

BÖLGE KARMALARI SEÇME MÜSABAKASI
STANBUL, 1. - 2.4.2023

Yarı 23
2.04.2023 - 15:36

Kızlar, 400m Serbest

13 ya
Sonuçlar

TÜRK YE REKORLARI 50m 4:22.23 Merve TUNCEL STANBUL 2.12.2018

A1 BARAJI : 4:53.99 / A2 BARAJI : 4:49.99 / A3 BARAJI : 4:42.01 / A4 BARAJI : 4:38.02

Puanlar:

Sıra	YB	ZamãDerece	100m	200m	300m	400m
1.	Tuana Betül ERGÜN 10 Galatasaray Spor Kulübü	4:35.91	1:05.38	1:10.86	1:10.97	1:08.70
<i>A4 KATILIM BARAJINI GEÇT ,5 PUAN</i>						
	50m: 30.93 30.93 150m: 1:40.65 35.27 250m: 2:51.66 35.42 350m: 4:02.08 34.87					
	100m: 1:05.38 34.45 200m: 2:16.24 35.59 300m: 3:27.21 35.55 400m: 4:35.91 33.83					
2.	Su INAL 10 Sakarya Yıldızlar Su Sporlar	4:38.13	1:07.30	1:10.79	1:11.56	1:08.48
<i>A3 KATILIM BARAJINI GEÇT ,4 PUAN</i>						
	50m: 32.49 32.49 150m: 1:42.65 35.35 250m: 2:53.85 35.76 350m: 4:05.19 35.54					
	100m: 1:07.30 34.81 200m: 2:18.09 35.44 300m: 3:29.65 35.80 400m: 4:38.13 32.94					
3.	Beliz GÜMÜ 10 Galatasaray Spor Kulübü	4:41.29	1:05.53	1:11.92	1:12.53	1:11.31
<i>A3 KATILIM BARAJINI GEÇT ,4 PUAN</i>						
	50m: 31.16 31.16 150m: 1:41.40 35.87 250m: 2:53.92 36.47 350m: 4:06.23 36.25					
	100m: 1:05.53 34.37 200m: 2:17.45 36.05 300m: 3:29.98 36.06 400m: 4:41.29 35.06					
4.	Asya Melek ALP 10 Uluda Olimpik Sporlar Gen	4:41.81	1:06.18	1:13.10	1:12.66	1:09.87
<i>A3 KATILIM BARAJINI GEÇT ,4 PUAN</i>						
	50m: 30.42 30.42 150m: 1:42.19 36.01 250m: 2:55.06 35.78 350m: 4:07.05 35.11					
	100m: 1:06.18 35.76 200m: 2:19.28 37.09 300m: 3:31.94 36.88 400m: 4:41.81 34.76					
5.	Ceylan Naz C REL 10 Enka Spor Kulübü	4:42.38	1:07.13	1:11.68	1:12.58	1:10.99
<i>A2 KATILIM BARAJINI GEÇT ,3 PUAN</i>						
	50m: 31.98 31.98 150m: 1:42.63 35.50 250m: 2:54.71 35.90 350m: 4:07.21 35.82					
	100m: 1:07.13 35.15 200m: 2:18.81 36.18 300m: 3:31.39 36.68 400m: 4:42.38 35.17					
6.	Duru DEM RBOZANLAR 10 Poseidon Spor Kulübü	4:44.70	1:05.89	1:11.80	1:13.73	1:13.28
<i>A2 KATILIM BARAJINI GEÇT ,3 PUAN</i>						
	50m: 31.49 31.49 150m: 1:41.25 35.36 250m: 2:54.24 36.55 350m: 4:08.46 37.04					
	100m: 1:05.89 34.40 200m: 2:17.69 36.44 300m: 3:31.42 37.18 400m: 4:44.70 36.24					
7.	Tanem Serra ALTIND 10 Yıldırım Belediyesi Jimnasti	4:44.85	1:08.74	1:11.91	1:13.87	1:10.33
<i>A2 KATILIM BARAJINI GEÇT ,3 PUAN</i>						
	50m: 32.79 32.79 150m: 1:45.40 36.66 250m: 2:57.47 36.82 350m: 4:10.21 35.69					
	100m: 1:08.74 35.95 200m: 2:20.65 35.25 300m: 3:34.52 37.05 400m: 4:44.85 34.64					
8.	Berra Nur ÖZÇEL K 10 Enka Spor Kulübü	4:46.40	1:09.35	1:14.37	1:13.16	1:09.52
<i>A2 KATILIM BARAJINI GEÇT ,3 PUAN</i>						
	50m: 33.48 33.48 150m: 1:46.41 37.06 250m: 3:00.05 36.33 350m: 4:12.67 35.79					
	100m: 1:09.35 35.87 200m: 2:23.72 37.31 300m: 3:36.88 36.83 400m: 4:46.40 33.73					
9.	Duru DÜZEN 10 Enka Spor Kulübü	4:46.73	1:08.33	1:14.58	1:13.60	1:10.22
<i>A2 KATILIM BARAJINI GEÇT ,3 PUAN</i>						
	50m: 32.11 32.11 150m: 1:45.50 37.17 250m: 2:59.42 36.51 350m: 4:11.66 35.15					
	100m: 1:08.33 36.22 200m: 2:22.91 37.41 300m: 3:36.51 37.09 400m: 4:46.73 35.07					
10.	Belinay UYAR 10 Yıldırım Belediyesi Jimnasti	4:48.58	1:08.96	1:13.75	1:13.90	1:11.97
<i>A2 KATILIM BARAJINI GEÇT ,3 PUAN</i>						
	50m: 33.10 33.10 150m: 1:45.72 36.76 250m: 2:59.98 37.27 350m: 4:12.56 35.95					
	100m: 1:08.96 35.86 200m: 2:22.71 36.99 300m: 3:36.61 36.63 400m: 4:48.58 36.02					
11.	Nida BA ARAN 10 Denizyıldızları Spor Kulübü	4:48.60	1:08.81	1:13.95	1:13.96	1:11.88
<i>A2 KATILIM BARAJINI GEÇT ,3 PUAN</i>						
	50m: 32.64 32.64 150m: 1:45.16 36.35 250m: 2:59.44 36.68 350m: 4:13.32 36.60					
	100m: 1:08.81 36.17 200m: 2:22.76 37.60 300m: 3:36.72 37.28 400m: 4:48.60 35.28					
12.	Mira Bade F L Z 10 Galatasaray Spor Kulübü	4:49.24	1:08.65	1:14.12	1:14.45	1:12.02
<i>A2 KATILIM BARAJINI GEÇT ,3 PUAN</i>						
	50m: 33.06 33.06 150m: 1:45.11 36.46 250m: 2:59.68 36.91 350m: 4:14.34 37.12					
	100m: 1:08.65 35.59 200m: 2:22.77 37.66 300m: 3:37.22 37.54 400m: 4:49.24 34.90					
13.	Deniz YILMAZ 10 Burak Sezgin Yüzme Kulübü	4:49.92	1:09.27	1:15.33	1:13.23	1:12.09
<i>A2 KATILIM BARAJINI GEÇT ,3 PUAN</i>						
	50m: 32.07 32.07 150m: 1:45.85 36.58 250m: 3:00.40 35.80 350m: 4:14.66 36.83					
	100m: 1:09.27 37.20 200m: 2:24.60 38.75 300m: 3:37.83 37.43 400m: 4:49.92 35.26					

