

11-12 ULUSAL GELİŞİM PROJESİ İSTANBUL BÖLGE MÜSABAKASI
İSTANBUL, 18.10.2019

Yarış 15
18.10.2019 - 9:00

Kızlar, 400m Serbest

12 yaş
Sonuçlar

A1 Barajı : 5:34.99 / A2 Barajı : 5:14.99 / A3 Barajı : 5:01.99 / A4 Barajı : 4:53.99 / B2 Barajı : 5:58.99

Puanlar: FINA 2019

Sıra		YB				TırnDerece		100m	200m	300m	400m
1.	Ada Beril IŞCAN A4 BARAJ GEÇTİ	07	Tekirdağ Yüzme İhtisas Kulü	4:42.87	584			1:08.18	1:12.49	1:12.43	1:09.77
	50m: 32.54	32.54	150m: 1:44.11	35.93	250m: 2:56.59		35.92	350m: 4:08.88	35.78		
	100m: 1:08.18	35.64	200m: 2:20.67	36.56	300m: 3:33.10		36.51	400m: 4:42.87	33.99		
2.	Nazlı YAĞCI A4 BARAJ GEÇTİ	07	Galatasaray Spor Kulübü	4:44.16	576			1:08.65	1:12.30	1:12.71	1:10.50
	50m: 32.44	32.44	150m: 1:44.53	35.88	250m: 2:57.66		36.71	350m: 4:09.62	35.96		
	100m: 1:08.65	36.21	200m: 2:20.95	36.42	300m: 3:33.66		36.00	400m: 4:44.16	34.54		
3.	Derin DÖNMEZ A4 BARAJ GEÇTİ	07	Türkiye Spor Yazarları Dern	4:50.36	540bü			1:09.73	1:13.81	1:14.04	1:12.78
	50m: 33.32	33.32	150m: 1:46.30	36.57	250m: 3:00.25		36.71	350m: 4:14.69	37.11		
	100m: 1:09.73	36.41	200m: 2:23.54	37.24	300m: 3:37.58		37.33	400m: 4:50.36	35.67		
4.	Nehir DÖNMEZ A3 BARAJ GEÇTİ	07	Tekirdağ Yüzme İhtisas Kulü	4:54.16	519			1:10.25	1:14.27	1:15.50	1:14.14
	50m: 33.78	33.78	150m: 1:47.50	37.25	250m: 3:02.21		37.69	350m: 4:17.88	37.86		
	100m: 1:10.25	36.47	200m: 2:24.52	37.02	300m: 3:40.02		37.81	400m: 4:54.16	36.28		
5.	Canan ÇATAL A3 BARAJ GEÇTİ	07	Enka Spor Kulübü	4:56.96	504			1:09.84	1:15.56	1:16.65	1:14.91
	50m: 33.18	33.18	150m:		250m:			350m: 4:20.23	38.18		
	100m: 1:09.84	36.66	200m: 2:25.40		300m: 3:42.05			400m: 4:56.96	36.73		
6.	Bilge Defne GÜRKAN A3 BARAJ GEÇTİ	07	Fenerbahçe Spor Kulübü	5:01.33	483			1:10.66	1:16.68	1:17.32	1:16.67
	50m: 33.48	33.48	150m: 1:48.92	38.26	250m: 3:06.10		38.76	350m: 4:23.29	38.63		
	100m: 1:10.66	37.18	200m: 2:27.34	38.42	300m: 3:44.66		38.56	400m: 5:01.33	38.04		
7.	Berre Nur TATAR A3 BARAJ GEÇTİ	07	Kocaeli Yıldızlar Yüzme Kulü	5:01.88	480			1:10.35	1:17.05	1:18.42	1:16.06
	50m: 33.12	33.12	150m: 1:48.36	38.01	250m: 3:06.27		38.87	350m: 4:24.32	38.50		
	100m: 1:10.35	37.23	200m: 2:27.40	39.04	300m: 3:45.82		39.55	400m: 5:01.88	37.56		
8.	Sahra Nil AKBULUT A2 BARAJ GEÇTİ	07	Galatasaray Spor Kulübü	5:03.91	471			1:12.00	1:18.04	1:17.65	1:16.22
	50m:		150m:		250m:			350m:			
	100m: 1:12.00		200m: 2:30.04		300m: 3:47.69			400m: 5:03.91			
9.	Buse BAYRAKTAR A2 BARAJ GEÇTİ	07	Fenerbahçe Spor Kulübü	5:04.13	469			1:10.93	1:18.24	1:18.50	1:16.46
	50m: 33.53	33.53	150m:		250m:			350m:			
	100m: 1:10.93	37.40	200m: 2:29.17		300m: 3:47.67			400m: 5:04.13			
10.	Alara ÖZCAN A2 BARAJ GEÇTİ	07	Fenerbahçe Spor Kulübü	5:04.84	466			1:11.21	1:17.17	1:18.87	1:17.59
	50m: 33.51	33.51	150m: 1:50.28	39.07	250m: 3:07.30		38.92	350m: 4:26.55	39.30		
	100m: 1:11.21	37.70	200m: 2:28.38	38.10	300m: 3:47.25		39.95	400m: 5:04.84	38.29		
11.	Mürya KARAYEL A2 BARAJ GEÇTİ	07	Gebze Gençlik Hizmetleri V	5:07.72	453ü			1:12.33	1:18.46	1:19.53	1:17.40
	50m: 34.71	34.71	150m: 1:51.18	38.85	250m: 3:10.22		39.43	350m: 4:29.80	39.48		
	100m: 1:12.33	37.62	200m: 2:30.79	39.61	300m: 3:50.32		40.10	400m: 5:07.72	37.92		
12.	Eda OYMAK A2 BARAJ GEÇTİ	07	Kocaeli Yıldızlar Yüzme Kulü	5:08.83	448			1:13.15	1:18.54	1:19.36	1:17.78
	50m: 34.60	34.60	150m: 1:52.24	39.09	250m: 3:11.21		39.52	350m: 4:30.48	39.43		
	100m: 1:13.15	38.55	200m: 2:31.69	39.45	300m: 3:51.05		39.84	400m: 5:08.83	38.35		
13.	Tuana ÖZDEMİR A2 BARAJ GEÇTİ	07	Okyanus Koleji Spor Kulübü	5:08.88	448			1:10.04	1:19.04	1:21.24	1:18.56
	50m: 32.65	32.65	150m: 1:49.09	39.05	250m: 3:08.89		39.81	350m: 4:30.83	40.51		
	100m: 1:10.04	37.39	200m: 2:29.08	39.99	300m: 3:50.32		41.43	400m: 5:08.88	38.05		

