

13+ YAS UZUN KULVAR BARAJ GECME MUSABAKALARI
İSTANBUL, 13. - 15.3.2026

Yarış 32
15.03.2026 - 16:13

Erkekler, 400m Karışık

Açık
Sonuçlar

Puanlar: FINA 2023

Sıra	YB	Zam	Derece	100m	200m	300m	400m		
1.	Uras KAHRAMAN	11	Enka Spor Kulübü	4:49.05	600	1:06.26	1:13.93	1:24.13	1:04.73
	50m: 30.52	30.52	150m: 1:43.90	37.64	250m: 3:01.62	41.43	350m: 4:17.21	32.89	
	100m: 1:06.26	35.74	200m: 2:20.19	36.29	300m: 3:44.32	42.70	400m: 4:49.05	31.84	
2.	Efe ÖZER	11	Beylikdüzü Yüzme Spor Kulübü	4:53.43	573	1:07.87	1:15.77	1:24.58	1:05.21
	50m: 30.66	30.66	150m: 1:45.68	37.81	250m: 3:04.71	41.07	350m: 4:21.36	33.14	
	100m: 1:07.87	37.21	200m: 2:23.64	37.96	300m: 3:48.22	43.51	400m: 4:53.43	32.07	
3.	Ahmet Eymen ERBAŞ	12	İstanbul Su Sporları Spor Kulübü	5:02.47	523	1:07.20	1:19.88	1:27.14	1:08.25
	50m: 30.96	30.96	150m: 1:48.47	41.27	250m: 3:11.16	44.08	350m: 4:30.13	35.91	
	100m: 1:07.20	36.24	200m: 2:27.08	38.61	300m: 3:54.22	43.06	400m: 5:02.47	32.34	
4.	Alp SAYGIN	10	Feyziye Mektepleri Vakfı ışı	5:06.09	505	1:11.56	1:20.71	1:25.63	1:08.19
	50m: 32.72	32.72	150m: 1:52.37	40.81	250m: 3:15.13	42.86	350m: 4:33.59	35.69	
	100m: 1:11.56	38.84	200m: 2:32.27	39.90	300m: 3:57.90	42.77	400m: 5:06.09	32.50	
5.	Ali ÖZKAN	13	Fenerbahçe Spor Kulübü	5:07.59	498	1:11.60	1:19.48	1:29.93	1:06.58
	50m: 32.30	32.30	150m: 1:51.71	40.11	250m: 3:15.97	44.89	350m: 4:34.28	33.27	
	100m: 1:11.60	39.30	200m: 2:31.08	39.37	300m: 4:01.01	45.04	400m: 5:07.59	33.31	
6.	Kerem Eymen TUNÇ	13	Pro Swimming Academy Spor Kulübü	5:08.63	493	1:09.93	1:23.47	1:26.65	1:08.58
	50m: 31.91	31.91	150m: 1:51.89	41.96	250m: 3:15.47	42.07	350m: 4:34.74	34.69	
	100m: 1:09.93	38.02	200m: 2:33.40	41.51	300m: 4:00.05	44.58	400m: 5:08.63	33.89	
7.	Batur Ali KARACA	11	Kınalıada Su Sporları Spor Kulübü	5:09.88	487	1:09.42	1:17.72	1:33.48	1:09.26
	50m: 31.64	31.64	150m: 1:48.81	39.39	250m: 3:13.20	46.06	350m: 4:35.73	35.11	
	100m: 1:09.42	37.78	200m: 2:27.14	38.33	300m: 4:00.62	47.42	400m: 5:09.88	34.15	
8.	Ege YÜKSEL	10	Beylikdüzü Yüzme Spor Kulübü	5:12.95	473	1:10.94	1:30.12	1:24.88	1:07.01
	50m: 32.69	32.69	150m: 1:57.73	46.79	250m: 3:23.87	42.81	350m: 4:41.19	35.25	
	100m: 1:10.94	38.25	200m: 2:41.06	43.33	300m: 4:05.94	42.07	400m: 5:12.95	31.76	
9.	Abdullah SÜZEN	09	Ferdi	5:13.95	468	1:06.53	1:25.37	1:28.98	1:13.07
	50m: 30.34	30.34	150m: 1:49.41	42.88	250m: 3:15.54	43.64	350m: 4:37.50	36.62	
	100m: 1:06.53	36.19	200m: 2:31.90	42.49	300m: 4:00.88	45.34	400m: 5:13.95	36.45	