BÖLGE KARMALARI SEÇME MÜSABAKASI
STANBUL, 1. - 2.4.2023

Yarı 23, Kızlar, 400m Serbest, 13 ya

Sıra	YB	Zam	Derece	100m	200m	300m	400m	
14. Duru ÖZSOY	10	Kınalıada Su Sporları Kulübü	4:50.47	1:08.98	1:14.57	1:14.70	1:12.22	
<i>A1 KATILIM BARAJINI GEÇT ,2 PUAN</i>								
50m:	32.80	32.80	150m: 1:46.51	37.53	250m: 3:00.66	37.11	350m: 4:14.81	36.56
100m:	1:08.98	36.18	200m: 2:23.55	37.04	300m: 3:38.25	37.59	400m: 4:50.47	35.66
15. Selin KARSU	10	Enka Spor Kulübü	5:07.75	1:12.23	1:19.31	1:19.10	1:17.11	
50m:	33.93	33.93	150m: 1:51.76	39.53	250m: 3:11.26	39.72	350m: 4:29.47	38.83
100m:	1:12.23	38.30	200m: 2:31.54	39.78	300m: 3:50.64	39.38	400m: 5:07.75	38.28
16. Su YÜKSEL	10	Enka Spor Kulübü	5:14.17	1:14.95	1:21.30	1:20.75	1:17.17	
50m:	34.30	34.30	150m: 1:55.49	40.54	250m: 3:16.93	40.68	350m: 4:36.34	39.34
100m:	1:14.95	40.65	200m: 2:36.25	40.76	300m: 3:57.00	40.07	400m: 5:14.17	37.83