

11 YAŞ ULUSAL GELİŞİM LİĞİ İL VİZE MUSAİAKASI
İSTANBUL, 3. - 5.4.2026

Yarış 9
3.04.2026 - 14:54

Bayanlar, 400m Serbest

Açık
Sonuçlar

Puanlar: FINA 2023

Sıra	YB	Zam	Derece	100m	200m	300m	400m	
1.	Lina KARABULUT	15	Istanbul Teknik Üniversitesi	5:02.55	1:12.14	1:16.58	1:17.71	1:16.12
	50m: 34.15	34.15	150m: 1:50.47	38.33	250m: 3:07.32	38.60	350m: 4:27.21	40.78
	100m: 1:12.14	37.99	200m: 2:28.72	38.25	300m: 3:46.43	39.11	400m: 5:02.55	35.34
2.	Derin Deniz DİKMEN	15	Dragos Spor Kulübü	5:03.23	1:10.70	1:17.94	1:19.61	1:14.98
	50m: 32.87	32.87	150m: 1:49.32	38.62	250m: 3:08.93	40.29	350m: 4:26.46	38.21
	100m: 1:10.70	37.83	200m: 2:28.64	39.32	300m: 3:48.25	39.32	400m: 5:03.23	36.77
3.	Deniz DOĞAN	15	Istanbul Büyükşehir Belediyesi	5:03.65	1:11.94	1:17.13	1:17.35	1:17.23
	50m: 34.05	34.05	150m: 1:50.19	38.25	250m: 3:07.05	37.98	350m: 4:25.07	38.65
	100m: 1:11.94	37.89	200m: 2:29.07	38.88	300m: 3:46.42	39.37	400m: 5:03.65	38.58
4.	Melike KARASU	15	Istanbul Su Sporları Spor Klübü	5:11.30	1:17.11	1:19.97	1:18.61	1:15.61
	50m: 37.17	37.17	150m: 1:57.79	40.68	250m: 3:17.21	40.13	350m: 4:36.26	40.57
	100m: 1:17.11	39.94	200m: 2:37.08	39.29	300m: 3:55.69	38.48	400m: 5:11.30	35.04
5.	Zeynep FİÇİCİOĞLU	15	Istanbul Teknik Üniversitesi	5:15.61	1:15.81	1:20.27	1:21.03	1:18.50
	50m: 35.70	35.70	150m: 1:56.78	40.97	250m: 3:13.33	37.25	350m: 4:36.93	39.82
	100m: 1:15.81	40.11	200m: 2:36.08	39.30	300m: 3:57.11	43.78	400m: 5:15.61	38.68
6.	Bade SANCAKLI	15	Istanbul Büyükşehir Belediyesi	5:16.85	1:15.01	1:21.24	1:21.27	1:19.33
	50m: 35.42	35.42	150m: 1:54.93	39.92	250m: 3:16.74	40.49	350m: 4:37.12	39.60
	100m: 1:15.01	39.59	200m: 2:36.25	41.32	300m: 3:57.52	40.78	400m: 5:16.85	39.73
7.	Ezgi KURT	15	Istanbul Büyükşehir Belediyesi	5:18.07	1:16.01	1:19.93	1:23.02	1:19.11
	50m: 36.08	36.08	150m: 1:57.11	41.10	250m: 3:18.21	42.27	350m: 4:39.78	40.82
	100m: 1:16.01	39.93	200m: 2:35.94	38.83	300m: 3:58.96	40.75	400m: 5:18.07	38.29
8.	Hüma KESKİNCİ	15	Istanbul İtü Geliştirme Vakfı	5:18.86	1:16.68	1:22.00	1:20.82	1:19.36
	50m: 36.60	36.60	150m: 1:57.23	40.55	250m: 3:17.81	39.13	350m: 4:38.72	39.22
	100m: 1:16.68	40.08	200m: 2:38.68	41.45	300m: 3:59.50	41.69	400m: 5:18.86	40.14
