

36.ULUSLARARASI PRENS ADALARI YÜZME ŞAMPİYONASI 50M (10-11 Ağustos 2023)
İSTANBUL, 10. - 11.8.2023

Yarış 5
10.08.2023 - 15:50

Bayanlar, 400m Serbest

11 yaş ve büyükler
Sonuçlar

Prince Islands 17 +	4:25.26	Sezin, ELİGÜL				
Prince Islands 16	4:26.89	GİZEM, GÜVENÇ				
Prince Islands 15	4:34.32	DURU, ÖNCÜOĞLU				
Prince Islands 14	4:29.08	ZEYNEP , AYSOY	TUR	Istanbul		
Prince Islands 13	4:30.92	NAZ DURU, KAHVECİOĞLU				
Prince Islands - 12	4:26.71	SEVİM EYLÜL, SÜPÜRGEÇİ	TUR	Istanbul		4.08.2017

Puanlar: FINA 2021

Sıra	YB	Zam	Derece	100m	200m	300m	400m
11 - 12 yaşları arası							
1. Beste, KUN	11	Ferdi	4:55.72	511	1:09.38	1:15.84	1:16.68 1:13.82
50m: 32.96	32.96	150m: 1:47.22	37.84	250m: 3:03.42	38.20	350m: 4:19.46	37.56
100m: 1:09.38	36.42	200m: 2:25.22	38.00	300m: 3:41.90	38.48	400m: 4:55.72	36.26
2. Ipek, ŞAHİN	11	Gölcük Akademi Yüzme Sp	5:03.16	474	1:12.77	1:18.02	1:18.50 1:13.87
50m: 34.32	34.32	150m: 1:51.51	38.74	250m: 3:09.36	38.57	350m: 4:26.32	37.03
100m: 1:12.77	38.45	200m: 2:30.79	39.28	300m: 3:49.29	39.93	400m: 5:03.16	36.84
3. Duru, SARIBAYIR	11	Ferdi	5:03.40	473	1:11.41	1:17.66	1:17.91 1:16.42
50m: 34.20	34.20	150m: 1:50.04	38.63	250m: 3:07.95	38.88	350m: 4:26.20	39.22
100m: 1:11.41	37.21	200m: 2:29.07	39.03	300m: 3:46.98	39.03	400m: 5:03.40	37.20
4. Esmâ, KUNUK	11	Ferdi	5:20.98	399	1:14.37	1:21.73	1:24.84 1:20.04
50m: 35.38	35.38	150m: 1:55.15	40.78	250m: 3:18.58	42.48	350m: 4:42.62	41.68
100m: 1:14.37	38.99	200m: 2:36.10	40.95	300m: 4:00.94	42.36	400m: 5:20.98	38.36
5. Alya, PEÇEN	12	Oksijen Performans Spor	5:29.06	371	1:19.04	1:24.98	1:23.03 1:22.01
50m: 37.43	37.43	150m: 2:01.69	42.65	250m: 3:25.05	41.03	350m: 4:49.86	42.81
100m: 1:19.04	41.61	200m: 2:44.02	42.33	300m: 4:07.05	42.00	400m: 5:29.06	39.20
6. Bahar, ERGİN	11	Ferdi	5:38.09	342	1:17.29	1:26.06	1:29.62 1:25.12
50m: 36.54	36.54	150m: 1:59.48	42.19	250m: 3:27.65	44.30	350m: 4:56.58	43.61
100m: 1:17.29	40.75	200m: 2:43.35	43.87	300m: 4:12.97	45.32	400m: 5:38.09	41.51
7. Yağmur Vera, ÇEVİKKALP	12	Kınalıada Su Sporları Kulübü	5:38.20	341	1:21.40	1:27.46	1:27.91 1:21.43
50m: 37.96	37.96	150m: 2:04.97	43.57	250m: 3:32.88	44.02	350m: 4:59.82	43.05
100m: 1:21.40	43.44	200m: 2:48.86	43.89	300m: 4:16.77	43.89	400m: 5:38.20	38.38
8. Naz, ULUÇAY	12	Oksijen Performans Spor	5:38.96	339	1:21.91	1:27.73	1:26.89 1:22.43
50m: 39.05	39.05	150m: 2:05.57	43.66	250m: 3:32.83	43.19	350m: 4:59.23	42.70
100m: 1:21.91	42.86	200m: 2:49.64	44.07	300m: 4:16.53	43.70	400m: 5:38.96	39.73
9. Aylin, YILDIRIR	12	Okyanus Koleji Spor Kulübü	5:43.15	327	1:20.97	1:29.18	1:28.77 1:24.23
50m: 37.82	37.82	150m: 2:06.18	45.21	250m: 3:34.59	44.44	350m: 5:01.76	42.84
100m: 1:20.97	43.15	200m: 2:50.15	43.97	300m: 4:18.92	44.33	400m: 5:43.15	41.39
10. Ayşe Dila, AKYÜZ	12	Kınalıada Su Sporları Kulübü	5:46.45	317	1:21.41	1:27.70	1:29.71 1:27.63
50m: 37.74	37.74	150m: 2:05.94	44.53	250m: 3:33.73	44.62	350m: 5:03.46	44.64
100m: 1:21.41	43.67	200m: 2:49.11	43.17	300m: 4:18.82	45.09	400m: 5:46.45	42.99

