				
Zeynep Duru YARDİMCİ	14	Orka Swim Team	4:59.51	491
11 YAŞ KATILIM BARAJINI GEÇTİ				
50m: 32.24 32.24 150m: 1:47.14 37.83 250m: 3:04.35 38.47 350m: 4:21.75 38.35				
100m: 1:09.31 37.07 200m: 2:25.88 38.74 300m: 3:43.40 39.05 400m: 4:59.51 37.76				
İrmak AKCENGİZ	14	Orka Swim Team	5:09.52	445
11 YAŞ KATILIM BARAJINI GEÇTİ				
50m: 34.30 34.30 150m: 1:52.34 39.53 250m: 3:11.68 39.15 350m: 4:30.83 39.11				
100m: 1:12.81 38.51 200m: 2:32.53 40.19 300m: 3:51.72 40.04 400m: 5:09.52 38.69				
Duru DEMİR	14	Mev Toros Spor Kulubu	5:15.22	421
11 YAŞ KATILIM BARAJINI GEÇTİ				
50m: 33.48 33.48 150m: 1:50.95 39.39 250m: 3:12.63 40.65 350m: 4:34.95 40.66				
100m: 1:11.56 38.08 200m: 2:31.98 41.03 300m: 3:54.29 41.66 400m: 5:15.22 40.27				
Alya DUMAN	14	Pamukkale Olimpik Sporlar Spor Kulübü	5:16.03	418
11 YAŞ KATILIM BARAJINI GEÇTİ				
50m: 34.15 34.15 150m: 1:53.07 40.06 250m: 3:14.60 41.02 350m: 4:35.98 40.88				
100m: 1:13.01 38.86 200m: 2:33.58 40.51 300m: 3:55.10 40.50 400m: 5:16.03 40.05				
Oyku OZGUL	14	Baskent Cankaya Spor Kulubu	5:23.92	388
11 YAŞ KATILIM BARAJINI GEÇTİ				
50m: 35.87 35.87 200m: 2:39.54 41.45 300m: 4:03.88 41.96 400m: 5:23.92 38.99				
150m: 1:58.09 1:22.22 250m: 3:21.92 42.38 350m: 4:44.93 41.05				
Asya DUZGIDER	14	Baskent Cankaya Spor Kulubu	5:24.46	386
11 YAŞ KATILIM BARAJINI GEÇTİ				
50m: 37.14 37.14 150m: 1:58.31 41.19 250m: 3:21.41 41.59 350m: 4:44.41 40.91				
100m: 1:17.12 39.98 200m: 2:39.82 41.51 300m: 4:03.50 42.09 400m: 5:24.46 40.05				
Serenay Tugce GULOKSUZ	14	Ferdi	5:24.88	385
11 YAŞ KATILIM BARAJINI GEÇTİ				
50m: 35.85 35.85 150m: 1:57.31 41.15 250m: 3:21.29 42.33 350m: 4:44.89 40.59				
100m: 1:16.16 40.31 200m: 2:38.96 41.65 300m: 4:04.30 43.01 400m: 5:24.88 39.99				
Elif Ece DERELİ	14	Yalova Gençlik Ve Spor İl Müdürlüğü Sp	5:26.15	380
11 YAŞ KATILIM BARAJINI GEÇTİ				
50m: 34.35 34.35 200m: 2:41.29 43.15 350m: 4:47.01 1:22.64				
150m: 1:58.14 1:23.79 250m: 3:24.37 43.08 400m: 5:26.15 39.14				
Basak İrem ALTUNZİNCİR	14	Ferdi	5:26.38	379
11 YAŞ KATILIM BARAJINI GEÇTİ				
50m: 36.89 36.89 150m: 1:59.30 41.80 250m: 3:23.33 42.52 350m: 4:46.70 41.34				
100m: 1:17.50 40.61 200m: 2:40.81 41.51 300m: 4:05.36 42.03 400m: 5:26.38 39.68				
İrmak Naz SONMEZ	14	Ankara Yuzme Kulubu Spor Kulubu	5:27.97	374
11 YAŞ KATILIM BARAJINI GEÇTİ				
50m: 36.08 36.08 150m: 1:58.77 42.18 250m: 3:23.27 41.85 350m: 4:47.80 41.96				
100m: 1:16.59 40.51 200m: 2:41.42 42.65 300m: 4:05.84 42.57 400m: 5:27.97 40.17				