9.	Zeynep Su COŞKUN	15	Istanbul Büyükşehir Belediyesi	5:20.00	1:15.45	1:20.94	1:23.14	1:20.47
	50m: 35.75	35.75	150m: 1:55.31	39.86	250m: 3:17.87	41.48	350m: 4:40.05	40.52
	100m: 1:15.45	39.70	200m: 2:36.39	41.08	300m: 3:59.53	41.66	400m: 5:20.00	39.95
10.	Fatma Sare TOSUN	15	Istanbul İtü Geliştirme Vakfı	5:20.57	1:18.18	1:22.63	1:21.56	1:18.20
	50m: 37.41	37.41	150m: 1:59.85	41.67	250m: 3:22.34	41.53	350m: 4:43.43	41.06
	100m: 1:18.18	40.77	200m: 2:40.81	40.96	300m: 4:02.37	40.03	400m: 5:20.57	37.14
11.	Ela ELGÜN	15	Feyziye Mektepleri Vakfı	5:22.12	1:16.65	1:22.50	1:22.59	1:20.38
	50m: 36.15	36.15	150m: 1:58.63	41.98	250m: 3:21.13	41.98	350m: 4:43.50	41.76
	100m: 1:16.65	40.50	200m: 2:39.15	40.52	300m: 4:01.74	40.61	400m: 5:22.12	38.62
12.	Ayşe VARDAR	15	Kınalıada Su Sporları Spor Klübü	5:22.51	1:14.07	1:22.37	1:23.57	1:22.50
	50m: 34.81	34.81	150m: 1:55.26	41.19	250m: 3:19.01	42.57	350m: 4:43.26	43.25
	100m: 1:14.07	39.26	200m: 2:36.44	41.18	300m: 4:00.01	41.00	400m: 5:22.51	39.25
13.	Ayça ZARALI	15	Feyziye Mektepleri Vakfı	5:26.27	1:18.94	1:23.75	1:23.34	1:20.24
	50m: 36.71	36.71	150m: 2:00.86	41.92	250m: 3:23.70	41.01	350m: 4:46.40	40.37
	100m: 1:18.94	42.23	200m: 2:42.69	41.83	300m: 4:06.03	42.33	400m: 5:26.27	39.87
14.	Miray İnci VURAL	15	Istanbul Büyükşehir Belediyesi	5:26.32	1:16.83	1:23.46	1:24.47	1:21.56
	50m: 35.64	35.64	150m: 1:58.19	41.36	250m: 3:22.06	41.77	350m: 4:45.41	40.65
	100m: 1:16.83	41.19	200m: 2:40.29	42.10	300m: 4:04.76	42.70	400m: 5:26.32	40.91
15.	Aleksandra Rania NEVAİ	15	Istanbul İtü Geliştirme Vakfı	5:27.52	1:18.58	1:22.79	1:22.87	1:23.28
	50m: 37.38	37.38	150m: 2:00.59	42.01	250m: 3:23.08	41.71	350m: 4:46.11	41.87
	100m: 1:18.58	41.20	200m: 2:41.37	40.78	300m: 4:04.24	41.16	400m: 5:27.52	41.41
16.	Beren Mina DURMAZ	15	Istanbul Büyükşehir Belediyesi	5:27.61	1:18.11	1:23.27	1:24.34	1:21.89
	50m: 37.59	37.59	150m: 2:00.45	42.34	250m: 3:24.49	43.11	350m: 4:47.99	42.27
	100m: 1:18.11	40.52	200m: 2:41.38	40.93	300m: 4:05.72	41.23	400m: 5:27.61	39.62
17.	Bade AYRAL	15	Istanbul İtü Geliştirme Vakfı	5:28.13	1:18.12	1:24.56	1:23.37	1:22.08
	50m: 36.18	36.18	150m: 1:59.75	41.63	250m: 3:24.55	41.87	350m: 4:47.92	41.87
	100m: 1:18.12	41.94	200m: 2:42.68	42.93	300m: 4:06.05	41.50	400m: 5:28.13	40.21