13 yaş

1. Su, İNAL	10	Sakarya Yıldızlar Su Sporları	4:42.22	588	1:06.66	1:12.47	1:13.45 1:09.64
50m: 32.16	32.16	150m: 1:43.08	36.42	250m: 2:56.23	37.10	350m: 4:09.06	36.48
100m: 1:06.66	34.50	200m: 2:19.13	36.05	300m: 3:32.58	36.35	400m: 4:42.22	33.16
2. Duru, ÖZSOY	10	Kınalıada Su Sporları Kulübü	4:46.26	563	1:06.91	1:13.89	1:14.05 1:11.41
50m: 31.39	31.39	150m: 1:43.53	36.62	250m: 2:57.18	36.38	350m: 4:10.83	35.98
100m: 1:06.91	35.52	200m: 2:20.80	37.27	300m: 3:34.85	37.67	400m: 4:46.26	35.43
3. Seray Naz, ÇELİK	10	Bahçelievler Belediye Spor	4:53.24	524	1:08.81	1:14.94	1:15.52 1:13.97
50m: 32.32	32.32	150m: 1:46.25	37.44	250m: 3:01.25	37.50	350m: 4:16.90	37.63
100m: 1:08.81	36.49	200m: 2:23.75	37.50	300m: 3:39.27	38.02	400m: 4:53.24	36.34
4. Miray, HEKE	10	Kınalıada Su Sporları Kulübü	5:02.18	479	1:12.16	1:17.13	1:17.26 1:15.63
50m: 34.31	34.31	150m: 1:50.50	38.34	250m: 3:07.30	38.01	350m: 4:24.04	37.49
100m: 1:12.16	37.85	200m: 2:29.29	38.79	300m: 3:46.55	39.25	400m: 5:02.18	38.14
5. Buğlem, BEYAZIT	10	Istanbul Bbsk	5:12.31	434	1:10.96	1:19.04	1:22.53 1:19.78
50m: 33.25	33.25	150m: 1:50.27	39.31	250m: 3:11.13	41.13	350m: 4:34.05	41.52
100m: 1:10.96	37.71	200m: 2:30.00	39.73	300m: 3:52.53	41.40	400m: 5:12.31	38.26
6. İremsu, AYDIN	10	Edirne Dsi Spor Kulübü	5:31.67	362	1:14.93	1:25.33	1:26.89 1:24.52
50m: 34.80	34.80	150m: 1:57.65	42.72	250m: 3:24.24	43.98	350m: 4:50.42	43.27
100m: 1:14.93	40.13	200m: 2:40.26	42.61	300m: 4:07.15	42.91	400m: 5:31.67	41.25

36.ULUSLARARASI PRENS ADALARI YÜZME ŞAMPİYONASI 50M (10-11 Ağustos 2023)
İSTANBUL, 10. - 11.8.2023

Yarış 5, Kızlar, 400m Serbest, 13 yaş

Sıra	YB	Zam	Derece	100m	200m	300m	400m
7. Miray, KAYA	10	Edirne Dsi Spor Kulübü	5:42.20 329	1:21.44	1:28.94	1:29.04	1:22.78
50m: 38.36	38.36	150m: 2:07.06	45.62	250m: 3:33.86	43.48	350m: 5:01.49	42.07
100m: 1:21.44	43.08	200m: 2:50.38	43.32	300m: 4:19.42	45.56	400m: 5:42.20	40.71

