

ULUSLARARASI MASTERLAR UZUN KULVAR YÜZME AMP YONASI  
ED RNE, 7. - 9.2.2025

| Event 7<br>7.02.2025    | Women, 200m Breaststroke |                               |            | 18 years and older<br>Results |
|-------------------------|--------------------------|-------------------------------|------------|-------------------------------|
| MASTER UZUN K.R 70 - 74 | 4:32.43                  | Lale Kohen Tays (EN Y DERECE) | ED RNE     | 10.02.2024                    |
| MASTER UZUN K.R 65 - 69 | 4:15.92                  | Lale Kohen TAYS               | ZM R       | 5.07.2019                     |
| MASTER UZUN K.R 60 - 64 | 4:06.90                  | MANUELA CO AR                 | ADANA      | 3.06.2022                     |
| MASTER UZUN K.R 55 - 59 | 3:49.66                  | YASEM N ÇEV RGENER            | ALANYA     | 20.05.2023                    |
| MASTER UZUN K.R 50 - 54 | 3:30.21                  | YASEM N ÇEV RGENER            | MERS N     | 11.02.2018                    |
| MASTER UZUN K.R 45 - 49 | 3:14.34                  | Bahar ATAMER                  | ED RNE     | 3.02.2019                     |
| MASTER UZUN K.R 40 - 44 | 3:09.87                  | PINAR ARPINAR AV AR           | ADANA      | 3.06.2022                     |
| MASTER UZUN K.R 35 - 39 | 3:01.54                  | Ipek ARTUN                    | ED RNE     | 10.02.2024                    |
| MASTER UZUN K.R 30 - 34 | 3:09.98                  | Benil KISTAK ALTAN            | DOHA (QAT) | 2.03.2024                     |
| MASTER UZUN K.R 25 - 29 | 2:55.89                  | TU ÇE DUYGUN                  | STANBUL    | 29.10.2008                    |
| MASTER UZUN K.R 18 - 24 | 3:00.00                  |                               |            |                               |

Points: FINA 2022

| Rank                 | Age  | Time                                       | Pts                |
|----------------------|--|--|--------------------|
| <b>18 - 24 years</b> |  |  |                    |
| 1.                   | Sude Dila CAMUROGLU<br>YEN TÜRK YE REKORU, (EN Y DERECE)                           | 22 Denizaslanı Spor Kulubu                 | <b>2:58.92</b> 468 |
|                      | 50m: 40.51 40.51 100m: 1:26.84 46.33 150m: 2:13.24 46.40 200m: 2:58.92 45.68       |  |                    |
| 2.                   | Doga CANTURK   | 21 Turk Silahlı Kuvvetleri Spor Gucu       | <b>3:45.94</b> 232 |
|                      | 50m: 48.38 48.38 100m: 1:44.85 56.47 200m: 3:45.94 2:01.09                         |  |                    |
| <b>25 - 29 years</b> |  |  |                    |
| 1.                   | Birke K STAK   | 26 İstanbul Teknik Üniversitesi Spor Kulub | <b>3:08.20</b> 402 |
|                      | 50m: 43.19 43.19 100m: 1:30.79 47.60 150m: 2:19.55 48.76 200m: 3:08.20 48.65       |  |                    |
| 2.                   | Aylar MAREFAT GARGAR   | 27 İstanbul Yıldızlar Yuzme Spor Kulubu    | <b>3:41.56</b> 246 |
|                      | 50m: 46.10 46.10 100m: 1:42.32 56.22 150m: 2:41.17 58.85 200m: 3:41.56 1:00.39     |  |                    |
| 3.                   | Nermin Y LD RAN  | 27 İstanbul Teknik Üniversitesi Spor Kulub | <b>3:42.05</b> 245 |
|                      | 50m: 47.03 47.03 100m: 1:42.34 55.31 150m: 2:40.45 58.11 200m: 3:42.05 1:01.60     |  |                    |
| <b>30 - 34 years</b> |  |  |                    |
| 1.                   | Benil K STAK ALTAN   | 33 İstanbul Teknik Üniversitesi Spor Kulub | <b>3:13.57</b> 369 |
|                      | 50m: 43.96 43.96 100m: 1:31.19 47.23 150m: 2:22.27 51.08 200m: 3:13.57 51.30       |  |                    |
| 2.                   | Melike AKKAYA  | 34 Zeplin Spor Kulubu                      | <b>3:37.70</b> 260 |
|                      | 50m: 50.92 50.92 100m: 1:44.87 53.95 150m: 2:41.45 56.58 200m: 3:37.70 56.25       |  |                    |
| 3.                   | Merve AYD N  | 30 Ferdi                                   | <b>3:49.74</b> 221 |
|                      | 100m: 1:51.40 1:51.40 150m: 2:50.83 59.43 200m: 3:49.74 58.91                      |  |                    |
| <b>35 - 39 years</b> |  |  |                    |
| 1.                   | Neslinur TURAN   | 35 Edirne Kultur Sanat Doga Spor Kulubu    | <b>3:11.55</b> 381 |
|                      | 50m: 44.45 44.45 100m: 1:32.55 48.10 150m: 2:22.23 49.68 200m: 3:11.55 49.32       |  |                    |
| 2.                   | Eda POYRAZ   | 36 Balkan Yesilbaglar Spor Kuluebue        | <b>4:05.38</b> 181 |
|                      | 50m: 56.86 56.86 100m: 1:58.89 1:02.03 150m: 3:01.59 1:02.70 200m: 4:05.38 1:03.79 |  |                    |
| 3.                   | iraz KOREZLIOGLU   | 36 Yuzme ıdman Yurdu Spor Kulubu           | <b>4:15.90</b> 160 |
|                      | 50m: 57.01 57.01 100m: 2:02.27 1:05.26 150m: 3:10.35 1:08.08 200m: 4:15.90 1:05.55 |  |                    |
| <b>40 - 44 years</b> |  |  |                    |
| 1.                   | Zeynep COSKUNER  | 41 Zeplin Spor Kulubu                      | <b>3:42.52</b> 243 |
|                      | 50m: 48.68 48.68 100m: 1:44.62 55.94 150m: 2:44.83 1:00.21 200m: 3:42.52 57.69     |  |                    |
| 2.                   | isil OZGANAN   | 40 Ankara Triatlon Spor Kulubu             | <b>3:50.97</b> 217 |
|                      | 50m: 52.75 52.75 150m: 2:51.23 1:58.48 200m: 3:50.97 59.74                         |  |                    |
| 3.                   | Secil TURAN YES LYURT  | 44 Yuzme ıdman Yurdu Spor Kulubu           | <b>4:06.93</b> 178 |
|                      | 50m: 56.61 56.61 100m: 1:59.83 1:03.22 150m: 3:06.26 1:06.43 200m: 4:06.93 1:00.67 |  |                    |

