

TYF ULUSLARARASI MASTERLAR KIŞ YÜZME ŞAMPİYONASI
EDİRNE, 1. - 3.2.2019

Yarış 37
3.02.2019

Bayanlar, 400m Serbest

25 yaş ve büyükler
Sonuçlar

MASTER UZUN K.R 70 - 74	10:52.36	FATMA İNCİ OKUTAN	ANKARA	28.10.2016
MASTER UZUN K.R 65 - 69	9:39.80	RABİA SEVİL GEMİCİOĞLU	ANKARA	8.11.2014
MASTER UZUN K.R 60 - 64	8:28.69	CAHİDE ŞEYMA KOLAYLI	ANKARA	28.10.2016
MASTER UZUN K.R 55 - 59	6:59.71	WENDY EDİZ	HEYBELİADA	3.08.2018
MASTER UZUN K.R 50 - 54	5:41.91	SEBLA TALİ	KRANJ	5.09.2018
MASTER UZUN K.R 45 - 49	5:29.22	NESRİN ÖZGÜN	BUDAPEŞTE	20.08.2017
MASTER UZUN K.R 40 - 44	5:34.60	NESRİN ÖZGÜN	ANKARA	28.10.2016
MASTER UZUN K.R 35 - 39	5:36.73	ESRA ŞENSES	BURSA	19.02.2017
MASTER UZUN K.R 30 - 34	5:27.30	AYŞEGÜL BODUR AYVAZ	TRABZON	4.03.2016
MASTER UZUN K.R 25 - 29	5:15.96	BİGE VARDAR	BUDAPEŞTE	20.08.2017

25-29 YAŞ 25 - 29: 8:30.00 / 30-34 YAŞ 30 - 34: 8:45.00 / 35-39 YAŞ 35 - 39: 9:00.00 / 40-44 YAŞ 40 - 44: 9:30.00 / 45-49 YAŞ 45 - 49: 10:00.00 / 50-54 YAŞ 50 - 54: 10:30.00 / 55-59 YAŞ 55 - 59: 10:50.00 / 60-64 YAŞ 60 - 64: 11:15.00 / 65-69 YAŞ 65 - 69: 11:55.00 / 70-74 YAŞ 70 - 74: 12:50.00 / 75-79 YAŞ 75 - 79: 13:50.00

Puanlar: DSV Masters 16

Sıra	YB			TırDerece			100m	200m	300m	400m		
25 - 29 yaşları arası												
1.	İpek YALKI	94	İstanbul Teknik Üniversitesi	5:06.75	681		1:09.11	1:17.52	1:20.68	1:19.44		
	YENİ TÜRKİYE REKORU											
	50m:	32.76	32.76	150m:	1:47.36	38.25	250m:	3:06.53	39.90	350m:	4:28.22	40.91
	100m:	1:09.11	36.35	200m:	2:26.63	39.27	300m:	3:47.31	40.78	400m:	5:06.75	38.53
2.	Veselina KOVACHEVA	91	Chernomorec Burgas	6:31.52	327		1:26.94	1:42.97	1:41.44	1:40.17		
	50m:	40.48	40.48	150m:	2:17.84	50.90	250m:	4:00.75	50.84	350m:	5:41.93	50.58
	100m:	1:26.94	46.46	200m:	3:09.91	52.07	300m:	4:51.35	50.60	400m:	6:31.52	49.59
3.	Pınar KAYMARAZ	91	Yapı Kredi Spor Kulübü	7:06.79	253		1:32.51	1:52.78	1:53.07	1:48.43		
	50m:	41.65	41.65	150m:	2:28.37	55.86	250m:	4:21.88	56.59	350m:	6:15.29	56.93
	100m:	1:32.51	50.86	200m:	3:25.29	56.92	300m:	5:18.36	56.48	400m:	7:06.79	51.50

30 - 34 yaşları arası

1. Velina HANDZHIEVA	88	Iris Sport Club	5:46.92 492			1:19.66	1:28.69	1:30.83	1:27.74		
50m:	37.28	37.28	150m:	2:03.89	44.23	250m:	3:33.90	45.55	350m:	5:03.51	44.33
100m:	1:19.66	42.38	200m:	2:48.35	44.46	300m:	4:19.18	45.28	400m:	5:46.92	43.41
2. Melisa YÖRDEM	89	Bakırköy Ata Spor Kulübü	8:59.33 131			1:55.97	2:20.73	2:28.45	2:14.18		
BARAJI GEÇEMEDİ											
50m:	52.80	52.80	150m:	3:04.73	1:08.76	250m:	5:31.75	1:15.05	350m:	7:55.98	1:10.83
100m:	1:55.97	1:03.17	200m:	4:16.70	1:11.97	300m:	6:45.15	1:13.40	400m:	8:59.33	1:03.35

