

ULUSLARARASI MASTERLAR YAZ YÜZME ŞAMPİYONASI  
İSTANBUL/HEYBELİADA, 2. - 4.8.2018

Yarış 20  
3.08.2018 - 11:07

Bayanlar, 400m Serbest

25 yaş ve büyükler  
Sonuçlar

|                                         |                        |             |            |
|-----------------------------------------|------------------------|-------------|------------|
| MASTERLAR UZUN KULVAR REKOR 70:10:52.36 | FATMA İNCİ OKUTAN      | ANKARA      | 28.10.2016 |
| MASTERLAR UZUN KULVAR REKOR 65 -9:39.80 | RABİA SEVİL GEMİCİOĞLU | ANKARA      | 8.11.2014  |
| MASTERLAR UZUN KULVAR REKOR 60 -8:28.69 | CAHİDE ŞEYMA KOLAYLI   | ANKARA      | 28.10.2016 |
| MASTERLAR UZUN KULVAR REKOR 55 -7:17.10 | WENDY EDİZ             | MERSİN      | 9.02.2018  |
| MASTERLAR UZUN KULVAR REKOR 50 -5:43.96 | YEŞİM ÖZDOYURAN        | KAZAN (RUS) | 11.08.2015 |
| MASTERLAR UZUN KULVAR REKOR 45 -5:29.22 | NESRİN ÖZGÜN           | BUDAPEŞTE   | 20.08.2017 |
| MASTERLAR UZUN KULVAR REKOR 40 -5:34.60 | NESRİN ÖZGÜN           | ANKARA      | 28.10.2016 |
| MASTERLAR UZUN KULVAR REKOR 35 -5:36.73 | ESRA ŞENSES            | BURSA       | 19.02.2017 |
| MASTERLAR UZUN KULVAR REKOR 30 -5:27.30 | AYŞEGÜL BODUR AYVAZ    | TRABZON     | 4.03.2016  |
| MASTERLAR UZUN KULVAR REKOR 25 -5:15.96 | BİGE VARDAR            | BUDAPEŞTE   | 20.08.2017 |

25-29 YAŞ 25 - 29: 8:30.00 / 30-34 YAŞ 30 - 34: 8:45.00 / 35-39 YAŞ 35 - 39: 9:00.00 / 40-44 YAŞ 40 - 44: 9:30.00 / 45-49 YAŞ 45 - 49: 10:00.00 / 50-54 YAŞ 50 - 54: 10:30.00 / 55-59 YAŞ 55 - 59: 10:50.00 / 60-64 YAŞ 60 - 64: 11:15.00 / 65-69 YAŞ 65 - 69: 11:55.00 / 70-74 YAŞ 70 - 74: 12:50.00 / 75-79 YAŞ 75 - 79: 13:50.00