18.	Simay DANACI	15	Istanbul Büyükşehir Belediyesi	5:28.33	1:18.38	1:23.34	1:24.47	1:22.14
	50m: 36.62	36.62	150m: 1:59.44	41.06	250m: 3:23.18	41.46	350m: 4:47.31	41.12
	100m: 1:18.38	41.76	200m: 2:41.72	42.28	300m: 4:06.19	43.01	400m: 5:28.33	41.02
19.	Melis KURTOĞLU	15	Istanbul İtü Geliştirme Vakfı	5:28.34	1:19.30	1:25.26	1:23.42	1:20.36
	50m: 38.10	38.10	150m: 2:02.66	43.36	250m: 3:26.42	41.86	350m: 4:49.79	41.81
	100m: 1:19.30	41.20	200m: 2:44.56	41.90	300m: 4:07.98	41.56	400m: 5:28.34	38.55

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İSTANBUL, 3. - 5.4.2026

Yarış 9, Bayanlar, 400m Serbest, Açık

Sıra	YB	Zam	Derece	100m	200m	300m	400m		
20.	Ela Masal AKAGÜN	15	Galatasaray Spor Kulübü	5:32.68	358	1:21.81	1:25.41	1:24.20	1:21.26
	50m: 39.79	39.79	150m: 2:05.38	43.57	250m: 3:29.15	41.93	350m: 4:52.91	41.49	
	100m: 1:21.81	42.02	200m: 2:47.22	41.84	300m: 4:11.42	42.27	400m: 5:32.68	39.77	
21.	Azra Eylül ATEŞ	15	Istanbul Su Sporları Spor Kulübü	5:34.02	354	1:18.34	1:26.17	1:27.40	1:22.11
	50m: 37.10	37.10	150m: 2:01.93	43.59	250m: 3:28.87	44.36	350m: 4:54.73	42.82	
	100m: 1:18.34	41.24	200m: 2:44.51	42.58	300m: 4:11.91	43.04	400m: 5:34.02	39.29	
22.	Ayşe Mafe ÖZSOY	15	Istanbul Avrasya Spor Kulübü	5:35.97	348	1:18.73	1:26.43	1:27.00	1:23.81
	50m: 37.01	37.01	150m: 2:00.57	41.84	250m: 3:27.80	42.64	350m: 4:53.95	41.79	
	100m: 1:18.73	41.72	200m: 2:45.16	44.59	300m: 4:12.16	44.36	400m: 5:35.97	42.02	
23.	Eylül AYDIN	15	Istanbul Büyükşehir Belediyesi	5:36.20	347b	1:19.53	1:26.38	1:26.47	1:23.82
	50m: 36.48	36.48	150m: 2:02.99	43.46	250m: 3:28.18	42.27	350m: 4:54.94	42.56	
	100m: 1:19.53	43.05	200m: 2:45.91	42.92	300m: 4:12.38	44.20	400m: 5:36.20	41.26	
24.	Aylin Natalia TAPKAN	15	Istanbul İtÜ Geliştirme Vakfı	5:37.50	343r	1:19.97	1:27.20	1:26.85	1:23.48
	50m: 36.63	36.63	150m: 2:03.14	43.17	250m: 3:29.93	42.76	350m: 4:55.53	41.51	
	100m: 1:19.97	43.34	200m: 2:47.17	44.03	300m: 4:14.02	44.09	400m: 5:37.50	41.97	
25.	Duru YILDIRIM	15	Istanbul Büyükşehir Belediyesi	5:38.04	342b	1:18.54	1:25.49	1:27.84	1:26.17
	50m: 36.96	36.96	150m: 2:01.66	43.12	250m: 3:28.07	44.04	350m: 4:55.36	43.49	
	100m: 1:18.54	41.58	200m: 2:44.03	42.37	300m: 4:11.87	43.80	400m: 5:38.04	42.68	
