

11 Ya Ankara I Baraj Geçme Müsabakası
ANKARA, 4. - 5.4.2026

Yarı 11
4.04.2026

Kızlar, 400m Serbest

11 ya
Sonuçlar

UGP 2. ETAP - 11 YA KATILIM BARAJI : 6:47.99

Puanlar: AQUA 2025

Sıra	YB	Zaman Derece
1. Almira ALSANCAK	15 Vamos Spor Kulübü	5:23.73 384
50m: 36.43 36.43	150m: 1:59.29 42.09	250m: 3:21.92 41.54
100m: 1:17.20 40.77	200m: 2:40.38 41.09	350m: 4:44.78 41.74
	300m: 4:03.04 41.12	400m: 5:23.73 38.95
2. Kayla ÖZEL	15 Zafer Koleji Spor Kulübü	5:24.81 380
50m: 35.66 35.66	200m: 2:39.93 41.97	300m: 4:03.23 41.47
150m: 1:57.96 1:22.30	250m: 3:21.76 41.83	350m: 4:44.16 40.93
		400m: 5:24.81 40.65
3. Ece DEM R	15 Ted Ankara Kolejliler Spor Kulübü	5:27.07 372
50m: 36.81 36.81	150m: 1:59.98 42.51	250m: 3:24.96 42.74
100m: 1:17.47 40.66	200m: 2:42.22 42.24	300m: 4:07.17 42.21
		350m: 4:47.92 40.75
		400m: 5:27.07 39.15
4. Mira KÖSE	15 Vamos Spor Kulübü	5:27.32 371
50m: 35.67 35.67	150m: 1:58.97 42.36	250m: 3:23.59 42.58
100m: 1:16.61 40.94	200m: 2:41.01 42.04	300m: 4:05.88 42.29
		350m: 4:47.86 41.98
		400m: 5:27.32 39.46
5. Rengim ARSLANHAN	15 Vamos Spor Kulübü	5:27.46 371
6. Ay e Nil KILIÇER	15 Vamos Spor Kulübü	5:29.71 363
7. Beste Candan AYDIN	15 Ferdi	5:29.78 363
50m: 37.26 37.26	400m: 5:29.78 4:52.52	
8. Hira Alya KUYRUKCU	15 Vamos Spor Kulübü	5:30.54 361
100m: 1:20.83 1:20.83	250m: 3:27.12 1:23.94	350m: 4:49.27 40.53
150m: 2:03.18 42.35	300m: 4:08.74 41.62	400m: 5:30.54 41.27
9. Eda ERTÜRK	15 Ferdi	5:30.99 359
50m: 34.35 34.35	150m: 1:57.44 42.77	250m: 3:22.81 42.71
100m: 1:14.67 40.32	200m: 2:40.10 42.66	300m: 4:06.80 43.99
		350m: 4:49.98 43.18
		400m: 5:30.99 41.01
10. Cemre Arya ÖZCAN	15 Ba kent Çankaya Spor Kulübü	5:32.26 355
50m: 37.09 37.09	250m: 3:29.91 1:27.18	400m: 5:32.26 37.44
150m: 2:02.73 1:25.64	350m: 4:54.82 1:24.91	
11. Mina GÜLMEZ	15 Gordion Spor Kulübü	5:34.81 347
50m: 37.81 37.81	250m: 3:26.99 1:25.79	400m: 5:34.81 42.58
150m: 2:01.20 1:23.39	350m: 4:52.23 1:25.24	
12. Ece Nas PEKDA LI	15 Vamos Spor Kulübü	5:35.39 345
50m: 36.13 36.13	150m: 1:59.67 42.95	250m: 3:26.67 44.38
100m: 1:16.72 40.59	200m: 2:42.29 42.62	350m: 4:55.03 1:28.36
		400m: 5:35.39 40.36
13. Alya KAM	15 Vamos Spor Kulübü	5:35.88 344
50m: 34.91 34.91	150m: 2:00.10 42.40	250m: 3:27.08 42.97
100m: 1:17.70 42.79	200m: 2:44.11 44.01	300m: 4:10.84 43.76
		350m: 4:54.08 43.24
		400m: 5:35.88 41.80
14. Deren Birce DAL	15 Yenimahalle Belediyesi Spor Kulübü	5:37.86 338
50m: 37.25 37.25	150m: 2:02.12 42.87	250m: 3:29.64 44.18
100m: 1:19.25 42.00	200m: 2:45.46 43.34	300m: 4:14.62 44.98
		350m: 4:57.44 42.82
		400m: 5:37.86 40.42
15. Ella AYDIN	15 Vamos Spor Kulübü	5:40.19 331
50m: 37.49 37.49	150m: 2:02.97 43.17	300m: 4:14.80 1:28.45
100m: 1:19.80 42.31	200m: 2:46.35 43.38	350m: 4:58.13 43.33
		400m: 5:40.19 42.06
16. Asel AH N	15 Ankara Elit Akademik Yüzme Spor Kulübü	5:45.10 317
100m: 1:19.64 1:19.64	300m: 4:16.91 1:28.84	400m: 5:45.10 43.13
200m: 2:48.07 1:28.43	350m: 5:01.97 45.06	
17. Masal GÖK	15 Ankara Elit Akademik Yüzme Spor Kulübü	5:45.51 316
50m: 38.81 38.81	150m: 2:06.93 45.70	250m: 3:35.76 45.52
100m: 1:21.23 42.42	200m: 2:50.24 43.31	300m: 4:21.60 45.84
		350m: 5:06.23 44.63
		400m: 5:45.51 39.28
18. Ikra ALPAY	15 Ferdi	5:46.60 313
50m: 37.86 37.86	250m: 5:04.44 4:26.58	300m: 5:46.49 42.05
		400m: 5:46.60 0.11
19. Esila Nur HAYDAR	15 Altın Oran Spor Kulübü	5:47.23 311
300m: 4:23.35 4:23.35	400m: 5:47.23 1:23.88	