Ozge Mira TEKİN	14	Ankara Üniversitesi Spor Kulubu	5:28.14	373
11 YAŞ KATILIM BARAJINI GEÇTİ				
50m: 35.58 35.58 150m: 1:57.60 41.57 250m: 3:22.76 42.60 350m: 4:48.29 42.31				
100m: 1:16.03 40.45 200m: 2:40.16 42.56 300m: 4:05.98 43.22 400m: 5:28.14 39.85				

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Event 22, Girls, 400m Freestyle, 11 years

	YB		Time	Pts
Ozum OZBEY	14	Orka Swim Team	5:28.48	372
<i>11 YAŞ KATILIM BARAJINI GEÇTİ</i>				
50m: 36.44 36.44 250m: 3:23.61 1:24.86 400m: 5:28.48 40.56				
150m: 1:58.75 1:22.31 350m: 4:47.92 1:24.31				
Nisa Deniz ALTINTEN	14	Pamukkale Olimpik Sporlar Spor Kulübü	5:30.05	367
<i>11 YAŞ KATILIM BARAJINI GEÇTİ</i>				
50m: 37.49 37.49 150m: 2:01.06 42.21 250m: 3:25.97 42.92 350m: 4:49.87 41.08				
100m: 1:18.85 41.36 200m: 2:43.05 41.99 300m: 4:08.79 42.82 400m: 5:30.05 40.18				
İnci Mira YİLDİZ	14	Hacettepeliler	5:30.54	365
<i>11 YAŞ KATILIM BARAJINI GEÇTİ</i>				
50m: 36.94 36.94 150m: 2:01.42 42.89 250m: 3:27.04 42.34 350m: 4:51.18 42.13				
100m: 1:18.53 41.59 200m: 2:44.70 43.28 300m: 4:09.05 42.01 400m: 5:30.54 39.36				
Melis DUZGUN	14	Ferdi	5:31.50	362
<i>11 YAŞ KATILIM BARAJINI GEÇTİ</i>				
50m: 38.34 38.34 150m: 2:01.65 41.49 250m: 3:26.19 42.52 350m: 4:50.31 41.90				
100m: 1:20.16 41.82 200m: 2:43.67 42.02 300m: 4:08.41 42.22 400m: 5:31.50 41.19				
Arya Gonul KAHRAMAN	14	Ankara Yuzme Kulubu Spor Kulubu	5:35.25	350
<i>11 YAŞ KATILIM BARAJINI GEÇTİ</i>				
50m: 38.09 38.09 150m: 2:02.46 42.44 250m: 3:27.49 42.60 350m: 4:53.26 42.67				
100m: 1:20.02 41.93 200m: 2:44.89 42.43 300m: 4:10.59 43.10 400m: 5:35.25 41.99				
Eylul COTUR	14	Nesibe Aydın Spor Kulubu	5:36.10	347
<i>11 YAŞ KATILIM BARAJINI GEÇTİ</i>				
50m: 35.72 35.72 150m: 1:59.45 42.84 250m: 3:26.88 43.71 350m: 4:55.80 43.92				
100m: 1:16.61 40.89 200m: 2:43.17 43.72 300m: 4:11.88 45.00 400m: 5:36.10 40.30				
Arife Omur KOSEGLU	14	Tekirdag Yuzme Kulubu	5:41.03	333
<i>11 YAŞ KATILIM BARAJINI GEÇTİ</i>				
50m: 35.87 35.87 150m: 2:00.93 42.79 250m: 3:30.14 44.78 350m: 4:59.23 43.83				
100m: 1:18.14 42.27 200m: 2:45.36 44.43 300m: 4:15.40 45.26 400m: 5:41.03 41.80				
Azra BEKİN	14	Galatasaray Spor Kulubu	5:46.40	317
<i>11 YAŞ KATILIM BARAJINI GEÇTİ</i>				
50m: 36.89 36.89 150m: 2:04.71 45.04 250m: 3:35.64 44.77 350m: 5:05.55 44.85				
100m: 1:19.67 42.78 200m: 2:50.87 46.16 300m: 4:20.70 45.06 400m: 5:46.40 40.85				
Nil UGUR	14	Odtu Spor Kulubu	5:47.31	315
<i>11 YAŞ KATILIM BARAJINI GEÇTİ</i>				