Puanlar: FINA 2018

| Sıra                  | YB    | TırDerece      | 100m    | 200m          | 300m    | 400m                    |
|-----------------------|-------|----------------|---------|---------------|---------|-------------------------|
| 25 - 29 yaşları arası |       |                |         |               |         |                         |
| 1. Reyhan MİNDAN      | 92    | Yeşilyurt S.K. | 5:16.38 | 417           | 1:13.24 | 1:19.88 1:22.26 1:21.00 |
| 50m: 34.62            | 34.62 | 150m: 1:52.58  | 39.34   | 250m: 3:14.05 | 40.93   | 350m: 4:36.41 41.03     |
| 100m: 1:13.24         | 38.62 | 200m: 2:33.12  | 40.54   | 300m: 3:55.38 | 41.33   | 400m: 5:16.38 39.97     |
| 2. Nehir Günce DAŞCI  | 90    | Odtü S.K.      | 5:26.59 | 379           | 1:13.64 | 1:23.59 1:25.25 1:24.11 |
| 50m: 34.69            | 34.69 | 150m: 1:54.80  | 41.16   | 250m: 3:19.53 | 42.30   | 350m: 4:45.21 42.73     |
| 100m: 1:13.64         | 38.95 | 200m: 2:37.23  | 42.43   | 300m: 4:02.48 | 42.95   | 400m: 5:26.59 41.38     |
| 3. Burcu GÜLDALİ      | 90    | Ferdi          | 6:20.59 | 239           | 1:20.39 | 1:38.72 1:43.34 1:38.14 |
| 50m: 36.72            | 36.72 | 150m: 2:08.54  | 48.15   | 250m: 3:50.47 | 51.36   | 350m: 5:34.23 51.78     |
| 100m: 1:20.39         | 43.67 | 200m: 2:59.11  | 50.57   | 300m: 4:42.45 | 51.98   | 400m: 6:20.59 46.36     |
| 4. Ecem EMRE          | 91    | Ferdi          | 7:17.53 | 157           | 1:37.75 | 1:52.93 1:54.98 1:51.87 |
| 50m: 45.25            | 45.25 | 150m: 2:34.08  | 56.33   | 250m: 4:28.86 | 58.18   | 350m: 6:23.92 58.26     |
| 100m: 1:37.75         | 52.50 | 200m: 3:30.68  | 56.60   | 300m: 5:25.66 | 56.80   | 400m: 7:17.53 53.61     |

30 - 34 yaşları arası

|                        |         |                            |         |               |         |                         |
|------------------------|---------|----------------------------|---------|---------------|---------|-------------------------|
| 1. Ebru YILMAZ         | 86      | Üsküdar Su Sporları        | 7:34.72 | 140           | 1:47.92 | 1:58.89 1:56.58 1:51.33 |
| 50m: 51.12             | 51.12   | 150m: 2:46.89              | 58.97   | 250m: 4:45.03 | 58.22   | 350m: 6:41.73 58.34     |
| 100m: 1:47.92          | 56.80   | 200m: 3:46.81              | 59.92   | 300m: 5:43.39 | 58.36   | 400m: 7:34.72 52.99     |
| 2. Didem DEMİR         | 88      | Turkcell Yüzme Takımı S.K. | 9:03.28 | 82            | 2:02.40 | 2:20.47 2:24.80 2:15.61 |
| <i>BARAJI GEÇEMEDİ</i> |         |                            |         |               |         |                         |
| 50m: 56.42             | 56.42   | 150m: 3:11.52              | 1:09.12 | 250m: 5:34.40 | 1:11.53 | 350m: 7:59.49 1:11.82   |
| 100m: 2:02.40          | 1:05.98 | 200m: 4:22.87              | 1:11.35 | 300m: 6:47.67 | 1:13.27 | 400m: 9:03.28 1:03.79   |
| 3. Bengü ARSLAN        | 84      | Ferdi                      | 9:34.70 | 69            | 2:11.65 | 2:27.10 2:29.68 2:26.27 |
| <i>BARAJI GEÇEMEDİ</i> |         |                            |         |               |         |                         |
| 50m: 1:02.73           | 1:02.73 | 150m: 3:24.62              | 1:12.97 | 250m: 5:53.94 | 1:15.19 | 350m: 8:24.23 1:15.80   |
| 100m: 2:11.65          | 1:08.92 | 200m: 4:38.75              | 1:14.13 | 300m: 7:08.43 | 1:14.49 | 400m: 9:34.70 1:10.47   |

