

13+ YAS KISA KULVAR BARAJ GECME MUSABAKALARI
İSTANBUL, 23. - 25.10.2026

Yarış 33
25.10.2026 - 15:10

Bayanlar, 400m Karışık

2013 ve daha büyük
Sonuçlar

Puanlar: FINA 2023

Sıra	YB								Zaman	Derece
1. Mira Nur BULUT	12 Enka Spor Kulübü								5:03.90	618
50m: 31.40	31.40	150m: 1:49.65	41.62	250m: 3:11.06	41.41	350m: 4:29.49	35.84			
100m: 1:08.03	36.63	200m: 2:29.65	40.00	300m: 3:53.65	42.59	400m: 5:03.90	34.41			
2. Ceyda KEMENT	11 Enka Spor Kulübü								5:06.50	602
50m: 33.37	33.37	150m: 1:50.59	39.88	250m: 3:12.97	43.76	350m: 4:32.61	34.94			
100m: 1:10.71	37.34	200m: 2:29.21	38.62	300m: 3:57.67	44.70	400m: 5:06.50	33.89			
3. Alya PEÇEN	12 İstanbul Büyükşehir Belediyesi Spor Kulübü								5:15.56	552
50m: 33.54	33.54	150m: 1:51.37	40.23	250m: 3:18.50	48.02	350m: 4:42.04	35.07			
100m: 1:11.14	37.60	200m: 2:30.48	39.11	300m: 4:06.97	48.47	400m: 5:15.56	33.52			
4. Öykü AKÇORA	10 Enka Spor Kulübü								5:15.97	550
50m: 33.71	33.71	150m: 1:52.43	38.80	250m: 3:17.78	47.56	350m: 4:41.46	35.85			
100m: 1:13.63	39.92	200m: 2:30.22	37.79	300m: 4:05.61	47.83	400m: 5:15.97	34.51			
5. Ilgın BOZAT	11 İstanbul Büyükşehir Belediyesi Spor Kulübü								5:18.82	535
50m: 33.28	33.28	150m: 1:52.82	40.48	250m: 3:19.77	46.15	350m: 4:42.98	36.28			
100m: 1:12.34	39.06	200m: 2:33.62	40.80	300m: 4:06.70	46.93	400m: 5:18.82	35.84			
6. Nil SAĞMAL	11 Enka Spor Kulübü								5:19.86	530
50m: 32.16	32.16	150m: 1:50.74	41.12	250m: 3:19.89	48.36	350m: 4:43.94	36.95			
100m: 1:09.62	37.46	200m: 2:31.53	40.79	300m: 4:06.99	47.10	400m: 5:19.86	35.92			
7. Arya DUYUM	13 Enka Spor Kulübü								5:20.25	528
50m: 32.75	32.75	150m: 1:53.19	41.92	250m: 3:20.03	46.18	350m: 4:44.32	36.55			
100m: 1:11.27	38.52	200m: 2:33.85	40.66	300m: 4:07.77	47.74	400m: 5:20.25	35.93			
8. Hüma NAYAN	12 Enka Spor Kulübü								5:22.59	517
50m: 34.08	34.08	150m: 1:54.73	41.71	250m: 3:22.47	47.12	350m: 4:47.81	36.60			
100m: 1:13.02	38.94	200m: 2:35.35	40.62	300m: 4:11.21	48.74	400m: 5:22.59	34.78			
9. Maria Rüya SİLAYEVA	13 Okyanus Koleji Spor Kulübü								5:23.25	514
50m: 34.72	34.72	150m: 1:53.64	39.75	250m: 3:22.30	49.66	350m: 4:48.25	36.51			
100m: 1:13.89	39.17	200m: 2:32.64	39.00	300m: 4:11.74	49.44	400m: 5:23.25	35.00			
10. Lalin ATALAY	13 Fenerbahçe Spor Kulübü								5:23.66	512
50m: 33.76	33.76	150m: 1:57.34	43.13	250m: 3:23.55	45.58	350m: 4:47.28	38.70			
100m: 1:14.21	40.45	200m: 2:37.97	40.63	300m: 4:08.58	45.03	400m: 5:23.66	36.38			
11. Naz ÇITIR	12 Enka Spor Kulübü								5:41.16	437
50m: 36.21	36.21	150m: 2:07.46	44.85	250m: 3:38.16	48.67	350m: 5:04.71	38.29			
100m: 1:22.61	46.40	200m: 2:49.49	42.03	300m: 4:26.42	48.26	400m: 5:41.16	36.45			
12. Çisil Ada KOÇ	13 İstanbul Büyükşehir Belediyesi Spor Kulübü								5:41.78	434
50m: 36.63	36.63	150m: 2:05.77	45.19	250m: 3:37.44	47.02	350m: 5:04.68	39.07			
100m: 1:20.58	43.95	200m: 2:50.42	44.65	300m: 4:25.61	48.17	400m: 5:41.78	37.10			
13. Melek Rüya KUYTUL	13 Bahçelievler Belediye Spor Kulübü								5:47.53	413
50m: 34.15	34.15	150m: 2:02.01	44.57	250m: 3:35.82	51.28	350m: 5:07.96	39.77			
100m: 1:17.44	43.29	200m: 2:44.54	42.53	300m: 4:28.19	52.37	400m: 5:47.53	39.57			
14. Eylül KOÇAK	13 Enka Spor Kulübü								5:58.38	377
50m: 37.83	37.83	150m: 2:10.45	47.32	250m: 3:46.46	51.14	350m: 5:17.98	41.06			
100m: 1:23.13	45.30	200m: 2:55.32	44.87	300m: 4:36.92	50.46	400m: 5:58.38	40.40			