50m: 37.44 37.44 150m: 2:05.70 44.46 250m: 3:36.15 44.78 350m: 5:05.24 44.09				
100m: 1:21.24 43.80 200m: 2:51.37 45.67 300m: 4:21.15 45.00 400m: 5:47.31 42.07				
Mira YESİL	14	Mev Toros Spor Kulubu	5:53.85	298
<i>11 YAŞ KATILIM BARAJINI GEÇTİ</i>				
50m: 37.64 37.64 250m: 3:37.61 1:32.46 400m: 5:53.85 44.33				
150m: 2:05.15 1:27.51 350m: 5:09.52 1:31.91				
Elif Sare GULER	14	Malatya Genclik Hizmetleri Spor Kulubu	6:01.41	279
<i>11 YAŞ KATILIM BARAJINI GEÇTİ</i>				
50m: 38.49 38.49 250m: 3:42.78 1:33.52 400m: 6:01.41 44.84				
150m: 2:09.26 1:30.77 350m: 5:16.57 1:33.79				
Beril MERMERCİ	14	Ankara Yuzme Kulubu Spor Kulubu	6:03.01	276
<i>11 YAŞ KATILIM BARAJINI GEÇTİ</i>				
50m: 39.83 39.83 250m: 3:45.81 1:34.78 400m: 6:03.01 44.53				
150m: 2:11.03 1:31.20 350m: 5:18.48 1:32.67				

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	YB		Time	Pts
Hatice Ikra SEVİN	14	Nevşehir Gençlik Hizmetleri Ve Spor İl	6:16.98	246
<i>11 YAŞ KATILIM BARAJINI GEÇTİ</i>				
50m: 39.92 39.92 150m: 2:15.79 47.92 300m: 4:44.12 50.04 400m: 6:16.98 45.37				
100m: 1:27.87 47.95 250m: 3:54.08 1:38.29 350m: 5:31.61 47.49				
Ayza Mina SAKRAK	14	Emba Spor Kulubu	6:36.91	211
50m: 39.42 39.42 150m: 2:18.56 50.66 250m: 4:02.50 51.94 400m: 6:36.91 1:42.23				
100m: 1:27.90 48.48 200m: 3:10.56 52.00 300m: 4:54.68 52.18				
Eysan AZAP	14	Galatasaray Spor Kulubu		
<i>SW 5.2 - Dönüşte duvara dokunmadığından (Time: 19:33)</i>				

12 years

Meryem CETİN	13	Bosch Spor Kulubu	4:50.90	536
<i>12 YAŞ KATILIM BARAJINI GEÇTİ</i>				
50m: 31.43 31.43 150m: 1:44.40 36.92 250m: 2:58.37 36.89 350m: 4:13.71 37.30				
100m: 1:07.48 36.05 200m: 2:21.48 37.08 300m: 3:36.41 38.04 400m: 4:50.90 37.19				
Emine Mina KOSEOGU	13	Tekirdag Yuzme Kulubu	4:56.17	508
<i>12 YAŞ KATILIM BARAJINI GEÇTİ</i>				
50m: 32.69 32.69 150m: 1:45.85 36.86 250m: 3:01.63 37.96 350m: 4:19.31 39.19				
100m: 1:08.99 36.30 200m: 2:23.67 37.82 300m: 3:40.12 38.49 400m: 4:56.17 36.86				
Buglem Duru ALGAC	13	Galatasaray Spor Kulubu	4:56.58	506
<i>12 YAŞ KATILIM BARAJINI GEÇTİ</i>				
50m: 33.60 33.60 150m: 1:48.80 38.04 250m: 3:05.00 37.48 350m: 4:20.76 37.56				
100m: 1:10.76 37.16 200m: 2:27.52 38.72 300m: 3:43.20 38.20 400m: 4:56.58 35.82				
Elif Ruya CANOGLU	13	Ferdi	5:07.59	453
<i>12 YAŞ KATILIM BARAJINI GEÇTİ</i>				
50m: 34.57 34.57 150m: 1:52.11 38.84 250m: 3:11.33 38.82 350m: 4:29.44 39.71				
100m: 1:13.27 38.70 200m: 2:32.51 40.40 300m: 3:49.73 38.40 400m: 5:07.59 38.15				
Elif TURAN	13	Galatasaray Spor Kulubu	5:14.22	425