35 - 39 yaşları arası

|                        |         |                            |         |               |         |                         |
|------------------------|---------|----------------------------|---------|---------------|---------|-------------------------|
| 1. Bengü TOKAT         | 83      | Ferdi                      | 7:34.91 | 140           | 1:38.35 | 1:57.50 2:01.06 1:58.00 |
| 50m: 45.81             | 45.81   | 150m: 2:36.47              | 58.12   | 250m: 4:36.59 | 1:00.74 | 350m: 7:34.91           |
| 100m: 1:38.35          | 52.54   | 200m: 3:35.85              | 59.38   | 300m: 5:36.91 | 1:00.32 | 400m: 7:34.91           |
| 2. Müge ŞANLISOY       | 82      | Turkcell Yüzme Takımı S.K. | 7:49.28 | 127           | 1:41.55 | 2:03.68 2:04.28 1:59.77 |
| 50m: 46.36             | 46.36   | 150m: 2:41.99              | 1:00.44 | 250m: 4:46.64 | 1:01.41 | 350m: 6:53.38 1:03.87   |
| 100m: 1:41.55          | 55.19   | 200m: 3:45.23              | 1:03.24 | 300m: 5:49.51 | 1:02.87 | 400m: 7:49.28 55.90     |
| 3. Seden TÖZÜN         | 81      | Üsküdar Su Sporları        | 7:49.45 | 127           | 1:39.93 | 2:02.34 2:05.67 2:01.51 |
| 50m: 45.24             | 45.24   | 150m: 2:40.39              | 1:00.46 | 250m: 4:46.64 | 1:01.41 | 350m: 6:53.38 1:03.87   |
| 100m: 1:39.93          | 54.69   | 200m: 3:42.27              | 1:01.88 | 300m: 5:47.94 | 1:02.87 | 400m: 7:49.28 55.90     |
| 4. Coraline CHAPATTE   | 81      | Ferdi                      | 8:31.57 | 98            | 2:03.99 | 2:11.30 2:10.81 2:05.47 |
| 50m: 57.83             | 57.83   | 150m: 3:08.51              | 1:04.52 | 250m: 5:19.47 | 1:04.18 | 350m: 7:31.50 1:05.40   |
| 100m: 2:03.99          | 1:06.16 | 200m: 4:15.29              | 1:06.78 | 300m: 6:26.10 | 1:06.63 | 400m: 8:31.57 1:00.07   |
| 5. Özge ASLAN          | 83      | Turkcell Yüzme Takımı S.K. | 9:04.11 | 82            | 1:59.09 | 2:20.50 2:25.92 2:18.60 |
| <i>BARAJI GEÇEMEDİ</i> |         |                            |         |               |         |                         |
| 50m: 52.85             | 52.85   | 150m: 3:07.68              | 1:08.59 | 250m: 5:30.55 | 1:10.96 | 350m: 7:58.53 1:13.02   |
| 100m: 1:59.09          | 1:06.24 | 200m: 4:19.59              | 1:11.91 | 300m: 6:45.51 | 1:14.96 | 400m: 9:04.11 1:05.58   |

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Yarış 20, Bayanlar, 400m Serbest, 35 - 39 yaşları arası

| Sıra       | YB                                   |         |         |       |         |         | TırDerece |         | 100m     | 200m  | 300m     | 400m    |         |         |
|------------|--------------------------------------|---------|---------|-------|---------|---------|-----------|---------|----------|-------|----------|---------|---------|---------|
| 6.         | İnci ORFANLI EROL<br>BARAJI GEÇEMEDİ |         |         |       |         |         | 83        | Ferdi   | 11:06.50 | 44    | 2:23.22  | 3:02.67 | 2:49.01 | 2:51.60 |
|            | 50m:                                 | 1:05.17 | 1:05.17 | 150m: | 3:58.50 | 1:35.28 | 250m:     | 6:49.71 | 1:23.82  | 350m: | 9:43.10  | 1:28.20 |         |         |
|            | 100m:                                | 2:23.22 | 1:18.05 | 200m: | 5:25.89 | 1:27.39 | 300m:     | 8:14.90 | 1:25.19  | 400m: | 11:06.50 | 1:23.40 |         |         |
| yarış terk | Beyza YİNAL<br>150 MT TERK           |         |         |       |         |         | 79        | Ferdi   | 1:44.73  |       |          |         |         |         |
|            | 50m:                                 | 48.51   | 48.51   | 150m: | 2:57.61 | 1:12.88 | 250m:     |         |          | 350m: |          |         |         |         |
|            | 100m:                                | 1:44.73 | 56.22   | 200m: |         |         | 300m:     |         |          | 400m: |          |         |         |         |