10.	Mehmet Sarp ARAZ	12	Kınalıada Su Sporları Spor Kulübü	5:14.81	464	1:08.80	1:18.44	1:35.56	1:12.01
	50m: 31.70	31.70	150m: 1:48.48	39.68	250m: 3:14.48	47.24	350m: 4:39.58	36.78	
	100m: 1:08.80	37.10	200m: 2:27.24	38.76	300m: 4:02.80	48.32	400m: 5:14.81	35.23	
11.	Çınar UÇAR	12	Kınalıada Su Sporları Spor Kulübü	5:14.99	463	1:11.38	1:17.84	1:36.72	1:09.05
	50m: 32.75	32.75	150m: 1:51.94	40.56	250m: 3:18.03	48.81	350m: 4:40.62	34.68	
	100m: 1:11.38	38.63	200m: 2:29.22	37.28	300m: 4:05.94	47.91	400m: 5:14.99	34.37	
12.	Ali Cihan AYDIN	10	Feyziye Mektepleri Vakfı ışı	5:17.55	452	1:07.62	1:21.37	1:36.02	1:12.54
	50m: 30.08	30.08	150m: 1:48.08	40.46	250m: 3:16.55	47.56	350m: 4:42.53	37.52	
	100m: 1:07.62	37.54	200m: 2:28.99	40.91	300m: 4:05.01	48.46	400m: 5:17.55	35.02	
13.	Doruk DOĞAN	11	Enka Spor Kulübü	5:19.77	443	1:10.38			1:14.52
	50m: 31.09	31.09	150m: 1:49.99	39.61	250m: 3:16.09		350m: 4:43.23	37.98	
	100m: 1:10.38	39.29	200m:		300m: 4:05.25	49.16	400m: 5:19.77	36.54	
14.	Hasan Ali IZGİ	13	Bahçeşehir Kültür Yüzme Kulübü	5:21.45	436	1:12.91	1:21.37	1:34.08	1:13.09
	50m: 33.03	33.03	150m: 1:54.20	41.29	250m: 3:20.71	46.43	350m: 4:44.41	36.05	
	100m: 1:12.91	39.88	200m: 2:34.28	40.08	300m: 4:08.36	47.65	400m: 5:21.45	37.04	
15.	Gökdeniz Tuna ÖZDEMİR	12	Fenerbahçe Spor Kulübü	5:23.61	427	1:11.99	1:25.87	1:35.32	1:10.43
	50m: 32.47	32.47	150m: 1:55.80	43.81	250m: 3:25.52	47.66	350m: 4:49.40	36.22	
	100m: 1:11.99	39.52	200m: 2:37.86	42.06	300m: 4:13.18	47.66	400m: 5:23.61	34.21	
16.	Can ÖZKAN	12	Feyziye Mektepleri Vakfı ışı	5:29.20	406	1:14.64	1:22.59	1:41.59	1:10.38
	50m: 32.89	32.89	150m: 1:57.08	42.44	250m: 3:27.40	50.17	350m: 4:54.22	35.40	
	100m: 1:14.64	41.75	200m: 2:37.23	40.15	300m: 4:18.82	51.42	400m: 5:29.20	34.98	
17.	Ömer Burak YALÇIN	12	Kınalıada Su Sporları Spor Kulübü	5:31.53	397	1:13.55	1:23.93	1:36.87	1:17.18
	50m: 33.25	33.25	150m: 1:55.30	41.75	250m: 3:25.39	47.91	350m: 4:53.16	38.81	
	100m: 1:13.55	40.30	200m: 2:37.48	42.18	300m: 4:14.35	48.96	400m: 5:31.53	38.37	
18.	Halil ŞEN	13	Enka Spor Kulübü	5:31.88	396	1:19.83	1:28.45	1:30.67	1:12.93
	50m: 36.21	36.21	150m: 2:04.79	44.96	250m: 3:33.44	45.16	350m: 4:56.00	37.05	
	100m: 1:19.83	43.62	200m: 2:48.28	43.49	300m: 4:18.95	45.51	400m: 5:31.88	35.88	
19.	Yağız CAN	13	Beylikdüzü Yüzme Spor Kulübü	5:34.43	387	1:14.68	1:28.55	1:39.05	1:12.15
	50m: 34.23	34.23	150m: 1:58.91	44.23	250m: 3:31.60	48.37	350m: 4:58.84	36.56	
	100m: 1:14.68	40.45	200m: 2:43.23	44.32	300m: 4:22.28	50.68	400m: 5:34.43	35.59	

