

10 KASIM MUSTAFA KEMAL ATATÜRK'Ü ANMA GÜNÜ ULUSLARARASI MASTERLAR UZUN KULVAR YÜZME AMP YONASI
ANKARA, 10. - 12.11.2023

| Yarı 28 12.11.2023 | Bayanlar, 800m Serbest | | | 25 ya ve büyükler Sonuçlar |
|-------------------------|------------------------|---------------------------|----------------------|-------------------------------|
| MASTER UZUN K.R 70 - 74 | 19:19.78 | RAB A SEVL GEM C O LU | BUDAPE TE | 14.08.2017 |
| MASTER UZUN K.R 65 - 69 | 16:49.08 | NESR N ARSLAN | ADANA | 3.06.2022 |
| MASTER UZUN K.R 60 - 64 | 14:20.94 | Vendi Filiz ED Z | ED RNE | 9.12.2022 |
| MASTER UZUN K.R 55 - 59 | 12:16.45 | SEBLA TALI | ADANA | 3.06.2022 |
| MASTER UZUN K.R 50 - 54 | 11:40.21 | SEBLA TALI | KRANJ | 2.09.2018 |
| MASTER UZUN K.R 45 - 49 | 11:10.48 | SEBLA TALI | MONTREAL (CAN) | 8.08.2014 |
| MASTER UZUN K.R 40 - 44 | 11:54.48 | ZEYNEP D LEK GEREZ TURGAY | LONDRA | 25.05.2016 |
| MASTER UZUN K.R 35 - 39 | 11:34.64 | ESRA ENSES | MERS N | 9.02.2018 |
| MASTER UZUN K.R 30 - 34 | 11:30.30 | B GE VARDAR | GWANGJU | 12.08.2019 |
| MASTER UZUN K.R 25 - 29 | 9:48.96 | ZEYNEP BALTO | KYUSHU/JAPONYA (CHN) | 5.08.2023 |

Puanlar: FINA 2022

| Sıra | YB | | Zaman Derece | |
|-----------------------|-----------------------|-----------------------|-----------------------|-----|
| 25 - 29 ya ları arası | | | | |
| 1. Hilal Zeyneb SARAÇ | 98 | Ferdi | 9:52.65 | 547 |
| 100m: 1:07.36 1:07.36 | 300m: 3:35.88 1:15.15 | 500m: 6:05.77 1:15.89 | 700m: 8:37.86 1:16.17 | |
| 200m: 2:20.73 1:13.37 | 400m: 4:49.88 1:14.00 | 600m: 7:21.69 1:15.92 | 800m: 9:52.65 1:14.79 | |
| 2. Duygu KORKMAZ | 96 | Ferdi | 17:10.18 | 104 |
| 100m: | 300m: | 500m: | 700m: | |
| 200m: 4:13.70 | 400m: | 600m: 15:06.19 | 800m: 17:10.18 | |

