

15+ Yaş Ankara İl Baraj Geçme Müsabakası
ANKARA, 25. - 27.7.2025

Yarış 24
27.07.2025 - 9:30

Bayanlar, 400m Serbest

15 yaş ve büyükler
Sonuçlar

15 YAŞ BARAJLAR 15: 4:30.48 / 16-17-18 YAŞ BARAJLAR 16 - 18: 4:27.06 / 19+ YAŞ BARAJLAR 19 +: 4:21.40

Puanlar: AQUA 2025

Sıra	YB	Zaman	Derece
1. Zeynep HADANOĞLU	10 Zafer Koleji Spor Kulübü	4:33.72	635
50m: 30.69 30.69	250m: 2:49.65 1:10.45	400m: 4:33.72 33.85	
150m: 1:39.20 1:08.51	350m: 3:59.87 1:10.22		
2. Derin KILIÇ	09 Başkent Çankaya Spor Kulübü	4:52.12	523
50m: 32.16 32.16	150m: 1:45.26 37.23	250m: 3:00.78 37.95	350m: 4:16.21 37.54
100m: 1:08.03 35.87	200m: 2:22.83 37.57	300m: 3:38.67 37.89	400m: 4:52.12 35.91
3. Ece ÖNGÖREN	09 V.A.M.O.S	4:56.27	501
50m: 33.73 33.73	150m: 1:48.92 38.10	250m: 3:04.10 37.73	350m: 4:19.51 37.60
100m: 1:10.82 37.09	200m: 2:26.37 37.45	300m: 3:41.91 37.81	400m: 4:56.27 36.76
4. Ada HERGÜL	10 Zafer Koleji Spor Kulübü	5:03.84	464
50m: 33.43 33.43	200m: 2:28.96 1:18.44	300m: 3:47.12 39.09	400m: 5:03.84 37.69
100m: 1:10.52 37.09	250m: 3:08.03 39.07	350m: 4:26.15 39.03	
5. ırmak Ada SARIKAYA	10 Hacettepeliler	5:27.18	372
50m: 34.87 34.87	150m: 1:56.87 42.17	250m: 3:21.90 43.01	350m: 4:47.37 42.76
100m: 1:14.70 39.83	200m: 2:38.89 42.02	300m: 4:04.61 42.71	400m: 5:27.18 39.81