11 Ya Ankara I Baraj Geçme Müsabakası
ANKARA, 4. - 5.4.2026

Yarı 11, Kızlar, 400m Serbest, 11 ya

Sıra					YB					Zaman	Derece	
20.	Maya D K C				15	Orta Do u Teknik Üniversitesi Spor Kulü				5:48.50	308	
	50m:	39.57	39.57	150m:	2:08.68	43.67	250m:	3:37.90	44.90	350m:	5:07.64	44.13
	100m:	1:25.01	45.44	200m:	2:53.00	44.32	300m:	4:23.51	45.61	400m:	5:48.50	40.86
21.	Melisa Rüya BAL				15	Hacettepeliler Spor Kulübü				5:48.62	307	
	50m:	39.97	39.97	150m:	2:08.61	44.44	250m:	3:37.12	43.83	350m:	5:05.60	43.12
	100m:	1:24.17	44.20	200m:	2:53.29	44.68	300m:	4:22.48	45.36	400m:	5:48.62	43.02
22.	Eylül ÖZTÜRK				15	Ba kent Çankaya Spor Kulübü				5:48.71	307	
	50m:	40.11	40.11	150m:	2:10.16	44.86	250m:	3:38.93	44.41	350m:	5:06.26	41.99
	100m:	1:25.30	45.19	200m:	2:54.52	44.36	300m:	4:24.27	45.34	400m:	5:48.71	42.45
23.	Lina GÜLMEZ				15	Gordion Spor Kulübü				5:49.38	305	
24.	Zeynep Bahar AKSOY				15	Gordion Spor Kulübü				5:51.45	300	
	100m:	1:20.43	1:20.43	200m:	2:52.71	1:32.28	300m:	4:23.58	1:30.87	400m:	5:51.45	1:27.87
25.	Cemre Özce CO KUN				15	Orka Swim Team Spor Kulübü				5:55.61	289	
	50m:	38.10	38.10	150m:	2:06.03	45.06	250m:	3:37.60	45.81	400m:	5:55.61	44.76
	100m:	1:20.97	42.87	200m:	2:51.79	45.76	350m:	5:10.85	1:33.25			
26.	Eda Naz ÖZB LGE				15	Gordion Spor Kulübü				5:56.24	288	
27.	Selen SEYHAN				15	Hacettepeliler Spor Kulübü				5:59.14	281	
	50m:	39.31	39.31	150m:	2:11.25	46.72	250m:	3:44.39	46.31	350m:	5:16.27	45.79
	100m:	1:24.53	45.22	200m:	2:58.08	46.83	300m:	4:30.48	46.09	400m:	5:59.14	42.87
28.	Maya Asya KANTAR				15	Gordion Spor Kulübü				5:59.58	280	
	50m:	40.95	40.95	150m:	2:12.21	46.34	250m:	3:43.79	46.16	350m:	5:15.51	45.80
	100m:	1:25.87	44.92	200m:	2:57.63	45.42	300m:	4:29.71	45.92	400m:	5:59.58	44.07
29.	Zeynep AKYÜREK				15	Zafer Koleji Spor Kulübü				6:00.30	278	
	50m:	42.04	42.04	400m:	6:00.30	5:18.26						
30.	Nehir KÜÇÜK				15	Ankara Üniversitesi Spor Kulübü				6:00.45	278	
	50m:	39.13	39.13	150m:	2:12.23	46.96	250m:	3:45.31	46.87	350m:	5:17.31	45.69
	100m:	1:25.27	46.14	200m:	2:58.44	46.21	300m:	4:31.62	46.31	400m:	6:00.45	43.14
31.	ı il ADIMCI				15	Emba Spor Kulübü				6:02.65	273	
	50m:	38.61	38.61	400m:	6:02.65	5:24.04						
32.	Do a USMAN				15	Ankara Yüzme Kulübü Spor Kulübü				6:05.82	266	
	300m:	4:33.30	4:33.30	400m:	6:05.82	1:32.52						
33.	Ece GÖKDEN Z				15	Zafer Koleji Spor Kulübü				6:06.43	265	
	50m:	41.19	41.19	250m:	3:47.46	1:34.19	400m:	6:06.43	46.00			
	150m:	2:13.27	1:32.08	350m:	5:20.43	1:32.97						
34.	Bu lem BALLI				15	Ankara Yüzme Kulübü Spor Kulübü				6:06.62	264	
	50m:	38.54	38.54	200m:	2:58.63	47.13	350m:	5:19.84	1:33.83			
	150m:	2:11.50	1:32.96	250m:	3:46.01	47.38	400m:	6:06.62	46.78			
35.	Nisa Nur YAYLA				15	Aren Athletics Spor Kulübü				6:07.14	263	
	50m:	39.52	39.52	150m:	2:12.94	47.04	250m:	3:48.50	46.86	400m:	6:07.14	1:30.85
	100m:	1:25.90	46.38	200m:	3:01.64	48.70	300m:	4:36.29	47.79			
36.	Hira GÖK				15	Vamos Spor Kulübü				6:08.27	261	
37.	Gülce HALICI				15	Gordion Spor Kulübü				6:10.33	256	
	50m:	41.50	41.50	150m:	2:16.43	47.27	250m:	3:50.60	47.27	350m:	5:24.79	47.43
	100m:	1:29.16	47.66	200m:	3:03.33	46.90	300m:	4:37.36	46.76	400m:	6:10.33	45.54
38.	Nehir ÖZDEN				15	Altın Oran Spor Kulübü				6:11.42	254	
	100m:	1:26.61	1:26.61	200m:	3:01.81	1:35.20	400m:	6:11.42	3:09.61			
39.	Ada Nisa KILIÇ				15	Altın Oran Spor Kulübü				6:13.53	250	
	50m:	40.97	40.97	150m:	2:15.03	47.75	250m:	3:51.70	48.64	350m:	5:27.60	47.59
	100m:	1:27.28	46.31	200m:	3:03.06	48.03	300m:	4:40.01	48.31	400m:	6:13.53	45.93
40.	Ay e Nazlı KARAKURT				15	Orta Do u Teknik Üniversitesi Spor Kulü				6:15.02	247	
	50m:	41.84	41.84	200m:	3:03.72	47.96	300m:	4:40.86	48.91	400m:	6:15.02	46.47
	150m:	2:15.76	1:33.92	250m:	3:51.95	48.23	350m:	5:28.55	47.69			