<i>12 YAŞ KATILIM BARAJINI GEÇTİ</i>				
50m: 34.77 34.77 150m: 1:53.58 40.24 250m: 3:14.40 40.86 350m: 4:35.57 40.43				
100m: 1:13.34 38.57 200m: 2:33.54 39.96 300m: 3:55.14 40.74 400m: 5:14.22 38.65				
Derin Alya KALAK	13	Pamukkale Olimpik Sporlar Spor Kulubu	5:15.52	420
<i>12 YAŞ KATILIM BARAJINI GEÇTİ</i>				
50m: 34.24 34.24 150m: 1:52.69 39.67 300m: 3:55.53 41.55 400m: 5:15.52 38.45				
100m: 1:13.02 38.78 250m: 3:13.98 1:21.29 350m: 4:37.07 41.54				
Mirabel Maya ORTEL	13	Kınalıada Su Sporları Kulubu	5:16.72	415
<i>12 YAŞ KATILIM BARAJINI GEÇTİ</i>				
50m: 34.21 34.21 150m: 1:54.54 40.51 250m: 3:16.78 41.28 350m: 4:38.08 40.17				
100m: 1:14.03 39.82 200m: 2:35.50 40.96 300m: 3:57.91 41.13 400m: 5:16.72 38.64				
Elif Nur YILMAZ	13	Galatasaray Spor Kulubu	5:17.86	411
<i>12 YAŞ KATILIM BARAJINI GEÇTİ</i>				
50m: 34.37 34.37 150m: 1:52.97 39.89 250m: 3:15.27 41.10 350m: 4:38.01 41.14				
100m: 1:13.08 38.71 200m: 2:34.17 41.20 300m: 3:56.87 41.60 400m: 5:17.86 39.85				
Zeynep Zehra POLAT	13	V.A.M.O.S	5:20.93	399
<i>12 YAŞ KATILIM BARAJINI GEÇTİ</i>				
50m: 34.57 34.57 150m: 1:54.45 40.21 250m: 3:17.38 40.89 350m: 4:40.62 41.38				
100m: 1:14.24 39.67 200m: 2:36.49 42.04 300m: 3:59.24 41.86 400m: 5:20.93 40.31				
Eylul ERCAN	13	Orka Swim Team	5:22.08	395
<i>12 YAŞ KATILIM BARAJINI GEÇTİ</i>				
50m: 34.89 34.89 250m: 3:15.97 1:21.48 400m: 5:22.08 40.74				
150m: 1:54.49 1:19.60 350m: 4:41.34 1:25.37				

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	YB		Time	Pts
Defne İSİKER	13	Ted Ankara Kolejİlİler Spor Kulubu	5:24.99	384
<i>12 YAŞ KATILIM BARAJINI GEÇTİ</i>				
50m: 35.33 35.33 250m: 3:19.04 1:23.37 400m: 5:24.99 41.41				
150m: 1:55.67 1:20.34 350m: 4:43.58 1:24.54				
Zeynep KANIGUR	13	Ted Ankara Kolejİlİler Spor Kulubu	5:25.17	384
<i>12 YAŞ KATILIM BARAJINI GEÇTİ</i>				
50m: 34.38 34.38 150m: 1:55.29 41.48 250m: 3:21.08 42.46 350m: 4:44.85 41.64				
100m: 1:13.81 39.43 200m: 2:38.62 43.33 300m: 4:03.21 42.13 400m: 5:25.17 40.32				
Ceylin Erva FİL	13	Galatasaray Spor Kulubu	5:25.96	381
<i>12 YAŞ KATILIM BARAJINI GEÇTİ</i>				
50m: 35.07 35.07 150m: 1:57.01 41.61 250m: 3:20.74 42.18 350m: 4:44.93 42.06				
100m: 1:15.40 40.33 200m: 2:38.56 41.55 300m: 4:02.87 42.13 400m: 5:25.96 41.03				
Feyza KARADOĞAN	13	Gordİon Spor Kulubu	5:27.49	376
<i>12 YAŞ KATILIM BARAJINI GEÇTİ</i>				
50m: 35.94 35.94 150m: 1:58.84 42.25 250m: 3:23.64 42.17 350m: 4:48.46 42.05				
100m: 1:16.59 40.65 200m: 2:41.47 42.63 300m: 4:06.41 42.77 400m: 5:27.49 39.03				
