

11-12 ULUSAL GELİŞİM PROJESİ İSTANBUL BÖLGE MÜSABAKASI
İSTANBUL, 18.10.2019

Yarış 7
18.10.2019 - 15:30

Kızlar, 400m Serbest

11 yaş
Sonuçlar

A1 Barajı : 5:58.99 / A2 Barajı : 5:36.99 / A3 Barajı : 5:23.99 / A4 Barajı : 5:14.99 / B2 Barajı : 6:23.99

Puanlar: FINA 2019

Sıra		YB			TırDerece		100m	200m	300m	400m
1.	Derinsu Şirin ŞİLLİ A4 BARAJ GEÇTİ	08	Tekirdağ Ayyıldız Yüzme Sp5:04.24ı469				1:11.81	1:19.33	1:18.22	1:14.88
	50m: 33.71	33.71	150m: 1:51.51	39.70	250m: 3:10.20	39.06	350m: 4:27.78	38.42		
	100m: 1:11.81	38.10	200m: 2:31.14	39.63	300m: 3:49.36	39.16	400m: 5:04.24	36.46		
2.	Azra OĞUZ A4 BARAJ GEÇTİ	08	Anabilim Spor Kulübü	5:05.84	462		1:11.99	1:19.22	1:18.70	1:15.93
	50m: 33.87	33.87	150m: 1:51.43	39.44	250m: 3:10.46	39.25	350m: 4:29.07	39.16		
	100m: 1:11.99	38.12	200m: 2:31.21	39.78	300m: 3:49.91	39.45	400m: 5:05.84	36.77		
3.	Majdouline ZAHİR A4 BARAJ GEÇTİ	08	Fmv ışık Spor Kulübü	5:12.93	431		1:15.26	1:21.14	1:20.10	1:16.43
	50m: 35.26	35.26	150m: 1:55.95	40.69	250m: 3:16.39	39.99	350m: 4:36.56	40.06		
	100m: 1:15.26	40.00	200m: 2:36.40	40.45	300m: 3:56.50	40.11	400m: 5:12.93	36.37		
4.	Melisa DOĞRUOL A4 BARAJ GEÇTİ	08	Enka Spor Kulübü	5:13.33	429		1:14.70	1:19.96	1:21.39	1:17.28
	50m: 35.29	35.29	150m: 1:55.02	40.32	250m: 3:15.49	40.83	350m: 4:35.58	39.53		
	100m: 1:14.70	39.41	200m: 2:34.66	39.64	300m: 3:56.05	40.56	400m: 5:13.33	37.75		
5.	Şenay Diyar ŞAHİN A3 BARAJ GEÇTİ	08	İstanbul Bbsk	5:16.24	418		1:15.13	1:22.01	1:21.05	1:18.05
	50m:		150m:		250m: 3:17.54	40.40	350m: 4:38.08	39.89		
	100m: 1:15.13		200m: 2:37.14		300m: 3:58.19	40.65	400m: 5:16.24	38.16		
6.	Zeynep Kayranur ARSLAN08 A3 BARAJ GEÇTİ		Okyanus Koleji Spor Kulübü5:17.70	412			1:14.26	1:22.04	1:22.62	1:18.78
	50m: 34.86	34.86	150m: 1:54.60	40.34	250m: 3:17.34	41.04	350m: 4:39.81	40.89		
	100m: 1:14.26	39.40	200m: 2:36.30	41.70	300m: 3:58.92	41.58	400m: 5:17.70	37.89		
7.	Bilge Nur GÜLAY A3 BARAJ GEÇTİ	08	Anabilim Spor Kulübü	5:17.84	411		1:15.15	1:22.49	1:21.33	1:18.87
	50m: 34.63	34.63	150m: 1:55.89	40.74	250m: 3:18.08	40.44	350m: 4:39.41	40.44		
	100m: 1:15.15	40.52	200m: 2:37.64	41.75	300m: 3:58.97	40.89	400m: 5:17.84	38.43		
8.	Bilge ŞENGÜL A3 BARAJ GEÇTİ	08	Enka Spor Kulübü	5:18.33	409		1:14.67	1:22.02	1:21.10	1:20.54
	50m: 35.24	35.24	150m: 1:55.55	40.88	250m: 3:17.78	41.09	350m:			
	100m: 1:14.67	39.43	200m: 2:36.69	41.14	300m: 3:57.79	40.01	400m: 5:18.33			
9.	Selinnur SADE A3 BARAJ GEÇTİ	08	Okyanus Koleji Spor Kulübü5:19.91	403			1:13.54	1:22.94	1:23.41	1:20.02
	50m: 34.52	34.52	150m: 1:54.45	40.91	250m: 3:18.05	41.57	350m: 4:41.02	41.13		
	100m: 1:13.54	39.02	200m: 2:36.48	42.03	300m: 3:59.89	41.84	400m: 5:19.91	38.89		
10.	Zülal MALATYALI A3 BARAJ GEÇTİ	08	Kocaeli Yıldızlar Yüzme Kulı5:22.47ı394				1:14.68	1:22.06	1:21.12	1:24.61
	50m: 34.95	34.95	150m: 1:55.35	40.67	250m: 3:17.46	40.72	350m:			
	100m: 1:14.68	39.73	200m: 2:36.74	41.39	300m: 3:57.86	40.40	400m: 5:22.47			
11.	Deniz SÖZEN A2 BARAJ GEÇTİ	08	Enka Spor Kulübü	5:24.26	387		1:17.50	1:24.02	1:23.48	1:19.26
	50m: 36.82	36.82	150m: 1:59.24	41.74	250m: 3:23.40	41.88	350m: 4:45.47	40.47		
	100m: 1:17.50	40.68	200m: 2:41.52	42.28	300m: 4:05.00	41.60	400m: 5:24.26	38.79		
12.	Suzan Birce BAYTAZ A2 BARAJ GEÇTİ	08	Enka Spor Kulübü	5:25.59	383		1:16.50	1:24.28	1:23.70	1:21.11
	50m: 35.60	35.60	150m: 1:58.89	42.39	250m: 3:23.42	42.64	350m: 4:46.94	42.46		
	100m: 1:16.50	40.90	200m: 2:40.78	41.89	300m: 4:04.48	41.06	400m: 5:25.59	38.65		
13.	Nehir ARIK A2 BARAJ GEÇTİ	08	Enka Spor Kulübü	5:25.83	382		1:18.47	1:23.27	1:23.01	1:21.08
	50m: 37.73	37.73	150m: 2:00.64	42.17	250m: 3:22.86	41.12	350m: 4:46.60	41.85		
	100m: 1:18.47	40.74	200m: 2:41.74	41.10	300m: 4:04.75	41.89	400m: 5:25.83	39.23		