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Sıra	YB	Zaman	Derece	100m	200m	300m	400m				
20. Faruk BADAY	13	Istanbul Su Sporları Spor Klübü	5:34.63	386	1:13.21	1:25.13	1:40.76	1:15.53			
50m:	33.60	33.60	150m:	1:56.72	43.51	250m:	3:28.74	50.40	350m:	4:58.11	39.01
100m:	1:13.21	39.61	200m:	2:38.34	41.62	300m:	4:19.10	50.36	400m:	5:34.63	36.52
21. Ahmet Kural TORLAK	12	Heybeliada Su Sporları Spor Kulübü	5:35.40	384	1:14.85	1:30.52	1:36.06	1:13.97			
50m:	33.87	33.87	150m:	2:00.91	46.06	250m:	3:34.35	48.98	350m:	4:58.77	37.34
100m:	1:14.85	40.98	200m:	2:45.37	44.46	300m:	4:21.43	47.08	400m:	5:35.40	36.63
22. Emre Şan AYDOĞAN	13	Istanbul İtÜ Geliştirme Vakfı	5:39.18	371	1:20.76	1:28.58	1:34.39	1:15.45			
50m:	36.83	36.83	150m:	2:05.10	44.34	250m:	3:36.02	46.68	350m:	5:01.86	38.13
100m:	1:20.76	43.93	200m:	2:49.34	44.24	300m:	4:23.73	47.71	400m:	5:39.18	37.32
23. Poyraz BAŞ	13	Ferdi	5:40.61	366	1:16.81	1:28.17	1:40.32	1:15.31			
50m:	34.73	34.73	150m:	2:01.88	45.07	250m:	3:34.18	49.20	350m:	5:03.88	38.58
100m:	1:16.81	42.08	200m:	2:44.98	43.10	300m:	4:25.30	51.12	400m:	5:40.61	36.73
24. Kayra Aslan YILMAZ	13	Istanbul İtÜ Geliştirme Vakfı	5:42.99	359	1:20.47	1:33.89	1:32.52	1:16.11			
50m:	35.44	35.44	150m:	2:07.63	47.16	250m:	3:40.74	46.38	350m:	5:04.91	38.03
100m:	1:20.47	45.03	200m:	2:54.36	46.73	300m:	4:26.88	46.14	400m:	5:42.99	38.08
25. Can MUTLULU	13	Heybeliada Su Sporları Spor Kulübü	5:47.20	346	1:20.71	1:35.42	1:35.72	1:15.35			
50m:	36.40	36.40	150m:	2:10.57	49.86	250m:	3:43.41	47.28	350m:	5:09.81	37.96
100m:	1:20.71	44.31	200m:	2:56.13	45.56	300m:	4:31.85	48.44	400m:	5:47.20	37.39
26. M. KARAASLAN	13	Anabilim Spor Kulübü	5:49.76	338	1:27.69	1:30.08	1:35.99	1:16.00			
50m:	40.67	40.67	150m:	2:14.07	46.38	250m:	3:46.56	48.79	350m:	5:13.82	40.06
100m:	1:27.69	47.02	200m:	2:57.77	43.70	300m:	4:33.76	47.20	400m:	5:49.76	35.94
27. Burak Demir SARIKAŞ	13	Bahçeşehir Kültür Yüzme Kulübü	5:51.63	333	1:25.51	1:29.65	1:40.75	1:15.72			
50m:	38.36	38.36	150m:	2:10.48	44.97	250m:	3:44.07	48.91	350m:	5:15.23	39.32
100m:	1:25.51	47.15	200m:	2:55.16	44.68	300m:	4:35.91	51.84	400m:	5:51.63	36.40
28. Emir Taha KOCABAL	13	Istanbul Büyükşehir Belediyesi	5:59.31	312	1:22.21	1:26.63	1:52.64	1:17.83			
50m:	37.16	37.16	150m:	2:06.39	44.18	250m:	3:44.78	55.94	350m:	5:20.93	39.45
100m:	1:22.21	45.05	200m:	2:48.84	42.45	300m:	4:41.48	56.70	400m:	5:59.31	38.38
29. Kaan ÇAVUŞOĞLU	13	Beylikdüzü Yüzme Spor Kulübü	6:02.43	304	1:29.30	1:30.33	1:45.86	1:16.94			
50m:	40.83	40.83	150m:	2:16.43	47.13	250m:	3:53.82	54.19	350m:	5:25.80	40.31
100m:	1:29.30	48.47	200m:	2:59.63	43.20	300m:	4:45.49	51.67	400m:	6:02.43	36.63
30. Mehmetemin ŞAHİNKAYA	13	Istanbul Su Sporları Spor Kulübü	6:02.82	303	1:23.38	1:33.48	1:45.19	1:20.77			
50m:	37.54	37.54	150m:	2:10.99	47.61	250m:	3:48.59	51.73	350m:	5:21.84	39.79
100m:	1:23.38	45.84	200m:	2:56.86	45.87	300m:	4:42.05	53.46	400m:	6:02.82	40.98