45 - 49 yaşları arası

|                        |         |                              |                    |               |         |               |         |
|------------------------|---------|------------------------------|--------------------|---------------|---------|---------------|---------|
| 1. Sanem DİLEK         | 72      | İstanbul Teknik Üni. S.K.    | <b>6:48.54</b> 193 | 1:34.80       | 1:46.20 | 1:45.64       | 1:41.90 |
| 50m: 44.20             | 44.20   | 150m: 2:27.62                | 52.82              | 250m: 4:13.99 | 52.99   | 350m: 5:58.74 | 52.10   |
| 100m: 1:34.80          | 50.60   | 200m: 3:21.00                | 53.38              | 300m: 5:06.64 | 52.65   | 400m: 6:48.54 | 49.80   |
| 2. Konçuy SİVRİOĞLU    | 70      | Sdc Yüzme S.K.               | <b>7:37.29</b> 138 | 1:42.52       | 2:01.98 | 1:59.10       | 1:53.69 |
| 50m: 44.96             | 44.96   | 150m: 2:43.96                | 1:01.44            | 250m: 4:44.60 | 1:00.10 | 350m: 6:42.04 | 58.44   |
| 100m: 1:42.52          | 57.56   | 200m: 3:44.50                | 1:00.54            | 300m: 5:43.60 | 59.00   | 400m: 7:37.29 | 55.25   |
| 3. Ebru BATTAL         | 71      | Ferdi                        | <b>7:54.36</b> 123 | 1:48.28       | 2:02.52 | 2:05.22       | 1:58.34 |
| 50m: 50.36             | 50.36   | 150m: 2:49.67                | 1:01.39            | 250m: 4:52.93 | 1:02.13 | 350m: 6:58.50 | 1:02.48 |
| 100m: 1:48.28          | 57.92   | 200m: 3:50.80                | 1:01.13            | 300m: 5:56.02 | 1:03.09 | 400m: 7:54.36 | 55.86   |
| 4. N. Hezar TANRISEVER | 69      | Ferdi                        | <b>8:10.64</b> 111 | 1:54.28       | 2:06.01 | 2:06.47       | 2:03.88 |
| 50m: 53.24             | 53.24   | 150m: 2:56.72                | 1:02.44            | 250m: 5:03.99 | 1:03.70 | 350m: 7:09.97 | 1:03.21 |
| 100m: 1:54.28          | 1:01.04 | 200m: 4:00.29                | 1:03.57            | 300m: 6:06.76 | 1:02.77 | 400m: 8:10.64 | 1:00.67 |
| 5. Lale AKINLAR        | 70      | Yapı Kredi S.K.              | <b>8:35.21</b> 96  | 1:57.75       | 2:12.85 | 2:12.97       | 2:11.64 |
| 50m: 55.55             | 55.55   | 150m: 3:04.50                | 1:06.75            | 250m: 5:17.60 | 1:07.00 | 350m: 7:30.88 | 1:07.31 |
| 100m: 1:57.75          | 1:02.20 | 200m: 4:10.60                | 1:06.10            | 300m: 6:23.57 | 1:05.97 | 400m: 8:35.21 | 1:04.33 |
| 6. Dilek NAYIR         | 73      | İstanbul Yıldızlar Yüzme Spc | <b>9:12.08</b> 78  | 2:09.78       | 2:19.81 | 2:21.71       | 2:20.78 |
| 50m: 59.98             | 59.98   | 150m: 3:19.81                | 1:10.03            | 250m: 5:41.60 | 1:12.01 | 350m: 8:03.90 | 1:12.60 |
| 100m: 2:09.78          | 1:09.80 | 200m: 4:29.59                | 1:09.78            | 300m: 6:51.30 | 1:09.70 | 400m: 9:12.08 | 1:08.18 |