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Sıra	YB	Tır	Derece	100m	200m	300m	400m
14. Umay ALPER <i>A2 BARAJ GEÇTİ</i>	08	Galatasaray Spor Kulübü	5:25.98 381	1:16.97	1:23.36	1:23.92	1:21.73
50m: 36.41	36.41	150m: 1:58.81	41.84	250m: 3:22.62	42.29	350m: 4:45.83	41.58
100m: 1:16.97	40.56	200m: 2:40.33	41.52	300m: 4:04.25	41.63	400m: 5:25.98	40.15
15. Belgin Ayça KARATAŞ <i>A2 BARAJ GEÇTİ</i>	08	Enka Spor Kulübü	5:28.06 374	1:16.36	1:24.14	1:24.30	1:23.26
50m: 36.14	36.14	150m: 1:57.86	41.50	250m: 3:22.18	41.68	350m: 4:47.03	42.23
100m: 1:16.36	40.22	200m: 2:40.50	42.64	300m: 4:04.80	42.62	400m: 5:28.06	41.03
16. Dila BALCIOĞLU <i>A2 BARAJ GEÇTİ</i>	08	Gölcük Akademi Yüzme Sp	5:28.98 371	1:17.24	1:24.32	1:24.29	1:23.13
50m: 36.14	36.14	150m: 1:59.00	41.76	250m: 3:22.18	41.68	350m: 4:47.03	42.23
100m: 1:17.24	40.22	200m: 2:41.56	42.56	300m: 4:05.85	42.62	400m: 5:28.06	41.03
17. Beyhan Damla ÖZASLAN <i>A2 BARAJ GEÇTİ</i>	08	Fmv Işık Spor Kulübü	5:29.17 370	1:16.69	1:24.35	1:25.84	1:22.29
50m: 35.94	35.94	150m: 1:58.48	41.79	250m: 3:24.09	43.05	350m: 4:49.67	42.79
100m: 1:16.69	40.75	200m: 2:41.04	42.56	300m: 4:06.88	42.79	400m: 5:29.17	39.50
18. Rüya ERŞAYLI <i>A2 BARAJ GEÇTİ</i>	08	Enka Spor Kulübü	5:29.46 369	1:17.90	1:24.21	1:24.32	1:23.03
50m: 36.14	36.14	150m: 1:59.00	41.76	250m: 3:22.18	41.68	350m: 4:47.03	42.23
100m: 1:17.90	40.22	200m: 2:41.56	42.56	300m: 4:05.85	42.62	400m: 5:28.06	41.03
19. Zeynep İrem MİRZE <i>A2 BARAJ GEÇTİ</i>	08	Gölcük Akademi Yüzme Sp	5:30.11 367	1:15.89	1:25.76	1:25.18	1:23.28
50m: 35.94	35.94	150m: 1:58.48	41.79	250m: 3:24.09	43.05	350m: 4:49.67	42.79
100m: 1:15.89	40.75	200m: 2:41.04	42.56	300m: 4:06.88	42.79	400m: 5:29.17	39.50
20. Melis ÇAĞLAR <i>A2 BARAJ GEÇTİ</i>	08	Burak Sezgin Yüzme Kulübü	5:31.33 363	1:17.37	1:25.90	1:24.55	1:23.51
50m: 36.27	36.27	150m: 1:59.29	41.92	250m: 3:25.58	42.31	350m: 4:50.81	42.99