26.	Ada Su ŞEREN	15	Istanbul Büyükşehir Belediyesi	5:38.09	341b	1:19.53	1:27.16	1:27.30	1:24.10
	50m: 37.01	37.01	150m: 2:02.52	42.99	250m: 3:29.36	42.67	350m: 4:56.16	42.17	
	100m: 1:19.53	42.52	200m: 2:46.69	44.17	300m: 4:13.99	44.63	400m: 5:38.09	41.93	
27.	Gökçe Ekin ÇEKİN	15	Istanbul İtÜ Geliştirme Vakfı	5:39.38	337r	1:21.83	1:29.33	1:27.07	1:21.15
	50m: 38.20	38.20	150m: 2:05.58	43.75	250m: 3:33.27	42.11	350m: 4:58.91	40.68	
	100m: 1:21.83	43.63	200m: 2:51.16	45.58	300m: 4:18.23	44.96	400m: 5:39.38	40.47	
28.	Beren DİLBAZ	15	Istanbul İtÜ Geliştirme Vakfı	5:39.43	337r	1:23.70	1:29.03	1:27.79	1:18.91
	50m: 38.04	38.04	150m: 2:07.73	44.03	250m: 3:34.90	42.17	350m: 5:01.08	40.56	
	100m: 1:23.70	45.66	200m: 2:52.73	45.00	300m: 4:20.52	45.62	400m: 5:39.43	38.35	
29.	Zeynep Duru ÇELİK	15	Feyziye Mektepleri Vakfı	5:41.45	331b	1:19.72	1:28.27	1:27.77	1:25.69
	50m: 37.98	37.98	150m: 2:04.53	44.81	250m: 3:32.59	44.60	350m: 5:00.32	44.56	
	100m: 1:19.72	41.74	200m: 2:47.99	43.46	300m: 4:15.76	43.17	400m: 5:41.45	41.13	
30.	Duru UÇAR	15	Istanbul İtÜ Geliştirme Vakfı	5:42.65	328r	1:22.45	1:29.19	1:26.79	1:24.22
	50m: 37.99	37.99	150m: 2:06.18	43.73	250m: 3:34.54	42.90	350m: 5:00.52	42.09	
	100m: 1:22.45	44.46	200m: 2:51.64	45.46	300m: 4:18.43	43.89	400m: 5:42.65	42.13	
31.	Masal Mina AKDENİZ	15	Istanbul Avrasya Spor Kulübü	5:43.33	326			2:56.47	1:26.57
	50m: 37.88	37.88	150m: 1:08.57		250m: 2:04.59	44.30	350m: 5:00.82	44.06	
	100m:		200m: 1:20.29	11.72	300m: 4:16.76	2:12.17	400m: 5:43.33	42.51	
32.	Ela HACIALİOĞLU	15	Istanbul Büyükşehir Belediyesi	5:43.54	325b	1:18.37	1:29.44	1:28.83	1:26.90
	50m: 37.52	37.52	150m: 2:03.76	45.39	250m: 3:32.78	44.97	350m: 5:01.97	45.33	
	100m: 1:18.37	40.85	200m: 2:47.81	44.05	300m: 4:16.64	43.86	400m: 5:43.54	41.57	
33.	Nida GÜLLEERDOĞAN	15	Istanbul Büyükşehir Belediyesi	5:45.99	318b	1:21.72	1:29.94	1:28.62	1:25.71
	50m: 38.25	38.25	150m: 2:07.17	45.45	250m: 3:36.61	44.95	350m: 5:04.75	44.47	
	100m: 1:21.72	43.47	200m: 2:51.66	44.49	300m: 4:20.28	43.67	400m: 5:45.99	41.24	
34.	Sare Reyhan DEMİRCAN	15	Istanbul Büyükşehir Belediyesi	5:49.13	310b	1:23.34	1:29.87	1:30.11	1:25.81
	50m: 38.95	38.95	150m: 2:08.84	45.50	250m: 3:39.51	46.30	350m: 5:08.16	44.84	