11-12 ULUSAL GELİŞİM PROJESİ İSTANBUL BÖLGE MÜSABAKASI
İSTANBUL, 18.10.2019

Yarış 15, Kızlar, 400m Serbest, 12 yaş

Sıra	YB	Tır	Derece	100m	200m	300m	400m
14. Zeynep Pelin DAMGACI <i>A2 BARAJ GEÇTİ</i>	07	Galatasaray Spor Kulübü	5:12.78 432	1:13.47	1:20.20	1:20.48	1:18.63
50m: 35.05 100m: 1:13.47	35.05 38.42	150m: 1:53.28 200m: 2:33.67	39.81 40.39	250m: 3:54.15 300m: 4:11.46	350m: 4:37.94 400m: 5:12.78	40.19 38.47	
15. Ipeksu ŞEN <i>A1 BARAJ GEÇTİ</i>	07	Kocaeli Yüzme Kulübü	5:16.41 417	1:13.43	1:21.48	1:22.84	1:18.66
50m: 34.40 100m: 1:13.43	34.40 39.03	150m: 1:53.73 200m: 2:34.91	40.30 41.18	250m: 3:16.36 300m: 3:57.75	350m: 4:37.94 400m: 5:16.41	40.19 38.47	
16. Ela GÜLTEK <i>A1 BARAJ GEÇTİ</i>	07	Okyanus Koleji Spor Kulübü	5:20.23 402	1:13.54	1:21.69	1:23.01	1:21.99
50m: 34.91 100m: 1:13.54	34.91 38.63	150m: 1:54.33 200m: 2:35.23	40.79 40.90	250m: 3:17.49 300m: 3:58.24	350m: 4:39.84 400m: 5:20.23	41.60 40.39	
17. Ela ÖZKAN <i>A1 BARAJ GEÇTİ</i>	07	Modafen Spor Kulübü Derneği	5:29.06 371	1:18.65	1:23.88	1:24.19	1:22.34
50m: 37.12 100m: 1:18.65	37.12 41.53	150m: 2:00.82 200m: 2:42.53	42.17 41.71	250m: 3:24.80 300m: 4:06.72	350m: 4:48.42 400m: 5:29.06	41.70 40.64	
18. Sıla VANLI <i>A1 BARAJ GEÇTİ</i>	07	Kocaeli Yıldızlar Yüzme Kulübü	5:29.86 368	1:17.37	1:24.59	1:25.01	1:22.89
50m: 37.12 100m: 1:17.37	37.12 41.53	150m: 2:00.82 200m: 2:42.53	42.17 41.71	250m: 3:24.80 300m: 4:06.72	350m: 4:48.42 400m: 5:29.06	41.70 40.64	
19. Melisa PAZAR <i>A1 BARAJ GEÇTİ</i>	07	Edirne Dsi Spor Kulübü	5:30.04 367	1:15.71	1:24.54	1:26.00	1:23.79
50m: 34.94 100m: 1:15.71	34.94 40.77	150m: 1:57.31 200m: 2:40.25	41.60 42.94	250m: 3:22.57 300m: 4:06.25	350m: 4:48.46 400m: 5:30.04	42.21 41.58	
20. Elif Ecren ÇETİN <i>A1 BARAJ GEÇTİ</i>	07	Sakarya Atlantis Su Sporları Kulübü	5:31.11 364	1:17.96	1:25.59	1:25.29	1:22.27