30 - 34 ya ları arası

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|-----------------------------|-----------------------|------------------------------------|------------------------|-----|
| 1. Nihal BALTO | 93 | Fmv ı ık Spor Kulübü | 11:43.24 | 327 |
| 100m: 1:19.08 1:19.08 | 300m: 4:16.50 1:29.19 | 500m: 7:16.80 1:30.36 | 700m: 10:18.29 1:30.85 | |
| 200m: 2:47.31 1:28.23 | 400m: 5:46.44 1:29.94 | 600m: 8:47.44 1:30.64 | 800m: 11:43.24 1:24.95 | |
| 2. Özgecan ÖZDEM RCAN ZORLU | 93 | Ankara Triatlon Spor Kulübü | 12:56.21 | 243 |
| 100m: | 300m: 4:35.16 1:37.60 | 500m: 7:56.63 1:40.51 | 700m: | |
| 200m: 2:57.56 | 400m: 6:16.12 1:40.96 | 600m: | 800m: 12:56.21 | |
| 3. Burcu GÜLDALI | 90 | Istanbul Yüzme İhtisas Spor Kulübü | 14:34.78 | 170 |
| 100m: 1:30.73 1:30.73 | 300m: | 500m: 10:52.35 1:55.15 | 700m: | |
| 200m: 3:18.68 1:47.95 | 400m: 8:57.20 | 600m: | 800m: 14:34.78 | |
| 4. Gökçen AYDIN | 90 | Ankara Triatlon Spor Kulübü | 16:29.33 | 117 |
| 100m: 1:52.36 1:52.36 | 300m: 6:06.50 2:08.50 | 500m: 10:23.15 2:08.39 | 700m: 14:34.09 | |
| 200m: 3:58.00 2:05.64 | 400m: 8:14.76 2:08.26 | 600m: | 800m: 16:29.33 1:55.24 | |
| 5. İlkin Ecem EMRE | 91 | Heka Spor Kulübü | 16:57.85 | 108 |
| 100m: | 300m: 5:58.76 | 500m: 10:21.88 2:11.94 | 700m: | |
| 200m: | 400m: 8:09.94 2:11.18 | 600m: 12:35.23 2:13.35 | 800m: 16:57.85 | |

35 - 39 ya ları arası

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|-----------------------|-----------------------|-----------------------------|------------------------|-----|
| 1. Miray NUMANO LU | 84 | Üsküdar Su Sporları S.K | 14:46.00 | 163 |
| 100m: 1:39.00 1:39.00 | 300m: 5:28.23 | 500m: | 700m: 12:59.54 | |
| 200m: | 400m: | 600m: | 800m: 14:46.00 1:46.46 | |
| 2. Ayça ÇEL KB LEK | 88 | Ferdi | 15:03.29 | 154 |
| 100m: 1:43.16 1:43.16 | 300m: 5:30.41 1:54.93 | 500m: 9:21.10 1:56.00 | 700m: 13:12.18 1:56.06 | |
| 200m: 3:35.48 1:52.32 | 400m: 7:25.10 1:54.69 | 600m: 11:16.12 1:55.02 | 800m: 15:03.29 1:51.11 | |
| 3. Gülçin TÜRKER | 84 | Ankara Triatlon Spor Kulübü | 18:27.22 | 83 |
| 100m: 2:02.41 2:02.41 | 300m: 6:52.30 2:23.19 | 500m: 11:35.99 2:20.00 | 700m: 16:15.34 2:19.93 | |
| 200m: 4:29.11 2:26.70 | 400m: 9:15.99 2:23.69 | 600m: 13:55.41 2:19.42 | 800m: 18:27.22 2:11.88 | |

40 - 44 ya ları arası

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|----------------------------|-----------------------|-----------------------|------------------------|-----|
| 1. Pınar ARPINAR AV AR | 79 | Göztepe Spor Kulübü | 11:24.88 | 354 |
| <i>Yeni Türkiye rekoru</i> | | | | |
| 100m: 1:16.36 1:16.36 | 300m: 4:05.36 1:25.55 | 500m: 7:00.26 1:27.69 | 700m: 9:57.28 1:28.78 | |
| 200m: 2:39.81 1:23.45 | 400m: 5:32.57 1:27.21 | 600m: 8:28.50 1:28.24 | 800m: 11:24.88 1:27.60 | |

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Yarı 28, Bayanlar, 800m Serbest, 40 - 44 ya ları arası

| Sıra | YB | | Zaman Derece | |
|------|-----------------------|-----------------------|------------------------|---------------------|
| 2. | Özlem CANBELDEK AKIN | 83 | Ferdi | 15:08.53 151 |
| | 100m: 1:36.51 1:36.51 | 300m: 5:29.08 1:57.33 | 500m: 11:15.14 1:53.30 | 700m: |
| | 200m: 3:31.75 1:55.24 | 400m: 9:21.84 3:52.76 | 600m: | 800m: 15:08.53 |