100m: 1:17.37	41.10	200m: 2:43.27	43.98	300m: 4:07.82	42.24	400m: 5:31.33	40.52
21. Nisa Ece ONBAŞI <i>A2 BARAJ GEÇTİ</i>	08	Çorlu Belediyesi Gençlik Ve	5:33.76 355	1:13.39	1:26.55	1:28.70	1:25.12
50m: 36.27	36.27	150m: 1:59.29	41.92	250m: 3:25.58	42.31	350m: 4:50.81	42.99
100m: 1:13.39	41.10	200m: 2:39.94	43.98	300m: 4:08.64	42.24	400m: 5:33.76	41.70
22. Ayşe Kardelen DAYANIKLI <i>A2 BARAJ GEÇTİ</i>	08	Altınkulaç Yüzme Spor Kulübü	5:35.58 349	1:16.90	1:25.67	1:27.42	1:25.59
50m: 36.27	36.27	150m: 1:59.29	41.92	250m: 3:25.58	42.31	350m: 4:50.81	42.99
100m: 1:16.90	41.10	200m: 2:42.57	42.76	300m: 4:09.99	43.35	400m: 5:35.58	41.92
23. Pelin GÜNEŞ <i>A1 BARAJ GEÇTİ</i>	08	Galatasaray Spor Kulübü	5:39.54 337	1:19.73	1:28.13	1:26.60	1:25.08
50m: 36.84	36.84	150m: 2:03.78	44.05	250m: 3:31.11	43.25	350m: 4:57.80	43.34
100m: 1:19.73	42.89	200m: 2:47.86	44.08	300m: 4:14.46	43.35	400m: 5:39.54	41.74
24. Duru HANCI <i>A1 BARAJ GEÇTİ</i>	08	Galatasaray Spor Kulübü	5:39.86 336	1:18.45	1:27.45	1:27.85	1:26.11
50m: 36.85	36.85	150m: 2:01.90	43.45	250m: 3:29.64	43.74	350m: 4:57.29	43.54
100m: 1:18.45	41.60	200m: 2:45.90	44.00	300m: 4:13.75	44.11	400m: 5:39.86	42.57
25. Zeynep FİLİZ <i>A1 BARAJ GEÇTİ</i>	08	Gölcük Akademi Yüzme Sp	5:40.48 334	1:17.16	1:27.28	1:30.11	1:25.93
50m: 36.85	36.85	150m: 2:01.90	43.45	250m: 3:29.64	43.74	350m: 4:57.29	43.54
100m: 1:17.16	41.60	200m: 2:44.44	44.00	300m: 4:14.55	44.11	400m: 5:40.48	42.08
26. Defne EREN <i>A1 BARAJ GEÇTİ</i>	08	Galatasaray Spor Kulübü	5:40.65 334	18.72	1:00.67	1:29.45	2:51.81
50m: 36.85	36.85	150m: 2:01.90	43.45	250m: 3:29.64	43.74	350m: 4:57.29	43.54
100m: 18.72	41.60	200m: 1:19.39	44.00	300m: 2:48.84	44.11	400m: 5:40.65	39.81
27. Tuana BAYAR <i>A1 BARAJ GEÇTİ</i>	08	Kocaeli Yüzme Kulübü	5:47.00 316	1:21.80	1:29.60	1:27.68	1:27.92
50m: 38.35	38.35	150m: 2:06.25	44.45	250m: 3:35.83	44.43	350m: 5:03.12	44.04
100m: 1:21.80	43.45	200m: 2:51.40	45.15	300m: 4:19.08	43.25	400m: 5:47.00	43.88

