

Ankara 13-14 Yaş Baraj Geçme ve ANALİĞ Seçme Müsabakası
ANKARA, 21. - 22.7.2025

Yarış 25

22.07.2025 - 11:25

Kızlar, 400m Karışık

13 - 14 yaşları arası

Sonuçlar

13 Yaş Barajı 13: 5:45.87 / 14 Yaş Barajı 14: 5:39.14

Puanlar: AQUA 2024

Sıra	YB					ZamDerece		100m	200m	300m	400m
13 yaş											
1. Zeynep Asya GEVER	12	V.A.M.O.S	5:37.91		487	1:15.01	1:25.19	1:41.80	1:15.91		
13 YAŞ KATILIM BARAJINI GEÇTİ											
50m:	34.00	34.00	150m:	1:58.05	43.04	250m:	3:30.95	50.75	350m:	5:00.31	38.31
100m:	1:15.01	41.01	200m:	2:40.20	42.15	300m:	4:22.00	51.05	400m:	5:37.91	37.60
2. Naz KARARTI	12	V.A.M.O.S	5:46.81		450	1:15.09	1:30.55	1:39.09	1:22.08		
50m:	35.28	35.28	150m:			250m:	3:34.19	48.55	350m:		
100m:	1:15.09	39.81	200m:	2:45.64		300m:	4:24.73	50.54	400m:	5:46.81	
3. Melisa ÇAKMAK	12	Ted Ankara Kolejliler Spor	5:52.00		430	1:19.66	1:38.92	1:32.07	1:21.35		
50m:	36.16	36.16	150m:	2:10.39	50.73	250m:	3:43.47	44.89	350m:	5:12.13	41.48
100m:	1:19.66	43.50	200m:	2:58.58	48.19	300m:	4:30.65	47.18	400m:	5:52.00	39.87
4. Cemre TÜRKMEN	12	V.A.M.O.S	6:06.91		380					1:20.83	
50m:			150m:	2:14.53		250m:	3:54.00		350m:	5:26.65	40.57
100m:			200m:			300m:	4:46.08	52.08	400m:	6:06.91	40.26

14 yaş

1. Ayşe KENT	11	Ted Ankara Kolejliler Spor	5:21.84	563	1:09.28	1:24.71	1:35.38	1:12.47			
<i>14 YAŞ KATILIM BARAJINI GEÇTİ</i>											
50m:	32.10	32.10	150m:	1:52.18	42.90	250m:	3:22.18	48.19	350m:	4:45.80	36.43
100m:	1:09.28	37.18	200m:	2:33.99	41.81	300m:	4:09.37	47.19	400m:	5:21.84	36.04
2. Ecrin YAVUZ	11	Odtü Spor Kulübü	5:48.06	445	1:17.14	1:29.72	1:43.85	1:17.35			
50m:	35.77	35.77	150m:	2:02.30	45.16	250m:	3:39.77	52.91	350m:	5:09.55	38.84
100m:	1:17.14	41.37	200m:	2:46.86	44.56	300m:	4:30.71	50.94	400m:	5:48.06	38.51