45 - 49 ya ları arası

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|----|-----------------------|---------------|--|------------------------|
| 1. | Nida ÖZDEM R | 74 | Yapı kredi Spor Klübü | 13:41.24 205 |
| | 100m: | 300m: | 500m: | 700m: |
| | 200m: | 400m: | 600m: | 800m: 13:41.24 |
| 2. | Aslıhan AKAN | 75 | Frekans Yüzme Akademisi Spor Kulübü | 15:33.22 140 |
| | 100m: 5:42.10 5:42.10 | 300m: | 500m: 9:42.14 | 700m: 13:41.52 1:58.95 |
| | 200m: 7:43.24 2:01.14 | 400m: | 600m: 11:42.57 2:00.43 | 800m: 15:33.22 1:51.70 |
| 3. | Aslıhan ERGEZEN | 75 | Istanbul Teknik Üniversitesi Spor Kulübü | 16:07.75 125 |
| | 100m: | 300m: 7:59.37 | 500m: | 700m: |
| | 200m: | 400m: | 600m: 12:05.25 | 800m: 16:07.75 |
| 4. | Irem ERG N | 76 | Ferdi | 20:39.66 59 |
| | 100m: | 300m: | 500m: 12:44.21 | 700m: 18:05.30 |
| | 200m: | 400m: | 600m: | 800m: 20:39.66 2:34.36 |

50 - 54 ya ları arası

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|----|-----------------------|-----------------------|-------------------------------------|------------------------|
| 1. | Banu AKYEL | 73 | Frekans Yüzme Akademisi Spor Kulübü | 13:13.01 228 |
| | 100m: 1:33.22 1:33.22 | 300m: 4:55.22 1:41.58 | 500m: 8:16.08 1:40.00 | 700m: 11:35.85 1:39.76 |
| | 200m: 3:13.64 1:40.42 | 400m: 6:36.08 1:40.86 | 600m: 9:56.09 1:40.01 | 800m: 13:13.01 1:37.16 |
| 2. | Seda ERCAN AKKAYA | 72 | Ferdi | 18:37.57 81 |
| | 100m: | 300m: | 500m: | 700m: |
| | 200m: | 400m: | 600m: | 800m: 18:37.57 |
| 3. | Sibel TUNA | 73 | Türk Silahlı Kuvvetleri Gücü | 18:45.98 79 |
| | 100m: 2:06.22 2:06.22 | 300m: | 500m: | 700m: |
| | 200m: | 400m: | 600m: 16:31.53 | 800m: 18:45.98 |

55 - 59 ya ları arası

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|----|-----------------------|-----------------------|--------------------------------------|------------------------|
| 1. | Keriman ALKAN | 65 | Frekans Yüzme Akademisi Spor Kulübü | 15:25.44 143 |
| | 100m: 1:54.31 1:54.31 | 300m: 5:49.10 1:57.29 | 500m: 9:42.80 1:56.41 | 700m: 13:34.98 1:55.64 |
| | 200m: 3:51.81 1:57.50 | 400m: 7:46.39 1:57.29 | 600m: 11:39.34 1:56.54 | 800m: 15:25.44 1:50.46 |
| 2. | Idil TUNCALI | 68 | Ferdi | 16:24.69 119 |
| | 100m: 1:54.80 1:54.80 | 300m: | 500m: 10:15.33 2:04.03 | 700m: |
| | 200m: | 400m: 8:11.30 | 600m: 12:22.08 2:06.75 | 800m: 16:24.69 |
| 3. | Ay e Deniz GEMALMAZ | 66 | Üsküdar Su Sporları S.K | 16:51.68 110 |
| | 100m: 1:57.25 1:57.25 | 300m: 6:09.34 2:07.22 | 500m: 10:28.73 2:09.81 | 700m: 14:47.63 2:09.57 |
| | 200m: 4:02.12 2:04.87 | 400m: 8:18.92 2:09.58 | 600m: 12:38.06 2:09.33 | 800m: 16:51.68 2:04.05 |
| 4. | Sibel TÜRKER GEZG N | 66 | Istanbul Yıldızlar Yüzme Spor Kulübü | 27:52.05 24 |
| | 100m: 3:00.34 3:00.34 | 300m: 10:22.72 | 500m: | 700m: 24:28.26 3:21.11 |
| | 200m: | 400m: | 600m: 21:07.15 | 800m: 27:52.05 3:23.79 |