ULUSLARARASI MASTERLAR UZUN KULVAR YÜZME AMP YONASI  
ED RNE, 7. - 9.2.2025

Event 7, Women, 200m Breaststroke

45 - 49 years

|    |                           |         |                               |       |         |         |       |         |                |       |         |         |
|----|---------------------------|---------|-------------------------------|-------|---------|---------|-------|---------|----------------|-------|---------|---------|
| 1. | Pinar ARP NAR AVSAR       | 46      | Ferdi                         |       |         |         |       |         | <b>3:07.97</b> | 403   |         |         |
|    | <i>YEN TÜRK YE REKORU</i> |         |                               |       |         |         |       |         |                |       |         |         |
|    | 50m:                      | 42.62   | 42.62                         | 100m: | 1:30.36 | 47.74   | 150m: | 2:18.67 | 48.31          | 200m: | 3:07.97 | 49.30   |
| 2. | Nihal CEL K               | 45      | Yuzme ıdman Yurdu Spor Kulubu |       |         |         |       |         | <b>4:37.56</b> | 125   |         |         |
|    | 50m:                      | 1:02.35 | 1:02.35                       | 100m: | 2:12.17 | 1:09.82 | 150m: | 3:26.12 | 1:13.95        | 200m: | 4:37.56 | 1:11.44 |

50 - 54 years

|    |                            |       |                                    |       |         |       |       |         |                |       |         |       |
|----|----------------------------|-------|------------------------------------|-------|---------|-------|-------|---------|----------------|-------|---------|-------|
| 1. | Ozen Sanem D LEK           | 53    | ıstanbul Yuzme ihtisas Spor Kulubu |       |         |       |       |         | <b>3:45.91</b> | 232   |         |       |
|    | 50m:                       | 51.37 | 51.37                              | 100m: | 1:47.89 | 56.52 | 150m: | 2:47.20 | 59.31          | 200m: | 3:45.91 | 58.71 |
| 2. | Konstantina CHATZ GEORG OU | 52    | Cyprus masters team                |       |         |       |       |         | <b>3:49.93</b> | 220   |         |       |
|    | 50m:                       | 52.90 | 52.90                              | 100m: | 1:51.65 | 58.75 | 150m: | 2:51.58 | 59.93          | 200m: | 3:49.93 | 58.35 |

55 - 59 years

|    |             |       |                              |       |         |       |       |         |                |       |         |       |
|----|-------------|-------|------------------------------|-------|---------|-------|-------|---------|----------------|-------|---------|-------|
| 1. | Didem ERSOY | 55    | Bodrum Belediyesi Bodrumspor |       |         |       |       |         | <b>3:49.87</b> | 220   |         |       |
|    | 50m:        | 52.50 | 52.50                        | 100m: | 1:50.76 | 58.26 | 150m: | 2:51.67 | 1:00.91        | 200m: | 3:49.87 | 58.20 |

60 - 64 years

|    |             |         |  |       |         |         |       |         |                |       |         |         |
|----|-------------|---------|--|-------|---------|---------|-------|---------|----------------|-------|---------|---------|
| 1. | Yesim ALT N | 60      | ıstanbul Teknik Üniversitesi Spor Kulubu |       |         |         |       |         | <b>5:17.29</b> | 83    |         |         |
|    | 100m:       | 2:33.74 | 2:33.74                                  | 200m: | 5:17.29 | 2:43.55 |       |         |                |       |         |         |
| 2. | Nılgun KULA | 64      | Karesı Belediyesor Kulubu Dernegi        |       |         |         |       |         | <b>5:46.77</b> | 64    |         |         |
|    | 50m:        | 1:15.41 | 1:15.41                                  | 100m: | 2:45.08 | 1:29.67 | 150m: | 4:15.81 | 1:30.73        | 200m: | 5:46.77 | 1:30.96 |

70 - 74 years

|    |                 |       |                        |       |         |         |       |         |                |       |         |         |
|----|-----------------|-------|------------------------|-------|---------|---------|-------|---------|----------------|-------|---------|---------|
| 1. | Lale KOHEN TAYS | 72    | Albatros Spor Kuluebue |       |         |         |       |         | <b>4:33.92</b> | 130   |         |         |
|    | 50m:            | 59.71 | 59.71                  | 100m: | 2:11.27 | 1:11.56 | 150m: | 3:23.33 | 1:12.06        | 200m: | 4:33.92 | 1:10.59 |