

TÜRK YE MASTERLAR KI YÜZME AMP YONASI NEJAT NAKKA ANIS'NA  
MERS N, 9. - 11.2.2018

Yarı 29 Bayanlar, 400m Serbest/Freestyle 25 ya ve büyükler  
11.2.2018 - 9:00 Sonuçlar

master rekorları 50 m 25 - 29	5:15.96	B GE VARDAR	BUDAPE TE	20.8.2017
master rekorları 50 m 30 - 34	5:27.30	AY EGÜL BODUR AYVAZ	TRABZON	4.3.2016
master rekorları 50 m 35 - 39	5:36.73	ESRA ENSES	BURSA	19.2.2017
master rekorları 50 m 40 - 44	5:34.60	NESR N ÖZGÜN	ANKARA	28.10.2016
master rekorları 50 m 45 - 49	5:29.22	NESR N ÖZGÜN	BUDAPE TE	20.8.2017
master rekorları 50 m 50 - 54	5:43.96	YE M ÖZDOYURAN	KAZAN (RUS)	11.8.2015
master rekorları 50 m 55 - 59	7:17.42	Wendy EDIZ	MERS N	9.2.2018
master rekorları 50 m 60 - 64	8:28.69	CAH DE EYMA KOLAYLI	ANKARA	28.10.2016
master rekorları 50 m 65 - 69	9:39.80	RAB A SEVL GEM C O LU	ANKARA	8.11.2014
master rekorları 50 m 70 - 74	10:52.36	FATMA NC OKUTAN	ANKARA	28.10.2016

Puanlar: Can PARA 2010

Sıra	YB	Time	Pts	100m	200m	300m	400m	
<b>25 - 29 ya ları arası</b>								
1.	Nehir GÜNCE DA CI	90	ODTÜ	<b>5:26.16</b>	1:14.77	1:23.63	1:24.96	1:22.80
	50m: 34.98	34.98	150m: 1:56.05	41.28	250m: 3:20.68	42.28	350m: 4:45.18	41.82
	100m: 1:14.77	39.79	200m: 2:38.40	42.35	300m: 4:03.36	42.68	400m: 5:26.16	40.98
2.	Elif GIZEM TUNCEL	92	istanbul Teknik Üniversitesi	<b>6:22.78</b>	1:29.65	1:37.68	1:39.29	1:36.16
	50m: 42.39	42.39	150m: 2:18.61	48.96	250m: 3:56.79	49.46	350m: 5:35.70	49.08
	100m: 1:29.65	47.26	200m: 3:07.33	48.72	300m: 4:46.62	49.83	400m: 6:22.78	47.08

**30 - 34 ya ları arası**

1.	mren UYAR	88	ODTÜ	<b>6:01.66</b>	1:23.04	1:32.17	1:34.10	1:32.35
	50m: 39.00	39.00	150m: 2:09.09	46.05	250m: 3:42.44	47.23	350m: 5:17.19	47.88
	100m: 1:23.04	44.04	200m: 2:55.21	46.12	300m: 4:29.31	46.87	400m: 6:01.66	44.47
2.	Nisan KUYUCU	87	Ankara Üniversitesi Sk	<b>7:33.36</b>	1:45.80	1:57.43	1:57.99	1:52.14
	50m: 50.13	50.13	150m: 2:44.38	58.58	250m: 4:42.42	59.19	350m: 6:39.33	58.11
	100m: 1:45.80	55.67	200m: 3:43.23	58.85	300m: 5:41.22	58.80	400m: 7:33.36	54.03

**35 - 39 ya ları arası**

1.	Seda BANLI	83	Adana Yükseli Sk	<b>6:58.42</b>	1:37.49	1:48.09	1:49.94	1:42.90
	50m: 45.95	45.95	150m: 2:31.49	54.00	250m: 4:20.95	55.37	350m: 6:09.56	54.04
	100m: 1:37.49	51.54	200m: 3:25.58	54.09	300m: 5:15.52	54.57	400m: 6:58.42	48.86
2.	Nazlı ÖZEK	79	Üsküdar Su Sporları Sk	<b>7:38.87</b>	1:39.25	1:58.34	2:01.38	1:59.90
	50m: 45.75	45.75	150m: 2:38.47	59.22	250m: 4:37.61	1:00.02	350m: 6:42.56	1:03.59
	100m: 1:39.25	53.50	200m: 3:37.59	59.12	300m: 5:38.97	1:01.36	400m: 7:38.87	56.31
3.	Dilem HIZLAN	79	Üsküdar Su Sporları Sk	<b>7:47.89</b>	1:40.85	2:00.98	2:02.47	2:03.59
	50m: 45.09	45.09	150m: 2:40.68	59.83	250m: 4:43.25	1:01.42	350m: 6:48.57	1:04.27
	100m: 1:40.85	55.76	200m: 3:41.83	1:01.15	300m: 5:44.30	1:01.05	400m: 7:47.89	59.32
4.	Ceren ANGILI	79	Yapı Kredi Sk	<b>7:53.94</b>	1:45.79	2:01.36	2:06.20	2:00.59
	50m: 48.40	48.40	150m: 2:45.85	1:00.06	250m: 4:50.17	1:03.02	350m: 6:55.92	1:02.57
	100m: 1:45.79	57.39	200m: 3:47.15	1:01.30	300m: 5:53.35	1:03.18	400m: 7:53.94	58.02