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ANKARA, 4. - 5.4.2026

Yarı 11, Kızlar, 400m Serbest, 11 ya

Sıra	YB								Zaman	Derece
41.	Duru AKYOL			15	Aren Athletics Spor Kulübü				6:18.95	239
	50m: 37.83	37.83	150m: 2:15.34	48.80	250m: 3:53.71	49.00	350m: 5:32.16	48.69		
	100m: 1:26.54	48.71	200m: 3:04.71	49.37	300m: 4:43.47	49.76	400m: 6:18.95	46.79		
42.	Ezgi ERDO AN			15	Altın Oran Spor Kulübü				6:20.36	236
	50m: 39.91	39.91	150m: 2:13.84	46.94	250m: 3:52.52	48.90				
	100m: 1:26.90	46.99	200m: 3:03.62	49.78	400m: 6:20.36	2:27.84				
43.	Lina Beren ADIGÜZEL			15	Orka Swim Team Spor Kulübü				6:20.65	236
	200m: 3:08.74	3:08.74	300m: 4:47.15	1:38.41	400m: 6:20.65	1:33.50				
44.	Asya BABAARSLAN			15	Aren Athletics Spor Kulübü				6:20.86	236
	50m: 39.66	39.66	150m: 2:16.67	49.10	250m: 3:56.49	49.10	350m: 5:34.06	48.14		
	100m: 1:27.57	47.91	200m: 3:07.39	50.72	300m: 4:45.92	49.43	400m: 6:20.86	46.80		
45.	Zehra AHBAZ			15	Aren Athletics Spor Kulübü				6:22.22	233
	50m: 40.39	40.39	150m: 3:56.21	3:15.82	400m: 6:22.22	2:26.01				
46.	Cemre Seyhan B LG Ç			15	Vamos Spor Kulübü				6:26.11	226
	50m: 41.46	41.46	150m: 2:17.46	48.81	250m: 3:54.48	48.55	350m: 5:32.10	48.47		
	100m: 1:28.65	47.19	200m: 3:05.93	48.47	300m: 4:43.63	49.15	400m: 6:26.11	54.01		
47.	Defne KULA			15	Aykon Spor Kulübü				6:28.76	221
	50m: 39.95	39.95	150m: 2:18.13	1:38.18	400m: 6:28.76	4:10.63				
48.	Sinem Erva UÇARSU			15	Ankara Üniversitesi Spor Kulübü				6:34.45	212
	200m: 3:12.38	3:12.38	300m: 4:54.51	1:42.13	400m: 6:34.45	1:39.94				
49.	Deniz CANTÜRK			15	Ankara Yüzme Kulübü Spor Kulübü				6:58.81	177
50.	Beren D NÇ			15	Ankara Gsm Spor Kulübü				7:03.73	171