

13+ YAS UZUN KULVAR BARAJ GECME MUSABAKALARI
İSTANBUL, 24. - 26.4.2026

Yarış 31
26.04.2026 - 15:15

Bayanlar, 400m Karışık

Açık
Sonuçlar

Puanlar: FINA 2023

Sıra	YB	Zam:Derece	100m	200m	300m	400m		
1.	Fatıma Zümra DEMİRCAN12	Galatasaray Spor Kulübü	5:27.09 540	1:11.93	1:27.65	1:34.80	1:12.71	
	50m: 33.73	33.73	150m: 1:58.16	46.23	250m: 3:27.42	47.84	350m: 4:51.69	37.31
	100m: 1:11.93	38.20	200m: 2:39.58	41.42	300m: 4:14.38	46.96	400m: 5:27.09	35.40
2.	ılgın BOZAT	11	Istanbul Büyükşehir Belediy	5:28.62 532bü	1:13.13	1:23.27	1:36.73	1:15.49
	50m: 33.72	33.72	150m: 1:54.89	41.76	250m: 3:24.99	48.59	350m: 4:51.07	37.94
	100m: 1:13.13	39.41	200m: 2:36.40	41.51	300m: 4:13.13	48.14	400m: 5:28.62	37.55
3.	Ela Zümra TUNCER	12	Galatasaray Spor Kulübü	5:30.81 522	1:15.13	1:25.73	1:34.40	1:15.55
	50m: 34.64	34.64	150m: 1:58.84	43.71	250m: 3:27.42	46.56	350m: 4:54.24	38.98
	100m: 1:15.13	40.49	200m: 2:40.86	42.02	300m: 4:15.26	47.84	400m: 5:30.81	36.57
4.	Tuana GÜNERHAN	13	Istanbul Su Sporları Spor Kl	5:39.05 484	1:15.77	1:27.49	1:41.78	1:14.01
	50m: 34.06	34.06	150m: 1:59.98	44.21	250m: 3:32.93	49.67	350m: 5:03.51	38.47
	100m: 1:15.77	41.71	200m: 2:43.26	43.28	300m: 4:25.04	52.11	400m: 5:39.05	35.54
5.	Melek Rüya KUYTUL	13	Istanbul Büyükşehir Belediy	5:39.53 482bü	1:16.07	1:27.27	1:42.76	1:13.43
	50m: 34.15	34.15	150m: 2:00.14	44.07	250m: 3:33.70	50.36	350m: 5:03.37	37.27
	100m: 1:16.07	41.92	200m: 2:43.34	43.20	300m: 4:26.10	52.40	400m: 5:39.53	36.16
6.	Melek YÜKSELEN	12	Enka Spor Kulübü	5:46.98 452	1:20.07	1:30.36	1:38.99	1:17.56
	50m: 36.43	36.43	150m: 2:06.24	46.17	250m: 3:41.09	50.66	350m: 5:09.48	40.06
	100m: 1:20.07	43.64	200m: 2:50.43	44.19	300m: 4:29.42	48.33	400m: 5:46.98	37.50
7.	Bade SÖNMEZ	13	Heybeliada Su Sporları Spo	5:49.29 443	1:21.16	1:28.82	1:42.75	1:16.56
	50m: 35.59	35.59	150m: 2:06.59	45.43	250m: 3:40.82	50.84	350m: 5:11.17	38.44
	100m: 1:21.16	45.57	200m: 2:49.98	43.39	300m: 4:32.73	51.91	400m: 5:49.29	38.12
8.	Defne SATIR	13	Enka Spor Kulübü	5:50.18 440	1:22.57	1:29.21	1:41.42	1:16.98
	50m: 37.33	37.33	150m: 2:07.15	44.58	250m: 3:40.34	48.56	350m: 5:11.78	38.58
	100m: 1:22.57	45.24	200m: 2:51.78	44.63	300m: 4:33.20	52.86	400m: 5:50.18	38.40
9.	Duru OKTAY	13	Istanbul Su Sporları Spor Kl	5:54.12 425	1:23.66	1:25.31	1:48.44	1:16.71
	50m: 37.40	37.40	150m: 2:08.03	44.37	250m: 3:44.83	55.86	350m: 5:16.83	39.42
	100m: 1:23.66	46.26	200m: 2:48.97	40.94	300m: 4:37.41	52.58	400m: 5:54.12	37.29
10.	Dalya Su ASLANTÜRK	13	Istanbul Su Sporları Spor Kl	5:57.55 413	1:22.65	1:28.68	1:49.45	1:16.77
	50m: 37.43	37.43	150m: 2:07.74	45.09	250m: 3:45.45	54.12	350m: 5:19.42	38.64
	100m: 1:22.65	45.22	200m: 2:51.33	43.59	300m: 4:40.78	55.33	400m: 5:57.55	38.13
11.	Eylül KOÇAK	13	Enka Spor Kulübü	6:12.54 365	1:28.40	1:33.63	1:43.91	1:26.60
	50m: 40.06	40.06	150m: 2:16.84	48.44	250m: 3:53.94	51.91	350m: 5:30.70	44.76
	100m: 1:28.40	48.34	200m: 3:02.03	45.19	300m: 4:45.94	52.00	400m: 6:12.54	41.84