50 - 54 yaşları arası

|                       |         |                           |                    |               |         |               |         |
|-----------------------|---------|---------------------------|--------------------|---------------|---------|---------------|---------|
| 1. A.Yasemin YILDIRIM | 65      | Yeşilyurt S.K.            | <b>7:20.36</b> 154 | 1:43.89       | 1:52.97 | 1:52.78       | 1:50.72 |
| 50m: 49.13            | 49.13   | 150m: 2:40.40             | 56.51              | 250m: 4:33.29 | 56.43   | 350m: 6:26.14 | 56.50   |
| 100m: 1:43.89         | 54.76   | 200m: 3:36.86             | 56.46              | 300m: 5:29.64 | 56.35   | 400m: 7:20.36 | 54.22   |
| 2. Ayşegül NARİN      | 64      | İstanbul Teknik Üni. S.K. | <b>9:05.49</b> 81  | 2:11.27       | 2:18.05 | 2:18.45       | 2:17.72 |
| 50m: 1:02.78          | 1:02.78 | 150m: 3:20.07             | 1:08.80            | 250m: 5:38.29 | 1:08.97 | 350m: 7:57.22 | 1:09.45 |
| 100m: 2:11.27         | 1:08.49 | 200m: 4:29.32             | 1:09.25            | 300m: 6:47.77 | 1:09.48 | 400m: 9:05.49 | 1:08.27 |
| 3. Aşkın Sedef ARISOY | 68      | İstanbul Teknik Üni. S.K. | <b>9:13.74</b> 77  | 2:10.47       | 2:18.07 | 2:22.51       | 2:22.69 |
| 50m: 1:02.63          | 1:02.63 | 150m: 3:19.59             | 1:09.12            | 250m: 5:38.69 | 1:10.15 | 350m:         |         |
| 100m: 2:10.47         | 1:07.84 | 200m: 4:28.54             | 1:08.95            | 300m: 6:51.05 | 1:12.36 | 400m: 9:13.74 |         |

55 - 59 yaşları arası

|                            |       |                     |                    |               |         |               |         |
|----------------------------|-------|---------------------|--------------------|---------------|---------|---------------|---------|
| 1. Wendy EDİZ              | 62    | Üsküdar Su Sporları | <b>6:59.71</b> 178 | 1:34.69       | 1:48.98 | 1:50.01       | 1:46.03 |
| <i>YENİ TÜRKİYE REKORU</i> |       |                     |                    |               |         |               |         |
| 50m: 43.21                 | 43.21 | 150m: 2:28.26       | 53.57              | 250m: 4:18.62 | 54.95   | 350m: 6:08.52 | 54.84   |
| 100m: 1:34.69              | 51.48 | 200m: 3:23.67       | 55.41              | 300m: 5:13.68 | 55.06   | 400m: 6:59.71 | 51.19   |

60 - 64 yaşları arası

|                         |         |               |                    |               |         |                |         |
|-------------------------|---------|---------------|--------------------|---------------|---------|----------------|---------|
| 1. Cahide Şeyma KOLAYLI | 55      | Galatasaray   | <b>9:02.89</b> 82  | 2:09.68       | 2:23.05 | 2:22.60        | 2:07.56 |
| 50m:                    |         | 150m:         |                    | 250m:         |         | 350m:          |         |
| 100m: 2:09.68           |         | 200m: 4:32.73 |                    | 300m: 6:55.33 |         | 400m: 9:02.89  |         |
| 2. F.Nazan GÖĞEN        | 54      | Ferdi         | <b>10:51.13</b> 47 | 2:38.44       | 2:44.40 | 2:46.33        | 2:41.96 |
| 50m: 1:17.70            | 1:17.70 | 150m: 4:00.19 | 1:21.75            | 250m: 6:45.79 | 1:22.95 | 350m: 9:31.65  | 1:22.48 |
| 100m: 2:38.44           | 1:20.74 | 200m: 5:22.84 | 1:22.65            | 300m: 8:09.17 | 1:23.38 | 400m: 10:51.13 | 1:19.48 |