50m: 35.59 100m: 1:17.96	35.59 42.37	150m: 2:00.75 200m: 2:43.55	42.79 42.80	250m: 3:26.03 300m: 4:08.84	350m: 4:50.83 400m: 5:31.11	41.99 40.28	
21. Gülen Benay OKYAY <i>A1 BARAJ GEÇTİ</i>	07	Zonguldak Yüzme Kulübü	5:31.51 362	1:16.28	1:24.00	1:26.79	1:24.44
50m: 36.18 100m: 1:16.28	36.18 40.10	150m: 1:57.77 200m: 2:40.28	41.49 42.51	250m: 3:22.93 300m: 4:07.07	350m: 4:49.62 400m: 5:31.51	42.55 41.89	
22. Ceren BİRER <i>A1 BARAJ GEÇTİ</i>	07	Kocaeli Yüzme Kulübü	5:33.96 354	1:19.18	1:24.84	1:26.00	1:23.94
50m: 37.08 100m: 1:19.18	37.08 42.10	150m: 2:02.18 200m: 2:44.02	43.00 41.84	250m: 3:27.83 300m: 4:10.02	350m: 4:53.18 400m: 5:33.96	43.16 40.78	
23. Yaren INAL <i>A1 BARAJ GEÇTİ</i>	07	Kocaeli Yüzme Kulübü	5:34.44 353	1:19.88	1:25.43	1:25.67	1:23.46
50m: 37.43 100m: 1:19.88	37.43 42.45	150m: 2:02.43 200m: 2:45.31	42.55 42.88	250m: 3:28.00 300m: 4:10.98	350m: 4:53.24 400m: 5:34.44	42.26 41.20	
24. Zeynep Ceren ERTURUL <i>B2 BARAJ GEÇTİ</i>	07	Fenerbahçe Spor Kulübü	5:36.08 348	1:16.83	1:26.95	1:27.68	1:24.62
50m: 35.86 100m: 1:16.83	35.86 40.97	150m: 1:59.93 200m: 2:43.78	43.10 43.85	250m: 3:27.53 300m: 4:11.46	350m: 4:54.47 400m: 5:36.08	43.01 41.61	
25. Ezo ARSLANDEMİR <i>B2 BARAJ GEÇTİ</i>	07	Istanbul Teknik Üniversitesi	5:38.72 340	1:17.90	1:26.35	1:27.27	1:27.20
50m: 36.57 100m: 1:17.90	36.57 41.33	150m: 2:00.70 200m: 2:44.25	42.80 43.55	250m: 3:27.53 300m: 4:11.52	350m: 4:55.22 400m: 5:38.72	43.70 43.50	
26. İrem KÖKSAL <i>B2 BARAJ GEÇTİ</i>	07	Altinkulaç Yüzme Spor Kulübü	5:38.90 339	1:13.74	1:26.58	1:30.29	1:28.29
50m: 36.57 100m: 1:13.74	36.57 41.33	150m: 2:00.70 200m: 2:44.25	42.80 43.55	250m: 3:27.53 300m: 4:11.52	350m: 4:55.22 400m: 5:38.72	43.70 43.50	
27. İmer Su LEKTEMUR <i>B2 BARAJ GEÇTİ</i>	07	Okyanus Koleji Spor Kulübü	5:39.44 338	1:16.80	1:27.99	1:29.30	1:25.35
50m: 36.06 100m: 1:16.80	36.06 40.74	150m: 2:00.79 200m: 2:44.79	43.99 44.00	250m: 3:29.78 300m: 4:14.09	350m: 4:58.11 400m: 5:39.44	44.02 41.33	