40 - 44 yaşları arası

1. Pınar ARPINAR AVSAR	79	Orta Doğu Teknik Üniversitesi	5:38.13	584	1:11.61	1:21.04	1:32.52	1:32.96			
50m:	33.76	33.76	150m:	1:51.31	39.70	250m:	3:18.60	45.95	350m:	4:52.05	46.88
100m:	1:11.61	37.85	200m:	2:32.65	41.34	300m:	4:05.17	46.57	400m:	5:38.13	46.08
2. Gavrilıya HARALANOVA	76	Masters Sofia	6:51.06	325	1:35.47	1:46.98	1:46.92	1:41.69			
50m:	44.05	44.05	150m:	2:28.68	53.21	250m:	4:15.78	53.33	350m:	6:02.46	53.09
100m:	1:35.47	51.42	200m:	3:22.45	53.77	300m:	5:09.37	53.59	400m:	6:51.06	48.60

45 - 49 yaşları arası

1. Yuliyana NOVOSELSKA	70	Gd Sport	5:23.77	677	1:16.17	1:22.76	1:23.79	1:21.05			
50m:	35.77	35.77	150m:	1:57.26	41.09	250m:	3:20.46	41.53	350m:	4:43.96	41.24
100m:	1:16.17	40.40	200m:	2:38.93	41.67	300m:	4:02.72	42.26	400m:	5:23.77	39.81
2. Sanem DİLEK	72	İstanbul Teknik Üniversitesi	6:37.58	365	1:33.26	1:42.78	1:42.27	1:39.27			
50m:	43.44	43.44	150m:	2:24.61	51.35	250m:	4:07.01	50.97	350m:	5:49.03	50.72
100m:	1:33.26	49.82	200m:	3:16.04	51.43	300m:	4:58.31	51.30	400m:	6:37.58	48.55
3. Aikaterini MANFREDİ	73	Othakavalas	6:58.34	314	1:32.10	1:47.00	1:50.50	1:48.74			
50m:	41.91	41.91	150m:	2:25.30	53.20	250m:	4:14.13	55.03	350m:	6:04.80	55.20
100m:	1:32.10	50.19	200m:	3:19.10	53.80	300m:	5:09.60	55.47	400m:	6:58.34	53.54
4. Zeynep ŞİŞMAN ŞEN	71	İstanbul Teknik Üniversitesi	7:30.16	252	1:45.86	1:54.95	1:56.65	1:52.70			
50m:			150m:			250m:			350m:		
100m:	1:45.86		200m:	3:40.81		300m:	5:37.46		400m:	7:30.16	

TYF ULUSLARARASI MASTERLAR KIŞ YÜZME ŞAMPİYONASI
EDİRNE, 1. - 3.2.2019

Yarış 37, Bayanlar, 400m Serbest, 45 - 49 yaşları arası

Sıra	YB		TınDerece		100m	200m	300m	400m			
5. Elif Melike OLGAÇ	71	Yapı Kredi Spor Kulübü	9:12.80	136	2:06.64	2:20.53	2:25.28	2:20.35			
50m:	58.86	58.86	150m:	3:16.46	1:09.82	250m:	5:40.44	1:13.27	350m:	8:04.68	1:12.23
100m:	2:06.64	1:07.78	200m:	4:27.17	1:10.71	300m:	6:52.45	1:12.01	400m:	9:12.80	1:08.12