	100m: 1:23.34	44.39	200m: 2:53.21	44.37	300m: 4:23.32	43.81	400m: 5:49.13	40.97	
35.	Sahra Naz GRAM	15	Kadıköy Su Sporları Spor Kulübü	5:49.27	310	1:21.85	1:29.55	1:30.48	1:27.39
	50m: 37.34	37.34	150m: 2:07.01	45.16	250m: 3:36.08	44.68	350m: 5:06.96	45.08	
	100m: 1:21.85	44.51	200m: 2:51.40	44.39	300m: 4:21.88	45.80	400m: 5:49.27	42.31	
36.	Ezo PAKKAN	15	Galatasaray Spor Kulübü	5:49.64	309	1:24.29	1:30.29	1:30.22	1:24.84
	50m: 39.19	39.19	150m: 2:09.78	45.49	250m: 3:40.38	45.80	350m: 5:07.86	43.06	
	100m: 1:24.29	45.10	200m: 2:54.58	44.80	300m: 4:24.80	44.42	400m: 5:49.64	41.78	
37.	Serra Zeynep TUNCER	15	Galatasaray Spor Kulübü	5:51.10	305	1:25.32	1:30.76	1:29.97	1:25.05
	50m: 40.60	40.60	150m: 2:10.70	45.38	250m: 3:41.69	45.61	350m: 5:09.80	43.75	
	100m: 1:25.32	44.72	200m: 2:56.08	45.38	300m: 4:26.05	44.36	400m: 5:51.10	41.30	
38.	Halime Beyza CESUR	15	Galatasaray Spor Kulübü	5:56.50	291	1:25.88	1:31.23	1:30.82	1:28.57
	50m: 40.60	40.60	150m: 2:11.83	45.95	250m: 3:42.82	45.71	350m: 5:13.72	45.79	
	100m: 1:25.88	45.28	200m: 2:57.11	45.28	300m: 4:27.93	45.11	400m: 5:56.50	42.78	
39.	Lamia Alice ELMAS	15	Galatasaray Spor Kulübü	5:59.39	284	1:23.85	1:33.17	1:33.29	1:29.08
	50m: 38.61	38.61	150m: 2:10.54	46.69	250m: 3:42.85	45.83	350m: 5:15.38	45.07	
	100m: 1:23.85	45.24	200m: 2:57.02	46.48	300m: 4:30.31	47.46	400m: 5:59.39	44.01	

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Sıra	YB	Zam	Derece	100m	200m	300m	400m
40. Mina KARABULUT	15	Istanbul Su Sporları Spor Kulübü	6:00.05 283	1:24.80	1:33.90	1:32.53	1:28.82
50m: 38.87	38.87	150m: 2:10.50	45.70	250m: 3:43.73	45.03	350m: 5:15.73	44.50
100m: 1:24.80	45.93	200m: 2:58.70	48.20	300m: 4:31.23	47.50	400m: 6:00.05	44.32
41. Meltem ÖZGÜCÜ	15	Istanbul Büyükşehir Belediyesi Spor Kulübü	6:00.29 282	1:26.37	1:33.28	1:32.37	1:28.27
50m: 41.01	41.01	150m: 2:13.54	47.17	250m: 3:46.48	46.83	350m: 5:18.17	46.15
100m: 1:26.37	45.36	200m: 2:59.65	46.11	300m: 4:32.02	45.54	400m: 6:00.29	42.12
42. Elif YILMAZ	15	Okyanus Koleji Spor Kulübü	6:06.43 268	1:25.46	1:34.90	1:34.07	1:32.00
50m: 40.56	40.56	150m: 2:12.24	46.78	250m: 3:46.10	45.74	350m: 5:20.26	45.83
100m: 1:25.46	44.90	200m: 3:00.36	48.12	300m: 4:34.43	48.33	400m: 6:06.43	46.17