11-12 ULUSAL GELİŞİM PROJESİ İSTANBUL BÖLGE MÜSABAKASI
İSTANBUL, 18.10.2019

Yarış 15, Kızlar, 400m Serbest, 12 yaş

Sıra			YB					TırDerece	100m	200m	300m	400m	
28.	Selin ÖZCAN		07	Denizyıldızları Spor Kulübü				5:41.50	331	1:18.53	1:28.30	1:27.95	1:26.72
	B2 BARAJ GEÇTİ												
	50m:	36.73	36.73	150m:	2:02.48	43.95	250m:	3:30.99	44.16	350m:	4:59.18	44.40	
	100m:	1:18.53	41.80	200m:	2:46.83	44.35	300m:	4:14.78	43.79	400m:	5:41.50	42.32	
29.	Ekin ÖZDEN		07	Kınalıada Su Sporları Kulübü				5:46.99	316	1:21.34	1:28.87	1:30.18	1:26.60
	B2 BARAJ GEÇTİ												
	50m:	37.95	37.95	150m:	2:05.42	44.08	250m:	3:34.58	44.37	350m:	5:02.84	42.45	
	100m:	1:21.34	43.39	200m:	2:50.21	44.79	300m:	4:20.39	45.81	400m:	5:46.99	44.15	
30.	İzay BAYBÜRE		07	Edirne Dsi Spor Kulübü				5:52.31	302	1:21.89	1:31.13	1:29.81	1:29.48
	B2 BARAJ GEÇTİ												
	50m:	37.68	37.68	150m:	2:06.66	44.77	250m:	3:37.62	44.60	350m:	5:08.44	45.61	
	100m:	1:21.89	44.21	200m:	2:53.02	46.36	300m:	4:22.83	45.21	400m:	5:52.31	43.87	