

ULUSLARARASI MASTERLAR UZUN KULVAR YÜZME AMP YONASI
ED RNE, 7. - 9.2.2025

Event 23 Women, 400m Medley 18 years and older
8.02.2025 Results

MASTER UZUN K.R 70 - 74	12:00.00										
MASTER UZUN K.R 65 - 69	10:18.14	NESR N ARSLAN		ANKARA							11.11.2023
MASTER UZUN K.R 60 - 64	8:31.41	Manuela CO AR		ED RNE							10.12.2022
MASTER UZUN K.R 55 - 59	7:02.41	Pınar IDEL		ED RNE							10.12.2022
MASTER UZUN K.R 50 - 54	7:23.94	H. Nur GÖRKEML		ZM R							5.07.2019
MASTER UZUN K.R 45 - 49	6:22.61	ZEYNEP D LEK GEREZ TURGAY		DOHA							3.03.2024
MASTER UZUN K.R 40 - 44	6:09.06	PINAR ARPINAR AV AR		ANKARA							11.11.2023
MASTER UZUN K.R 35 - 39	6:11.31	ZEYNEP D LEK GEREZ TURGAY		ANKARA							10.11.2014
MASTER UZUN K.R 30 - 34	6:00.67	Nihal BALTO	166	ANKARA							10.11.2024
MASTER UZUN K.R 25 - 29	5:54.17	D LARA DEM REL		KAZAN							11.08.2015
MASTER UZUN K.R 18 - 24	6:00.00										

Points: FINA 2022

Rank	Age	Time	Pts
25 - 29 years			
1.	Aylar MAREFAT GARGAR	27	İstanbul Yıldızlar Yuzme Spor Kulubu
	50m: 53.58 53.58 150m: 3:01.04 1:06.29 250m: 5:05.85 1:01.38 350m: 7:04.99 56.37		
	100m: 1:54.75 1:01.17 200m: 4:04.47 1:03.43 300m: 6:08.62 1:02.77 400m: 8:01.69 56.70		
30 - 34 years			
1.	Nihal BALTO	32	Fmv ısıık Spor Kulubu
	<i>YEN TÜRK YE REKORU</i>		
	50m: 36.49 36.49 150m: 2:04.88 45.59 250m: 3:42.24 50.26 350m: 5:14.63 42.32		
	100m: 1:19.29 42.80 200m: 2:51.98 47.10 300m: 4:32.31 50.07 400m: 5:54.81 40.18		
2.	Sumeyra USTUNDAG	30	Zeplin Spor Kulubu
	50m: 39.78 39.78 150m: 2:25.75 54.10 250m: 4:21.78 1:00.15 350m: 6:10.18 47.18		
	100m: 1:31.65 51.87 200m: 3:21.63 55.88 300m: 5:23.00 1:01.22 400m: 6:56.74 46.56		
3.	Melike AKKAYA	34	Zeplin Spor Kulubu
	50m: 48.19 48.19 150m: 2:46.79 1:01.94 250m: 4:43.21 55.18 350m: 6:35.64 55.23		
	100m: 1:44.85 56.66 200m: 3:48.03 1:01.24 300m: 5:40.41 57.20 400m: 7:29.41 53.77		
40 - 44 years			
1.	isil OZGANAN	40	Ankara Triatlon Spor Kulubu
	50m: 53.38 53.38 150m: 3:03.58 1:03.13 250m: 5:10.45 1:05.69 400m: 7:58.89 51.36		
	100m: 2:00.45 1:07.07 200m: 4:04.76 1:01.18 350m: 7:07.53 1:57.08		
45 - 49 years			
1.	Dana B B S DOU	49	Ofkserres
	50m: 39.09 39.09 150m: 2:22.39 49.95 250m: 4:07.84 56.45 350m: 5:48.74 40.80		
	100m: 1:32.44 53.35 200m: 3:11.39 49.00 300m: 5:07.94 1:00.10 400m: 6:29.11 40.37		
2.	Olga TOROS	48	İstanbul Yuzme ihtisas Spor Kulubu
	50m: 45.87 45.87 150m: 2:43.36 58.16 250m: 4:41.58 1:00.18 350m: 6:32.04 50.76		
	100m: 1:45.20 59.33 200m: 3:41.40 58.04 300m: 5:41.28 59.70 400m: 7:19.67 47.63		
3.	Zeynep Burcu GUCELIOGLU	49	İstanbul Teknik Üniversitesi Spor Kulubu
	50m: 57.08 57.08 150m: 3:06.41 1:03.55 250m: 5:24.29 1:16.38 350m: 7:41.70 58.89		
	100m: 2:02.86 1:05.78 200m: 4:07.91 1:01.50 300m: 6:42.81 1:18.52 400m: 8:39.91 58.21		
50 - 54 years			
1.	Aikaterini MAN FRENT	52	Nothakavalas
	50m: 47.54 47.54 150m: 2:47.67 1:02.30 250m: 4:46.31 1:00.32 350m: 6:41.03 52.49		
	100m: 1:45.37 57.83 200m: 3:45.99 58.32 300m: 5:48.54 1:02.23 400m: 7:30.81 49.78		
2.	Ozen Sanem D LEK	53	İstanbul Yuzme ihtisas Spor Kulubu
	50m: 52.99 52.99 150m: 2:56.66 1:01.61 250m: 4:56.67 58.95 350m: 6:50.36 51.37		
	100m: 1:55.05 1:02.06 200m: 3:57.72 1:01.06 300m: 5:58.99 1:02.32 400m: 7:38.94 48.58		

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Event 23, Women, 400m Medley

70 - 74 years

1. Cahide Seyma KOLAYL 70 Galatasaray Spor Kulubu **11:15.92** 61
YEN TÜRK YE REKORU, (EN Y DERECE)
50m: 1:06.85 1:06.85 150m: 3:45.41 1:18.81 250m: 6:53.89 1:50.84 350m: 10:02.14 1:12.30
100m: 2:26.60 1:19.75 200m: 5:03.05 1:17.64 300m: 8:49.84 1:55.95 400m: 11:15.92 1:13.78