43. Gülce Neval KARA	15	Galatasaray Spor Kulübü	6:06.76 267	1:25.64	1:34.00	1:34.67	1:32.45
50m: 39.73	39.73	150m: 2:12.03	46.39	250m: 3:46.58	46.94	350m: 5:20.18	45.87
100m: 1:25.64	45.91	200m: 2:59.64	47.61	300m: 4:34.31	47.73	400m: 6:06.76	46.58
44. Melis AKIN	15	Enka Spor Kulübü	6:15.75 249	1:28.90	1:37.37	1:37.46	1:32.02
50m: 40.86	40.86	150m: 2:17.89	48.99	250m: 3:53.81	47.54	350m: 5:30.31	46.58
100m: 1:28.90	48.04	200m: 3:06.27	48.38	300m: 4:43.73	49.92	400m: 6:15.75	45.44
45. Ece ÇINAR	15	Kadıköy Su Sporları Spor Kulübü	6:16.44 247	1:27.90	1:38.08	1:37.58	1:32.88
50m: 40.27	40.27	150m: 2:16.64	48.74	250m: 3:54.31	48.33	350m: 5:31.76	48.20
100m: 1:27.90	47.63	200m: 3:05.98	49.34	300m: 4:43.56	49.25	400m: 6:16.44	44.68
46. Nil TAMKAN	15	Burak Sezgin Yüzme Spor Kulübü	6:16.48 247	1:27.11	1:37.96	1:39.83	1:31.58
50m: 41.50	41.50	150m: 2:15.38	48.27	250m: 3:54.62	49.55	350m: 5:33.28	48.38
100m: 1:27.11	45.61	200m: 3:05.07	49.69	300m: 4:44.90	50.28	400m: 6:16.48	43.20
47. Aysin AYHAN	15	Dragos Spor Kulübü	6:19.35 242	1:27.05	1:37.14	1:38.10	1:37.06
50m: 39.78	39.78	150m: 2:16.01	48.96	250m: 3:53.72	49.53	350m: 5:32.09	49.80
100m: 1:27.05	47.27	200m: 3:04.19	48.18	300m: 4:42.29	48.57	400m: 6:19.35	47.26
48. Duru AKKAYA	15	Kadıköy Su Sporları Spor Kulübü	6:44.70 199	1:32.49	1:45.48	1:45.97	1:40.76
50m: 41.66	41.66	150m: 2:26.41	53.92	250m: 4:11.10	53.13	350m: 5:57.19	53.25
100m: 1:32.49	50.83	200m: 3:17.97	51.56	300m: 5:03.94	52.84	400m: 6:44.70	47.51
49. Elisa KELLEÇİ	15	Dragos Spor Kulübü	6:55.25 184	1:38.09	1:48.17	1:48.80	1:40.19
50m: 45.35	45.35	150m: 2:31.31	53.22	250m: 4:19.35	53.09	350m: 6:05.45	50.39
100m: 1:38.09	52.74	200m: 3:26.26	54.95	300m: 5:15.06	55.71	400m: 6:55.25	49.80
50. S. DEMİRCİOĞLU	15	Burak Sezgin Yüzme Spor Kulübü	6:56.14 183	1:36.58	1:49.88	1:47.78	1:41.90
50m: 43.79	43.79	150m: 2:30.64	54.06	250m: 4:20.08	53.62	350m: 6:08.08	53.84
100m: 1:36.58	52.79	200m: 3:26.46	55.82	300m: 5:14.24	54.16	400m: 6:56.14	48.06
disk. Azra CEBİR	15	Istanbul Büyükşehir Belediyesi Spor Kulübü		1:14.64	10.02		
<i>SW 10.2 - Yüzmesi gereken mesafeyi tamamlamadığından. (Zaman: 15:16), 100 mt.terk</i>							
50m: 34.96	34.96	150m:		250m:		350m:	
100m: 1:14.64	39.68	200m: 1:24.66		300m:		400m:	