60 - 64 ya ları arası

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|----|----------------------------|-----------------------|-------------------------|------------------------|
| 1. | Zehra AKARPINAR | 63 | Üsküdar Su Sporları S.K | 14:07.53 187 |
| | <i>Yeni Türkiye Rekoru</i> | | | |
| | 100m: 1:34.50 1:34.50 | 300m: 5:05.37 1:46.70 | 500m: 8:42.22 1:50.13 | 700m: 12:21.61 1:50.21 |
| | 200m: 3:18.67 1:44.17 | 400m: 6:52.09 1:46.72 | 600m: 10:31.40 1:49.18 | 800m: 14:07.53 1:45.92 |
| 2. | Vendi Filiz ED Z | 62 | Üsküdar Su Sporları S.K | 14:18.13 180 |
| | 100m: 1:35.71 1:35.71 | 300m: 5:10.45 1:49.63 | 500m: 8:51.30 1:52.12 | 700m: 12:32.59 1:51.50 |
| | 200m: 3:20.82 1:45.11 | 400m: 6:59.18 1:48.73 | 600m: 10:41.09 1:49.79 | 800m: 14:18.13 1:45.54 |

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ANKARA, 10. - 12.11.2023

Yarı 28, Bayanlar, 800m Serbest, 60 - 64 ya ları arası

| Sıra | YB | Zaman Derece |
|------------------|-------|---|
| 3. Yıldız KIRHAN | 62 | Istanbul Yıldızlar Yüzme Spor Kulübü 19:26.13 71 |
| 100m: | 300m: | 500m: 700m: |
| 200m: | 400m: | 600m: 12:11.80 800m: 19:26.13 |

65 - 69 ya ları arası

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|-----------------------|------------------------|---|
| 1. Emel ÖZBAY | 57 | Frekans Yüzme Akademisi Spor Kulübü 17:27.97 98 |
| 100m: | 300m: | 500m: 700m: |
| 200m: | 400m: | 600m: 800m: 17:27.97 |
| 2. Nesrin OLGUNARSLAN | 57 | Ferdi 17:40.81 95 |
| 100m: 2:01.92 2:01.92 | 300m: 8:46.79 4:30.55 | 500m: 15:30.94 4:29.35 700m: |
| 200m: 4:16.24 2:14.32 | 400m: 11:01.59 2:14.80 | 600m: 800m: 17:40.81 |
| 3. ükriye ERENTOK | 58 | Eski ehir Su Sporları Kulübü Derne i 18:51.03 78 |
| 100m: | 300m: | 500m: 700m: |
| 200m: | 400m: | 600m: 800m: 18:51.03 |
| 4. ükriye ÖZ | 58 | Ankara Kurt Yüzme Spor Kulübü 19:04.22 76 |
| 100m: 2:03.27 2:03.27 | 300m: | 500m: 700m: |
| 200m: | 400m: | 600m: 800m: 19:04.22 |
| 5. Fatma Nazan GÖ EN | 54 | Sdc Yüzme Spor Kulübü 24:58.19 33 |
| 100m: 2:56.70 2:56.70 | 300m: | 500m: 15:27.92 3:09.90 700m: 21:50.02 3:13.14 |
| 200m: | 400m: 12:18.02 | 600m: 18:36.88 3:08.96 800m: 24:58.19 3:08.17 |