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28. Feyza Nil AYTAN <i>A1 BARAJ GEÇTİ</i>	08	Çorlu Belediyesi Gençlik Ve	5:49.14 1310 ü	1:21.54	1:29.08	1:30.71	1:27.81
50m: 38.64	38.64	150m: 2:05.72	44.18	250m: 3:35.82	45.20	350m: 5:06.29	44.96
100m: 1:21.54	42.90	200m: 2:50.62	44.90	300m: 4:21.33	45.51	400m: 5:49.14	42.85
29. Ece Ayça KARABULUT <i>A1 BARAJ GEÇTİ</i>	08	Beylikdüzü Yüzme Kulübü	5:50.77 306	1:20.68	1:30.21	1:30.61	1:29.27
50m: 37.60	37.60	150m: 2:05.78	45.10	250m: 3:36.53	45.64	350m: 5:06.88	45.38
100m: 1:20.68	43.08	200m: 2:50.89	45.11	300m: 4:21.50	44.97	400m: 5:50.77	43.89
30. Yasemin AKBABA <i>A1 BARAJ GEÇTİ</i>	08	Gebze Gençlik Hizmetleri V	5:53.74 298 ü	1:20.12	1:32.03	1:32.21	1:29.38
50m: 36.98	36.98	150m:		250m:		350m: 5:10.24	45.88
100m: 1:20.12	43.14	200m: 2:52.15		300m: 4:24.36		400m: 5:53.74	43.50
31. İrem UNARAN <i>A1 BARAJ GEÇTİ</i>	08	Enka Spor Kulübü	5:54.80 296	1:25.22	1:32.94	1:30.23	1:26.41
50m: 39.29	39.29	150m: 2:11.55	46.33	250m: 3:43.45	45.29	350m: 5:11.73	43.34
100m: 1:25.22	45.93	200m: 2:58.16	46.61	300m: 4:28.39	44.94	400m: 5:54.80	43.07
32. Duru Şahvar AYKAN <i>A1 BARAJ GEÇTİ</i>	08	Kocaeli Yıldızlar Yüzme Kulü	5:57.43 289	1:20.99	1:32.14	1:32.39	1:31.91
50m: 37.46	37.46	150m: 2:06.35	45.36	250m: 3:39.36	46.23	350m: 5:11.79	46.27
100m: 1:20.99	43.53	200m: 2:53.13	46.78	300m: 4:25.52	46.16	400m: 5:57.43	45.64
33. Asya Hazel ÜNVER <i>B2 BARAJ GEÇTİ</i>	08	Altinkulaç Yüzme Spor Kulü	6:06.33 268	1:20.79	1:34.57	1:35.38	1:35.59
50m: 37.13	37.13	150m: 2:07.68	46.89	250m:		350m:	
100m: 1:20.79	43.66	200m: 2:55.36	47.68	300m: 4:30.74		400m: 6:06.33	
34. Şevval ZIVALI <i>B2 BARAJ GEÇTİ</i>	08	Gebze Gençlik Hizmetleri V	6:11.08 258 ü	1:25.73	1:33.69	1:35.38	1:36.28
50m: 39.21	39.21	150m: 2:13.63	47.90	250m: 3:47.30	47.88	350m: 5:23.14	48.34
100m: 1:25.73	46.52	200m: 2:59.42	45.79	300m: 4:34.80	47.50	400m: 6:11.08	47.94