İpek TOKUR	13	Galatasaray Spor Kulubu	5:31.84	361
<i>12 YAŞ KATILIM BARAJINI GEÇTİ</i>				
50m: 36.20 36.20 150m: 2:00.12 42.49 250m: 3:25.94 42.44 350m: 4:50.69 42.34				
100m: 1:17.63 41.43 200m: 2:43.50 43.38 300m: 4:08.35 42.41 400m: 5:31.84 41.15				
Zeynep BİLGE	13	Hacettepelİler	5:32.19	360
<i>12 YAŞ KATILIM BARAJINI GEÇTİ</i>				
50m: 34.76 34.76 150m: 1:58.35 42.41 250m: 3:24.68 43.43 350m: 4:49.81 42.30				
100m: 1:15.94 41.18 200m: 2:41.25 42.90 300m: 4:07.51 42.83 400m: 5:32.19 42.38				
Erva EKEMEN	13	Malatya Gençlık Hizmetleri Spor Kulubu	5:33.65	355
<i>12 YAŞ KATILIM BARAJINI GEÇTİ</i>				
50m: 35.99 35.99 150m: 1:59.86 42.55 300m: 4:11.22 44.18 400m: 5:33.65 40.00				
100m: 1:17.31 41.32 250m: 3:27.04 1:27.18 350m: 4:53.65 42.43				
L. LARA AHMED MOSTAFA KAMAL M13AH	13	Gordİon Spor Kulubu	5:37.16	344
<i>12 YAŞ KATILIM BARAJINI GEÇTİ</i>				
50m: 35.76 35.76 150m: 2:01.94 44.10 250m: 3:29.55 44.21 350m: 4:55.99 42.92				
100m: 1:17.84 42.08 200m: 2:45.34 43.40 300m: 4:13.07 43.52 400m: 5:37.16 41.17				
İrem KANIGUR	13	Ted Ankara Kolejİlİler Spor Kulubu	5:43.37	326
<i>12 YAŞ KATILIM BARAJINI GEÇTİ</i>				
50m: 36.88 36.88 250m: 3:30.96 1:28.69 400m: 5:43.37 43.55				
150m: 2:02.27 1:25.39 350m: 4:59.82 1:28.86				
Nilufer Feyza KARA	13	Pamukkale Olİmpİk Sporlar Spor Kulubu	5:51.69	303
<i>12 YAŞ KATILIM BARAJINI GEÇTİ</i>				
50m: 39.13 39.13 150m: 2:06.87 44.33 250m: 3:37.19 45.33 350m: 5:07.85 45.35				
100m: 1:22.54 43.41 200m: 2:51.86 44.99 300m: 4:22.50 45.31 400m: 5:51.69 43.84				
Selen SARİOĞLU	13	Pamukkale Olİmpİk Sporlar Spor Kulubu	5:54.43	296
<i>12 YAŞ KATILIM BARAJINI GEÇTİ</i>				
50m: 39.32 39.32 250m: 3:41.31 1:32.66 400m: 5:54.43 41.89				
150m: 2:08.65 1:29.33 350m: 5:12.54 1:31.23				
İrmak KOCYİĞİT	13	Galatasaray Spor Kulubu	5:54.52	296
<i>12 YAŞ KATILIM BARAJINI GEÇTİ</i>				
50m: 37.59 37.59 150m: 2:08.94 46.66 250m: 3:41.82 46.38 350m: 5:13.57 45.80				
100m: 1:22.28 44.69 200m: 2:55.44 46.50 300m: 4:27.77 45.95 400m: 5:54.52 40.95				

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	YB		Time	Pts			
Ece Kerime OZFIDAN	13	Pamukkale Olimpik Sporlar Spor Kulubu	5:55.38	294			
<i>12 YAŞ KATILIM BARAJINI GEÇTİ</i>							
50m: 38.89	38.89	150m: 2:07.29	45.08	250m: 3:40.27	46.38	350m: 5:11.52	44.62
100m: 1:22.21	43.32	200m: 2:53.89	46.60	300m: 4:26.90	46.63	400m: 5:55.38	43.86
Dora GORGUN	13	Gordion Spor Kulubu					
<i>SW 4.4 - Sinyalden önce başlangıç (çıkış) yaptığından (Time: 19:51)</i>							