50 - 54 yaşları arası

1. Kyriaki ARSENI	67	Othakavalas	5:58.31 536	1:24.66	1:30.00	1:32.25	1:31.40
50m: 40.62	40.62	150m: 2:09.13	250m: 3:40.69	46.03	350m: 5:13.28	46.37	
100m: 1:24.66	44.04	200m: 2:54.66	300m: 4:26.91	46.22	400m: 5:58.31	45.03	
2. Özlem AKCAN	68	Han Batur Spor Kulübü	7:40.96 251	1:46.77	2:00.15	1:59.45	1:54.59
50m: 50.66	50.66	150m: 2:46.80	250m: 4:47.01	1:00.09	350m: 6:46.16	59.79	
100m: 1:46.77	56.11	200m: 3:46.92	300m: 5:46.37	59.36	400m: 7:40.96	54.80	
3. F. GUMUSBURUN DE MO69	69	Ferdi	8:07.68 212	1:59.73	2:04.12	2:05.67	1:58.16
50m:		150m:	250m:	350m:			
100m: 1:59.73		200m: 4:03.85	300m: 6:09.52	400m: 8:07.68			
4. Meryem BENLİ	68	Istanbul Yıldızlar Yüzme Sp	8:41.78 173	2:01.70	2:12.43	2:15.40	2:12.25
50m:		150m:	250m:	350m:			
100m: 2:01.70		200m: 4:14.13	300m: 6:29.53	400m: 8:41.78			
5. Hatice Nazan AVCI	67	Istanbul Yıldızlar Yüzme Sp	8:59.78 156	2:02.08	2:17.60	2:21.82	2:18.28
50m:		150m:	250m:	350m:			
100m: 2:02.08		200m: 4:19.68	300m: 6:41.50	400m: 8:59.78			
6. Rıta Satış PATKAR	65	India	9:50.53 119	2:25.24	2:30.55	2:29.79	2:24.95
50m: 1:11.04	1:11.04	150m: 3:42.03	250m: 6:10.66	1:14.87	350m: 8:39.07	1:13.49	
100m: 2:25.24	1:14.20	200m: 4:55.79	300m: 7:25.58	1:14.92	400m: 9:50.53	1:11.46	
7. S. VENKATARAMANAPPA	66	India	13:01.53 51	3:01.31	3:22.12	3:24.07	3:14.03
BARAJI GEÇEMEDİ							
50m: 1:24.15	1:24.15	150m: 4:42.17	250m: 8:04.89	1:41.46	350m: 11:28.59	1:41.09	
100m: 3:01.31	1:37.16	200m: 6:23.43	300m: 9:47.50	1:42.61	400m: 13:01.53	1:32.94	

55 - 59 yaşları arası

1. Wendy EDİZ	62	Üsküdar Su Sporları	7:06.84 360	1:34.25	1:50.41	1:53.09	1:49.09
50m: 43.33	43.33	150m: 2:28.95	250m: 4:21.55	56.89	350m: 6:13.53	55.78	
100m: 1:34.25	50.92	200m: 3:24.66	300m: 5:17.75	56.20	400m: 7:06.84	53.31	
2. Şenil AKARSU	64	Bursa Olimpik Kulaçlar GSİ	7:53.58 263	1:49.57	1:59.72	2:03.41	2:00.88
50m:		150m:	250m:	350m:			
100m: 1:49.57		200m: 3:49.29	300m: 5:52.70	400m: 7:53.58			
3. Saide GÖRGÜLÜ	62	Sdc Yüzme Spor Kulübü	8:45.29 193	2:02.34	2:16.67	2:15.17	2:11.11
50m: 56.01	56.01	150m: 3:10.43	250m: 5:26.78	1:07.77	350m: 7:43.65	1:09.47	
100m: 2:02.34	1:06.33	200m: 4:19.01	300m: 6:34.18	1:07.40	400m: 8:45.29	1:01.64	
4. Ayşegül NARİN	64	Istanbul Teknik Üniversitesi	9:17.98 161	2:14.28	2:21.81	2:23.22	2:18.67
50m: 1:05.13	1:05.13	150m: 3:25.19	250m: 5:47.84	1:11.75	350m: 8:10.19	1:10.88	
100m: 2:14.28	1:09.15	200m: 4:36.09	300m: 6:59.31	1:11.47	400m: 9:17.98	1:07.79	

60 - 64 yaşları arası

1. Seyyide BURAK	58	Işıkspor	8:45.74 292	2:05.49	2:13.79	2:14.11	2:12.35
50m:		150m:	250m:	350m:			
100m: 2:05.49		200m: 4:19.28	300m: 6:33.39	400m: 8:45.74			

65 - 69 yaşları arası

1. Anna ANASTASOVA	53	Masters Sofia	8:27.44 358	1:59.04	2:08.91	2:11.75	2:07.74
50m: 56.16	56.16	150m: 3:04.17	250m: 5:14.27	1:06.32	350m: 7:24.67	1:04.97	
100m: 1:59.04	1:02.88	200m: 4:07.95	300m: 6:19.70	1:05.43	400m: 8:27.44	1:02.77	
2. F.Nazan GÖĞEN	54	Ferdi	9:43.20 236	2:25.72	2:26.48	2:26.83	2:24.17
50m: 1:11.66	1:11.66	150m: 3:38.84	250m: 6:05.89	1:13.69	350m: 8:32.73	1:13.70	
100m: 2:25.72	1:14.06	200m: 4:52.20	300m: 7:19.03	1:13.14	400m: 9:43.20	1:10.47	