**40 - 44 ya ları arası**

1.	Özlem OR	74	Galatasaray Sk	<b>6:24.75</b>	1:28.13	1:37.89	1:40.63	1:38.10
	50m: 41.82	41.82	150m: 2:16.52	48.39	250m: 3:55.85	49.83	350m: 5:36.68	50.03
	100m: 1:28.13	46.31	200m: 3:06.02	49.50	300m: 4:46.65	50.80	400m: 6:24.75	48.07
2.	Hacer TIRA	74	Horizon Sk	<b>7:13.97</b>	1:44.58	1:51.95	1:50.32	1:47.12
	50m: 49.77	49.77	150m: 2:40.20	55.62	250m:	350m:		
	100m: 1:44.58	54.81	200m: 3:36.53	56.33	300m: 5:26.85	400m: 7:13.97		
3.	Nida ÖZDEMİR	74	Yapı Kredi Sk	<b>7:24.80</b>	1:37.20	1:53.85	1:58.70	1:55.05
	50m: 43.90	43.90	150m: 2:33.37	56.17	250m: 4:30.22	59.17	350m: 6:28.79	59.04
	100m: 1:37.20	53.30	200m: 3:31.05	57.68	300m: 5:29.75	59.53	400m: 7:24.80	56.01
4.	Meltem AKBALIK	75	istanbul Yıldızlar Sk	<b>8:44.23</b>	1:52.46	2:17.93	2:18.91	2:14.93
	50m: 53.63	53.63	150m: 3:01.26	1:08.80	250m: 5:19.90	1:09.51	350m: 7:38.19	1:08.89
	100m: 1:52.46	58.83	200m: 4:10.39	1:09.13	300m: 6:29.30	1:09.40	400m: 8:44.23	1:06.04
5.	Evren ÖNEK BIRCAN	78	Hacettepe Üniversitesi Gen	<b>9:02.52</b>	2:07.95	2:18.68	2:20.43	2:15.46
	50m: 1:00.86	1:00.86	150m: 3:17.02	1:09.07	250m: 5:36.91	1:10.28	350m: 7:56.01	1:08.95
	100m: 2:07.95	1:07.09	200m: 4:26.63	1:09.61	300m: 6:47.06	1:10.15	400m: 9:02.52	1:06.51

TÜRK YE MASTERLAR KI YÜZME AMP YONASI NEJAT NAKKA ANIS'NA  
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Yarı 29, Bayanlar, 400m Serbest/Freestyle

45 - 49 ya ları arası

1. Arzu KILIÇ	73	Üsküdar Su Sporları Sk	<b>7:18.76</b>	1:39.87	1:52.29	1:55.56	1:51.04
50m: 46.25	46.25	150m: 2:35.02	55.15	250m: 4:29.63	57.47	350m: 6:24.98	57.26
100m: 1:39.87	53.62	200m: 3:32.16	57.14	300m: 5:27.72	58.09	400m: 7:18.76	53.78
2. F. GÜMÜ BURUN DE MC69R	Ferdi		<b>8:10.54</b>	1:53.16	2:05.39	2:07.04	2:04.95
50m: 54.91	54.91	150m: 2:55.78	1:02.62	250m: 5:02.03	1:03.48	350m: 7:10.58	1:04.99
100m: 1:53.16	58.25	200m: 3:58.55	1:02.77	300m: 6:05.59	1:03.56	400m: 8:10.54	59.96
3. Nazlı HEZAR TANRISEVE69	Ferdi		<b>8:25.41</b>	1:56.39	2:11.81	2:11.12	2:06.09
50m: 55.09	55.09	150m: 3:02.08	1:05.69	250m: 5:14.17	1:05.97	350m: 7:24.82	1:05.50
100m: 1:56.39	1:01.30	200m: 4:08.20	1:06.12	300m: 6:19.32	1:05.15	400m: 8:25.41	1:00.59
4. Ebru TÜRÜN	71	istanbul Teknik Üniversitesi	<b>8:39.78</b>	1:59.90	2:15.94	2:14.81	2:09.13
50m: 54.60	54.60	150m: 3:07.97	1:08.07	250m: 5:23.01	1:07.17	350m: 7:38.84	1:08.19
100m: 1:59.90	1:05.30	200m: 4:15.84	1:07.87	300m: 6:30.65	1:07.64	400m: 8:39.78	1:00.94