14 yaş

1. Hatice Eylül, ETEN	09	Istanbul Bbsk	4:47.64 555	1:10.14	1:12.47	1:13.21	1:11.82
50m: 33.87	33.87	150m: 1:45.78	35.64	250m: 2:59.05	36.44	350m: 4:12.08	36.26
100m: 1:10.14	36.27	200m: 2:22.61	36.83	300m: 3:35.82	36.77	400m: 4:47.64	35.56
2. Zeynep, ILDAY	09	Kınalıada Su Sporları Kulübü	5:01.72 481	1:11.69	1:17.59	1:18.23	1:14.21
50m: 34.05	34.05	150m: 1:50.91	39.22	250m: 3:08.35	39.07	350m: 4:25.73	38.22
100m: 1:11.69	37.64	200m: 2:29.28	38.37	300m: 3:47.51	39.16	400m: 5:01.72	35.99
3. Ecrin Duru, AYANOĞLU	09	Istanbul Bbsk	5:06.41 459	1:10.69	1:18.18	1:19.47	1:18.07
50m: 33.21	33.21	150m: 1:49.69	39.00	250m: 3:08.15	39.28	350m: 4:28.21	39.87
100m: 1:10.69	37.48	200m: 2:28.87	39.18	300m: 3:48.34	40.19	400m: 5:06.41	38.20
4. Sitare, SIY	09	Istanbul Bbsk	5:09.02 448	1:10.94	1:19.10	1:19.95	1:19.03
50m: 33.50	33.50	150m: 1:50.17	39.23	250m: 3:10.06	40.02	350m: 4:30.13	40.14
100m: 1:10.94	37.44	200m: 2:30.04	39.87	300m: 3:49.99	39.93	400m: 5:09.02	38.89
5. İvayla, TODOROVA	09	Sc Chernomorest Burgas	5:23.40 390	1:14.20	1:22.85	1:24.55	1:21.80
50m: 34.85	34.85	150m: 1:55.37	41.17	250m: 3:19.14	42.09	350m: 4:43.22	41.62
100m: 1:14.20	39.35	200m: 2:37.05	41.68	300m: 4:01.60	42.46	400m: 5:23.40	40.18

15 yaş

1. Desislava, BELOVA	08	Sc Chernomorest Burgas	4:33.27 647	1:06.12	1:09.15	1:09.47	1:08.53
<i>PRENS ADALARI REKORU</i>							
50m: 31.73	31.73	150m: 1:40.86	34.74	250m: 2:49.85	34.58	350m: 3:59.52	34.78
100m: 1:06.12	34.39	200m: 2:15.27	34.41	300m: 3:24.74	34.89	400m: 4:33.27	33.75
2. Zeynep Kayranur, ARSLAN	08	Okyanus Koleji Spor Kulübü	4:49.24 546	1:07.18	1:13.87	1:14.44	1:13.75
50m: 31.80	31.80	150m: 1:44.16	36.98	250m: 2:58.06	37.01	350m: 4:12.96	37.47
100m: 1:07.18	35.38	200m: 2:21.05	36.89	300m: 3:35.49	37.43	400m: 4:49.24	36.28
3. Derin, ALTINTAŞ	08	Fenerbahçe Spor Kulübü	4:50.52 539	1:08.91	1:13.48	1:15.01	1:13.12
50m: 33.50	33.50	150m: 1:45.89	36.98	250m: 2:59.54	37.15	350m: 4:14.72	37.32
100m: 1:08.91	35.41	200m: 2:22.39	36.50	300m: 3:37.40	37.86	400m: 4:50.52	35.80

16 yaş

1. Derin, DÖNMEZ	07	Enka Spor Kulübü	4:32.48 653	1:04.80	1:10.25	1:09.86	1:07.57
50m: 30.96	30.96	150m: 1:40.05	35.25	250m: 2:49.93	34.88	350m: 3:59.36	34.45
100m: 1:04.80	33.84	200m: 2:15.05	35.00	300m: 3:24.91	34.98	400m: 4:32.48	33.12

17 yaş ve büyükler

1. Ecem, BULUT	05	Bosch Spor Kulübü	4:42.44 586	1:06.73	1:11.66	1:12.34	1:11.71
50m: 32.14	32.14	150m: 1:42.41	35.68	250m: 2:54.40	36.01	350m: 4:07.14	36.41
100m: 1:06.73	34.59	200m: 2:18.39	35.98	300m: 3:30.73	36.33	400m: 4:42.44	35.30
2. Yaren, KARABEY	03	Kınalıada Su Sporları Kulübü	5:23.50 390	1:14.83	1:21.91	1:23.39	1:23.37
50m: 35.54	35.54	150m: 1:55.29	40.46	250m: 3:18.47	41.73	350m: 4:42.12	41.99
100m: 1:14.83	39.29	200m: 2:36.74	41.45	300m: 4:00.13	41.66	400m: 5:23.50	41.38
3. Berfin, KARABEY	03	Kınalıada Su Sporları Kulübü	5:26.84 378	1:15.57	1:23.86	1:24.77	1:22.64
50m: 36.25	36.25	150m: 1:57.57	42.00	250m: 3:21.81	42.38	350m: 4:45.79	41.59
100m: 1:15.57	39.32	200m: 2:39.43	41.86	300m: 4:04.20	42.39	400m: 5:26.84	41.05