50 - 54 ya ları arası

1. Özlem AKCAN KAHRAMAN68	Han Batur Sk		<b>7:36.52</b>	1:41.87	1:58.62	1:59.76	1:56.27
50m: 47.32	47.32	150m: 2:41.12	59.25	250m: 4:40.56	1:00.07	350m: 6:40.87	1:00.62
100m: 1:41.87	54.55	200m: 3:40.49	59.37	300m: 5:40.25	59.69	400m: 7:36.52	55.65
2. Hatice NAZAN AVCI	67	istanbul Yıldızlar Sk	<b>8:46.64</b>	2:01.30	2:16.17	2:16.48	2:12.69
50m: 57.45	57.45	150m: 3:09.11	1:07.81	250m: 5:25.30	1:07.83	350m: 7:42.23	1:08.28
100m: 2:01.30	1:03.85	200m: 4:17.47	1:08.36	300m: 6:33.95	1:08.65	400m: 8:46.64	1:04.41
3. Deniz GEMALMAZ	66	Üsküdar Su Sporları Sk	<b>8:59.52</b>	2:07.52	2:18.78	2:20.12	2:13.10
50m: 1:01.53	1:01.53	150m: 3:15.06	1:07.54	250m: 5:35.57	1:09.27	350m: 7:54.23	1:07.81
100m: 2:07.52	1:05.99	200m: 4:26.30	1:11.24	300m: 6:46.42	1:10.85	400m: 8:59.52	1:05.29
4. Fatma GÜLİZ ESEN	68	Ferdi	<b>9:03.31</b>	2:07.89	2:17.22	2:18.60	2:19.60
50m: 59.41	59.41	150m: 3:13.91	1:06.02	250m: 5:34.54	1:09.43	350m: 7:55.92	1:12.21
100m: 2:07.89	1:08.48	200m: 4:25.11	1:11.20	300m: 6:43.71	1:09.17	400m: 9:03.31	1:07.39
5. Sabiha DEMİR	67	Ankara Üniversitesi Sk	<b>9:37.54</b>	2:21.14	2:25.56	2:28.90	2:21.94
50m: 1:05.57	1:05.57	150m: 3:34.83	1:13.69	250m: 6:02.50	1:15.80	350m: 8:32.00	1:16.40
100m: 2:21.14	1:15.57	200m: 4:46.70	1:11.87	300m: 7:15.60	1:13.10	400m: 9:37.54	1:05.54

55 - 59 ya ları arası

1. Wendy EDİZ	62	Üsküdar Su Sporları Sk	<b>7:17.10</b>	1:39.42	1:54.31	1:53.41	1:49.96
<i>YEN TÜRK YE REKORU</i>							
50m: 46.27	46.27	150m: 2:36.66	57.24	250m: 4:29.59	55.86	350m: 6:24.37	57.23
100m: 1:39.42	53.15	200m: 3:33.73	57.07	300m: 5:27.14	57.55	400m: 7:17.10	52.73
2. Manuela CO AR	62	Han Batur Sk	<b>7:50.26</b>	1:46.51	2:02.86	2:03.93	1:56.96
50m: 48.22	48.22	150m: 2:47.06	1:00.55	250m: 4:50.91	1:01.54	350m: 6:54.69	1:01.39
100m: 1:46.51	58.29	200m: 3:49.37	1:02.31	300m: 5:53.30	1:02.39	400m: 7:50.26	55.57

60 - 64 ya ları arası

1. Seyyide BURAK	58	Fmv I kspor	<b>8:52.85</b>	2:05.07	2:17.73	2:18.65	2:11.40
50m: 59.37	59.37	150m: 3:13.96	1:08.89	250m: 5:31.70	1:08.90	350m: 7:49.50	1:08.05
100m: 2:05.07	1:05.70	200m: 4:22.80	1:08.84	300m: 6:41.45	1:09.75	400m: 8:52.85	1:03.35
2. Nazan GÖGEN	54	Ferdi	<b>9:25.98</b>	2:16.20	2:23.46		
50m: 1:05.91	1:05.91	150m: 3:28.63	1:12.43	250m: 5:51.89	1:12.23	350m: 8:16.59	
100m: 2:16.20	1:10.29	200m: 4:39.66	1:11.03	300m:		400m: 9:25.98	1:09.39
3. Dorothy GWILLIM	56	Üsküdar Su Sporları Sk	<b>9:55.06</b>	2:19.06	2:26.11	2:37.58	2:32.31
50m: 1:08.38	1:08.38	150m: 3:33.16	1:14.10	250m: 6:00.83	1:15.66	350m: 8:41.98	1:19.23
100m: 2:19.06	1:10.68	200m: 4:45.17	1:12.01	300m: 7:22.75	1:21.92	400m: 9:55.06	1:13.08

65 - 69 ya ları arası

1. Kadriye FULAY ALPSOY	53	Uluda Üniversitesi Sk.	<b>10:22.16</b>	2:31.39	2:37.27		
50m: 1:12.40	1:12.40	150m: 3:51.08	1:19.69	250m: 6:28.31	1:19.65	350m: 9:08.23	
100m: 2:31.39	1:18.99	200m: 5:08.66	1:17.58	300m:		400m: 10:22.16	1:13.93